

ILLUMINATED



ILLUMINATED

A Journal of Spirit Unfoldment

Illuminated!

Illumination: Light, brilliance, radiance, a state of being, spiritual enlightenment.

Hello and welcome to a unique book. This is the Journal and Journey of a Seer, who sought for Truth beyond 'faith and beliefs', to Know the Truth and Be set free.

'To go beyond is the explorers dream'.

As you read, you will be taken on an unfolding Path through dreams, visions, teachings, parables, and analogies in and by Spirit.

This book will encourage, empower, educate, and expand your Heart and Mind into deeper realms of Consciousness that you already hold within. To enlighten your soul through Self-realization unto Self-mastery.

Life is the purpose of Opportunity, unveiled through a plan like a play, the 'mystery'. We are all here to 'step up and out onto the stage', to make a Big Scene. And each One of us, is 'acting' out the drama known as Life.

This is the story, the script already written upon your Heart.

The 'spot Light' is on for each of us to play our part.

It is 'time' for us All to Be Illuminated.

Welcome to the 'show!'.

(Back Cover Synopsis)

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(It's all words, and nobody owns the rights to words, that's like a country saying it owns a part of the Earth, or part of the Sun! So, the ideas maybe your own, but they may have come from somewhere else beyond you as you are about to read. Are not ideas therefore all influenced from something else? And if anything within this book sounds like something similar, that is because we are all influenced by what we take in. And if there is, then whosoever's work has influenced you should be proud of the fact that their voice was heard. So, the statement above is to keep things in perspective only, as I know that those who read this will be open Hearted and intelligent enough to understand that nothing is really owned by anyone).

Disclaimer! Due to most humans not understanding their innate latent abilities at this stage, I have to put in this statement: That I am not dispensing any medical advice or prescribing any treatment or technique for physical, emotional, or mental well-being or any problems the reader may still have either directly or indirectly. If you use any form of ideas given and they work for you, then so be it, as you will assume all responsibility for your own actions, as you have free will! Thank you.

Photo by Aaron Jenkins c/o Fstoppers. Nugget Point New Zealand January 17th, 2018.

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For: Goodness sake.

The greatest amount of Good to the greatest amount of
souls.

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Introduction

The Presence was intense, so overwhelming that all I could do was surrender to it. I was in the spirit realm. A voice spoke a scripture passage Ezekiel 37:14 (I had no idea and had to look it up after the encounter).

The next moment I was standing in a barren desolate valley, there was no life. The atmosphere was heavy; all was black with a dark red glow. Before me was a huge trench full of dry bones and I am to walk through it. I am in absolute tears. A man like the blazing of the setting sun is standing with His arms folded looking intensely at me as if to say you must do this to know. He does not speak but watches me. It is an awful feeling, such barrenness as I walk weeping.

As soon as I have walked through it, I find myself standing above another valley, this one is beautiful and full of Life. There is greenery everywhere, a stream flows through it that looks like liquid crystal. There are trees and flowers everywhere and everything is sparkling with Light. The same man blazing as the noon day sun now stands with His arms wide open and He is smiling.

This encounter cannot be explained in feelings as there are no words to describe the sheer overwhelming Presence. It was to be the beginning of many encounters and experiences, but this experience had the intensity so much of imprinting it into my whole being.

The scripture that was given to me was the vision that Ezekiel saw when he was carried away in the Spirit and set down in a valley of dry bones. It is about him *prophesying* to the bones to get them to live and be raised up. Verse 14 says “And I shall put My Spirit in you, and you shall live”.

How did all this come about? It was 2006, I was 42 years old and I was seeking for meaning. I came across a few books at the local library, anything that had some kind of spiritual content. I read books like: The Koran, the Bhagavad Gita, the Bible and other various books such as A Course in Miracles etc. I did some journaling and found the Bible for some reason to resonate within more than the rest, so I started to sit myself down and open my Heart, I then started to experience experiences!

One of the first things was learning to let go, and as I did this in a meditative state, there was a feeling of something happening within me, like a surge of energy. After this I was constantly seeing pictures, having very strong visions and dreams with deep meanings. I then started to hear, (internally), messages and teachings, and when I had these experiences, I would sometimes be given more scripture passages beforehand, and had to look them up afterwards for they would always be exactly what was shown to me.

I felt I needed to connect to others who would also be having these experiences, so the only place I could find were churches. I soon found out that the born-again Christians who believed in all that they were reading in the bible, (if they did at all), were not having these experiences and encounters that I was having. So, it started me on a very spiritual and emotional journey, through which I had to learn a lot of lessons, but I was determined to continue with what I was receiving.

I went to prayer meetings, men's groups, served in ministry teams, and went up mountain tops cleansing areas where certain ritualistic events had been done, shown as curses. I even fasted, prayed and spent time reading hundreds upon hundreds of the more spiritual Christian teaching books, everything and anything that was available, but I still felt that I needed to connect with something more spiritual, to satisfy this over whelming burning desire in my soul.

I started to sense, feel, and see things in and around me and others more and more. I met the odd person who spoke words over me like *seer, reformer, and finisher*. I continued to do the best I could to serve my brothers and sisters in emphatic encouragement, edifying them with love within the circumstances that I was in, (being boundaries). I continued to share wisely what I was being taught from what I believed was from *God, Jesus, and The Holy Spirit*, but the *head pastor* called me into his office to have a chat. We talked, but I knew his motives, especially when he said, "I had an experience ONCE, but everything you receive from now on you can run it past me first", hmm.

I persisted and did the work I was called to do in love, with the revelations I was being given in the place that I had been assigned to as a reformer, to try and awaken the people to a greater spiritual understanding. When the work I had done was finished, I was shown through some more strong visions and dreams to leave and go into a spiritual desert. All this took about 3 years, it was now mid-2011.

From leaving this system, for some reason I knew it would be at least 5 years before anything spiritual would happen again in my life, probably to detoxify my soul!

It is said “the waiting is the hardest part”. We (my wife and I) carried on in life working, but decided life was more than just our casual jobs. So, in 2016 we sold our house and all our belongings and went to Europe, where we bought a motor-home and spent 10 months travelling. It was supposed to be around 2 years minimum to indefinite, but there is only so much of the same repetitive stuff you can see and do, and the weather there sure plays its part i.e. cold! We saw a lot of religious places, as it still has a stronghold over people, which made me very sad. So, if you feel like just chucking it all in and thinking it will be a wonderful experience, prepare to have your nerves and relationship tested to the max! After coming back, I started to once again feel that inner tugging, that wanting to know more, to really search for *The Truth*.

I like to find out as much information as possible until I basically exhaust its source, and I question everything. I am not what you call by the world’s standards, educated. I left school just after turning 16 and had to basically fend for myself, and as I am not very analytically minded, math’s was my downfall, (worst in class and not best in show!) and scientific things were beyond my comprehension. I did like art, and I was even a self-taught sculptor selling my works for a living for 5 years until moving overseas. I also liked English at school, (a good teacher always helps) so I am a fast reader and writer (not typing though, so this all took a while). But as stated, I have had various unskilled positions of work all my life. I have no degrees or great worldly feats to my so called name, but that does not mean you cannot educate yourself to that which is in your heart to follow, to find your purpose of expression, as we all have a Path.

So again, I started to read anything, from Buddhism, Confucius, Hinduism, The Tao, Zoroaster, Yogis, (not the bear Boo Boo!) the Urantia book, (that one’s a lot of paper!), Oobe’s, life after death books, some average feel good motivational so called channelled books, theosophical and spiritualism ones. But I did not read anything recent under the tag of what is termed new age, but within all this I started to see a pattern.

Now all this started to, one, confront any preconceived ideas that I still might have and, two, to push on-wards to find the truth in all this material and beyond.

I have now in around 18 months, (to the start of this writing), read hundreds upon hundreds of books on spiritual subjects as stated, that most people don’t even know exist, (still no new-age ones, you will see how it all unfolds though). I have also read a few books that are either written about other people’s experiences, or by some psychics and mediums, most have been doing it since they knew they had a so-called gift. But I have found through all these books, that nearly all have not sought for more information from the ‘Spirit world’, and have been content to deliver personal help messages, especially those who have loved ones, the so called lost, which

is still absolutely fantastic as they are doing a better job of connecting the Spiritual world in their own way, than the thousands of religious institutions that profess it, but cannot explain it. But there is so much more as I was about to find out!

I also found a lot of repetitive books vying to try and attract attention, with covers of angels with wings or feathers. Titles with words like miracles or supernatural. I found out that there is no such thing, for they are covered by principles and laws, it is only by understanding these principles and laws, and working within them, that they become normal occurrences.

Progress, all is progress. We as a species, (human) are very slow to progress in our spiritual capacities. We have trouble letting go of our conditioned concepts and instead of progressing in Spiritual awareness, we like to hold onto our traditional untested theologies.

I perceive that the world as we know it, is in a constant flux or rather an influx of spiritual advancement than any time before, but only as we can receive it. We are to progress spiritually, mentally and morally, and the greatest principles I believe are to know and love ones-self, love Goodness and love and treat others as you would want to be loved and treated yourself.

I believe this book will help challenge some of our preconceived ideas like the ones I had, and still may have! Questions, questions, questions. Without challenge we don't change, only those who seek, find, only those who ask, receive. You may even know all this already and that is even better, but the reiteration by the many, means something, a pattern. So, I set about challenging myself to come to a greater understanding of who am I, what am I, why am I here, where am I going, and what is the point of it all?

What is a spiritual experience? How do we define it? Why do we try to put it into a named category? If you are seeking for truth, (and it may come to you and not how you expected it), would you reject it because it does not line up with your already preconceived notions as it did with me?

Please remember when reading this that 'As we think, so are we', which to me means, that the beliefs that we have assimilated within are what the Spirit can use as we progress in our understanding, we are aiming for Knowing. Any faults are therefore through my interpretation as I am still learning!

Please also remember that when we leave the mortal coil, we DO NOT become perfect in all knowledge, spiritually, morally or intellectually, (mentally), so the spirit, (souls) themselves are still in progress and we are all learning together.

There will be some name(s) of people that come through earlier in the book, these do not necessarily matter, they maybe analogous or archetypes, as the messages are the point. So please persist with the messages received to the end, (there are lots of parabolic or analogous messages

also within, and I am going to give them as they are). The writings will get into some scientific or rather principles of the Universe, that I did not know anything about, which really awakened my understanding, and enlightened me so much more. I am also not writing this to press these influxes of ideas on anyone who is not ready to accept them, question everything! Go with whatever you resonate or understand and leave out the rest you can't relate to for now.

The word *God* etc., is interchangeable to whatever substitute you believe you also will be able to relate to and understand i.e. All That Is, Creator, Divine Parent, Divine Principle, Father/Mother, Goodness, The Great Spirit, The Source, Universal Intelligence etc.

The words conscious awareness to me at this stage means the Spirit Mind, the Real YOU.

This is a progressive journal of unfoldment. I hope this book will give you a varied insight into what an average soul can go through. It is my own personal experiences, my own personal journal so far, I hope you find and express yours.

May we all be transformed by the renewing of our minds and the Illumination of our soul.

I emanate to you Love through Light as Life.

“All is not lost, all is not forgotten, it just needs remembrance”

Part 1

December 2017

If Life is a gift worth living, then Love is a gift worth giving

I was on top of a hill kneeling in front of an old large stone cross, the sky was heavy with thick cloud. I was praying to *God* to be a Light to the people who were in the township below. *God* started to speak to me, in me, and I declared, 'I am what I am for the people'. Then a light beam burst through the cloud upon me and cut a path of light down the hill side to the town and people below. This in turn dissipated the dense cloud and the sunshine cleared the Way.

(I turned my back from the old rugged cross).

When I got to the people below, I was already One with them and so they knew me, but didn't know Me. As I walked, they could see and feel the radiating Love coming from Me. Children danced excitedly around Me, as innocence knows no lies. Some people still hid in alleyways or behind curtains, still afraid of Truth.

I sat at the end of the town under the big tree among its roots, the children played around Me, some came just to sit in my lap and lay in Peace. The town's folk were still weary and unsure, but when they saw their children with such Joy and Peace, they knew that I had Love to give them. And so, they came, and as many came and touched Me, they were made Whole.

The town came back to Life and Light was now in their Hearts and shone through their eyes, for they were now being who they were created to be, Free. Thus, the transformation had begun (again.....).

Weeping may endure for a night, but Joy comes in the morning. Let your Light so shine, that they may see your Good. And so, it was, and it was so.

22nd December 2017

“All is not lost, all is not forgotten, it just needs remembrance”

I have come to an understanding, so far, and realised my ‘mission’, (should you wish to accept it!) and the course that was chosen by me. A lot I have yet to understand, a lot of questions. But I know that as the *finisher*, I will finish this course and as said, “Run my race to win”. So, this morning I accepted my course and asked for the help of those who have gone before us, the spirits of the just. I asked that the fulfilment of the healing of the souls to be fulfilled, which is, to bring to remembrance to the world that it has forgotten its true Identity. Through this I have asked for the help of those who faced these things before, and yet who did not see the fulfilment of them in their life on Earth.

First, a beautiful spirit appeared to me clothed in a gentle flowing luminescent gown of pastel, mostly pinkish, but altered slightly as she moved. She had what looked like either a crown or wreath of flowers on her head. Her hair was long, strawberry brown in colour and was plaited down her back. She also had a ribbon like a gold band around her waist. She greeted me with Love and said her name was Jennifer. She spoke gently to me and said that she was glad that I had chosen to join *us* in our work.

I was then shown a pathway in a somewhat semi winter setting of trees which now were barren, like deciduous trees. And as the pathway kept unfolding as a carpet before me, that as I walked, I could see that the pathway through the trees would change through its seasons. From winter, (dormant) to spring, (revelation and understanding), summer, (knowledge and experience) and autumn, (wisdom) and then back again to winter, (rest). This I understood was to be how my life would unfold with the help of my new friends.

I then saw a small group of people in a semi-circle waiting to speak. The first person to step forth was Leonardo da Vinci, who greeted me and spoke to me about metaphysics and how Energy is stored within everything, and how it is to be harnessed. I understood by *seeing* that all is alive with Energy and connected to plasma of thought.

The next person to step forth was Elijah the prophet, who greeted me and spoke to me about *seeing*, and that Elijah must come first to bring *Christ* consciousness into the world. Elijah also warned me that much opposition would arise.

The next person to step forward was Abraham Lincoln, who greeted me and spoke to me about emancipation, and showed me the great chains of fear, doubt and lack of understanding that people carry, and how the south, the heavy density of opposition, (energy), would rise to try to

stop the freeing of the people.

Jennifer then stepped forward again and told me how excited we all were to be helping me.

I then asked about a healing gift of the Spirit that I have asked for before, like the one Kathryn Kuhlman carried, and that could I please have that *gift*. I was told no, as this is not for me and I, (we), would be doing it another way.

Kathryn Kuhlman then stepped forward and explained that it was given to others, but I sensed that it had become a more coveted gift and would be abused too much. I sensed much Love from Kathryn; her eyes were so vibrant and her body ethereal like Jennifer.

Jennifer then came forward and said, “*We will all be here for you*”, and the more time that I spent with them the more guidance and understanding I would receive. She was and is full of so much Love and Life, vitality and ethereal beauty. She smiled and said, “*We love you very much and are well pleased with your decision to finish the course*”. We then said our goodbyes.

28th December 2017

The Garden

I was wondering why I wasn't being shown anything lately, i.e. I would like to go to other levels in this realm of Spirit.

I then found myself on a plot of very barren soil which I expected to be my garden (my soul, as I still had a few items that needed to be removed). I was shown that nothing could be planted, (received in my soul), until these things were removed. These turned out to be under the surface of the soil, and one of them was a shock to say the least. A huge rock or boulder with a flat surface on top, level with the soil. The rest was almost a triangular shape, (like an upside-down pyramid) pointing into the dirt below it. This thing was pride, and to top it all off at the base, (the pointy end) was anger. I cried.

I could not progress much in my soul until these things were removed. So, with the help of a Spirit, who turned up in a big excavator come dump truck! He dug it out and took it away, quite happily too! There were what looked like roots at the base of it, and these had to be dug out, so nothing was left, (a very sad situation for me).

I then found myself back along that pathway surrounded by the popular type trees waiting to bud. One was walking with me and explaining that this was my preparation season, and that slowly buds were starting to appear, and when I got the concept of something, the buds came out and ran very quickly along the branches.

8th February 2018

Being filled with Love

My group came to express themselves to me and to encourage me to continue. Some of the things I remember were:

Jennifer is the administrator of my guides, and always greets me first, speaks her name usually with a compliment regarding my progress, always with Love and Joy.

Elijah this time said that I was chosen for the task as a Seer, a clairvoyant and clairsentient, but not as a *medium* as such as the term is used, but I am to *see* in the Spirit world.

Abraham, (Abe), said that he once doubted but needed guidance with the war that would eventually set people free. He believed in *God*, but not religion as such. When Mary, (his wife) who was going to Spiritualist meetings, through the information she was sharing got his curiosity, he saw that it was more of a divine way to help the cause.

Leonardo, I apologized that I kept thinking he was Michael Angelo, and he laughed saying that they both thought it was funny and that he was putting on his socks (!?). He then explained to me about some of *Gods* laws regarding the manifestation of attuning into the Spirit world. That the law of Love, Light and vibration was how it was achieved. He explained that Light manifests because of photons. Atoms of electrons which are negatively charged energy, (neutrons the balancing of that energy) and with protons determine the behaviour and attraction of that energy. He said that, *"Love in the soul is the greatest of all laws, and that the greater the Love in the soul produces the needed conduit for Light, (which is vibration of Spirit energy) to come through. This is the attuning in of spirit/soul vibrational energy into the Spirit world"*.

My Heart was filling and overflowing with LOVE as they spoke and started to manifest in tears. This was explained that as Love fills the soul, anything that is not in accord with the vibrational quality of Light, will be Illuminated in the soul and cleansed. Thus, tears are the cleansing of the soul when filled with Love, to bring forth a purer soul/spirit to receive divine Light to see into the Spirit realm.

Jennifer told me to carry on, as all was progressing well and that no other spirits would come through unless they allowed them to do so. I felt in my spirit eye that there were a great many spirits observing, and it reminded me of when I saw a vision of souls in 'heaven' leaning over the edge shouting, *"Come on over-comers, you can do it!"*.

Joseph of Arimathea also spoke to me and said he once doubted and could not understand what *Jesus* was telling him, but that he overcame his disbelief.

Abe said his teaching guide was George Washington!

With the usual blessing and much Love, we all parted (though we are never really separate).

My thoughts: Are these the real people they show themselves to be or are they an analogy or archetypes found within me. I got the following ideas: Leonardo is the creative and scientific investigator. Elijah is the prophet within, the seer, led by the Spirit and likes to observe and evaluate quietly. Abe is the stronger individuality, a listener, able to assess situations. Jennifer was much attracted to all three on Earth, which led her to form the same attraction that we all share, a teaching group, and find souls like me that are of a similar disposition. Articulate, curious, inquisitive, intuitive, practical, ponderous, and sensible etc., hmm, I ponder!

27th February 2018

***“Effluence”*: Flow of Light**

I was having a very strong dream in which I was walking through what looked like a mall or a building with various rooms. There were a lot of people about, all going about their unconscious activities of so-called recreational pursuits. I felt very aware of the dream I was having while being semi awake, a strong feeling in my being.

In the dream I was transforming things, (once again from previous seeing's), this time including internal walls of buildings, where I moved them around by *thought*. There seemed to be a lot of people watching what I was doing, but nobody seemed to be changed from what they saw. They were in awe, but they took it like it was a normal, (false) reality to them, a real-life CGI, (computer generated image). I moved around to different things, but still no effect upon them. I then went outside where people were waiting for a bus. I stood in front of them and asked them if any of them had any sicknesses or diseases, and would they like to be healed from them. Some were a little sceptical, but most seemed to say “yes”. I then got them to focus on *God*. I said to them “*focus on God, but not up there, but inside of you, just hold that thought and feeling in full concentration,*” and as they did, they were healed. They knew instantly that they were healed and rejoiced and pondered the situation.

I then saw a short, young, black haired female following me, who seemed not to be concerned about if she was female or male or whatever! She smiled at what I was doing and watched with excited anticipation of what I would do next.

‘Unless you people see signs and wonders you will not believe’. But they still did not believe!

24th September 2018

“Protoplasmic”

The real you, the soul experience is the necessity of invention. It isn't to solve something, but to experience it. To understand it and move on. Life is about experiencing something, not solving something. Pick it up, understand it, drop it, and move on. Wisdom is gained by understanding something. You don't have to carry something because it's not yours. Life is a free-flowing living experience. Being tied is like a knot, it just gets tighter, more restrictive. The Universe is like a rope, but frayed, the more it frays, the greater it can spread. Parallel lines are the frays to different dimensions. Not space, not time, but particles of Life in various forms. We see what we see, we know what we know, we experience what we experience and in this we are stimulated. Muddy ponds don't move, there is no Life in stagnation and darkness. Entities are evolved beings, stimulated by the effects of the decisions we make.

What if the decisions we make are wrong?

There are no wrong decisions, only opportunities for experience.

How does this help us?

By experiencing situations that are beyond our control do we come to understand them.

But how does this help us to be what we are?

Ah, being is being, it is the ultimate source of Life flow.

What is life then?

It is the experience of knowing.

Do we ever come to an understanding of The Source?

The Source is everywhere, we are in and of The Source.

So, The Source isn't a specific place?

Oh no, The Source is continuous, always evolving and expanding.

Who are you?

I am a Seer, like you, a Watcher and listener.

Where are you now?

I am here.

Where is here?

Here is where you are needed.

I don't feel like I am needed!

It isn't about 'needed' as such, it's about necessity.

Necessity for what?

Life! Life is the continuation of all your experiences summed up.

But what is the point?

You are the point; you are the experience of Life.

Is the way we 'think' on Earth, the ideal?

There is no ideal, there is only Life and the experience of that Life.

Doesn't it all seem a bit futile?

Negativity is caused by obsession, obsession of perfection.

But are we not supposed to become perfect?

Ah, the human adaption plan, the false sense of ego.

What is ego?

It is the adaption of the controlling mind to be other than what it was created to be.

Which is?

Life.

And Life is?

Your experience and your simulation of that experience.

How did we get here?

You are the choice of what you chose to be.

An Earthling?

That's funny. A being, a soul manifested into a space/time continuum.

That sounds very Earthly, Star Trekky!

Again, that's funny because we can only use what you know.

I would like to know or rather, understand more.

And you shall because the sum of all your experiences 'add up' to being.

There you go with that 'being' stuff again. What is being?

Experience.

Experience what?

Life, which for you is the human emotions manifested as love, death, sorrow, joy etc.

So, you are saying that Life is about the expression of our emotions?

Ditto

Where do we go from here?

Here is wherever you choose to be.

But how do we choose wisely?

Observation, you were not born to do, but to watch, to listen, to learn. This is Life's purpose,

stimulation to experience beauty.

But our Earth seems to be in turmoil?

That is correct, seems, but it is not and never has been, it is only ruled by ego and ego is all that is not Life.

I don't know what to say!

Saying is just expressing what you are thinking, and thought is Life, thought is the expression of Who you are, but it does not need to be translated into words.

Is this helpful to anyone?

Help and Life are like two opposing forces, if one understood Life they wouldn't need help!

And Life is to be, to be the expression, to see and understand love, beauty, joy, peace, Life etc?

Yes, simple isn't it. But you complicate things so easily, always wanting to manifest ego, the desire to rule or be ruled. There is no rule (or rules). Yes, ruling subordinates 'people or beings under pressure of false stimulation.

Can you explain false stimulation?

It is false attraction to things that do not add value to Life.

And Life is again?

Freedom! The expression of a soul without attachments but stimulated by observance and experience.

So, the world is going the wrong way?

Not so much wrong, but ignorant. Exploring and development have their parts to play, for how else would you know the difference between hot and cold, darkness and Light, Life and death.

But there is no death.

Correct, but human souls don't add meaning to their lives, so they pinpoint the end as death.

So, death is a fallacy?

There is no death, so no fallacy.

Is where you are surrounded by Light?

Light is everywhere, Light is The Source. Light Is Living.

Like, 'we walk in the Light'?

Exactly.

Can you tell me anything that would be helpful to humans?

Not really, all humans are individual souls made up of the same composite matter, Light! If humans truly wanted to understand Life, they would see themselves as Light, manifested into a darkness, a denser atmosphere of light.

Like 'let your light so shine'?

Exactly, it isn't about help as I have said, it is about understanding one's own soul, that's all that matters, because this is the basis of ALL experience, understanding.

And wisdom?

Ah, the Principle (thing), get rid of the thing and you are left with Life, understanding, experience, expression. It is the Seeing Eye that understands, the Watcher that perceives. The doer does but does not.

It all sounds very metaphysical

Ooh, nice word, but don't get distracted by ideologies, understand them, drop them, it's in letting go that Life flows, the experience.

Okay, so let's sum up things. You can't tell me who or where you are?

I am here.

But where is here?

Here is where you need to gain wisdom. When you seek for it, you ask, and the response comes when required.

But don't we all require this?

No seekers, no answers.

Is there anything else I should know?

The first 'I', the beholder.

I see!

Exactly, there is no pressure, just Life, continuous, ebbing and flowing from Light, from The Source and that is what you are, Life.

The end?

The End.

Thank you.

You are welcome.

27th October 2018

What I believe is Life

I see Jennifer and a young female, Sarah, an observer, and a learner for training. Affinity by association through the same vibrational frequency. Assigned to me and many others, by Jennifer my guide and watcher. She asked me to explain what I believe is Life. She wrote down and joked saying "*ooh, this is good stuff*". We all were having a laugh as they are cataloguing

material from this realm to feed into their *computer systems* to help us in seeing how us *average* spiritual souls think, to find a *medium* (an average). So, what did I say?

Each soul must work out its own *salvation*, (path) and come to enlightenment itself by becoming self-aware and aware of spiritual concepts.

Truth is found only within oneself, as the *Seed* of the Spirit when implanted into the womb of the soul. All that is essential to work out the principles, (laws) of Life. The out growths are from within, to experience the physical and spiritual worlds and relay it to its soul within. Thus through the thoughts and actions they are worked out into the material and become decisions based upon the real Truth that is already within, to work it out, (for it is Goodness which works in you, which wills to act according to Its Good pleasure).

All that you ever need is found already within, it needs Light to germinate it. The seed is how we establish it, grow it, nurture, and develop it. The soul is the garden we are planting and growing it in.

November 2018

Questions

Let patience finish its perfect work so that you will be complete and lacking in nothing. Calm, quiet, prayer. In quietness and calm confidence is the necessary attribute of strength for the receiving of knowledge, (which is neutral humility as a passive child). Love is the atmosphere you breathe; it is the ether of the Spirit.

As I was in that calm waiting place, a shortish female spirit was seen with dark hair, almost distant, very reclusive. I sensed her name was 'Chloe' who passed into the spirit world approximately 20 years ago. I got the word Surrey or Sussex and sense she *died* of pneumonia. I also perceived a taller man with brown hair like a comb over dressed in older attire and the name Jonathon, plus others forming a group to apply like a negative state of magnetism to my spirit while asleep as my spirit/soul visits the 5th *state* where my affinity is.

This group have all had the same desire for the manifestation of their desires to be fulfilled on Earth, to also stop the *cycle*, the *catch 22*, (as you will soon read about). They did not know each other but have been to various classes and progressed individually and met because of each one's special interests.

And now how did this all come about and the rest to follow? I have read quite a bit about the

spirit world and its inhabitants, so my desire is to be of service, so I asked the following:

Would it please be possible, not for proof, but for verity's sake to have you write your name, who you are, age, the *sphere* or state you are in and what you did or do, where and when you lived on Earth?

Am I to be a *medium* and can I please see the spirit world here and there?

Will I be able to do this to help people, encourage and bring Light and Truth, to speak to them by the ones who wish to communicate with them?

Can I be able to read peoples auras and help them with any sicknesses i.e. the ability for healing spirit(s) to be with me?

I have all the time needed, and as you know in my Heart, I am not interested in the world's systems, but want to bring the Truth, the Way, the Life of the divine Love of the *Father* through the *Holy Spirit*, the *Christ* anointing to revive and give awakening to the *lost* souls both here on Earth and in the spirit world.

Can I please have some direction as to something as I feel I am not contributing. I want to stop the constant cycle of souls being in ignorance of darkness. I want to bring Life and Immortality to Light.

How can I reach them please, let whoever you are that has been assigned to me become clear? I truly desire to serve The Source with thankfulness and gratitude for the gift of Life but want so much to stop this cycle.

20th November 2018

A 'Lost' Soul

Breathe in, breathe out slowly, keep one 'eye' on your breath, and keep one 'ear' listening to instructions. A flash of light will be seen. The brain is under the influence of the Spirit, the electricity through the nerve endings, not being positive or negative in charge but neutral. They are like strands, fine wires connecting to the Spirits mind. The thoughts are in connection and connected by affinity of thought and the capacity of the receiver. The better the quality, the better the quantity that can pass through.

Tests were then applied to be able to see different things. First a Chinese pagoda, then a Venetian gondola, then parts of the body with various afflictions and maladies. First a smoker's lung, then a crack in the bone, stones in the kidney, then a gallbladder and various parts of the body.

Then a shoulder blade crack where another picture was shown of a 4-year-old (approx.) who fell out of a tree. From this, to keep a check on my breathing and to watch carefully.

Then I was shown a patient in a mental institution who was shaking erratically. I was shown that the shaking was not coming from the patient, but from an attached spirit/soul, (not possession), who wanted out, and that the convulsion was the only way the attached spirit/soul knew how to break free. The patient was about 24 years old and had had an accident, he had fallen and received a blow to the head, which unfortunately had damaged the brain. I was seated opposite the patient and directed my questions to the attached soul/spirit.

Hello, what is your name?

Gerald.

Hi Gerald, do you know where you are?

I seem to be trapped inside this boy's aura but can't seem to get out of it.

Do you know what happened to you?

I was riding my bicycle and turned on the road and saw a car right in front of me. I remembered having a sore head and somehow, I ended up here.

How old were you when this happened?

I was 12 (The patient was also 12 years old when his accident occurred).

Do you know that when you hit your head that you *died*?

I can't be dead because I'm here talking to you. But I don't know how I came to be here.

Unfortunately, when you left your body, your spirit/soul went into this boy's aura because you had an affinity of pain very similar.

(Constantly focusing on my breathing)

Now Gerald we are here to help you, to leave this man's aura and to go where you will be happy. Is that okay

Yes, but how do I know how to trust you?

I am here with my guide and he, just like you, will go to other families, helpers and guides to help you when you are released from this man's aura.

Okay

We will *touch* you and you will feel a small electrical discharge which will help you to be removed from this man's aura. Once you are gone you will instantly see others around you who will help you.

Okay

We will not have any more contact once you are gone, so we will say goodbye for now. Is that

okay?

Okay, thank you.

We then touched the patient and the shock was administered and the patient instantly stopped shaking and was calm. Unfortunately, nothing could be done for the patient at this stage because of the damage to the brain.

24th November 2018

What is *God*: The En-Light-enment of the Soul.

There is a need of knowing, that one is a spirit, with a soul, living in a body. That we are spirit, for *God* is Spirit and all manifestations of *God*, as the Source, have a representation not only as Spirit force, but manifested into a material counterpart.

That the soul within, is the Essence of Source, the divine *spark*. The soul is the spark of the Consciousness of *God*, the Thought Principle, the *Christ* (Anointing).

All is made up of essences, seen and unseen. Regarded as Principles or Laws, i.e. gravity, electricity, magnetic currents, and atoms, in other words Forces or Energy.

We are here to come to the knowledge through experience of these principles, by becoming consciously aware of our manifestation as spiritual beings, through our soul, to express them in and through spiritual and physical manifestations even while on Earth. To perceive the *Creators* workmanship through the perceptions of the soul, and to feel by sensitivity these experiences and express them from the spiritual forms into physical form, i.e. 'Love, which is a many splendid thing', is not seen but felt as an emotion.

Within the soul is the *mind*, the understanding, the intuitive Centre of our being. The ability to think, to reason, the thoughts. For as one thinks, so one is. This is our consciousness, our awareness which is what we are here to reveal and release, Spiritual Conscious Awareness of Self as to who and what we are and our purpose, which is to unfold the soul into the knowing of all truths. We do this through perception and reasoning, the ability to discern, faith in things unseen, but intuitively known within. We are to add to our faith, knowledge, through experience and understanding, obtaining wisdom and to progress in this wisdom. To walk in the spirit is to be led by the Spirit.

The soul is like a receptacle or book being written by ourselves, it imprints upon it how we think, feel, and express ourselves. It is like a library that catalogues and stores all the experiences that we have. It is the *book of life* and in it is recorded all of what we have thought,

said and done; it is our own so-called *judgement*.

We may have certain beliefs that we have picked up along our life journey. We do not believe because of hereditary false concepts or teachings passed down, but we put them to the test. Our beliefs must be tested and tried through reason and experience to see if they really do align with Truth. For only Knowing the Truth sets us free from any preconceived ideas.

We are responsible for our own knowledge according to our seeking of truths, enquiring through our awareness of our true being, our soul. As we seek, we find, as we ask, we receive.

The awareness of being a soul/spirit, makes us look inwards instead of outwards. Here in the physical form we must become calm and quiet, so that our thoughts become stilled and at peace. By noticing one's breath, we calm our nerves which are in tune with the being within, without. It is here in the silence, the *mind*, the soul mind that the thoughts come to conscious awareness. Here we become still and *know God*. It is soul to Soul, spirit to Spirit, mind to Mind. We are making contact! Contact comes to the same spiritual state that you have developed within.

It is only through the principles and laws of the spirit realm that we have assimilated into our consciousness that we are able to discern others. We are making *a match made in heaven* ourselves, through the same vibrational frequency that we can tune into through wavelengths of Light.

To the degree of Light that we have assimilated within, through our conscious awareness of understanding spiritual principles from intuition, inspiration and intelligence is to the degree that we are able to express and exercise these spiritual faculties.

In the *mind's eye*, perceptions are perceived of things not known before, which will start to manifest themselves to one's soul. With a Heart full of Love, the soul comes into its own through desire and aspirations of greater spiritual knowing. Perfect peace and divine Love start to flood the soul from above. For as above, so below, and as below so from above, which is the Law of correspondence.

Staying constantly in tune through the soul's awareness, spiritual contact is made with others in the spirit realms that have the same vibrational frequency. Affinity and like mindedness of desires and aspirations, as like attracts like. Love is the affinity and the soul's sincere desires of aspiration attracts like mindedness because Love seeks the betterment for others, to serve.

Pictures, dreams, visions, promptings through intuition, words to sentences, to eventually seeing with the inner sight and hearing with the inner ear take place with those of the same affinity or with those whom one has loved or even known on Earth (if the bonds of love were the same and held to the same understanding). For there is no *death*, the so-called personality or individuality is exactly where it left off from its mortal coil and has to progress to identity.

Here in this affinity, one becomes aware of even greater inspirations, ideas, teachings, Love and

knowledge. The higher our thoughts become the higher the influx we receive.

The souls in Spirit are dwelling in their respected places according to the spiritual progress made when on Earth and progress according to their knowledge gained in their environments or realms that they have formed for themselves. To some they are family, friends, ministering spirits, and guardians, (angel means messenger). It is said that 'are they not all ministering spirits?' Well that will depend upon your state of spiritual development. Not all spirits are the same. When we leave off from this Earth, we will find ourselves in the same mental state of knowledge that we have either acquired or remained in ignorance to. Ignorance is darkness, it has not been en-Light-ened. Some of these spirits are still in spiritual ignorance and have the same tendencies that they took with them while on Earth. They are sometimes referred to as mischievous or wicked spirits, or rather, obsessing spirits, with these we have nothing to do with, unless we have been developed spiritually enough and guided by higher spirits to help them. We are to *test* the spirits.

So to the extent that you believe in, is the place you will be received in, i.e. lovely or loving thoughts, lovely habitations, (*heaven*), dark thoughts, dark habitations, (There is NO hell or devil except that which we make for ourselves) We are making for ourselves our own homes (states or conditions of conscious awareness etc.).

All is progress by continually seeking, asking, and opening one's Heart in continual growth in Love and service to and for others, for selfishness is the greatest hindrance to the soul's progression. 'Do unto others as you would have them do to you'. It is always for the benefit of lifting All up to a higher state. For Love is the fulfilling of the divine Principle and whatsoever we sow we will reap, for all cause has an effect, or rather, everything has its own cause.

Note: Please remember that your own spiritual state of conscious awareness or non-awareness corresponds to the development of your soul/mind. We should have pure Hearts, minds and lifestyle to receive the purer influx of teachings that are available to us.

25th November 2018

Calm Resolve

This opportunity will not fail. For the resolve of your will in line with Love, which is Truth, will not fail. For the thoughts have been sent out and have reached the Father, and the Father has approved this mission.

We are also desirous for the success of this opportunity, as we wanted it also on Earth, but

through circumstances could not fulfil it.

In our reviews, we knew that we had failed in this, but because we still have the same thoughts and feelings, we wished to still achieve this desired outcome. So, by this, this group was formed, and you were found to have the mediumistic ability and desire to carry out this work. We tried many years earlier, but you became entrenched in other matters and lost the resolve.

You are fully protected, and no harm will come to you. We have used the illustrations previously given to show you what and how this will be done.

Once again, the spirit is being adjusted while in your sleep and when you are in meditation. We are adjusting your nerve endings like an upgrade, (picture: a V8 engine was shown being put into a small car!).

We can only use what thoughts you have at this stage, so your thoughts must always be of love and purity, for the stream, or rather the dark green river is what happens when the stream is not kept clean and clear, we can't get through because of all the debris. The debris is the thoughts and attitudes of the way this world thinks, it stops the flow and stagnates.

Calm resolve and patience must finish their perfect work. It will take time. There are now many of us, who, especially since your loud outburst in the spirit realm, have come to see what all of it is about. Many doctors, surgeons, scientists and even Nobel peace prize receivers want to get involved and they will pass the information on through us to you when needed. They will help upgrade your spirit to give you the power you need.

You will once again start to feel the tingling in your fingers and the slight shaking in your body even while asleep. You will think you are having earthquakes. But be of calm resolve for these are adjusting your nerve endings to become sensitive to the spirits and souls of others, the discerning of spirits, the gift of healing, the words of knowledge etc. All these gifts are available to anyone who would earnestly seek for them, but few do.

Many are the pockets of Light being scattered across the Earth. Many are called but few are chosen.

This mission was appointed to you. We are here to support you, for where two or three are gathered with like mindedness, there is the presence of fulfilment, which is always Love.

Will I see the realms?

Not necessarily, you will have plenty of time later.

Who are you?

What does that matter?

Are you Jonathon? (This is the name that came to me while listening and watching).

It is a name only. If that is what you need for me to be by association, then that is fine. I am

your Teacher. Jennifer is your Love, not as in a soul mate, but has a lot of love and she is able to give you this and to also get it through you. Chloe is your Joy. We three all balance each other out and with you on Earth we form a complete partnership. We are the same as you, we still are people who desire certain things and as we progress, so we learn. Like yourself we have chosen to serve this way.

Are you in the 5th realm?

Yes, where also your soul/spirit comes.

Will you remain there long?

We will remain until we achieve our purpose, which is our opportunity with you to progress. It is in like mindedness that we progress. Spend more time in meditation, the greater the resolve, the greater the fulfilment of the purpose. And spend the rest of your time continuing to learn and expand your awareness of Truth, because Truth is Love expressed as 'I am the Way, the Truth (Love) and the Life'.

The Christ Spirit is the Holy Spirit of God given to each person as they will or desire it and to express it. Because affinity is by association. Bring every thought into captivity and make it obedient to Christs divine Love. See everyone as through the eyes of divine Love. You have to ignore the flesh. Judge not what is on the outside, but perceive within with right judgement, which is discernment.

Expand your awareness and sensitivity to the spirit/soul within you. All this will take time. Be patient, this is an important work which will not fail. Give it time and be of calm resolve.

(It is not faith or belief; it is knowing!)

Earlier I had a scene of standing in front of a line of people and came to a man whom I could see had an attached spirit/soul, whom had been on the man since 1983. He then was a young man listening to music, sitting on the edge of a high-rise window and fell off! Accidentally? (He broke the Law of gravity!).

I directed my questions to him by shutting down the man who had the attached spirit/soul.

Hello, do you know where you are?

No, not really.

Do you remember what happened to you? (As stated before). Do you know what year it is?

No.

I told him it was 2020, (notice it is was only 2018 when I wrote this) and that what had happened to him was 37 years ago! The man he was attached to was in his late 50's. I explained to him that he had attached himself to somebody walking by, because of the shock of the accident. Which was a shock to him! I explained his situation and asked the soul to close his eyes and

look around him for some greater lights. At first, he did not see anything. Then I asked him to try again. He then saw bright lights whom one manifested itself to be his mother. He was shocked to see his mother who had passed away while he was still on Earth and he did not know about her. He cried and said *“Mother, what are you doing here?”*

She explained to him that she had gotten sick and had died. She also could not find him in the spirit realm. But when I found him it instantly sent a message to her as to the affinity of her son. I then asked him if he would like to go with his mother. He said he thought it would be best as he really did not know what he was doing there, (anywhere! Poor fellow, I really felt for him). I said to him, go with her and I will see you later *sometime* in the *future*, and at that he left.

The man who had had the attached spirit with him suddenly said, *“I feel like a weight has lifted off my shoulders”*, (which is where the spirit was, left shoulder). His resolve started to brighten up and he said he felt like his old self again which he hadn’t felt for a long time. His joy had returned, and he now could see clearer. He then thanked me saying, *“I don’t know what you did but I feel a whole lot better”*.

This is the task that was appointed to you, to set the captives free, to open the prison doors, to heal the sick, to raise the spiritually dead and to proclaim this good news.

Jonathan then said, *do you understand.*

I said, yes.

I am your teacher to keep you in check. Jennifer is the Love in your soul.

I then said to Jennifer, Hi Jennifer.

Hi Murray.

I said, Thank you.

She said, *you are welcome.*

With which my eyes started to leak again as to the overwhelming Love as it is so intense.

I then said, thank you, to Chloe.

Who said, *you are welcome, for it is my Joy to give you joy.*

These are for now the balance I need to fulfil the mission.

With this we said our goodbyes.

27th November 2018

Cleansing Tears

Relaxing into the silence, calm and serene, asking, seeking, knocking and opening the door of my own Heart. Being filled with anguish and compassion for the world, its people, the *lost* souls, the trapped in obsession of auras, the sick and the infirm.

I stood in the doorway of a hospital room where there was a sick child with tubes going in and out of her. She was about 8 years old and I *knew* her name was Samantha. She had cancer in the left arm through her bone marrow. I could see the shadow of it. She was being treated with chemotherapy which had made her lose her beautiful hair. She wore a covering scarf on her head. She was pale and her eyes had dark rings around them.

Her parents sat at the end and side of her bed. I could feel the pain, the anguish, the deep sorrow that I am feeling now with tears flowing up from my Heart.

They all looked at me and I said, "Excuse me for interrupting and I know this is a difficult time for you right now. My name is Murray and I would like to give you a gift if you would accept it. I know you don't know me, and it is sometimes hard to trust someone you don't know who offers you something that is free with no compensation expected. But I want to give you assurance that I am not peddling anything except to give you freely what I have received freely. I know that Samantha has bone marrow cancer in her left arm, (at this they thought *how does he know her name, is he a Doctor?*), and if you are willing and would allow me to place my hand upon the area affected, I would like to heal it".

The mother with tears in her eyes streaming down her face said, "*Please, anything, she is our only child, I will try anything to stop this pain*", (The father was in a kind of shock, a numbness). So, I approached Samantha on the right, (her left), and said, "Hello Samantha, would it be okay for you if I place my hand on your arm"? She nodded because of all the tubes.

I then asked them to join with me and explained that there was a shadow, and that just like when you open a door on a sunny day, and as light floods into the room, any shadows quickly retreat and disappear. I asked them to visualise Samantha's arm in the same way as the room and focus that Light into her arm. As we focused, (concentrated our thoughts) into the arm, I could see the shadow retreating and slowly disappearing. It only took the *time* to think it and the healing was done.

I then told them that the shadow was now gone, and that if they wanted to verify it, they could

get the Doctors to do a scan. I then said thank you for the opportunity to receive the gift and gave them a small booklet explaining everything and that there were no religious connotations involved. I then said, thank you again and left.

Jennifer came in and said that as I was sitting here passively that they were working on my *channels* from my *soul* to my *mind*, which had a few static calcium-like deposits that they were clearing out. These are the spirit nerve endings from soul to spirit. These are like receptacles, (like tentacles) that are neuron receptors which are like a mirror reflection on the other side. Being the contact between spirit mind and brain, like the sides of a coin, the soul being the edge of the coin. One works with the spirit, the other with matter. It is a *patient* work and will take time, but as I am open to receive, it is being done. They flood these passageways with Light, which is like electricity, bringing it into harmony with which they can work through.

She said that there are many neuroscientists and doctors who are helping in this *matter*, who studied the brain on Earth, but now have studied the workings of the spirit side there.

Then she introduced someone, who said, “*Hello Murray, I am Dr Carl*”, (and I was thinking of a fairly eccentric Dr Karl here in Australia, still alive!), and he then said, “*Dr Carl Wickland*”, and my brain took a moment to register it, but my soul was like mouth open and I really didn't know what to say. I thought ‘wow’ and was a little overwhelmed. He came because he heard and saw the desire in my Heart, and the plan they were trying to achieve, to also offer his help and services, as this was his desire when on Earth and still is there.

I said it was an honour to have him, but he explained, once again, that all is by affinity, and the work he was doing was being done by many groups, who also have the desire to continue this work, to break the cycle.

I asked him, “did you go straight to this *realm*”, and he said, “No”, that he arrived in the 3rd *state* and managed to investigate with other scientists and doctors in his progress through the 4th *state*, and then he progressed to here, (5th *state*). He said that many doctors were helping many groups there, who were helping many individuals and groups on Earth, and that I was an individual opportunity because of where I am on Earth, (Australia), and that there was no one here that they could find that had this affinity there.

Jennifer then said, “*We love you and will keep slowly working with this process*”, and as they learn it also, they will pass it on through me, (In this I saw a gentle quiet stream, and as it flows through me, the more I give, the more that can be given).

Jonathan then said, “*But don't forget to tell them the Truth! They need the Truth as well as love*”. Here there was some banter between them, some humorous joking back and forth.

Jonathon to Jennifer, *“You and you’re love, always lovey dovey.”*

Jennifer, *“You’re just too hard, always trying to promote the Truth.”*

They were having a laugh, which I found very amusing as they were lightening the mood. They looked at Chloe who just said, *“Happy happy, joy joy”* and the other two just rolled their eyes back and everybody had a good laugh.

They said they had to go for now as they had other work to do, (appointments), and would talk soon. We said our goodbyes. But after they had all left, Jennifer remained and said to me, (I am now crying before I write this), that she knows me, she sees me, the rejection, the loneliness etc., that I have had to suffer and she understands me, for that is why she gives me so much Love. She said, *“I know we are not physically there, but if we were, we would give you so much love with a hug, but we are here for you and with you, so there is no separation in Spirit, for we are all One, (when one part suffers, we all suffer). So, know that we never leave you, never forsake, because we are all One.”*

29th November 2018

Fishers of men

I tried to contact my group and saw Jennifer sitting along with hundreds of others, or maybe thousands of others, on the edge of what looked like a giant mining pit. She turned around and over her shoulder said, *“We are a bit busy now”*. I asked what they were doing and could see that they had long poles like fishing rods with a line dropped down into the huge pit which was completely in darkness. Then I saw small flashes of light coming from the bottom of the pit, and that when a soul got touched by the *etheric cord* that was around them, it sent off a flash of light. There were workers, (spirits) also down there who were trained to work in these conditions, who were watching for the flashes of light and would instantly go to the soul who was touched.

I said to Jennifer, *“Why are you doing this, as I thought that you, being in the 5th sphere, would be passed doing these things?”*

She said, *“Everybody does this no matter what realm they are in, as it is a duty that everyone performs as part of their life/training/progress, as it keeps them humble in reminder of who they were, and all the lost souls still needing help.”* She then said, *“Ooh, I’ve got a big one”*, which I could see was a large (obese) man. *“Gotta go”* she said. The term and ‘I shall make you fishers of men’ came to me.

30th November 2018

The Copper Dream

Small Dream: I was in an old abandoned factory where there were lots of old large generators, painted light green. I was like a guard protecting them and I noticed two persons removing the end part where the motor was and pulling from it a copper sheet. I said, “What are you doing”, and one said, “*We are getting the copper sheeting as it is valuable.*” I said, “Can I help”, and set about helping to get it out of the disused generators. Copper is a conduit!

The coin of the Spirit is service in Love

(This is a continuation of what happened with the fishing incident yesterday)

Jennifer: “*It is in love we serve, nobody is compelled or coerced to do, but love, when it awakens in the soul wants to serve. The more love we dwell in, the more we wish to serve. You cannot force the will; the will is the desire of the soul that is why it is called free will. It is the greatest of gifts given to mankind, the ability to decide, to think for oneself and the out growth for seeing service as a means to an end of selfishness, it is the growth of divine or human love in the soul that has the capacity and awareness to receive it. Do unto others as you would have them do unto you is the harmony of service.*

From the spirit borne in the Heart comes the manifestation of the fruits, being as we know love, joy, peace, goodness, kindness, self-control etc. When the Heart is passive without the turmoil, and in the still silence of the soul, it is like a flower that opens to the sunlight. This is the entrance of the Spirit. Be still and know God, (Goodness). This brings the knowing, faith has gone, belief has gone and knowing has arrived.

Light shines in the darkness, but the darkness comprehends it not. Understanding is the Light of Truth that you assimilate and from this you walk in the principles, (laws) of God, because all laws are formed and fashioned in and of Truth.

This is the wisdom of the soul, which in turn becomes the souls sincere desire expressed in service. Love compels but never forces. A yielded Heart, a sensitiveness to the awareness of All That Is, that is Life. And the expression of this Love, the Love to serve, for God, Its Goodness is Love.”

Jonathon: “*The firing of the pistons as we term it, is the connection of Spirit to spirit. It is*

allowing the mind to receive the ether of God that allows the spirit openings and connections to become clear passageways to relay these sensitives to be felt in the soul and to be reasoned of in the spirit mind. You can't have one without the other.

Do not despise the body, it needs to be healthy and whole to manifest itself into the environment that it is placed. All is thought, but the thoughts must be from a pure Heart, because only the pure in Heart can perceive God, (Goodness). The manifestation of a pure Heart is the perception to perceive from the Spirit, to spirit, to bring Life and Immortality to Light, or bringing Light and Immortality to Life.

You know these things as they have now become part of you in your soul's desire to seek for Truth, and without Truth there is no awareness, no re-cognition of the principles of God. All laws must be established for the benefit of all, and you know if you break a law, you break a Truth, and once again, knowing the Truth sets you free, because once you know it, it becomes a part of you. This is what is meant by 'walking in the Truth' or rather walking in the 'Light of the Truth'.

Firing the pistons is opening the expanses of the mind to receive truths, which are principles, (laws) of God, and when you walk in the laws of God, (Goodness), you walk in Love. It is very simple, but ignorance blocks the channels of communication and we can't get through these truths.

Allow the spirits and Spirit, (Gods Principles and Laws) to work in you and through you what is pleasing in His sight. He is looking for those whose Hearts are committed toward Him, towards His Principles and Laws. This means that He sees the awareness, the opening of the flower. And understanding comes to the spirit who assimilates it in his soul and then works it out through the manifestations of his conscious awareness. Either through the spirit, the soul or body as the expression of truth(s)

The soul's sincere desire is to know, to understand and to live those truths as the principles of conscious awareness expressed through divine Love. All things work together for Good, to them that have been called according to His Purposes, His Laws and Principles. Walk in these and you walk in the awareness of Truth.

The Spirit blows or listeth where it pleases, and so are those born of the Spirit. For God cannot assimilate to anything other than what He is. For it is God who works in us what is pleasing in His sight. This is what is termed the favour of God. God has NO favourites; we are all equal. But abiding by and in His Principles, (Spirit) brings forth the leading of the Spirit of Truth and in Love."

Throughout the rest of the day, thoughts were dropping in.

“The thoughts and the perceptions are what create the Aura. The aura is seen from the connection of the soul. Once again, the truth rings true, as one thinks (in one’s Heart) so is one. So, the aura is the spirit manifesting the thoughts and intents of the Heart, the soul. The Light of the body is the eye.”

Does Chloe never speak?

“Chloe’s presence will serve you well later, as you will need her strength. You perceive and feel her joy, but it is her silence that is the strongest amongst us. She is far more advanced in herself than we are. Is it not said that the silent type are the strongest? Trust me when we say this, you will need her strength.”

2nd December 2018

Another ‘Lost’ Soul

Semi dreaming, another incident in another mental institution.

A man in a white patient’s outfit was sitting on a plastic and metal chair. Being approximately in his mid-thirties, non-responsive. I sat opposite him at a slight angle as the mother of the *boy* was sitting slightly at the other angle behind me. She was small and quite frail.

I noticed a spirit, same place, left shoulder, who was very disturbed and quite angry, frustrated at being there. He also was approximately the same age but a lot slimmer than the patient who was obviously eating for two!

I sensed that the attached spirit, had had a drug overdose, which is really a form of suicide. The patient had tried to commit suicide, (not sure how), but believed he had succeeded and was now in nothingness, hence he was nonresponsive. He was in a vegetative state as they say, he had shut down into himself and believed he was nowhere, dead! So, the attached spirit did not know he had overdosed and drifted off and attached himself to the patient’s aura, as once again like attracts like. He was frustrated at the fact that he was not dead! But still trapped in existence.

I first told him to calm down as this was only keeping his own mind in an agitated state as he was not in his *right* mind. He didn’t know where he was, so once again I had to explain to him his own state and that how would he like it if it happened to him.

Recognising that the *boy* in question was in his twenties when he tried suicide, the attached spirit had been there about 8 years. I got the spirit to calm down and focus once again by closing his eyes to see if he could see any bright lights. He said he saw a bright light coming towards

him and he was amazed to see his own father. I said he should go with him, but I sensed that he was going somewhere not too bright at this stage (some healing needed to take place).

The *boy*, (patient), being now a man, awoke, like the coming out of a hypnotic sleep and he asked me where he was. I explained to him that he had been in an accident and that he had been in a type of coma for 8 years, (best explanation considering the circumstances!). He then caught sight of his mother whom he hardly recognised as worry had slowly eaten away her health and she looked a lot older than she was. Tears fell from her face as she said, “*My boy is back, thank you*”. I once again gave them a small explanation pamphlet.

4th December 2018

The Fingerprint

I was just checking in with my group to see how things were progressing, and I could sense that there was much deliberation over the best possible procedure to take, as we all want this to be the *perfect* solution.

Leonardo da Vinci said, “Hi Murray, I and Michael Angelo have come to offer our services also, as it gave us a bit of a wake-up call,(with my outburst in the Spirit realm) and brought many to the remembrance, that we were all on Earth going through the same battles of overcoming. So as not to forget where we came from, we who have progressed considerably have gained greater knowledge in these things and would like to offer our services for the greater good.”

In this I saw a fingerprint, and then realising each fingerprint is unique to each person and that when you bring in, if not, thousands of other fingerprints one on top of the other, you start to see a pattern emerge, and in this you can figure out the best overall way of discerning something. I then looked at the group hard at study over these things, and that they were putting all the *data* from everyone’s experiences into what looked like their *computer system*, and were looking for corresponding modes that would bring about the best results.

I said that I didn’t mind how long it would take, as I could do with learning the patience to finish its perfect work, so that I would be complete and lacking in nothing. At this I sent them my best wishes and encouragement in Love.

(This all took about 2 minutes, talk about instant connection, the lines of communication have surely been opened, and its open mike night!).

Footnote: Starting to feel vibrations in head yesterday and today.

Slightly later at about 5pm, Jennifer came through and said they had come up with some results and that they would like to *try* it tonight while I was asleep.

I said I didn't really like the idea of *trying* something and would be a lot happier if they had some conclusive evidence.

She said that as Leonardo and Michael Angelo had come, that they had looked over their shoulders, (as I had done), and saw that the data looked good and added their input.

I said okay, and she said, "well, we say try, try again until we succeed." Hmm, we shall see!

5th December 2018 (that very night)

The Wall of the Borderland

In my so-called sleep, I saw some exceptionally large black letters, like a statement of a fact or law, like a boundary marker but bigger than a billboard.

I woke up from the very restless sleep feeling disappointed. I sensed they too were disappointed saying, '*we are so sorry.*' I felt like it was a permanent sign and that all this can't take place. I have to trust and believe that this is just a test for all of us and we have to find another or other ways to overcome, for how else are we to progress if we don't keep learning by certain failures. We don't just change having all knowledge and all the answers. Each setback is a challenge for us all, not just individually but as a group of souls.

The saying, 'disappointment is *His* appointment, change one letter and then you will see', came to mind.

I just opened my computer to the end of the last chapter I left of reading the day before, scrolled the page, and the next chapter heading says, '*The wall of the borderland*'!

Insert of personal feelings: Sometimes I think I am going mad with all this *belief*, but if it were not true, then why do we believe in *God*, who created everything we see and can't see and what the heck do we think we are either doing here or going to be when we *die*! If there isn't continuation of life, what would be the point of life if it were not continuous, all our hopes, dreams and desires bashed against the brief rock of time? NO, it sometimes doesn't make sense here and that is why we must keep the faith, believe, and KNOW without any doubt. Casting down false imaginations, pulling down false strongholds and assumptions of our minds. Press on my good man, press on!

I could see Jennifer crying, highly disappointed, so I encouraged her, as we are to build one another up and that it was okay, for if it wasn't for the fact that at the moment I was still on Earth with the barking dogs, the screaming children and noisy vehicles nearby, what has she to be concerned with! We can and will do this.

I said to them to take some *time* off until they had thought about the situation. To go for a row on the lake or take a nice walk in the gardens or mountains, get some fresh air. We are still the same both here and there, needing *time* to contemplate, to have calm resolve and to be patient.

6th December 2018

Spiritual Contact!

I was reading a book by Betty and Stewart White, and it was talking about the next step, which was to confront the obstacle that seems to hinder us, not so much confront it but to look at it and to work around it. The sign I saw, looks big and scary from a distance, (it looks like a big Hollywood sign, but the letters are all black). So, it looks like a warning sign as in *Beware* or *Keep Out*. But I believe that this is just a ruse, a front to see if I *Will* confront it.

I remembered when I received the saying, '*obstacles don't move, you need to avoid them by going around them and seeing through them*'. So, it is about seeing past the obstacle, as in, 'to him that overcomes', and when getting through it, we look back and realise it was just designed to keep the weak willed ones away as the *kingdom of God* is taken by force, (energy), which is the desire of the soul to obtain, to persist in its progress and to work it out.

So, in boldness, I walked up to the Big Black Scary Sign, looked at it, and then just went under the gap in the lettering! I looked back at it from behind and realised it was just a front, a thin piece of workmanship designed to look impassable. I then realised that for it to become a part of us, we have to transmute it into our own being by letting it dissipate into *experience*.

Once this was done, I turned around and now found myself facing what looked like a big black giant impassable globe, made up of some unknown substance! But since boldness IS the approach, (not arrogance, but knowing), I just went up to it and put my hand *into* it, realising that this also is an illusion. So, I passed *through* it and entered into a huge ball of electrically charged pulses, like that glass ball, that when you touch it from on the outside, the electrical current on the inside sends across the space in the atmosphere of the ball to the *point of contact*, a burst of energy, like electricity.

I looked at it in all its pink, electric blue and white currents and could see that it had a *core* floating in the Centre, (the sphere must have been around 50 metres in diameter), the core being too high to reach.

I then noticed that as the electrical shocks were hitting the inside of the sphere, they were at the same time sending currents of energy down through what looked like a giant body. I watched as a current hit the wall and go down what was a giant nervous system, all currents working all over the place. As I followed this one down, it went down an arm to the fingertips and then I realised, this is the power of MIND. I then looked back up to the Core and could see it was old. I mean very old and it had within it ALL LIFE, ALL POWER, it was like looking at THE MIND, THE PRINCIPLE OF ALL.

Betty: *“The absorbing power of the Spirit transmutes. That is the way the whole world will be absorbed someday. When you have acquired a little of it, it seems to have definite uses you can put it to. A consuming power. Things seem to disappear under it, like ice under the sun. It gives you a feeling that if you had enough of it, and you were behind an iron or concrete door, the thing would become so recharged or vitalised that it seems to have dissolved into its component parts. This wonderful transmuting, absorbing substance is what you set in action by spiritual contact. Once set in action, you cannot stop it. It is bound to act, to consume. The more faith you have in it, the more powerful it is. It would be terrible were it not used for good.*

All doubt must go, then you can utilise the full power of the Spirit, that is what it is to be made in the Image. But we’ve got to earn it, to deserve our heritage. This is progress, to be absorbed by the Spirit. This is creation, spiritual infusion. Spirit dissolves the natural so curiously, its substance seems to have a dematerializing effect on the body and can be applied to our physical bodies. It is creating, dissolving and recreating. It makes it easy to be acted on by the thought. We absorb our bodily self to become translucent so that you can shine through them. It is the oil on paper idea that makes the paper translucent. We need to keep stretching ourselves and pushing through the thin stuff, the very slight resistance, comprehending, having contact and advancing in progress. It is endless, just endless.

Experience must be met and assimilated in order that we may fill out our level and proceed to the next. It is only by fulfilling the laws of each step that this can be done. Naturally with as much Light, bigness of Heart, expansion of doing your best and pushing on.”

The reason I wrote this out, is before all this happened, I asked if Betty and Stewart White could help in this matter, and that if they could make contact with my group to offer some solutions.

Betty continued: *“It does not do any good to look at the Earth end and get a ‘technique’. You must go to the source of things. Your main effort must go into union with the Supreme Force or Intelligence, not just by calling it down and isolating yourself in it, but by calling for it and uniting with it, in such a manner as to transmute it into available Earth force. That is the secret of it.*

It is the Inspiration to generate this Force within you, there is no question about it acting on things. It is the law of Harmony. It is the Attention given to it that gives it its existence. Habitual Attention.

Insulate, centre the consciousness on the higher level, and keep out of the zone of action in order to be free-handed and wide-Heart-ed in helpfulness. Sympathize but do not pity. Understand and then care about it.”

Footnote: Plasma ball: a dome, orb or sphere, invented by Tesla. It is a power inverter, a transformer that is in communication with the transformer output. (Gases = Spirit, Voltage = Power (Force, Energy), non-metallic Substances = Matter).

9th December 2018

“We've found a new formula!”

They were very joyful at their discovery and said that they had been working very hard, so sorry for not being in contact, but that I was okay and that I was never forsaken, never forgotten, as this is theirs too.

I was speaking to Jonathon and I asked him about instances that had happened during his time on Earth. I got that he was born in Detroit Michigan before the wars, was a professor of literature, social studies and human nature. Never married as too busy with his work. He passed over when he was 76 years old and has been in the Spirit world for 48 years. Born in 1894 passed over in 1970. Jennifer said that he had been there longer than her age and Chloe's, who was approximately the same age as Jennifer, so lots of laughter.

I asked him about the wars, in which he replied that he did not wish to discuss that, and he ignored it as much as possible which pushed him harder into his studies. *“Pointless exhibitionism”* he called it. I asked about the experience I had regarding the obstacle and the Tesla sphere. They, (he) said, it was a very unusual and very bold of me to overcome the

confrontation. About the *sphere*, he said, “*It is like your brain, your mind and the core is the connection, the silver cord, as it is etheric and that they tune into it by thought from their end when they want to communicate with me. It appears like strands and strings; it's like playing a harp. The connection is established, and they think their thoughts toward me, with their emotions involved and it relays the information through my mind using my thoughts and words to their best ability.*”

I then asked them regarding this new formula, and how they knew it was going to work. They said that they had tried an experiment on someone who was completely unawares (?), but was in a position to do it through i.e. right place, right timing with the circumstances being appropriate at that given moment, but the receiver had no idea what had happened. They said it will come through when they see an opportunity, which I will not be aware or *conscious* of at the time, like a surprise! (Don't let your left hand know what your right hand is doing came to mind).

Jennifer was extremely bubbly, incredibly happy and almost blocking out the joy of Chloe, who was very quiet as usual, (I know that sounds strange, but it's the way I see and feel it).

I asked Jonathon, did he have a *soul partner* and he said yes, and her name was Daphne, and I asked him what she does. He said she works with children, as they were both never married on Earth but loved children and that they had adopted two little boys called Mike and Tyson. I then said “oh, come on, that’s a former boxers name on Earth”. He said that they didn’t know anything about his name and that is what their names are! (Quite firmly too!). I then asked him what he did in his *spare time*, and he said he just liked to spend it with Daphne and the boys, but also still liked to study, (old habits *die* hard).

I asked Jennifer what she liked to do, and she said, *swimming*, she thought she was pretty good at it and that to get better and better at it was by the amount of thought put into it.

I asked Chloe what she liked to do, and she said, *listening to music and dancing*.

I asked them if they both had *soul partners*, but they were both very coy about it, Jennifer just winked!

Jonathon said to them, “*you two are incorrigible.*”

During all this I noticed a Guardian keeping watch over all these proceedings, as they, the girls, especially Jennifer were pushing the boundaries, as she was so joyful.

I asked them if they each had their own homes, and yes, they do, but they had been spending a lot of time lately doing this research and were now very pleased with the result and were letting me know that they were now going to take some *time* off.

Note: I have noticed no one ever talks about or thinks about any kind of *religious* beliefs, in fact it seems that these are the least of concerns when progressing. It seems that an open mind and Heart, appreciation, a joyful awareness, and the desire to progress, (even when on Earth) are the main attributes to possess and progress. The desire to serve is a biggie, for the betterment of humanity.

They were then asked to *close the lid* for now, the Guardian was trying to get them to go along. Jennifer was being a bit cheeky, so the Guardian was giving her some firmer looks. They were all quite jovial.

Jonathon then said, “*Well, my good man, we had better go, so high five*” and used some other slang American terms that we all knew was just not him and the girls just had a good laugh at him.

Jennifer then made a humorous remark that I always use and Chloe just kind of faded into the distance, (as usual).

With the usual lots of love etc., they departed.

Jennifer quickly came through again and was asked to apologise to me, as she was told to *keep a lid on things*, whoops!

12th December 2018

The Apology

Jennifer came by herself and once again apologised for the other day, as some of the things she insinuated were not in helping or keeping me true to the cause. She said she had been teasing and flippant, and the remarks and intentions were frivolous. She said that her affinity of her Love for me is because on Earth she was an only child, (not that I was, but my life has been very much isolated, like that all the way through), so she said she knew what being alone was like. She said it was like the *Sunshine of her Love through me*, in which I heard the old Cream song and both of us thinking it brought Chloe to our minds, who said “*ooh, good song*”! Lots of laughs.

I then asked her how she really knew that what they had discovered was really going to work. She said, “*It will, trust me, but it would only be when the right circumstances come about.*” As they cannot see the *future* but only certain prevailing conditions that they look out for as guides. She once again apologised.

I said, we get these wrong thoughts that come through and I want to eradicate them. She said

they all knew, as we have all experienced them and they are like a dripping tap, it becomes annoying until we turn it off tighter. She also showed me a picture scene of what Love is like. It is like going to paint a wall in your room. You open the paint can, (it was bright pink!) You stir it around until well mixed, you then put some on your brush and some starts to splatter a little all over the place. Then when we get more control, we start to paint the wall until it becomes the finished product, a piece of Art, (Heart).

At this the Guardian was giving glances as if to say times up again.

He seems quite tall, I gathered, (sensed) his abbreviated name is given as Thomas, from Tomahawk! As he looks like a big American Indian!

I then asked Jennifer what she was now going to do, and she said she was going for a nice walk as the weather is always nice! She said that I was lucky to live in a warmer part of Australia where the sun shines so much that she wished she knew what it was like on Earth rather than having lived in drab old London.

At this *Thomas* started to lower the lid and we said our goodbyes for now, lots of Love.

20th December 2018 (deep in the night)

Rolling Cloud

I was *sleeping*, semi-dreaming, seeing large prairie plains with the blue sky above with clouds forming into long cylindrical type clouds. Then all the following started coming through.

Rolling Cloud, born in 1772, *died* 1800, 28 years old by a blow to the head. Has not changed 'physically' as he was in the prime of his life. Lived in Wyoming, hunters, Bison herds, had tribal conflict. Has a wife, (squaw), spoke simply using 'we' instead of I. Took a long time for him to get to the 5th *state*, learnt English and using knowledge in spirits being able to articulate. Was asked by *The Great White Spirit* to join my group when he saw that the inclination to help the great brotherhood of mankind and to stop the return of the depraved spirits (especially alcoholic ones) which had done so much damage to his people. He was asked to be the *gate* keeper and *guard the portal*, (especially on the Earth side) for any frivolous spirits trying to usurp communication, (keeping the channel line free).

He talked about how we live today, like we are caged animals and not having the freedom of being alive to the *Great Spirit*. How we have abused nature and it will abuse back. He spoke about what food we eat and if the food has only been grown or bred to just feed us, then it will not sustain us as it had no care or kindness attached to it, no respect or value for the life given.

He said we poison ourselves slowly as there is no life in food where there is no *respect* or *love* for being thankful for the *Great Spirits* provision.

He talked about the Spirit that man is composed of, the spirit and soul. He said that Truth is established through knowing the *Great Spirits* principles. He said that *God*, the *Great Spirit* so loved the world that *He* gave us *His* own only begotten *Holy Spirit* and that when the recognition of this Principle is accepted it co-joins that the *two* become ONE, that the man is a perfect being like when the *Great White Spirit* walked the Earth, in full conscious awareness of Spirit.

He then said that I had a tough assignment to fulfil, but it would be fulfilled if I was patient to see it through.

I asked him about the group, and he said he had a great affinity and respect for Jonathon and liked him a lot as he spoke the Truth. He said Chloe was quiet, but a strong spirit who when necessary will/would give off a lot of strength, a very powerful spirit. Jennifer on the other hand was given to form the group because of Love, sometimes a wayward spirit, but needed to balance the circle, band, or group.

I asked him if he was there/here to help with healings. He said that he could not help with regards to that and said, "*I'm not a medicine man!*" which was very humorous.

He has a good sense of humour, but a stern countenance as he has taken his task very seriously since the *Great White Spirit* asked him to take this role, (a big progressive task for everyone).

I also asked was there many physicians, doctors, etc., wanting to help and he said that they will come as needed as many know about this work especially after my *outburst*. He said that I was like a forerunner that I was laying a path or groundwork for the next generation to carry on the work until it was all completed sometime in the *future*. It is an important work and it will not fail.

I like him, he does not mix his words, is not tainted by any influence, speaks the Truth in Love, has a good sense of humour but a stern sensible outlook, is very protective and very caring, overwhelming at first sight but has a Heart of a child, humble in acceptance, a great role model!

I think here is a good place to mention 'the outburst' that I did in the Spirit realms. I was overwhelmed with emotion and stood within the Spirit realms and made a challenge to everybody, (that's a lot of people!), to help us here on Earth, to not forget the day to day struggles that we go through. But the main reason is the lack of awareness of certain 'things' that are happening here on Earth and in the 'lower' realms. These maybe confrontational issues with you the reader and you may not agree with them, but it is what I have been shown and to be aware of.

So first, I DO NOT believe in hell or all that rubbish that is sprouted out there due to anthropomorphic ignorance. I have been through that and researched the so-called religions that people follow blindly in unconsciousness. There is a lot that people do not understand because they are either unwilling to find out or just don't care. The blind lead the blind. You may hear from certain spirits telling you that everything is fine and that we all go to 'Heaven', with lots of 'feel good' messages. Question them! Ask them where they 'think' they are in Spirit. Do you think that we are all the same in our understanding? I think not! Listen to the words that they speak, are they wholesome in their language, pure, calm, loving, etc. Because from the abundance of the Heart the mouth will speak, (or spout off!). They may 'hang out' with you and not really leave you alone and they may start to influence your thoughts, feelings and even your health. There are a lot of 'lower' developed spirits/souls, who when they left the Earth, took with them the same thoughts and lower based desires, and have not changed so much. In fact, the ones who are like this are usually still hanging around the Earth as Earth bound spirits. Not as 'ghosts' but are 'obsessing' people and NOT possession. They have not progressed and are still ignorant of things spiritual. A lot, do not know that they have even 'died', so they hang around going about their usual 'haunts' etc. They also follow people about looking to carry on their old way of life especially addicts of one kind or another, they are 'influencing' a lot of people. This is the 'cycle, the catch 22' that I cried out to stop. I am sorry if this sounds confrontational, but Truth is what we are to seek. As I come to greater understanding then so be it, but for now please take care as it is in loving kindness that I speak. Thank You.

27th December 2018

The Lighthouse

Jennifer came through to encourage; some plays on words were said which I unfortunately cannot remember which were humorous. Thomas said that it was a joy for him to serve me as he knows it is a joy and a Love for me to serve them. *"To be patient"*.

"Not forgotten, always in our hearts."

"Much must be organised as you see the tapestry that was messed up has to be put back into its correct threads. Each is a string and each must be in alignment again to fulfil the mission, (suicides are those who remove themselves from the Tapestry and take the whole thread with them, leaving a gap, very hard to replace as each gap leaves a hole and not the Whole).

You are like the Lighthouse; it does its work silently and nobody seems to notice it except those

who need its guidance. The seas of humanity are tossed to and fro like a storm, washed upon the rocks. The Lighthouse stands tall above them dignified but stable upon its solid foundation. You are the Light generated within.

A great work takes great time and you must be patient and of a calm resolve. We work together, you do your part by learning and assimilating all you can, we do ours by planning. We see a little further than you, but we must place each piece in its appropriate place, like chess, we then can move them accordingly.

Assimilate first, then appropriate. There are many lessons to be learned and we learn better by those who have become masters in their fields of endeavour. Do not look back but look forward, the Light (house) shines into darkness, ever beholding the night sky but always leaving its traceable Light.

Time does not matter, principles do. We work within these principles and appropriate them when we have understood them. The causeway is long, and we must take our time along it to reach our intended goal. Assimilation.

Hold fast to what is true and do not be swayed by the tides of indifference. There are many who rush ahead and in doing so shipwreck themselves. We are here to see that the Light is appropriated in its correct channel, that those who are searching and looking for that Light will see it and make a straight course for it. This brings them joy, hope and an assured sense of purpose. It's the little things that count.

Stay the course and all shall come to pass. Just believe knowing that all things are being worked together for the good of all. Many will be indifferent, and they will turn away, back into darkness, (ignorance), and float along the sea of life still looking for a safe harbour. Some will weigh anchor and will stop and stare but will not approach for fear of the unknown.

Ours is a journey of hope to the forlorn, the hopeless, the cast away, we are the Life saviours of mankind. It takes strong ropes to pull in the shipwrecked. A cord of 3 is not easily broken, yet we are many strands all working for a common cure, sea sickness.

Many having given up hope, have flung themselves overboard back into the sea of indifference. Here they float around in the seas of oblivion where predators take them. These are the false teachings and religious doctrines of the world and its systems. But we are the Lifeboats, searching for the upraised hands, helping victims a sure (ashore). So, hold fast to that which is true (Truth) and hope will be your reward.

With Love, not in indifference, from a Teacher, a Bright Spark to Lighten your way.

29th December 2018

A Deep Prayer of Knowing

Releasing thoughts into the ether of the Universe to the *Almighty Great Spirit*, that is the Light, Life and Love of all creation, the immensity of the *unknown*. That through me a dot less than a grain of sand, on a dot of a planet in the somewhere out there of the Universe could be used for the purpose of putting things here back into its eventual course of intention. That Beauty, Love, Light and all Goodness would be restored to the proper condition.

I give thanks for the gift of Life and the opportunity to experience the expression of being, (though in a heavy gravitational earth body!) but able to be consciously aware of being a soul manifesting with the spirit the senses of all outward phenomena. Having made mistakes along the way but thankful for the opportunity now given and being now aware of the everlasting Life of the eternal Spirit nature of being. That through the states of Life, the progression of a soul/spirit who desires to progress and to understand that help has always been there. For we do not serve alone, but we are truly *surrounded by a great cloud of witnesses*.

How many are there?

"There are thousands, if not hundreds of thousands who have come to see, to help, to add their input because there are few on Earth who desire what you do and what we also desire to see come to pass, the restoration of all things being made manifest."

As the spirit was talking, I asked "who are you?"

And he said, *"That does not matter, what matters is this great work that shall come to pass if you hold your course. You have your part to do and we ours."*

As I had asked for help from higher realms even into the Universe for masters, teachers, and guides to come.

"Your part is to continue what you are doing and to listen to the instructions from us your guides, while we also wait for instructions from those above us."

At this I noticed that the spirit and the great throng were receding very fast and noticed coming forth from my left was a strong determined spirit who said:

"I am Albert Einstein and I have come in answer to your desire. To give you a gift which I carry, which took me a long time to acquire through much perseverance and failure when I was on Earth. It is the gift of Intuitive Awareness, the ability to see the magnetic emanation from spirits. It is electrical in its form."

In this I saw like currents reaching out around a body in different shades of colours with waves

going out and coming in. Emanations of emotions and sensitivity, expanding and contracting, touching and repelling.

“This gift I give to you. I have studied long and hard about this ethereal electricity of emanation, for it is like a projection of Light from the soul showing the colouration of everyone for what they really are. It is their thoughts.”

I then saw the picture of the light bulb that sat over the top of Einstein’s head!

“It is a strong current of perception, to perceive the spirit for what it really is, thus making aware the true soul of each being and able to discern the thoughts and intents of the Heart, the mind of the soul.”

(First spirit speaking again), *“Hold fast to the course, run your race to win and indeed there awaits the grand prize of eternal Life. For a man can receive nothing except what is given to him from above. For the wisdom that comes from above is first pure, peace loving and easy to be entreated.”*

At this I said, I know in my Heart, it is not faith, nor mere belief, but a deep abiding knowing. For I have now understood enough to know that great help is there, and we all have an opportunity to put right that which is out of alignment. Ours is to bring harmony, we give to the world the harmony it needs that it has lost, to give hope, health and healing. This is my course and I will not fail, for it was given to me to set the captives free, to bring recovery of spiritual sight to the blind, to open the prison doors of the Heart and to give ears to the spiritually deaf. It cannot return to you void but must meet its Source to accomplish its purpose from desire.

Note: When a gift is given, it is given through Love, which means someone else thinking about you. The gift came to you, the person who sent you the gift, sent you something else, gave you something of themselves. Born out of the thought and Love of humanity, that part of the person who sent it is in the gift and will be in it forever.

January 2019

What is prayer? Correspondence!

Prayer is the emanation of thought. Thought is the emanation of aspiration. Aspiration is the emanation of intuition. Intuition is the force of magnetic attraction. Magnetic attraction is the emanation of Soul. Soul is the emanation of Spirit. Spirit is the emanation of Essence. Essence IS.

Spirit is the emanation of currents of ether, releasing essences which is energy, which is magnetic or electrical fields, electromagnetism. These fields of energy are always moving, as Life cannot be stilled. Life is the moving force of *God*, which is Spirit. Spirit is the manifestation of pulsations emanating from forces within itself, which are the unseen forces of ethereal elements known as magnetic and electrical impulses or energy currents.

In these all things live, move and have their *being*. All magnetic and electrical currents have within themselves positive and negative pulsating forces. When these are either allied or repulsed, together they give off emanations, Conductivity.

Life is a continual cycle of emanations rising higher and higher in progressive growth of advancement and all returning in cycles to its own Centre of emanation. Like attracts like. Positive or negative states. The Spiritual states are positively charged. The Earth is in a negative state. When these two then meet on equal terms we have neutrality, all things in common. So, emanations from the Earth to attract vibrations from *heaven*, which is Harmony, must rise in the same magnetic attraction of like (mindedness). It is raising the Earth's vibration of electrical impulses known as Thought. And as only like attracts like, thought is the prayer from aspiration from Intuition, from magnetic attraction, which is soul to Soul, spirit to Spirit.

Prayer is answered according to the spirits, (souls) advancement in knowledge acquired through reason which is Truth. This in turn meets the same attuning in the spiritual state. Affinity of soul correspondence will meet exactly its counterpart. How can two walk together unless they be in agreement and a cord of three is not easily broken?

Nature is our teacher; Truth is its Principles; Reason is its own applicator. Knowledge and Wisdom are its achievements, and Harmony is its result.

Hence: the wisdom that comes from *above* can only be met to its correspondence from *below*, as above so below, (Wisdom is knowledge applied). When the magnetic attraction is strong, the pull is strong. Mercy and Truth meet, a correspondence of affinity. Balance is mete out accordingly to the weights and measures, (Wisdom and Love). Ask and it shall be given to you. Seek and you shall find. Everybody that knocks, (prayer, aspiration, and correspondences) of these, the doors shall be opened to you. And I saw a door in Heaven open and a voice said to me, "*come up here and I will show you things.*"

The higher the thoughts, the intents of the Heart and mind, the higher the answer comes from. Prayer is first an influx of aspiration from the spiritual realms. Second, it is a re-flux of that aspiration back to the source where it issued from. Here it reaches and stirs the sympathies and attracts the elements of Goodness and Truth. It again returns to the soul to enrich and enlighten. Two Principles or correspondence to attain to. These are, one, Wisdom and, two, Love; both

these principles make up the Divine Good. To obtain these, we, through the law of progression obtain a relative perfection of knowledge and experience and consequently, harmony or heaven. Love working by Wisdom gives power to subject the external to the *Internal* or in other words, gives the possessor Spiritual Perception. Like attracts like. Prayer answered!

Let's push this even further, reiterating along similar lines of thoughts. How do we communicate? We have a soul mind which is our real being, this is our Life force or spirit force, all things being Spirit in form. All thoughts, pictures and acts are forms from and within the mind, which remain within the mind of the beholder. The mind is like a sensitive plate; it is alive by Spirit substance which is composed of the spiritual atmosphere surrounding it. It is what we would describe as the particles of all subatomic Life-giving properties, Light!

Just like magnetic and electrical forces which we cannot see, but which we live and move in until we harness them, as when our mind is in its proper spirit state, it is able to use these so called unseen energy substances and transfer them or rather harness them, to bring them through as a thought, a picture or act form, because all cause has an effect, en-Light-enment.

Thought is substance, and transposing thought in substance makes it become reality. This forming of thoughts and pictures from our imagination brings them forth into forms such as acts or substances into reality, manifestations. The greater the conscious awareness of these thoughts, the greater the ability to direct them or use them for whatever purpose is our intention. We must remember, thoughts are not things. Thoughts do not create things. Nothing is ever being created now. All that will ever be created is already here. Thoughts *bring* created things together to create, (to make) form. All is limited only by the power of the thinker, (gathered in the mind's eye). All thought cannot gather around it that which is not around for it to gather!

All is creation, we create by Inspirational and aspirational thoughts. The thoughts or pictures are thus transferred through the substance which seems to be of magnetic or electrical conductivity, (electromagnetism, atomic sub-structures, Light!). By harnessing these substances, we create forms of reality. Thoughts are forms of spiritual force, determined by the modes of action of the functional processes of the mind. We are bringing the unseen into the seen. It is to the intent of our focus in our mind that we harness the ability to create by coming into alignment with this unseen substance(s), which are really principles and laws of operation. Light is an Illuminator. When there is no Light there is no picture and nothing is visible. Hence communication with spirits are in exact accordance to the ability of our own minds that we can perceive and understand. As ignorance is darkness, so knowledge is by Illumination. We live in the degree of Light to which we desire to. *God* is no respecter of persons. To the degree we seek

and ask by reason and understanding, we gain knowledge and wisdom of spiritual things, is to the degree that we can manifest them. Whatever is exposed to or by the Light is made manifest. Perception! Each mind follows the aspiration of its inclinations, which requires knowledge of that which it seeks. The mind of the soul/spirit is connected to the brain of being like electric wires. The material battery is the brain and its nerves the wires. The battery, (brain), is worked by its mind, (soul/spirit) power, which sends currents of electricity all along the wires or nerves which desire it to move. But there must be a Force, (Energy) for which it moves through or against for it to become a reality.

The more Light, the more Illumination, the more Illumination the more knowledge gained, the more knowledge gained the greater the understanding and awareness of consciousness, the more conscious awareness, the greater the ability to apply it, (knowledge without application is just stored battery power, it is useless unless applied, it must have a conduit or force to channel through, which must find an opposing force to be applied to). Knowledge is power when applied, but it must come from Wisdom which is THE PRINCIPLE within.

All spiritual things to be obtained are unseen, but when received can be made manifest. Pure Truth is unmixed with error. All things received are by their corresponding magnetic attraction by the power of motion wherever aspiration is in need. It cannot be otherwise, because like attracts like. Love attracts love, Truth attracts truth, Mercy attracts mercy, Peace attracts peace, Joy attracts joy, Compassion attracts compassion etc. There is also the opposite which still attracts, i.e. darkness, greed, selfishness, all by ignorance.

The Heart, (soul), is the electromagnetic Centre of being. The broadcasting of this signal is your *signature*. It is your awareness, (or unawareness!). It is the Intuitive awareness of the spirit realms. When the thoughts are in correspondence to the same vibrational frequency, a match is found between your energy and the future potential that already exists in the spirit realms, thus *YOU* create your reality. You are a magnetic attraction depending on your Intuitive awareness that corresponds to its affinity already in existence, this is Harmonic convergence.

When you remain and maintain that frequency, it tunes into the correspondence of the same energy. Thus, you connect to your own future reality or potential that you believe is from your Heart. The soul of man is formed of the substance of what it is created, Light! The soul of man is the eternal essences within. When the soul understands its own being, it understands what it is composed of and thus it can manifest this form within and without.

As we are soul/spirit, the divine Principle of All is the Source of us all. This divine Principle is manifested in and through us to the Conscious awareness of our souls awakening. Our soul is perfect and complete from beginning, but because it is born into a hostile or rather inharmonious

state on Earth, that we have made, it takes on the colouring of this state by what it has assimilated to. If it were kept in its pure environment it would live life in purity (kept in Heaven for you, undefiled).

The soul of man is composed of the principles that it attracts. The soul is like a ray of Light of affinity by its natural selection and when thus united to whatever principles it attracts will go to the state or sphere that it had prepared itself for. For Love that burns within the soul is like a heat that rises, so the soul of man rises on *wings* carrying his ethereal essences with him and after chemical coalescence with the colour rays of Light, he takes his proper place within the heavenly or Harmonic realms

14th February 2019

“Intuition is the key that opens the door”

Is it my imagination, my hoping for communication? I wait everyday but nothing comes through. It has been 6 weeks since I heard from the *spheres*. Then the following happens!

I always seek for some higher Truth from higher spirits, teachers, or guides to speak to me. I could sense by Intuition someone there. So, I spoke, and the response came back from a lady. I asked her name and she said:

Thea Louise,

Where were you when on Earth?

Cambridge, England,

How old were you when you passed over?

82 years old. My husband was a teacher/lecturer at Cambridge University. I was just a ‘housewife’.

I could sense two other men in the background having a discussion. I felt one of them was a little antagonistic toward me! The first man came through and said:

Hello, my name is George Fielding and I lived in Ballarat, yep in Australia. I was a sheep farmer. I did not follow any religion and observed nature instead.

How old were you when you passed over?

Oh, I’ve been here about seventy odd years.

The third spirit now came forth quite strongly and said:

My name is Theodore Parker, why did you not like my book?

(I had read, well actually scanned very quickly, one of his books quite a few weeks earlier,

called Spirit life of Theodore Parker, but I found it very self-focused, so I didn't read it).

I said I found it too egotistical, and at that word I heard and saw everybody laugh, noticing my group, Jennifer, Chloe, and Jonathon sitting by listening and observing.

Thea Louise said *Men are still men*, (meaning pride still gets in the way).

I asked Theodore how long he had been over *there*.

Over 120 years, (I found out today that he had passed over when he was only 49 years old in the later part of the 19th century).

I asked them who they were. Thea Louise was obviously the spokesperson and said:

We are your guides and teachers.

I asked if they were the ones who called themselves the *Watchers*.

Yes, overseers. We are the guides and teachers of your group. We are on the edge of the 5th realm, bordering the 6th and 7th realms.

I asked how long do people stay in the 5th *state*?

From approximately 30 to 3000 years but depending on their spiritual advancement. We have guides and teachers from the 7th plane. The 6th is the intellectual and harmonic perfection of Earth.

Note: The spirit guides are just that, guides, guiding us spiritually. They do not help us as such to overcome our flesh, which is our own work.

I asked them about *God*.

God is whatever you want to call Him, to the understanding of one's soul. The name does not matter, the sincerity, the intuition of the soul does. Intuition is the key that opens the door. It's all about cohesion and coalescence, (I had to look that up; Coalescence is the joining or merging of elements to form one whole). The Spirit of God is the emanation of God perceived in our soul through the manifestation of the spirit, be it through wisdom, Love, sympathy, etc.

I asked them if they had seen *Jesus*.

Jesus the Christ as he is referred too?

I said if that is what he is called?

Everybody has seen the Christ because the Christ is the Principle of the emanation of God. Each has its own work to do, to progress in wisdom. Love, understanding, awareness, intuition etc.

I asked is there anything wrong with me, in my body, spiritually speaking?

Next, some doctor was called, and he checked me out, and said, "*All clear enough.*" He was looking as though he were peering over his glasses into my body, very surreal experience!

I then said hello to my group, who were all good, as why shouldn't they be!

All work both here and there is a patient progress, all that changes there is that we put off the flesh covering here!

Note: I felt these feelings from these new spirits: Thea Louise is very calm, with strong Love like a mother figure. George is a joyful soul, quiet and strong. Theodore, a teacher that will tell it as it is. Which is like the very representation again of my group. Jennifer, Love. Chloe, joyful, quiet and strong and Jonathon, a teacher. Affinity!

1st March 2019

“Involution”

We can ourselves only reflect what we want to be. The outside is the externals manifested through our soul and thought life. We are the beholders of truths that we assimilate. All correspondences are the internal reflection of what we want to perceive. For Truth to become a reality, we must reflect that Truth. In beholding the ‘I’, we ‘see’ more clearly. It is literally a day by day process.

All procedures are placed in our way by ourselves. We respond to whatever we project if it be to Truth or lies. We must learn to discriminate by absorbing the potentialities that we can understand. Looking out to looking in and looking in to looking out. It is all a matter of perspective, perceiving, seeing it for whatever *it* is. All manifestations are correspondences that we have made for ourselves. The internal becomes the external.

“Juxtaposition!”

Please elaborate?

“Internals are Truths that become external realities according to the way you perceive. The, ‘I’, (eye), becomes the window of the soul. The soul attains to the state it sees, (perceives). All is internal combustion: the fire starts, the flame burns and the fire is either fed or goes out, becoming ashes, from dust to dust. ‘I’ die daily, this is a correspondence, assimilating facts which are Truths that are met by your Heart, (soul). See clearly, cleanse the ‘I’ and behold the beholder within. Assimilate the Truth, become the Truth and walk in the Truth.” In Love.

Who is speaking please?

Truth, the spirit of Truth.

Have you attained to the Truth?

Assimilation, (Broadcasting by Illumination). The ‘I’, (eye) of the beholder is the seer within. That is all. (Beauty is in the ‘I’ of the beholder)

4th March 2019

Spirit is the Divine Life animated from the Divine Principle

To walk in the Spirit is to be the animation of Divinity.

What Sir is Divinity?

All that is Pure, all that is holy, all that is Harmony, all which is Love, Truth, Wisdom, Goodness and the fruit of the Spirit.

So, what you are saying is that the divine Principle is whatever we behold 'It' to be?

Yes. That is why Beauty is IN the I of THE BEHOLDER.

Is that what is meant by, I am what I am, I will be what I will be?

Yes. Truth that is assimilated is Truth that can be expressed.

I am sorry Sir, but all this sounds metaphysical again. It really doesn't seem to answer my questions.

But you WILL TO KNOW THE TRUTH, and only those willing to know the Truth are set free.

But Sir, freedom is a contentious word, it is still a perception!

Is not everything! The Way, the Truth, the Life is led by YOU! YOU are the manifestation of all that is divine. YOU are the divine Principle manifested in the flesh. It is NOT what you are or appear to be, but when HE appears you will BE like Him.

You asked what is my purpose, where did I come from, where am I going, why was I born on this Earth when I could have been planted on another planet billions of miles away?

Ah Friend, the Truth is only found within. A Lifetime is given to unravel the mystery of the divine Incarnation, and YOU are that divine Incarnation. God is Spirit and those that worship Him, must worship IN spirit and IN Truth. Do you see?

Yes, and No. I understand that God is Spirit for I cannot behold IT. But I do not understand why we must worship Him!

The divine manifestation, The Spirit, is given to each to profit there with. Does it say loss? No, it says profit. You are gathering back to yourself the Jewels that you dropped upon the way. Letting go to take a better hold would be a better analogy.

Sir, what are these jewels?

These are the gems, and gems are hidden right? Yes, they must be rediscovered.

How will I know where to find them?

They are interior principles. Which have never been lost, for no soul can be lost, for all souls are internal expressions of divinity.

But Sir, what about these gems?

Have you never heard of mining for gems? It is uncharted territory. Do you see the analogy?

Yes, Sir, I do see it. I see the traveller who must overcome the external circumstances, the heat, the cold, the hunger, the thirst, the need for shelter. I understand the arduous journey one must make, and the preparation needed for such an excursion.

Then my friend, you have understood your purpose. You are hereby a miner, a discoverer of uncharted territory

I see it as a desert, a wasteland with only the odd shrub and nowhere to hide from the blazing heat. The sun is too hot, and the traveller is weary with seeking and needs rest.

And he shall, just a little further and what do you see, seer?

I see an oasis, the water, and the palms with dates on also. I see a well with pure clean water. I see shade under the palm tree with a cool wind coming off the water.

Traveller, you have experienced the first part of the journey, the overcoming. Enter the rest that is prepared for you. Rest here a while until your strength and vitality is restored. (For does not the Father supply for His own)

It is a nice place to stay Sir, but I perceive that all around is still desert. In fact, the oasis is against giant sand dunes, what accounts for this?

The sand is the representation of the world, it is piling up at the oasis and soon the oasis will be buried (once again) by the weight of the world.

But Sir, how will others find the oasis before it gets swallowed up?

Behold, I make all things new.

What does that mean?

It means that, that which is created can never be destroyed, only covered up. Do you get the analogy of the precious gems now?

Yes Sir, I perceive that the traveller has been carrying them WITHIN himself all the time, yet he went in search of many schemes.

And so, you now understand the meaning, 'in my Father's house are many mansions, if it were not so, I would have told you. I go and prepare a place for you, that where I Am Is, YOU will be, (go) there also'. My friend, the journey is a self-discovery. All is not lost, all is not forgotten, it just needs remembrance, of where I put those precious stones.

So, is that what is meant by the Way, the Truth, the Life?

Yes. It is the internal representation of a life lived internally, externally. It is the manifestation of God in the flesh. And the tabernacle will be with(in) man, and here I will dwell, where righteousness reigns, where rule is not by might nor by power but by the power of LOVE.

Internal results!

What do you mean by internal results?

The mathematician adds and subtracts!

I perceive you are talking about the states of our souls!?

Yes. Once again for the Truth to be lived, it must be expressed. All is internal combustion, the fire is lit, but where is the fuel for the fire?

Sir, I perceive that we are the fuel, or rather the things we burn are, the thoughts and things we gather to ourselves. Is this correct?

The analogy stands and corresponds to All That Is. Internal combustion is the Spirit, to fan the flame. For he walks with his winnowing fork in his hands and the chaff gets burnt, but the grain is stored. No farmer burns his livelihood. Do you see?

Yes, Sir, the chaff is the worldliness that we have internally fed ourselves upon.

And has it sustained? No, for it cannot make for the bread of Life. But remember, the grain that makes the bread, (the truths), must first be ground and ground again until the husks are removed, then the flour, the pure wheat flour grain to sustain comes forth.

This Sir is all once again genuinely nice and good in its parabolic analogies, but Sir, I asked for none of these. I asked for the Truth in simple yes or no's, for I think you forget, we have not time to beat about the bush!

My friend, we speak what we know, we give what we receive and in doing so we pass on.

But I asked, if we be an *angel* from the *Great One*, how and why would the *angel* have need of passing from its first e(state) to the lowest state?

Re-cognition, Re-membrance!

But Sir, we do not remember!

And that is just and well and to be sure that you do not. For if you did, how would you learn to love what you cannot see? And in doing so how would you learn to grow in more love than you had before?

But would we not have been perfect already!? Why fall from on high to the lowest place?

Have you not read that the one who was before me, comes after me, for that one who comes after me, was before me, and was preferred?

I am sorry Sir; I am having trouble understanding where you are going.

One comes to a King with a message, yet there is another messenger who brings the whole truth (and nothing but the truth). For the one who sets off first, may not be the one who arrives first.

Are you talking about Hazeel? (I do not know why I said this and what it infers, or if spelt right)

Alas, poor fallen soul, who left his first (e)state but did not burn the chaff.

Sir! Am I assuming that there are *angels* who left their first (e)state and did not return?

The road is broad, and the way is wide that leads to de-struction.

If this be so Sir, where are these *fallen angels*? (There 'maybe' *fallen angels*, but it's analogous)

They my friend are still in chains of darkness.

By this Sir, you mean ignorance.

Yes. For deep darkness covers the Earth. Do you get my drift?

Ah, very funny Sir, I see continental drift, but we are getting away from my points.

Are we? Not all who call me Lord will enter rest. (Lord is Universal cognition or divine thought).

But is that not by choice?

And so, shall it always be, for now you have answered your own questions. Do you see?

Yes, Sir, I do, it is called FREE WILL!

Very good scribe and now you perceive, why, when, what, where you are here for!

Yes, Sir, to set the captives free.

And who are the captives?

I first, then to whomsoever the *Lord* shall call!

Very good scribe. For the jailer holds the keys to himself and only at the behest of the King can the jailer pardon those to whosoever confesses and falls upon his face, can be set free. For only the sceptre of righteousness goes forth from the Kings hand and only those who re-cognise their lack can be freed

The Truth is hard to face Sir

Yes, but the Truth is All There Is, is it not?

I cannot answer Sir

My friend, all is well with your soul, you have not been forgotten, and you are never forsaken. Just a little while longer and the jailer will receive word from the King and he who was last shall be first.

How long Sir must the prison be?

Until the last confession is received and the saying death where is your victory, where is your sting, will be no more.

Why Sir does this take sooooo loooong?

If it's going to be, it's up to....

Me!

You are the analogy, you are the *Way, the Truth, and the Life* and only you can return to our Father like the prodigal son when he has misspent his time on wasteful substances that never

satisfied his own soul. But the analogy still stands and forever will be, that with hat in hand he need not beg for more but must come to his senses and re-turn (to sender) if you get my drift!

Yes, Sir, I do.

For the sons of righteousness arise with healing in their wings, but those that do not want to re-turn, remain with clipped wings, like a bird with clipped wings being locked up inside a tiny cage. If only they would turn the key!

And the key Sir is?

Freedom! Or as you say in jest, horrible freedom! And I laugh for you know it is true!

Is that it? Where to from here?

Take things day by day. Perceive more clearly, be led more nearly and Love more dearly. Day by day son, day by day. We love you scribe; you have seen correctly because we are watching, Watcher! In Love as always, beloved.

Hold fast, hold true for what it is for you,

Hold fast, hold true, do not be swayed by you,

Hold fast, hold true in a little while we say,

Hold fast, hold true it's all because of you.

Hold the course, hold the line for it will all be over in a little time, and time is of the ESSENCE and what shall be, shall be true for you.

23rd March 2019

The Aspiration to go Higher

(All descriptions are scenes *seen*)

Why does it take so long?

It is like building a pyramid. Each stone is a Truth gathered, a principle understood, a building block of time that has to be placed in precision. It takes a lot of time and effort to finish to reach the pinnacle. It's like climbing a mountain, the higher you go the steeper the ascent and the more refined the air. It takes time to slowly adjust to the atmosphere. But when looking back, you can see how far you have climbed, but you never took your eyes off the summit.

It is also like returning salmon, they return to the source of their birth. They have been down the river to the sea and have lived their lives through many experiences, overcoming many dangers and taken a lot of effort to return. Those that have strayed off into the shallows, have become trapped. Those that have gone too close to the banks have been captured by predators.

The ones who make it through, remain in the deep, the Central Current. It takes effort and there are higher plateaus to overcome, which takes bursts of Energy. But the drive on-wards and upwards is built in, a homing device to reach the Source from whence it originally came from. The aspiration is to go higher. The soul rises from its habitation with the spirit through the atmosphere, rising higher. It leaves the Earth behind now unseen by entering through a misty cloud substance. It sees the third realm of beauty, but it seems too familiar, so it presses on through into the next place where the Light is brighter and the beauty more intense, but it still doesn't feel like home.

So on-wards and upwards into another realm it soars until it finds itself on the top of a mountain, a plateau, looking out through the valleys and hills, across the lakes to the greater vistas of beauty. Minaret towers dot the landscape in the distance, it is more ethereal in its beauty and everything sparkles with a deeper Life Force than the previous realms so far traversed. It feels home.

It turns around and there it sees its guides waiting patiently, observing the reactions. The smiles are wide, the arms even wider. Each is hugged and loved to the capacity given and received. The guardian is acknowledged with deep affection, for each knows why. The moment is beautiful, and nothing is spoken.

But the thought comes, "how can I enjoy this when I still know that others on Earth do not know."

The *Angels* know, they perceive the Heart. The Heart is not satisfied; it is not fulfilled. All aspirations have not yet been met, for there is still a hole in the Heart, for everything is not Whole. The yearning, the anguish returns, and one knows that it is too soon to be here, for there is still much work to be done. The opportunity on Earth is not finalised, the workmanship has not been completed, the race has not been run to the end and the overcoming has yet to be achieved to satisfy the soul.

Now it knows it must return and remain in the flesh and become all it was meant to be. It must finish its course, it must stand between the Heavens and the Earth as a Representative, the link in the chain, the *Messenger* who has a hand in the Heavens and a foot on the Earth. To be the go between, the sign post which says, "*Come up higher*".

15th April 2019

“It is free will! ----- Torpid”

What is the aspiration of one's soul? What is the experience you wish for? There are many things that we can think of, but what is the reality of the true expression of the depths of one's soul? What do we really want? Truth? Peace? Love? What is it that motivates the soul to express itself, the deep, deep desire and seeking for knowledge beyond itself?

I have been only seeking the Truth, the reality of only that which is truly Spiritual, so that I can have a clear understanding of the true experience of the Spiritual realms. To perceive where the realms or states are and how they function, their positions of awareness etc.

The quietness of my guides, when asking them why they didn't respond to me each day went on. I realised that either everything is okay, or that something is about to take place. I was not expecting at all what I received next, as it really came from out of 'left field' to the way I think and overwhelmed me to tears.

Warning: The dream, vision, was very vivid and disturbing to my soul. Remember, there is no hell, it is analogous. There is a point!

It must have been around 4am while I was in bed, sleeping, so I thought! I was seemingly for some unknown reason having what I thought was a bad dream, but I woke up and watched it all unfold. It is all set within the spirit realms.

I was watching a person, a soul/spirit, in the dark, making its way up around a spiral staircase, outside of a building that was set up very high, built upon the side of a mountain or very high cliff. It was all very black, like coal. It was built as a fortress of solitude for an overlord, the sole occupier who ruled this dark domain and all under him.

The spirit going up the staircase was there to 'murder' the overlord! He sneakily approached and managed to break his way into the building and surprise his victim. In his hands he carried a long cord, unbound it and wrapped it around his victim's throat and then strangled him to *death*. When his victim had breathed his last, he threw the corpse all the way down from the fortress on the long cord, to a pit below.

Here in this pit, which looked like the bottom of a cone of a volcano, was what looked like human beings, but they had little flesh on their bones, with clothes all shredded and hanging off. The beings were all different shapes and sizes according to their wickedness. The corpse landed on the floor of this pit, which was glowing in a black dark reddish colour. There was no life here, except the wicked spirits who were continuously tormenting each other. The *dead*

victim was ripped apart! One tall being took out his eyes and put them into his eyeless sockets so he could see, and in doing so looked around despairingly in sadness.

I was then transported to another scene, where I saw a man sitting at a table upstairs writing. I saw six wicked spirits surround the man and torment him until he was in agony of soul. There were people who also belonged to this household who were sitting outside on the steps of a veranda but didn't seem to care what was happening to the man upstairs. The man was tormented to the point where he was crying out for help, but no help came.

At this stage I was now in the scene and went outside to the people who were sitting on the steps and said to them, "Are you not going to help?" They just looked at me as they didn't know what to do. (This I realised had been a reoccurring thing in history and nobody knew how to deal with it). I then went back inside and confronted the spirits who were still tormenting the man, their victim. They stopped and stared at me, as if to say, "who are you, nobody has ever challenged us before?" I then commanded them in the name of *God*, (For Goodness sake), to stop this wickedness, and told them to leave all this frivolity behind and to progress. I could see that they were about to confront me but were in a confusion of what to do. I then proceeded to remind them that they were once human beings, who had had mothers, and would a mother's love approve of their ignorance, or what about an innocent child who was pure.

At this they did not care and laughed. A ruckus then ensued, and the people outside came into see what all the noise was about. At this stage I could see they were not going to stop, so once again I commanded them in the authority that *I knew* I had over them to leave. They then did something very strange. They each took out a dagger and stabbed themselves in their own hearts, the bodies fell to the ground lifeless. It was as if the bodies were not their own and were being manipulated by another.

At this I left. But then noticed I was being pursued by two other more wicked spirits, who wanted to do me harm! These I let follow me until they were away from the area of *jurisdiction*. When I turned around and confronted them, I bound them with the authority I knew I had. Here I placed each one of them in a *cage* and then placed them in beautiful surroundings. The inhabitants of this place passed at a distance going about their business, none could talk to the wicked spirits, because this was their lesson to learn, that there is progress to be had, once they stopped being ignorant. Here I left them under the charge of their guardian spirits. The struggle then began in their souls.

I told all these spirits that I came in contact with, to *repent*, (which means to change course, change the *mind*, to consider, to think!), of their *evil* ways and that there is progress to be obtained, once they had repented of all their *sins*, (which means to miss the mark), but fear has

torment!

When I was *binding* the two spirits, I understood what was given to me many years ago, when a very bright Spirit, who was dancing around in Love, started to leave, and I cried out in my soul, “*don't go*”. In a flash of lightning speed, *He* stood before me in all seriousness. My hands were outstretched in the natural, and *He* then placed into my hands a rod of iron in one, and a sceptre covered with gold and jewels in the other hand. I was told *God* had given me the authority to deal with wicked spirits, and to displace principalities and powers, and that whatsoever I *bind* on Earth, shall be bound in Heaven, and whatever I *loosen* on Earth, shall be loosed in Heaven.

I also recently saw myself enter a vast hall and approach a throne with a King sitting on it. I bowed my head and bent my knee waiting. The King got up and approached me and bestowed his blessing on me, putting his hands on my shoulders in love. He then asked me to sit in his seat of authority, while he went away to attend other matters. Kings serve in Love and Wisdom established on Truth. The point I now understood was that I have the authority over all things under my *sphere of influence*. It is in Love we serve.

(There were much more details in the dream/vision than all of this, but I did not want that to be the main point).

Continued: I then found myself with my group. But before being placed there, I knew I was being shown all this by, a spirit in brilliant silver/white, who was with me through all of this. I asked him who he was, his name:

“My name does not matter. I am a Messenger, sent to show you what your task is. This analogy is for you to understand, to learn and progress.”

Back to my group, who were all having to watch what I was going through. I greeted my guardian first, Thomas, (Rolling Cloud), with a big hug and asked him why he had not responded when I asked for his help, he said:

That this was not his jurisdiction, and that he also like the rest, could only watch the proceedings, saying that, “I told you that you had a tough assignment to fulfil.”

I could see Jennifer and the rest of the group in a state of almost disbelief, as they had also witnessed the horrors of it all and were shocked.

Jennifer burst into tears, (and at the same time I also in the physical was crying), she said:

Oh, the pain of it all, how can these things be, we did not know that the extent of the human heart could be so wicked, oh why, oh why, would people be like this?

I realised that the Love of the *Father* was working through her, and the sheer overwhelming pain that she was feeling is the *Father Heart*.

I turned to Chloe who was angry, which surprised me, and she said:

The stupidity of it all, how ignorant can people be, that whatsoever you sow, you reap. I am angry because of the ignorance of the false teachings and beliefs that have been frivolously handed down from generation to generation and nobody tells the truth.

Her anger is righteous. The *Father* is NOT an angry *God*, as Source is not an emotional ‘being’, but the pain Chloe was feeling was the pain of Love like Jennifer.

I then turned to Jonathon who said:

My good man, that was all quite almost unbelievable. I don't know what to say, but I now realise how blessed we are, not to have gone to the heights of the bottom of human depravity. I am a little in shock still and will have to think it all over.

I then turned to Thea Louise, who like Jennifer had tears running down her face, who said:

Oh, the pain of human suffering and the wasted life and time of opportunities missed.

Then to George, who could not say anything, but just stared in disbelief.

I then turned to Theodore, who said, *Let the wicked be wicked still!*

I then called the group together for prayer and let out a prayer of thankfulness that we had been shown these things.

A presiding Spirit came over the top of us. He surrounded us with His presence and said:

My brothers and sisters, you have done well. You have now seen the prevailing problem that I have been continually at work on for millennia. It is Love that compels Me. It is the task also appointed to Me as it is to you. The work must go on, until every soul is freed from the consequences that bind them all. Do your part and you will progress, (all words were to this effect of encouragement and Love). He then said, I breathe on you My Peace; My Peace I give to you.

It was like an atmospheric substance gently falling upon us all. He then disappeared. We then all broke up and went our separate ways. I went to the portal, said goodbye to my guardian and followed an etheric cord, (looks like a spider’s strand, but made of light!), all the way down back into my body, where I still laid with tears streaming down my face as it was rather overwhelming.

So once again, why did this all happen? I was told throughout: *IT IS FREE WILL. The choices you make, are the consequences that bind or loosen you to whatever you choose to assimilate to, your choice, free will. Choose wisely. Do not be ensnared by the depravity around you. Your soul is to make a choice and to follow its course to the end. Release the pressure valve.*

Torpid: Inert, sluggish, inactive, dormant, hibernating, or asleep.

April 2019

Jars of Clay

I was thinking about the world with its billions of souls, and how many really know the truth, that they are a soul, a spirit, an expression of the infinite divine Mind. And then I saw that the soul is encrusted with clay, layered, and thickened with matter, and for the soul to be expressed, it needs to break free from that encrustation. But the only way it can, is if it comes to the realisation that it is a soul in a jar of clay. I then saw a jar of clay on top of a mantelpiece filled with precious things like jewellery.

I then saw the woman with the alabaster jar, (which alone would have been expensive in itself at that time), break it and pour out the very expensive spikenard, (also at that time expensive), upon *Jesus*, and the room was filled with its fragrance.

I also saw the parable of a man who sold everything he had, and go in search in a field, and find within the dirt, a treasure.

I also saw an oyster with all its encrustation on the exterior, but the pearl of great price within. But the soul must want to come into its own, and nobody can help the soul unless the soul knows it has need. So that when the encrustation of matter is removed, the soul will start to shine, so that the Light within is expressed and revealed according to the need. Each soul is an expression of what it was created to be, FREE.

Before 20th May 2019

Spirit-Force-Matter

All is Spirit expressed.

All force is Energy, electric and magnetic with Spirit life. All force rotating as equal parts called electromagnetism, being the molecules made up of atoms, both *male* and *female*.

All is spiritualised Essence.

God is Spirit. *God* can never be found or seen as a personalised 'being'. There is only Spirit, eternal.

All spiritualised Life is the advancement of Spirit with Force, (electromagnetic, pulsating, rotating, infinite essence etc.) expressing Itself into matter.

Spirit is all there is, perceived through spirit, as like attracts like.

There is only progress of spiritualised evolution. Progress of spirits are determined by Spiritual intelligence, appropriated through spiritual principles, manifesting through spiritualised awareness of all things being Spirit.

All is Spirit. All is Force. All is Energy. All is vibrating frequencies.

All thought is spiritualised into expression, or what *matters*.

The progressive spirit of knowledge obtained by spiritual experience.

20th May 2019

“CONNECTIVITY”

The intuitive mind is a sacred gift, and the rational mind is a faithful servant. We have created a society that honours the servant and has forgotten the gift. (Albert Einstein)

The analytical mind stops the intuitive mind. When you think analytically, you are setting yourself up for a fall. It seems reasonable, but it is not intuitive. What have we taught you regarding intuition?

That intuition is the key that opens the door.

And the door is?

I thought it represented the Heart, feelings, emotions, the expression of conscious awareness.

And it does. But it also opens the Quantum realm. The Spirit realm. When you can sit in silence long enough to only hear nothing, you are then opening the Spirit realm.

Now remember, the Spirit realm is whatever you perceive it to be, because your thoughts of intellectual awareness, your true consciousness, are correspondingly searching for a match. As like attracts like, so your variable thoughts attract like a magnet all that corresponds to your synaptic (nerve) thoughts. Remembering that thoughts are composed of etherialised energy. Spirit - Force - Matter, prerequisites of internal and external manifestations, loaded with complex DNA, spinning at revolutionary cycles integrating into morphic extensions.

Do you see what we are trying to teach you?

I believe so, but until it becomes knowledge, knowing, I can only look at it through perception, or in other words intuitive awareness.

Very good friend. Knowledge is obtained by experimental perceptions beyond the normal capacities of human awareness. It's all about pushing through the etheric substances that surround you, like getting out of your body, like shivers down your spine. Don't live with

preconceived ideas. Intuitive awareness expands the mind, the Spirit mind that you must renew day by day. The Universe expands accordingly to thought. All thought remember is Energy vibrating. All Mind is etherealised energy vibrating in Harmonic resonance, Heaven.

Where is all this coming from?

Does it matter? Truth is Truth!

I don't want to start thinking beyond my own ability.

And that is the limitation that every soul sets up for itself!

How can I trust my own thoughts?

What is a thought?

I guess a thought is a perception of what I believe to be truth.

And so, it is. Your awareness, conscious awareness, is dictated to yourself by you. As a man thinks in his Heart so he is, and so does he also manifest his own reality to his own preconceived ideas. But what does it matter?

Well to me it matters a lot, because if I truly want to know the truth it gives me the ability to walk in the knowledge of that truth, which in turn I can hopefully share with others who also are looking for the truth, which in turn sets us all free from our own preconceived ideas.

But is that not intuition? Does intuition flow to you when you are in search of the truth? Or does intuition flow to you when you are not looking for the truth?

Well there must be a reasoning ability in my mind, in my Heart to want to know truth. To answer the many questions that I believe we all ask within ourselves, i.e. what's the point of it all?

And we have explained these simple facts have we not?

Yes, and I am grateful, but....., (Here I paused and felt overwhelmed with emotion and tears started to well up).

Say it friend.

It seems so painful that we don't remember or understand.

It's okay friend. Conscious awareness is feeling intuitively the state of Oneness. It's the ability to discern, to know the truth.

But it seems that this eternity of knowing is an endless cycle.

Ah, friend, you don't know the half of it yet. Your perspective is clouded by the world around you. Surrounded by incessant thoughts of every soul talking, walking, thinking, doing, undoing, and manifesting false concepts and false realities. Every thought is a cord struck and the vibrations are sent across, up and out into the ether of space.

Noise is a vibration of quantity and quality; it depends if it is tuned or not to the same vibrational frequency that you are in and can pick up from.

Sound is the resonance of vibrational frequencies colliding with one another, harmonic or not. To be in tune with harmonic frequencies, sets your soul up to move into different dimensions of realities. Here you can see we are coming back to the Quantum physics questions.

All is etheric, moving, nothing is ever still, this is what Life is. The expansion of the etheric, moves along vibrational waves called wavelengths. How far you want to travel, is by tuning into the same harmonic resonance of sound, which is vibrational frequency, which rotates according to thought.

Yes, friend, all is thought, because: Thought is the God principle animated to expand awareness. Within the human body is the electromagnetic current, (The Spirit of the Universe), flowing in lines of demarcation, but expanding beyond these when intuitive awareness is let in.

Remember: All is not lost; all is not forgotten it just needs remembrance!

This friend is the place of expanse. You already hold within your spirit, your soul, the Real you, the God principle. It isn't flesh and blood, it's the spark that is spoken so much about, The Infinite. And God has set eternity in our Hearts that we may know. Once again friend, WE ALL ARE.

Is that it, that's like saying the answer is 42!

Ha-Ha, your funny friend. We love you and know that you are going to work out just fine. Just listen to the Spirit.

The expansion of the Heart, the mind, is the progress of the soul.

On-wards and upwards, inwards and outwards. To infinity and beyond!

Thank you, Buzz Light Year!

We thought you would like that one!

Enlightenment is dropping the load! (That is metaphorical).

(And in that statement, I saw a giant transformer with a very large handle).

Releasing all things reciprocal. Become as melting ice. Receiving Light into the soul. Expanding awareness of Being. Assimilating all truths into Truth.

You are loved friend, highly valued, a precious gemstone being Illuminated from within, throughout, letting Light shine, making spiritual contact. CONNECTIVITY!

Now breathe, that's the way.

14th June 2019

The Apple Seed

Jennifer greeted me, and I asked how come I haven't heard from you?

She said, *"Time is not relevant with us, only opportunities."*

John Bunyan introduced himself! Greeted me and encouraged me to persist in this *progress*, to get the book organised and not to be concerned about how it would be released, and that they would take care of it, for it to find its way into the hands of those who need it.

Jonathon then spoke and said, *"Just tell it as you received it, no flowering or coloring, let the discourses and teachings be released as you received them, tell the truth."*

I said to Chloe, Hi Chloe, are you going to say anything?

She said, *"We love you and are always with you, even though you think we are not. When you need to hear from us, we will give you what you need to know."*

While Chloe was speaking to me, I saw an apple seed, and being such a small seed, was planted in the Earth, buried in the darkness. But when warmth and water would germinate it, breaking through into the Light, where more warmth greeted it, it started to grow, slowly.

I was then told to keep organising this book, to get it into the correct format by just letting it speak for itself.

Theodore said, *"It's okay son, it will all work out just fine"*

Which touched my soul.

"Then we can get into parts 2, 3 etc."

I said, "there will be more!!!!!!?"

"Oh yes, we need to elevate humanity to a greater conscious awareness of where it is heading. Unfold the Light as you receive it, to illuminate others by it."

I looked at Rolling Cloud and said, "Hi brother."

He said, *"You are such a little worrier aren't you. You need to breathe and let nature take its course, and spend more time in nature, get out into the fresh air and get it into you to let life flow. Don't be concerned about the future, everything will unfold just as it is supposed to do."*

"Trust Intuition."

John Bunyan came back and said, *"look to the stars, you are a Light bearer, you will shine, keep your eyes fixed on perceiving Light as your course, and let it illuminate your pathway, your destiny. It is to do your part in the Whole, release it as you receive it, intuitively."*

Everybody then said goodbye and would be in touch soon.

16th June 2019

“Harmonic Convergence”

Early in the last watch of the night, words were dropping in like: *Sub linear Consciousness, Time lines, Attention from Awareness, Resonating by raising vibrational frequencies, Sub atomic particles, Astro projections, Energy (heat) wavelengths, Perception, Atmosphere, Environment, Harmonic Convergence raising thought to Christ Consciousness, Apple seed doesn't know it's a seed!*

When I got up lines started to come through like: *Lines of demarcation exist according to your conscious awareness, Sub atomic particles resonate at harmonic frequency, Fragrances are essences of types, Tentatively take steps according to exploration, Angels go where man fears to tread, Challenge assumptions by providing evidence, Fortitude is resolution by an ascended being.* (My left hand was quivering while writing, I am right-handed!).

Jennifer came through quickly and said, *“Some Ascended Masters and Teachers from higher realms are here and you are in for a treat. So, we will just sit back and listen. You asked for higher teachings and the answer has come.”*

New spirit: *“Thoughts are particles we pick up. Resonate within as we assimilate all things, because things are not what they appear to be. They need deconstructing into subatomic levels of frequency. Vibrational frequencies are wavelengths that we work with and through. Ascending and descending like Jacobs ladder. Jacobs's ladder is looking at spiritual perceptions only elevated by one's sense of awareness.*

Guidelines are demarcations in the spirit realm that we work within. As we raise our thoughts into higher frequencies, we elevate ourselves. We travel by being aware of our surroundings, meaning our thought projections, what is termed astral travel. To us it is like breathing. We don't take cognisance of the ethers we live in but understand them as subatomic particles that make up the Whole. These constitute our positions or environments according to the thought patterns we can understand, we are moving faster than the speed of Light.

Sound is a vibrational frequency as we have said, but Light is de-composite matter, made of ethereal wavelengths, resonating at higher frequencies. We discover them by observation, knowing where to look, and as we perceive, we assimilate and can utilise these to become Harmonic convergences.

We do not work in time, but timelines of demarcation that we can perceive within. This is what is meant by raising one's vibration, understanding concepts, pushing the boundaries that we

have only set for ourselves.

Purity of Heart and motive power is our transportation. We live in the abundance of Light that we can assimilate to ourselves, which in turn transforms into higher or lower frequencies according to the astro-projections that we can understand.

We are progressing in knowledge, which is awareness to our surroundings and the surroundings that emanate from other frequencies. Yes, all is thought, because what we perceive it to be, is! It is a challenge to human assumptions that we are floating vapours, when we are subatomic particles, particlized. Thought is the glue that binds us together. We are trying to get humanity to raise its thought vibrations, by understanding Light Principles. It was said "I am the Light of the world". He was walking in Christ Consciousness, beyond human perceptions.

Seeing is perceiving and perceiving is understanding, understanding is acquiring knowledge of what you are assimilating, assimilation is stored resonance, resonance is the vibrational frequency you elevate yourself to. Thought is the seed awaiting Light; it is fed by tuning into wavelengths that are beyond human understanding but working with the spirit minds.

We are here to elevate humanity, to get it passed its self-assumptions of materialistic thinking. A pig likes to roll in its own sty, we need humans to take the sty out of the eye of perception. To see beyond is the explorers dream, self-discovery, enlightenment.

Christ consciousness will only come when humans stop their assumptions of what they think things should be according to their preconceived ideas. They shut out the Light of Reason, which as you know is intuitive awareness through inspiration.

You are Light, being. You are not becoming Light, you are Light, and to the degree of your understanding of Harmonic convergence, is to the degree that you can assimilate wavelengths. In this we live, move and have our Being. Principles. Simple huh!

Ascended masters teach according to the student's ability to discern. Discernment is paramount to explorational and explanatory concepts. We are assimilating by proxy. Proximity, yes, by close association. We raise our vibrational frequency, (thought,) to the elevation of our environments. Once again, making contact.

That will do for now, lots to think about.

We love you scribe, keep up the good work, talk soon.

All this came so fast, (as always), so after reading it, I looked up some key words in alphabetical order. (Best to read between the lines!).

Astro: Relating to the stars or celestial objects.

Demarcation: Boundary or other conceptual separation between things.

Fortitude: Courage in pain or adversity, strength of mind, character and morals, toughness of spirit.

Harmonic Convergence: Planet alignment, shift in conscious awareness.

Jacobs's ladder: Spirits form electricity (descending), mediums the magnetic (ascending).

Noise: (from previous also), Irregular fluctuations that accompany a transmitted electrical signal, but are not part of it and tend to obscure it.

Sound: Vibrations that travel through the air, resonate, (Light travels faster than sound).

Sty: Inflamed swelling caused by bacterial infection.

Sub-linear: (Convergence), the speed at which a convergence sequence approaches its limit is called the rate of convergence.

1st July 2019

“Knowing me, Knowing you”

I am trying to understand the concept of All that is. Are we All that is?

Eternally, yes. You, We, have always been what we all are, the eternal Essence of divinity, shrouded in mystery, covered by matter, expressing, and experiencing one's individuality, but part of overall Identity.

Christ consciousness as you term it, is the Anointing of God in each soul, because each soul is the individual part of The Whole. You cannot be anything but what you are. God is Spirit, we are all spirit or spirits individualised, personified, and expressing that individuality as part of The Whole. We Are ONE. There is no separation, no dualism as such. Sure, we are sparks of The Great Light, but we are not shrouded in darkness or encapsulated in the unknown.

Truth is the Knowing of assimilating these ideas, which are intuitively received and reasoned within your soul. You are opening the portal of your soul mind, to receive divine influx, to open the flower that has been hidden. The Buddhist philosophy has this as a great analogy as the many leaved lotus flower living in the mud, covered but still existing. We help by cleansing your flower, your consciousness to come into Light, more light that is, as you are already Light!

But if we are already Light, why do we need more light?

Light is the Way that leads the soul from out of its own light, to greater expanses of Light, which is awareness of Truths. These truths assimilate to you as your correspondence allows them to be taken in, or rather walked in and understood. You cannot assimilate to your soul that which you do not seek. Your expression of these truths can only become expressions once you have

learnt them.

We may think that we have all knowledge and wisdom already, but we need to learn that we are unveiling the light within to manifest greater and greater Light, because Light leads the Way, it shines on one's path, and your path is your souls unfolding of Light.

Teachers do not automatically become teachers, they are learners. All learning must be understood before the principles learnt can be expressed, this is the experience of the soul. Assimilating facts, (truths), through the principles of operation within.

You are unfolding Light into greater parts of the Whole. The Whole as you know is, All That Is. There is no destination, you are the destination. You are The Way, The Truth, The Life, and each soul is coming into conscious awareness of this within themselves as they let more Light in.

The student becomes the teacher; the teacher becomes the master of his own soul.

Ah friend, all is right with your soul, your flower, it is expressing itself because greater Light is being received, intuitively. We are helping to unveil your soul by giving you more Light, (which is what you asked for!). Illumination comes, it brings en-Light-enment and inspiration expressing itself in Intelligence. Divine Intelligence is All that is, it is The Knowing!

All Life flows through you because you live The Life.

You asked before about the jewels that we carry within, and what type of jewels and colour are they. They are whatever you choose to be. If they are going to be, they are up to you. YOU are the multifaceted gemstone, cleansing and polishing your soul to express itself in its various Light colours, according to your understanding of those principles, which as you know are Truths.

Intelligence, (divine), is the awareness that ALL IS ONE. Each soul is an individual expression, having experiences according to one's own perceptions. YOU see what you want to see, and in doing so are assimilating those correspondences to yourself internally.

But is it not better to work from the Centre to the circumference when Light is the bearer of Illumination within? You are a self-charging battery; you can either be positive or the negative. How much better is it to see things more clearly from an internal perspective? For you are Illuminating your own pathway, by generating more Light, which are principles of Truths, assimilating divine laws, expressing them in modes of actions. You are your own Light bearer, your own torch carrier, The Eternal Flame.

To the degree that you understand, is to the degree that you can assimilate and express through your conscious awareness of the Truths, (those gems), that you have gathered along life's pathway.

We are here as guides. When you come to a crossroad, it is here you need to seek advice. First

check your GPS, your God perceiving spirit or soul within. This is the intuition within your soul. It knows its Truths, as it is its own pathway Illuminator. You can perceive the correct line of travel you are to take, because you Know The Truth. We will always be here to help you when you ASK, giving you that little nudge in the right direction, for we are part of you, and as you succeed, we rejoice.

Listening is distinctive to hearing. Perceiving is distinctive to seeing. Learning is intuitive to understanding. Principles my friend, principles. When you understand the basics, you can move into greater aspects of learning. We are all disciples, learning and assimilating, growing in more awareness of principles, like Light and Truths. Each of us is expressing ourselves as Individual Identity.

Individuality is established through your Identity of The Whole. Knowing me, knowing you.

23rd July 2019

“Ones conscious awareness is one’s perception of what one chooses to see or be”

“I see ME”

I have been trying to organise this book into its correct format. So, I have been researching how to get it, *out there*. While doing this, I was trying to figure out what the categories were under, obviously spirituality, (maybe?), and as I was on one of those bigger internet sites trying to whittle it down from 50,000 plus books etc., that come under some kind of so called spirituality! But a lot are just rehashing of other people’s works or religious teachings, (my, we have come a long way, though we are slowly waking up!)

So I started to go through some web pages, and after losing count of it all, (yes I know there are page numbers at the bottom of some), I came across some books that caught my attention, writing down the *authors* name, and later on typed it in and downloaded the books, where there were some interesting communications from spirits who came for ‘chats’ etc.

I didn’t know most of the people speaking, but found a resonance with a couple of spirits, souls, people I could relate to. During one of the talks, one of the spirits said something aimed at us the readers. He was like pointing, saying “to you, and you, and when he said to YOU”, I felt him looking at me. This in turn, this connection, triggered another release of *contact* within me. I went to bed but woke up at 3am thirsty and hungry. I had a small drink of water and a snack but was wide awake, so I sat myself down and went quiet, and then the following happened.

“What you want to see, is what you will perceive”

I find myself in *space*, just floating, waiting for the next thing to happen. I cannot perceive myself as I don't seem to be a form, just me. I then see a *being* coming toward me, or rather forming next to me. I am in awe, as this being is beautiful. The *clothes* are like liquid essence, like flowing garments of Light. I perceive that this clothing or essence of Light is spirit, human looking, but not. *She*, appears as female. I notice *fingers* and *feet*, but perceive they are just a projection of what I want to see, and as I look, they manifest. There's form, but it's too liquid like, and almost shape-shifts in and out of female and male form. There's long beautiful hair, and then there isn't. I look into the *eyes*, and I'm in awe, as the eyes are just like two large diamonds shining so brightly and prisms of light all around. I can feel love and joy, peace and tranquillity, but there's something I can't quite figure out. So, I look into the eyes more intently and I'm shocked! I see ME! And when I see ME, I become the being of light.

I am now looking through the eyes of essence. I am wanting to see what will happen next, so I wait. While I am *waiting*, I know there is no *time*, there is absolutely nothing. I can stay like this forever if I choose to, it's up to me. It is very peaceful being ME, I don't have to do anything, as I am be-ing.

I close my eyes and look within, and as I do, I start to see that the *space* of darkness is slowly disappearing, or rather, I am involuting, it's like, (it's unexplainable!), a morphing is occurring around me, that a bubble surrounds me and outside of the bubble, light is evolving, forming into a place. I am somewhere, and scenery is unfolding before my eyes. It's all very beautiful.

I notice within me what looks like a *spark* of light, very intense in its brightness, it's like an illuminated atom flying all over the place inside of me, who is observing it. It is bouncing off the sides like a pinball flying around. Even though I know its inside, the bubble that I am in, I am also observing it from outside myself! When it *sees* me, it stops and is looking right at me, perceiving me. I can feel almost a desperation, a sadness from it. I realise it wants out, it wants to express itself, it wants to experience *being* outside of its cocoon, the bubble that it is in. It is atomic Light Energy that needs to be released.

I feel I am expanding, so I do. I am becoming like a Giant, expanding, and expanding until I am the Universe and that it is all contained, or rather it is ME. I then go to the other extreme and shrink myself down to the size of a mouse, who is looking at a blade of grass, fascinating! I then bring myself back to *normal* size, and I see a flower. It's about the size of a large daisy. It's petals toward the ends are all pink, and the inside of the petals are bright blue, and the centre is an intense red colour, stunning! As I start to look at it more closely, it changes colour according to what I want to see! At this stage I'm just fascinated with the flower, and I notice a

man called Anton standing there, who is jumping up and down in excitement. He is laughing his head off at me, and saying, “*See I told you it would be unreal*”. He watches me to see what I will do next. I cup my *hands* around the flower, and I can feel its living energy, but at the same time, I realise I am also part of the flower!

Anton’s now got his hand up to his face and his finger over his lips with a big grin on his face trying not to laugh. He says, “*Come on I’ll show you something*”. So, I follow him still cocooned in this bubble of something. There are people walking by who are smiling at me and waving.

I wave back, they know I am a *visitor* here and kind of laugh saying, “*There goes another one*”.

Anton leads me to some steps of a large building with big wooden doors and he opens the doors. The building is called, *The Halls of Knowledge*. I walk into the entrance and can’t believe my eyes. As far as I can see are books, millions of them, a giant library. I ask Anton what all these books contain. He says excitedly, “*Everything, they contain everything. If you ever want to find out about anything, you can come here*”. I stand for a while looking at the place, but something inside me says, “*No thanks, I don’t want to read about everything, I want to Experience everything!*” Anton looks at me seriously for only a moment, then just laughs again.

The soul wants to know by experiencing All that is, because All that is, IS THE SOUL! I am the experience of All that is. It is what WE ARE, Light, Being!

Anton then says, “*What do you want to do*”. I said, “*I want to experience it All*”. He laughs again and says, “*Welcome to the Family*”. When he said this, it touched my Heart strings and brought tears to my eyes.

I then find myself back in that *space* again with Anton saying, “*See you again soon*” and he disappears. I find myself involuting, condensing, the bubble bursting and I see myself as that atom, a *ball bearing*, dropping through *space* back into my body on Earth.

“*You have to become it, to express it*”.

Light is the involution of the soul, the expanding awareness, it is the experience of knowing All that is. We are Light *workers*, expanding ourselves in modes of duality, but being ONE. All that is.

The discoveries are made as internal *principles* within to without. Light is the expression of the soul. We are expanding in Consciousness, because all thought must have form, and all Energy of what We All Are, is the expansion of that Energy, releasing the Essence of Being.

It is said energy follows thought, but Energy IS thought, and it will find its correspondence by seeking a vibrational match. The Universe is Harmonic resonance, and we are Light waves, we move as essences according to our vibrational frequency, and it finds a *home* according to its *homing device* stored (resonance) within.

It is said, 'The River cannot go higher than its source', but what about if we *flood*? This is expanding beyond the river, this is the sea that has no shore, Wisdom, Truth, Love, All that is, expanding and expanding and

Light will find an opening, it must, to fill the *space* that it is given, its wavelengths have to fill any *void*, and it has to **expand**.

That's it for now, phew.

Note: As of after this experience I have now started to do some more research with regards to more recent books and seeking out web sites to do with *New Age* material. There is a lot *out there*, but what I have read so far confirms all my previous experiences, which goes to show that the soul KNOWS already, but it is nice to know that even though I am so far behind the 'eight ball', so to speak, that I am becoming more consciously aware. Inwards and on-wards.....



Part 2

28th July 2019

“Don’t collect shoes”

I was sitting in the winter sun staring at the heat wave images coming off the metal roof on to the concrete below in a semi trance state. Albert came through and said, *“Wear one pair of good fitting comfortable shoes, don’t collect shoes, be your own person, be comfortable with who you are, because comfortable shoes make the journey on your path much more enjoyable.* He then said, *the world has over-cooked itself on technology, it was not made to be a substitute for learning. Only looking within in quietness, and in time spent in nature, does intuition flow. It is the ah-ha moment of enlightenment, a stream of clear consciousness of understanding, a greater awareness of seeing, a sense of well-being, and the freedom to express oneself, self-realisation, self-mastery”.*

11th August 2019 (approx.)

30 days into 3.

In this ‘dream’, I was another person, Indian or similar. I was young, around 18 years old and coming to terms with who I was. There was a boat being built on a river being made ready for its debut launch, its new journey. The large boat was wooden and had brass instrumentation’s for navigating the river. I had a room reserved for me and was to share it with another who was a musician. He was in his mid to late twenties, straight light brown hair and dressed very casually carrying an acoustic guitar. The room we were sharing had a bunk bed, and he had secured the top bunk.

There was a yearning in my heart, as I was dealing with emotions that were not being reciprocated by a young woman about the same age as myself. She was also Indian, slim with exceptionally long black hair plaited down her back, dressed immaculately, her name was Kaneesh. She was also supposed to be on this boat, but had changed her mind at the last moment due to us having a small disagreement, because I had not expressed my feelings correctly toward her and they had come across with a lack of understanding, and she had taken a small offence due to the discussion.

There was also a happy cook on board, who knew my feelings toward the young lady and was always making everybody cheerful. We set sail upriver and the journey was uneventful, with the cook giving us all words of wisdom and some particularly good food! The musician was observing me and my emotions and little did I know as he sang his songs, he was also writing one for me.

When we had journeyed through the ravines and twists and turns of the river, we arrived at the intended port of call, it took us 3 months. As we disembarked, I noticed a party of travellers on top of the hill above the river, and among them was Kaneesh. I could not understand how they could be there before us, so I went up to her, and I could see she was still a little hesitant toward me. I humbly asked her to forgive me for the way I had tried to express myself, as it all came out wrong, and that I had had 3 months to grow in understanding. She said she would forgive me, but she said she still needed time to get over it. I then asked her how long she had been here for, and she said, “Months”. I said, “But how? As we left at the same time, you by foot and us by boat”. She said their journey only took them 3 days! I could not understand it. She then had to go with her family, and we would talk later. As she was about to leave the chef came up to her and she was happy to see him, and they had a small chat. The chef

explained to her that I had changed on the journey and to give me another chance. Then after he left, the musician came up to her and said he also had watched the change in me, and that he had written a song for us, and that song was called, 'Comes a Time'.

About a week later, the same 'dream' continued. I found myself back in that same place, but this time I had organised a meeting with Kaneesh, as she wanted to explain what had happened. We met by a shallow running stream, and she then set about explaining *time travel*. She told me to watch. She then bent down to the stream and scooped water up into her hands and let it run through her fingers, letting gravity take over. She explained that this is how we *think* what is normal, like linear time. She then said, "Watch again". She bent down again, scooped up some more water, but this time she had her eyes closed when she did it, she then opened her eyes, lifted her hands and the water went out horizontally from her hands, gently flowing away like air instead of water. I said, "How did you do that?" She said, "It is your *intent* behind the thought, now you try". I then bent down, scooped up the water, closed my eyes and put the thought with my intention behind it. I opened my eyes, lifted my hands, and watched the water flow away as she had done. I laughed and so did she. I felt the weight of sadness leave me as I saw her joyful smile.

Note: Later, during the week after I had had this 'dream', I wrote the following on a small piece of paper, not even thinking about the dream.

"You are like the rock in the middle of the stream of Consciousness. The unreal flows around you, the real is the observer. All is just a stream of events; it all comes and goes. You alone are changeless, the self-evident among the inferred. Remove the rock, and All That Is remains, flowing and silent.

The thought is the vehicle on which the I of intent travels, the silent watcher watches the awareness of intent, and the I remains".

23rd August 2019

Enlightened Silence

Mind Be-ing consciousness, i.e. the frequency of vibrational wavelengths when in the harmonic resonance state with All that is, remains in a steady state of awareness. Light is the Illumination of the soul, where all that is not in dark density, has become exposed to an enlightened state. Hence the greater the Light, the more Illuminated the *space* occupied. Where nothing is left in vibration, but pure Energy. Thus, all that remains is The Essence of

no-thingness or enlightened silence.

From here, the void of All that is, is peace, stable in expanding Spirit Essence of Energy as Illuminated awareness, where the In-formed *space* is filled with Innate Intelligence, expressing It-Self as flowing Essence or Energy.

We are here to bring to alignment Harmonic Resonance. We tune into the Universal Mind and manifest that frequency of All that is into whatever environment we find ourselves to be involved within. It is raising our consciousness, our vibrational Core to expand the Oneness of Harmony.

It is the Zero point (field) or Flat line. It is the silence within The Silence.

31st August 2019

Clearing the Air

Years ago, when I was still within the system receiving visions, dreams and messages that were appropriate to my understanding at the time, I received the following vision:

Jesus came to me and said, “*Follow me*”. I followed, but had trouble keeping up as he was moving quickly. I then found myself in fog, so I lost him. I was wondering where he was when a voice spoke above me and said “*What are you doing down there in the fog, you won’t see anything in there, the fog is what clouds your judgement, you need to come up higher*”.

The following message, like all the messages I receive, I *see* the visuals. The main visual within this one, was of a giant Catherine wheel on a stand, and as it got ignited, the faster it spun, the faster the emitting Light sparks fly off, until the Centre Light becomes so intense that it is almost blinding. I also got the ‘trigger’ word, Convolution, which is a mathematical operation on two functions, that produces a third function, expressing how the shape of one is modified by the other. The term convolution refers to both the result function and to the process of computing it. It is defined as the integral of the product of the two functions, after one is reversed and shifted. The rest I leave to your own imagination. Happy reading.

A Message from *The Great White Brotherhood*

Fog dissipates so easily under warmth and the Sun shines its radiance en Light ening all within its field of emanation.

“We are from the Galactic Light Force Council known as The Great White Brotherhood. We are made up of all Ascended Masters who have walked your Earth called Gaia. We are the overseers of The Ascension. We are here to ‘help’ you ascend the Earth into its final frequencies of Light. We have come in response to your call, for deep calls to deep. Within each of you is held your ‘Core’. Your core is the Real You from All That Is. This Light Force is the vibrational frequency that emits the Light Energy that will ascend humanity, it just needs reactivating.

Along your core, are lines running through your Centre connected through your DNA strands and strings that are rearranging into the original vibrational frequency that is stored within, Resonance. As you open your Hearts and minds to release more Light, the resonance is triggering more core responses within your DNA, and more responses without, through the connection of Spirit to spirits.

You are activating through your revolutionary centres, (known to you as chakras), the release of highly efficient Energy, to bring the soul of mankind into higher states of awareness, through greater manifestations of Energy release that is being tapped within. You are your own Energy fields, vibrating at revolutionary cycles as you come into agreement with your Core directive. This in turn triggers channels or lines of meridian and axiatonal power running through you, which in turn grounds your energy or power into the Earth called Gaia. As Gaia receives your energy through these meridians and axiatonal lines through the Crystalline Grid, She in turn, spins in tune with All That Is. She is raising Her vibrational frequencies, because you are grounding your and Her energies into the same pattern of DNA structure. She is your base and you are her Light beams.

Each soul has stored within, the Energy needed to raise the vibrational frequency codes into activation, to bring the Earth into greater Ascension. You are Light houses and Light workers, shining your Light out, through and up, into All That Is. You are the Core directive power of triggering others to see that Light Source from within you, to release their Light force which in turn releases others. This is your freedom from Density to Light, this is your Ascension. We have come in response to your Core vibrational frequency, which is Love. For as Love increases, so does your Light shine, and We are attracted like moths to the flame within each

of you, for We Are You, All That Is.

As you continue grounding yourselves like the pillars of Light that you are, you are triggering into the Light around you, known as the Akash or Crystalline Grid, which in turn is effecting the surrounding of the Earth's etheric substance. The more you send out and up your Lighter frequencies, the more you are clearing away the density of thought forms of the past, the 'dark ages', and dissolving the thin layer of substance that separates Us from coming through the veil.

It is up to you from your side to dissolve this veil of 'anti matter', that is like a wispy smoke layer that surrounds your Earth. As this is dissolved with greater thought forms of love, compassion and understanding, it opens pockets through the veil, allowing portals, or as some term them, star-gates. This in turn lets Us flow our Energy through to you, connecting Us in All That Is, and We 'help' you, as you help yourselves. We otherwise are 'hands off' because this is Your Ascension, your free will, your overcoming.

You are Light warriors, standing in tune with each other as Light bearers, resonating your Higher frequencies to dissolve the veil that clogs the matrix of the Crystalline Grid. As this dissolves, through your Higher resonance, you are moving beyond time, and allowing the zero-point field to come into greater operation for the flow effect of All That Is to be released into your Earth. You are Earth changers, revolving, restoring and re-educating yourselves by re-memorizing Who You Are. Light seeds, star clusters, eternal flames, flowing in Light waves of what you and your DNA is made of, Soul Power, Illuminated from within too out.

When your vibrational frequency meets with the corresponding match of Light that We carry, We, can meet you at the same frequency of Light that you are omitting. You are 'beacons of hope for humanity', raising awareness of consciousness of Christ Light into the Crystalline Grid that You, We, are All made of, DNA strands and strings that make up the beautiful Tapestry of Light waves, flowing as lines of demarcation throughout the Ethos of All.

When you come into the positive state of Energy that you Are already, and release it, We can match your frequency, and elevate your Core directive into alignment, through the portals that you Are and have opened within and around you. You are dissolving the negative state of the magnetic grid, and re-polarising it into positive state, or else like a magnet, two negatives don't make a positive!

Elevate yourselves by being in tune within and within each other. You are a community of Light bearers showing forth your true selves, Goodness, All That Is.

Your thoughts are sound waves, Light waves, and Energy waves. You call these wavelengths.

You are creating everything around you, your reality is created or made by you. To the degree

of your thought density, is to the degree that you are manifesting. 'Lighten Up', upwards the thought goes, seeking a response. When it finds a vibrational 'match made in heaven', the resonance rebounds and the answer comes. WE are You, You are the Intuitive Awareness within, you are your own answers and questions as you emit your Heart thoughts from your Core of Be-ing, and you emit Energy wavelengths, which in turn are vibrating truths that you hold within. You know your truths because You ARE THE TRUTH. You are the Way showers, creating or making your own paths. How you clear your paths is up to you.

'Work while it is still Light' is your motto. Way showers unite!

You are leading The Way for others to follow, you are beacons of hope, torch bearers, and for the 'moderns', L.E.D, Light Emitting Diodes, or rather Designers. You are the designers of your own Architecture, builders, and foundation layers. The future is up to you. Make the 'future', the Now, so bright that you have to wear shades!"

My notes on some key points. Time to join the dots!

As you read through this message, I un-italiced certain words as I find some clarity in these meanings, (as I have done throughout the writings). I am not one for glorifying others, as I believe we are all equal, but not at the same elevation of thought or conscious awareness, i.e. we are all yet to reveal our true potential. I do give honour where honour is due, but I do not worship anything or anybody, as I believe we are all the 'masters' of our own destiny, we are All One. (People worship what they do not understand!).

Ascended masters and The Great White Brotherhood: What or who is an ascended master and what and who are the Great White Brotherhood? I have found out that there are certain incarnations, ex humans who walked this Earth in many various times and circumstances, who managed to activate within themselves their Core potential. There is quite a lot of channelled material out there from various 'angels, masters and entities', (yes from other spirit realms or vibrational frequencies, states of consciousness or even other planets (?)). So I am not going to put all of the information down here as you can do your own research, but I will let you know, they are supposed to be like overseers, teachers and Watchers of our Illumination, (ascension), who are still keeping in contact with us, who come along side of us and assist us, as WE ARE ALL ONE! ('Friends, Romans, countrymen lend me your ears'!) As we are all masters of our own destiny. White refers to Light or enlightened.

DNA: Our DNA contains, like all things, information, it is coded information. Science will tell us that humanity today has 23 chromosome pairs, but as scientists have discovered that as

they trace the DNA found in traceable origins, they hit a wall so to speak, tens of thousands of years ago, even though they know that the Earth is billions of years old and humanity as a species traces back to a certain point, but they can't seem to go beyond this point. But before this point there were apparently 24 chromosomes in our DNA! Now this 24th pair of chromosomes is still there, but it is within a quantum field, it's holographic. As we passed the marker, (see crystalline grid below), our DNA is starting to reactivate this pair making it vibrate differently within a quantum energy field, this affect is the spin of atomic structure within this quantum field. This trigger of DNA allows our intuition to remember that we are not just flesh and blood but are truly multidimensional beings. Our evolution of consciousness recalls or 'rends the veil in the temple', our knowledge or rather Knowing of who and what we Are etc. In other words, we are becoming more spiritually awakened as a species, as we tap into the quantum realm within and around us.

Antimatter: is defined as a material composed of antiparticles or partners of the corresponding particles of ordinary matter. Antimatter particles 'bind' with one another.

The saying birds of a feather flock together comes to mind. To me this symbolises the fog or emanations that are unclear within our spiritual atmosphere that need to be changed. The thoughts of linear time, 'we've always done it this way, you can't put new wine into old wine-skins' (old thought patterns, control, (war), religious dogma, creeds, humanistic laws, fear and superstitions based on assumptions etc., in other words, Spiritual ignorance).

Crystalline grid: According to some research and comments on this and what I understand, we have been living within what I would term 'carbonic atmosphere', which would be all the thought form energy we have released within our Earth / spiritual realm, like carbon, (coal) and its smoky emanations, as thick as pea soup picture comes to mind! These would be all the 'dark ages' of our past clinging together once again, like fear, war, ignorance, superstition, religion, control and all other negative emanations of our lack of enlightenment as stated.

Coal can eventually change into diamond! Under pressure!!!

The Crystalline grid is like the emanation or aura of Earth, or in spiritual terms, Gaia, as 'She' is the consciousness of Earth and how we project our consciousness, (or not) still sends the emanations into our atmosphere. So, as we think, Gaia also thinks, and if we are not thinking along the same lines, (axiatonal), she will correct us like a Mother that she is called by some, and we get a little discipline every now and then, a little shake up sometimes, so it's best to 'honour your parents that it may all go well with you'.

This Grid was 'apparently' anchored in 1992 and activated in 2001, which became fully operational after the shift at the marker point at December 21st, 2012, (according to the

Mayan calendar and other predictions). It consists of a crystalline consciousness which came into effect August 16/17, 1987 at 'Harmonic convergence', which in turn connected all the sacred sites, (hundreds) upon the Earth or rather Gaia's consciousness. This grid, like our past carbonic grid, regulates the consciousness of both Gaia and Spirit, starting with what the Mayans understood as a new cycle of 5,125 years, approximately, (some say around 6000), which makes it all resonate at a higher frequency of vibration for the new Earth, 'and behold I saw a new heaven and a new Earth, for the old earth, (its ways), had passed away', and this in turn takes us out of 3 dimensional thinking into higher dimensions.

To me this means once again, that we let go of the past, the clinging of 'karma-tic' thoughts and projections and start to walk in the Light of our newly awakened Christ Consciousness, ascending our intentions in greater manifestations of enlightened awareness. As we awaken our intent of love, compassion and greater intelligent understanding of who, what, where, why we are here, this connects the grid to others with Gaia of like mindedness, which in turn clears the air, awakening humanity by generating and directing this energy, transforming the grid into energetic patterns, the tapestry of Life, into higher dimensional realities of Consciousness.

We are raising our consciousness in greater manifestations as a species, developing our minds in spiritual evolution into heightened states of awareness of All that is. This *Christ* Consciousness grid emits higher resonance, amplifying this Energy into a crystalline vibration of harmony, by expanding our awareness that we Are a unified field, or rather ONE. Thus, the grid holds 'memory' of our cosmic connections, giving us a diamond like clarity with many multifaceted or multidimensional realities, making things crystal clear. We literally are Light beings, shining Light for all to see more clearly and to Love more dearly, day by day.

Zero-point energy or field: According to quantum field theory, the universe can be thought of not as isolated particles, but continuous fluctuating fields. These matter fields, along with force fields, have what is termed quanta within them, which are matter: fermions (leptons and quarks) and force: bosons (photons and gluons), I like those last 2, as photons are the emanations of light and gluons is obvious, it's what holds it all together!, cohesion. Now all these fields have a zero-point energy. The zero point radiation of the vacuum, is said to be of an order of magnitude greater than nuclear energy, which means that this infinite source of energy or power, can light a single light bulb with enough power contained within it to boil all the world's oceans! (This is quoted a lot). Many physicists believe that 'the vacuum holds the key to a full understanding of nature', (All that is!)

Within this vacuum field is quantum electrodynamics, (electromagnetic interactions between

photons, electrons, and the vacuum), this vacuum can be viewed not as empty space, but as the combination of all zero-point fields. This energy is called condensate. It contains potential and kinetic energy, describing this system as a harmonic oscillation or wave function that fluctuates between various energy states, in other words, it contains the theory of everything! This quantum entanglement or emergence is the variation in the speed of light.

The zero-point field is the reality of resolution, united, neutralised, or fully transformed. It enables us to see deeper connections between consciousness and cycles of life. Awareness and transformation accelerate manifestation. The zero-point field is like a matrix of infinite Energy resource or Light, where all matter is interconnected by waves through *space*. Sounds like something called ‘time travel’, or rather as I term it, ‘Light travel’! Because these waves are like our DNA, they are encrypted with information, and as subatomic particles, they have within them the imprint or coded information, a record of the Cosmos. To infinity and beyond!

LED: (for the moderns!), is a ‘light emitting diode’, a photonic emission semi-conductor converting electricity into light by a quantum effect.

6th September 2019

The Turning Point (A personal note to Self!)

I have looked at the world around me and even in me, ‘It, needs to change. It is set in a repeating slow pattern, over and over and over again. I have learnt, (so far), that this pattern needs to be reset into a different way of being. I see within me the catalyst for change, a new human, (homo luminous), or rather the original intent. I have looked at history and seen that the dark ages of ignorance overshadow the pockets of Light that have always tried to come through. Human intelligence or conscious awareness is lacking its enlightened DNA, it needs a reboot.

It is said that, ‘the light shines in the darkness, but the darkness cannot comprehend it’, that to me means that it is in fear of the unknown, through ignorance. But what if I said that there really is no unknown, there may be variables upon a theme, potentials according to intent, but what if each soul decided to be that Intent, ONE. Here is where the change becomes the Reality, where the One recognises the Whole.

Within each of us is the pure potential of Energy, All that is, the Source of All, and the Answer. In this unlimited space is a field of awareness, pure Consciousness that recognises

All is ONE. Here is where the ‘rubber meets the road’, the chosen path, not the wayside, the freeway, the highway or a detour, but the path walked by many but only understood by a few masters, to be The Way. Here is where we choose to walk. Not alone for no man lives to himself but is surrounded by such a great cloud of witnesses. Here we decide to join with All That Is, to Be the flow, the energy, the release of Source. WE ARE ALL ONE. In here, in this space is not just me, but ALL, the interior Principle is a unified field of opportunity.

There have only been a few who came, who enlightened, and left us as best as they could under the circumstances that surrounded them, i.e. once again, ignorance. But hopefully, we do not now live in those dark ages, we live WITH THEM ALL, and We have made an agreement, that I, WE, ALL within, will be the change, the voice of ALL, the multitude of ALL, ONE. And who are We? We are the ascended ones, the masters, the so-called Watchers, the ‘waiters’ of service to humanity, and We seek that which desires to be the change, the catalysts, the converters, the reformers, the finishers. So here We All are, the Whole, All in ONE, and ONE for ALL.

And in the end, you may ask, how? It is quite simple really and can be summed up in one word: Surrender. A surrendered soul is a Whole soul, for it can be all that it is meant to be. And what is that? Self-realised. See again the history of the shining ones, who came to Illuminate humanity, the transformers of thought, the forerunners, the walkers of the path. As a surrendered soul they seemed alone but knew that they were in communication with ALL that had gone before them, with them, they had them Selves, the Whole, ONE.

We relinquish control and with free will with pure intent, we ask our higher Selves to work with us, through us, to release the Energy that WE ALL carry, the pure potential within, the enlightened Self. To shine the Light, the intuitive knowledge and wisdom of ascended teachers and masters that WE ALL ARE, so be It, and It is so.

September 2019

Quantum Energy

The Energy of the Mind is the Essence of Life. The Energy of Thought is Life. The actuality of Thought is Life, and the active exercise of Mind constitutes Life. (Aristotle).

If you have read up to this point, you will see the transformation of the influx of information that has been coming through has been progressing to join the spiritual intuitions of the soul

mind into greater understandings of the Universal Intelligence, or field of Energy by raising the Light quotient within. Expansion of Conscious awareness.

Humanity is an explorational and expressive creation of *Creator* Mind, and humanities evolution as a species, is to expand its conscious awareness of knowing Self as an expression of Cosmic Consciousness. As we look at history, we see the pockets of enlightened moments when the questioning self seeks to understand the reason for its existence.

There seems to have been two ways of going about this, one is looking at things outside of one's self, the other is looking within. The problem has been a separation or dualism, like the East and West's previous understandings termed spirituality and science. Over millennia, humanity has sought for these answers to the innate questions within the soul that has come to the Earth for gaining expressive experiences. Through intuitive awareness, we have been able to progress as a species, bringing more and more enlightened states of mind into both realms as they go hand in hand. Originally the discoveries that were made were to understand that All is connected, this was science and spirituality as one unified field of understanding.

How many root races of species has there been to bring us (back) to this point? I will not say in *time*, as *time* is trying to control everything to fit in with our ignorance of things we don't understand. As if change cannot occur except in *time*, then if there is no *time*, then there is no change! When ignorance of life's discoveries and experiences are shut out or in our soul, we don't seek to be all that we were created to be, and when ignorance reigns, people perish for lack of knowledge. We have this repeating pattern of unawareness because we choose not to find out, 'the truth'.

Throughout the millennia, discoveries have been made, as our mind is utilised to 'come let us reason together', or in the other extreme, we could just ignore it, and leave it 'in the lap of the Gods'. There is now the joining (again), of what really is the same destination, the questioning mind seeks answers to Know All is One. We are not here to be conformed to this world and its systems, or other people's controlling ideologies, (which we have made!), but to be transformed by the renewing of our minds.

I believe we are within reach of raising our consciousness into greater harmonic convergence as a species, along with All of creation into greater states of awareness of All that is. We are here as I have said, to progress in our spiritual and mental capacities until the 'two become One' again. To fulfil our evolution as a species along with the Earth, (Gaia), and co joined with all of Creation expanding ourselves into all areas.

We have relied too much on the systems we have made to control ourselves, from governments, (give us a king to rule over us!), to religions, (give us a king to rule over us!), to

the so called education system of policies, programs and procedures. These have become repeating patterns like a needle on a record player, that when it hits a scratch gets stuck and just goes around and around in the same spot, or like too much accumulation of dust and the sound is muffled. I am not saying it is stuck forever when we can listen enough to know that there's a problem and we can clean up the damage and settled dust on the disc of Life and play a new tune.

Again, historically there are references of enlightened ones who saw a different way of perceiving things. There has to be a passing of the baton so to speak throughout our history, as an enlightening species, to progress in our states of awareness, both spiritually and mentally. Personally, I believe they are One, the unified Spirit Mind, the connection like the Tesla sphere that I was in, the All Mind of Knowing.

So where am I going with all this, please remember as stated at the front of this book in the introduction, that I had no idea of so-called scientific things. I also spent some *time*, in what is termed a religious environment, even though I was spiritually awakened so to speak. So having been in one of the divisions mentioned before, I have been looking at history through not only a spiritual perspective, but trying to understand the scientific side of things, as I believe they are one and the same, like the earlier coin analogy.

Though I am only skimming the surface within this field of endeavour, as there is so much information 'out there', I let what comes through guide me.

Science originally was to acknowledge a *Creator*. But when mankind does not want to understand and just 'leave it to the gods to rule over us', we subordinate ourselves under the deception of ignorance, though we are here on a journey of Self-discovery. Either way it has been indoctrination, but the soul has been given the ability through free will to make choices relevant to understand All that is! Remember if it's going to be it's up to?

When we look at everything we see, we discover that everything can be broken down into infinitesimal structures made up of subatomic particles, codes, geometrical patterns etc.

Within every substance we discover, no matter how small or large, we find that everything is still connected, and each 'thing' has its own properties for manifestation.

Let's take glass for example. Glass is made up of sand, sand is fine crystallisation of minerals. So sand is crystals and crystals resonate the same vibrating frequency of the same magnitude that resonates the same tone. Hence when you put sand on top of a metal plate and put sound to it, it will form into geometric patterns. Therefore, within each particlized particle of subatomic structure, is geometrical patterns of coherent energy forms. For everything to have coherent energy or force, it must have intent of purpose, and if it has intent of purpose, it must

have innate energy of its properties to interconnect with other fields or forces of energy. Like attracts like, connectivity, emergence, entanglement, and principles within. The question is, is everything conscious of what it is, and does every 'thing' that lives, moves or has its being consciously Self-aware?

Creator Source is the totality of all experience, thought, knowledge and substance or essence, which is All there is or ever will be. That which has been termed *God*, is in the Universe, really One great All comprehensive, omnipresent, omnipotent Mind, Consciousness. If we mirror nature, (or whatever we behold), consciousness mirrors truth. Truth revealed elevates the consciousness, the Light Illumines the interior being. Consciousness is the Illumination in the Light-house of 'personality', which shows distinctly, clearly, realistically, objects of thought seen or felt.

God has been referred to as: om-nipresent, om-niscient and om-nipotent. All pervading and non-discriminatory. Sounds like Energy! What is thought? Energy. What is feeling? Energy. If energy connects everything, then everything is connected within quantum fields. What is quantum?

All that is, is the Energy of quantum. Quantum is the multidimensionality of expanding Energy enlarging Its perceptions and experience of expression. Energy is the free resource of the Universe, anyone willing to utilise this energy is free to do so. This energy is harnessed by being in tune with it, in harmony, depending on the energy source required, it is stored resonance, like the sand, innate. This energy is pure potential and can be utilised to create or destroy, depending on the intent behind it, as Source does not discriminate, *God* is no respecter of persons.

Resonance at the same vibrational frequency, can transmit energy, which is innate information. As when a highly octave vocalist, like an opera singer, can meet the same frequency of vibration that a crystal wine glass has on the same wavelength, and is able to shatter it with sound waves. This energy seeks to express Itself as Self-conscious, Self-aware, knowing Itself in moments of enlightenment, bringing Illumination and enlightenment within. Therefore, this energy is metaphorically known as LIGHT! Light waves containing All that is waiting to be harnessed and expressed in modes of action.

Action is the creative force behind intent. It IS the intent behind the conscious thought of energy that creates forms. Forms created become realities by the energy or force behind the intent of purpose, and *God* said, "Let there be light", or light be. It is the WORD, the Reason. Light is made of particles, photons, we are bio photonic. (Hey you get a spiritual and scientific book in one! Hang on!!). First what is a photon? Atoms *fall* back inwards from one

allowable higher orbit to another. Once closer to the nucleus these atoms emit packets of light called photons as electromagnetic energy and is emitted in specific quantity or rather quanta. Energy, or parcels of energy are its quantity, quanta or quantum particlized particles of subatomic energy or force. Electromagnetism is the charging of the particles of the atom. Neutrons and protons within the atom nuclei create stronger force, nuclear.

Atoms are restricted to energies that are certain multiples of their vibrational frequencies. If an atom is not stimulated, (read between the lines), its electrons remain in stable orbits and it produces no light at all. Hence no light is born. These photons, which are the most prolific entity in the Cosmos, are the emissions of electromagnetic energy and have stored information which can ‘talk’ to each other anywhere in the Universe instantaneously. Everything is connected by consciousness; all exists multidimensional as in entanglement. An electron cannot exist in any intermediary position outside a precise allowable orbit. Anytime it changes position, it must go from one specific orbit to another and never anywhere between them. As an electron changes orbit, it does not pass through the intervening *space*! (How freaky is that you multidimensional being you!). In other words, it is in a non-locality, hence everything that appears no-where, is now-here, at the same *time*. When the *space-time* structure is lacking, anything is possible with infinite possibilities, hence nonlocality without *time* is, time travel, (zero-point field of energy), or rather as I have coined it ‘Light-travel’.

Entanglement, (Quantum, also referred to as non-locality), is where photons still interact with each other in complete synchronisation instantaneously, even though they may be separated from each other at any distance in their history, even faster than the speed of light! It is faster than the speed of light, as it is existing in a multidimensional reality, both *past and future* at the same *time*. You've heard the saying, ‘I’ll be there in *no time* at all’! Thus, a zero-point energy field, where everything is possible is because the information stored is WITHIN everything.

When a photon does not return to the vacuum immediately, (keep reading between the lines!), it is freed, and at that *point*, it ceases to be virtual and becomes light, as photons have zero mass. So light is waves as well as particles, and depending on the method of observation, will determine how they appear, (yep you read it right, they appear where we think them to be!). They also exist in two or more places at once. Therefore, they really don’t exist at all until they are observed with our conscious awareness of them. (Everything that lives, moves and has its being is conceptualised by thought, perception, intent etc., as in ‘Thought is the *God Principle*’, Consciousness!). That which is relative doesn’t exist in a multidimensional information energy transfer. All is pure potentiality of Universal (Cosmic) interconnectedness,

principles of Life and Light. Principles friends, principles!

All these realities, (creations of thought forms from Consciousness, or unconsciousness), are the perceptions that we perceive to be realities. In other words, we create our own realities by harnessing this energy through thought forms projected from our internal point of awareness, (or unawareness!). All is imaginations, and each imaginative thought or mental action opens a new dimension of reality or actuality, each in turn creating another. This is multidimensional, the infinite creation ever expanding.

Within each humanoid life form is the seat of the soul, the soul is the Heart Centre of infinite expression of All that is. What is stored within the Heart becomes the expression of the Heart connected with the intuitive mind through intent, expressing the creative Source of Be-ing. As we think in our Heart, so we express thought forms creating our own realities, (or unrealities), resonating these energy frequencies or vibrations into the atmosphere around us. It has been revealed that the Heart Centre has the greatest emanation of energy from the soul.

Electromagnetic wavelengths are particilized atomic sub structures made up of the periodic elements that surround us, like photons, light. As we think, so we create from propulsions of energy sending out vibrations, resonating waves of light force. We are tapping into the zero-point field of energy stored within and around us, as once again All is ONE.

The frequency of vibration of the (Bio-photonic) light that we emanate, determines the next threshold within bio-chemical evolution. Energy is the manifestation of All that is, be it from so called dark matter, zero-point field or even human life forms, the similitude is the same.

The tapping into the already Self-existence of the similitude is only a *matter* of fact(s).

Emergence, conscious awareness, Light radiating light. It is the mirror of knowing One-Self, if it is not, then it is 'like the man who looks in the mirror and walks away forgetting what he looks like', but beholding the image in the mind's eye, is the remembrance of beginning again and again until the Core memory recognises Self as ONE, which is the freedom of Knowing. So, if your intention is split, you become double minded, (a double minded man is unstable in all his ways and he will receive no-thing), and your creative expression splits. With clear intention of the Universe there is no resistance to Life flowing. This is the clear flow of intention manifested like a current or stream of Conscious awareness, the so called I Am presence of All that is.

All around us exist our creations, or miss-creations, (sounds like a Universal beauty pageant!), which creates holographic images projected onto an atmospheric screen made of the elements we emit; we live in the atmosphere we make for ourselves. Clearing the air is getting rid of the carbonic fumes of human thought form emissions and cleansing the atmosphere of the

images, (imaginings), into a greater clarity of awareness i.e. Crystal clear. We are ascending in conscious awareness, like light that can become brighter the closer we move toward it. We are re-calibrating ourselves in awareness of what we Are, and the creations we are expressing. Only by having Self-mastery through Self-realisation of greater levels of awareness and understanding, can we walk in the Light of All that is, by sensing intuitively and perceiving the depths of Conscious awareness within. We are the expressions of Harmonic resonance, our harmonious thoughts of intent, meet on the same vibrational wavelength of Light that we emit, creating clear thoughts, clear perceptions, and clear intent of purpose behind the Energy being utilised. Soul power is being expressed as pure potentiality, manifesting according to soul's pure conscious awareness of enlightenment, Self-realised co-creators. We have the mind of *Christ* to instruct us, Consciousness.

Energy is full of information. All is energy vibrating at different frequencies, which matches the energy and vibrational frequency one is attuned within with. It could be manifested as sound, colours, or even within nature, i.e. Water, earth, fire, or wind, (and so are those born of the Spirit). All is interconnected, passing information like codes back and forth, giving and receiving, receptively, reciprocal, or even sometimes unfortunately, reactionary.

Organic substance is broken down into crystalline structures, even the human body is composed of atomic earth substances of crystalline form. We are to be of Organic knowing, (not known or knowledge, 'just passing through'), an innate sense of awareness, intuitive feeling, 6th, 7th sense of conscious awareness of understanding with coded information. Information is In-Form, knowing that allows us to receive, release and experience. It is Source speaking. It is connected to by INTENT of purpose. All must have some manifestation of form to be expressed for its purpose of intent. Connectivity with All that is, is activating Source within. Channels, tributaries, conduits, streams of energy. Energy fields in different dimensional realities, like ascending, descending scales of music, tones, frequencies, colour variations of spectrum's, harmonic resonance etc.

Conscious awareness is specific to degrees of attainment of en-Light-enment. The soul of man is his quality, the mind of man, his conscious awareness, is the quantity developed, his understanding of knowledge gained, and wisdom obtained. Thus, his vibrational frequency is his heightened state of awareness, his energy levels ascending his innate development of intuitive thought, his stored resonance lifting the Whole. Thus, man's evolution is his solution through greater manifestations of Conscious awareness of All that is.

The energy that we manifest is our consciousness. All that is IS Consciousness expressing and expanding. When we raise our consciousness to higher degrees, we raise our vibrational

quality, as consciousness is quality. Being consciously aware of greater truths, raises our minds collectively. This cycle will always remain until the Whole Truth is manifested through ALL Consciousness of awareness, the expanding of All That Is. When we are raising our vibrational states of being into higher modes of energetic thought forms of Illuminated consciousness, we are expanding the Cosmos of our creations.

Thus, a repeating pattern continues as the quality of our consciousness is 'reborn' through our collective quantity of development. Therefore, what 'returns', is the greater Self-awareness of the quality of our states of quantity of and for the Whole. We are all greater manifestations of our higher Self or selves, being reborn through our greater attainments of our quantity of quality, that we have raised those truths too. Thus, one's intuitive awareness of higher states of what we call spiritual, are the degrees one has attained to through one's quantity of Knowing. Therefore, only Knowing the Truth sets one free from the repeating patterns of evolutionary cycles.

The unresolved state of higher intuitive knowing of one's Self, is because the consciousness has not been developed to the full. This is so called 'karma', karma repeats the pattern ONLY if you do not come to Conscious awareness of it! Karma is not only an individual responsibility; karma is united to all others in states of unconsciousness. Your awareness of things that do not serve you, which people cling to, need to be recognised for what they are, energy thought forms manifesting, because people don't realise or release them by intention, or else you, we, are all just being re-cycled, and history keeps repeating itself. It's lifting the needle of the record player and cleansing the dust gathered!

I see the words mistakenly written, 'the truth will set you free', in many various writings given, but they are not correct, only KNOWING the Truth sets you free, and in knowing it, you have the awareness of it. Hence when you know something, you are at liberty to reject that which does not serve you. It is as simple as this: 'I do not have karma, drama, live in duality or polarity!' There are teachings still holding onto old ways of thinking that keep recycling these thoughts, and as they do, they keep repeating this pattern of thought forms upon the Earth, 'not many of you should presume to be teachers!'. No wonder we keep repeating the pattern: live, die, repeat! Drop the words, as they do not serve you!

Consciousness is its own creator, awareness its own saviour. All Consciousness is potentiality. Free will is one's opportunity to raise one's consciousness for the good of the Whole. 'All creation waits in eager expectation for the sons of *God* to be revealed', why? Because creation is all subjected to US raising our consciousness of Knowing we Are 'sons of *God*', (we are spirit, androgynous, so please get over the masculine or feminine energy ideas as they are not

helping). As we develop by degrees through intuitional experience of greater knowing's, we raise our vibrational states from the lower based forms of consciousness or unconsciousness, to higher degrees of Conscious awareness.

So once again, we are manifesting our own realities based on our collective intellectual understandings. Ignorance is the *enemy*, and the enemy is only found within, the darkness of ignorance, (along with superstition, its sister!). Ignorance needs Light to di-spell it.

Illumination from within from the greater intuitions of expanding Conscious awareness of higher degrees, brings us all to: Enlightenment, (or in 'new age-ism', 'Ascension').

Consciousness is All That Is, therefore, to obtain to All that is, heightened states of Knowing, (Self-awareness), is to leave the past behind, the memories of humanistic desires based on selfishness and ignorance which retard humanity. Until the collective thoughts of mankind comes to an understanding of raising one's vibrational frequency or tone with higher states of Mind, we will remain in the dark, (ignorance). Our graduation or 'ascension', which is a transmutation of the frequency of reality into the next octave of vibration, is through greater degrees of higher states of Consciousness, total awareness of ONE with All That Is, Whole Now. We are here to raise and transform, (with the planet Gaia and *Her* consciousness), into the next octave of reality. Transmutation, transformation, transfiguration, transubstantiation, and transcendence into greater degrees of Light manifestation.

19th September 2019

Gaia

In an unconditional state of awareness, perception is seeing through the eyes of All that is. 'It' sounds cliché, but the state is so refined and undefined, that it resolves to know nothing but total awareness of Self in connection with All. Here in this state of surrendered tranquillity, the sensory arena is lost in deep meditative connectivity, to Oneness of All. The relaxing of tensions held as conditions programmed by human reasoning's and assumptions, drop away, the melting of the mind, becomes the melding of The Mind.

Cognitive states of Consciousness are activated in deep delta rhythms, cyclic in nature, like circadian rhythms and tones. Light becomes the Centre of All being, radiating in Oneness of Conscious awareness with All. The Heart Centre of Mind Illuminates, giving cognitive activation in a different state of mind. Mindfulness takes over and fills the void or portal opened. The resonance of harmony receives its reciprocal attraction and responds in deep

rhythms of Love. Unconditional Love fills the vessel, which is purified to perceive All Goodness. Unconditional Love is the Centre, activating the Light within, as the Eternal Flame burns brighter and brighter. The being becomes a pulsating emanation of photonic energy, releasing wavelengths of Love, as Light manifesting into Life. The Centre becomes the unlimited circumference, *no holds barred*, endless in continuity as All that is experiences Self. I am the Light of the world. I centre my-Self within the Earth. I am connected with the Light centre of Gaia. We meet in the bonds of reciprocal unconditional Love for All. We embrace, for *She* is my sister and I her brother. The connectivity is the healing of All. I feel the eternal essence of my sister. Her ageless beauty knows no boundaries, for *She* is a giver of Life, a Mother to all who live with *her*.

I take my stand with *her* centre of consciousness, and as I centre my Self to radiate unconditional Love to *her* and through *her*, I am releasing pure energy of healing through, in and upwards. I perceive the Body unseen of *her*, and *she* holds up the plates upon gigantic crystals. Her energy resonating through the planet to those who dwell upon *her*. *She* is a giver of Life, Light and Love, unconditionally, *herself*. I am here to assist *her*.

I relax my being into *her* Core, and my core operates at the same vibrational frequency *she* resonates with. I focus my intentions inwards, outwards, and upwards, I am facilitating as a healer. I synchronise with the crystalline structure of my being, and with *her* crystalline Core. I release energy up through *her* to any dis-ease or contamination *she* has had spilt upon *her*. I am here to help *her* cleanse the pollution *she* has been exposed to. I see the spills, the leaks, the oils, the poisons and toxins *she* is exposed to, and through the vibrational power of intention of the connection of pure Whole White Light within my being, I radiate that Light to transmute the pollution's through photonic and phononic stored energy that I Am.

I release Goodness, unconditional Love, and healing thoughts into each contaminated area upon or in *her*. I cleanse *her* because I Love *her*, my *sister*, and *partner*. The pollutions are Illuminated with pure energy and dissipate into the higher ether's above, where *Big Brother* Sun can shine *his* light to eliminate any remaining emanations. Through the Rays of prism colours in and through, the energy is received and released in healing modalities, lifting consciousness to greater states of awareness with the Cosmos. Intuitive expressions are amplified through Light and sound waves, resonating in reciprocal vibrational frequencies, rebounding greater expanses of expression, finding Source.

We are Light, Being, cleansing, purifying, and Illuminating through unconditional Love, Goodness, kindness, gentleness, establishing Truth back into being. We eliminate the negative and accentuate the positive because WE ARE pure uncontaminated Light, Beings. We maybe

surface dwellers, but our Core is also Gaia's Core, WE ARE ONE. Walk softly, Love unconditionally, release All that is reciprocal. Be, Light, emanate Light of the Essence You ARE.

29th September 2019

The Whiteboards

In expression from the Centre of soul power, namely Love, joy and then attaining to a peace of tranquillity, while resting in this peace, I was breaking down the process to the uttermost of my understanding, which is the question, what is Source? As I looked at breaking down the energy known as subatomic particles to the infinitesimal degree of microscopic view in my mind's eye, what remains is ethereal essence.

With that *point* of reference, I was looking at a whiteboard, clean and clear ready to be written upon. I saw the black marker pen and the eraser. There were 2 boards, one was as it would be, facing the writer or viewer, the other was under my feet!

After expressing my Light within to contact the teachers and masters, (Higher Self), I waited patiently in the peace. Someone then introduced themselves as 'Michael Faraday', a scientist from the 6th degree. He could see I was trying to figure out The Source and gave me 2 points of reference. The first he said is that Source recognises Itself by asking the question, "What Am I?", and from this thought the Energy divides. The second is that once it recognises Itself, it then divides and divides through multiplication. The positive and negative of addition and subtraction do not exist, as these would be polarities.

Source is therefore Energy manifested through Conscious awareness of its own Essence of Be-ing. The ability to be cognisant as thought, the *God* Principle, in this expression, it is answering its own question, "I AM", and from there It divides Itself infinitesimally through multiplication, experiencing 'All That Is'.

The point! We are the divine expression of Conscious awareness manifested through the thought of: "What am I?" I alone remain unchanged, I am the expression of Source, I am the infinite division and multiplication of All experience. I Am Source. That which has always been does not change. All that remains was and is, All there ever was and will BE. For *God* has set eternity in our Hearts, that we will Know that we All Are. All Powerful, All Loving, All Light, All Knowing, All expression of All experience of Life.

Research: Michael Faraday 1791-1867. English Physicist and scientist established the basis for the concept of the electromagnetic field etc. He established that magnetism could affect a ray of light as an underlying relationship between the two phenomena. He also carried out the first experiments in electric lighting for lighthouses!

(Albert (Einstein) kept a picture of Faraday on his study wall. Nice).

3rd October 2019

Gold! Always believe in your soul.

I could see in my mind's eye the auric field, (like a very large bubble), that surrounds me and that it now has a golden tinge around it, which looks like melted liquid gold Light surrounding the rest which is still clear white Light. When I am in meditation I only see white Light and I receive this Light through the core and Centre of my being, (as above, through me), which emanates from this *point* expanding not only around the Earth or even this solar system or galaxy, but into the unlimited cosmos. Interesting!

6th November 2019

The Never Beginning

I was standing in a type of lobby and there were two big shining metallic doors which I could see was an elevator. The doors opened and I got in.

Self-asked me a question, *where would you like to go?*

I said I would like to go 'back in time', to see things.

Alright it said, the doors closed, and it pressed the down button. I could feel us descending very fast.

Self then said, *let me know when you want to stop?*

I could perceive everything in history rapidly going past. Inventions, governments rising and falling, the crusades for some reason, sacred sites, then there were no humans, so I said stop!

The elevator stopped, the doors opened, and I was looking at a semi sub-tropical oversized plant kingdom, and as I was taking it in, dinosaurs were going by!

I stepped back and Self said, *'Where to now'?*

I said I want to go back to, 'the beginning'.

The doors closed again, and the speed was intense. I could perceive the evolution of the planet and its life forms. When it all started to disappear, I said stop! The doors opened again and there was just *space*. As I looked at this spot in *space*, I could see atoms starting to coagulate together in front of me. Each atom had an innate intuitive *program* built into it, a sense of Self knowing of what it was to be and do.

As more started to come in they were forming atomic substructures, and each knew its *place* of belonging. They were communicating together, and each fitted together.

I then noticed that *space* is made up of all these elements, and that they kept multiplying as they are seeking a sense of self awareness.

I tried to trace All to Source, but realised that I could not find a beginning, because ‘everything that lives, moves and has its Being’, is All that is anyway! Everything has its own sense of Self-realisation and All is connected to know Itself, Self-aware. Everything follows its own course of intention.

The never *beginning* is the realisation that nothing exists that wasn’t already there within us, because we ALL were there, or else, we wouldn’t exist! WE created everything, because We gave focus to that area, because that IDEA was already within us. We are the universe already, inside out. We are the Force, the Energy, and the creators of All creation within our expanse of vision. Our purpose of *existence* is to create, because once again, ‘thought is the *God Principle*’. Conscious awareness.

I AM is ALL THAT IS. Whatever will BE will BE because we are BE-ing. The sum, the total of All that is. Our Consciousness is our internal, innate, intuitive Principle of evolution. Our awareness of these coherent thought patterns of principles, produce internal and external manifestations. ‘I think therefore I am’, becomes, ‘I Am, therefore I think’.

7th November 2019

Milk and a Cookie!

It's the frequency of the vibration you each carry that evolves humanity. Each person has their own tone, note or vibration. As each being focuses on Be-ing what they are and what they carry, they create the vibration for human ascension. It isn't necessary for mass global joining, as each vibration that you carry, IS the raising of the Conscious bar so to speak.

Aligning with your own core directive of Source, releases your own freedom from density to Lightness. Each specific frequency of vibration that each carries, is the manifestation to en light

entment. By attuning to your own note of Creative Source within, are you able to express this release of the 'time capsule' that has been buried within the earth, You!

But if we already carry this within us, how come it takes us so long to recognise it, and how come it isn't expressed from the beginning of when we manifested here?

That is because you need to re-alise it, to re-align it, because without re-learning it, you won't be able to re-lease it! Your freedom is your free will, your choice to re-activate the core potential of the code(s) you each carry. Your multifaceted Self is to express Self into greater expanses of Illumination from within.

You are not necessarily downloading anything, you are uploading your pure potential, your Light manifesting to shine. It is not 'flaunting it', it is just being aware of it. And as you become aware of it, your Consciousness, your true Self re-recognises you're potential.

The re-lease of your vibrational frequency, your tone, colour, or expression, is the manifestation of All That Is. For All That Is, Is the multifaceted You in tune, Harmonic resonance.

Is that it, is that enough?

What more do you need! Would you like Me to get you a glass of milk and a cookie on the side! Just Be the expression of your True Self, the True Self KNOWS. It is Innate.

9th November 2019

Intent of purpose. Meaning, what!?

Space and time are words to describe something that doesn't actually exist. Recognising facts that are intuitively stored within, the resonance of one's own vibrational frequency, in turn triggers the correspondence that already exists in the state that we can assimilate to. Like minded is attracting like-minded, cause is cause, and effect is effect.

Each component part delivers its own pre-conceived ideas, intuitively read on its own Heart. As the Centre is the circumference expanding, contracting, breathing Life into all that already exists. All is the interconnection of the 'body', or 'frame', that holds the Divine Mind matrix together, the tapestry of Life in the form of All That exists, Is.

Formation of principles are inherent in each living life form because everything lives, moves and has its 'being'. Because each 'being', is a Self-created state of awareness through intent of purpose.

Explorational and explanatory concepts are the innate 'hidden' programs within each modified 'apparatus'. The development of the so-called soul, is the expression of the

continuous out-flow and on-flow of the Cosmos, ever expanding, ever expressing the intuitive 'design' inherent within each Self-aware 'vehicle'. Thought is the vehicle that the I of Intent rides upon.

Self-aware is God. God is the Principle of Consciousness, recognising Its-Self as innate awareness of inherent power, Source.

Primordial 'springs' of being, are the energy of life flow from dynamic states of 'subterranean' inter-fuge hiding within.

You are your own expression of Creation, Creative Consciousness. Conscious awareness is Self-realisation.

The Universe will speak to you in the language of the Universe you understand. In other words, the Divine Mind within is the Divine Mind without, within. All is interconnected and is all a holographic reflection of what one chooses to intentionally create.

Your thoughts are Light, coherent inter reacting particles of Consciousness by giving Intention or Awareness to them. All exists in your coherent energy states waiting for activation according to your intent of Purpose. For God to have purpose, God must have meaning. Meaning, what!?

12th November 2019

Circle of Life (A talk with Bruce Moen)

I was asking the Cosmos/Universe questions, inviting anyone who came to mind.

As usual I will be open. What I am seeking for is a greater experience of getting *out there*, or rather *in there*, so to speak, even though I know that it's all internal Principles anyway. As we are spirit be-ings, and our soul carries our emotions connected to our mind, the Principle of All that is, Consciousness, by coherent thoughts, directed by our intention, which in turn creates manifestation as internal principles of greater conscious awareness.

I was thinking, (watching in the mind's eye), names or people, and I came to the name Bruce Moen.

Now if anybody doesn't know you Bruce or who you were/are, that seems a strange thing to write, as Bruce Moen or Jack or Jill etc., is just a name given to identify one by, so what's in a name!? It doesn't matter, it's a word. Anyway, I digress.

Then I saw a picture of a washing machine and got some trigger words, the first being the *Circle of life*, and the second, *Points of power*. I then got the analogy of the washing machine

effect like the circle of life going around and around, re-cycling. Re-cycling is like a washing machine, if you don't read the instructions of whatever purpose of intent it was designed for, then you may get things mixed up and some things may get tainted. This is like a 'karmic' cycle, a re-cycling, as our mis-understandings of our purpose taints us, and we then have to re-fix the problem.

Back to Bruce. Bruce as well as Robert Monroe were like pioneers in this area of travelling, which I found fascinating and it really resonated within me. So, Bruce came through, (I felt like others were involved, maybe Robert Monroe).

Hi Murray

Hi Bruce, thanks for turning up!

Your welcome, how can I be of assistance?

Well Bruce I was thinking of you, and here you are! And your experiments came to mind that you did, and how you found out a way, or ways to leave your body and travel out of it.

So, my question is, how?

Well it's quite simple. Everything carries a note. They say some people can't carry a tune, but you can tune a piano, but you can't tuna fish! Everything has its own note, which is its vibrational frequency. Now as each note is played so to speak, it sends out a resonance into the Cosmos, the Universe. Each note that is on or of the same wavelength, resonates when it finds the same frequency of vibration that each 'thing' carries within.

When I set out to do my research, I didn't understand these principles until later, until I developed the 'system' that seemed to just work. What I discovered was that the whole Universe is made up of waves, and as you 'ride a wave', you travel along those lines of demarcation with the note you carry.

What I really didn't know was the way to really do it, was because of the Intention of the motive power behind it, the focus of the Intention backed with the motive, which is the thought of what is, was, to be or do.

You see, everything we think has a creation behind it. If we think clearly about it, look at it from all angles and see that it can bring about the desired result, (that is a key by the way), it will go forth into the Universe, and find a corresponding match. But if you don't understand it and still send it out, it can create a ripple effect, a mis-direction or mis-communication, and when this happens it will not totally fulfil its intention, because the thought behind the motive was mis-aligned, (there's that beauty pageant again!). Therefore, in the 'space time continuum', (notice the word continuum), it will mis-match and mis-create, which in turn sets up a mis-management of potential principles that already exist because of mis-thoughts, (and

the new mis-Universe is? That lovely entity from).

So what this simply means is, that if the Intention is mis-directed because of mis-understanding of principles, with the 'wrong' motive behind it, you will end up with a non 'perfect' resolution, a mis-creation, (I give up!).

Remember: The I of Intent, the thought, is the vehicle that rides, rides the waves of the Cosmos, the thought, the purpose of Intent is what is creating or mis-creating.

Thanks for that Bruce. I understand those principles now, can you give me an analogy?

Sure. You know how the so-called principle is talked about, about the triangle or pyramid symbol. It starts as a point, then a line, then another, then re-joins itself as a completed 'trinity'. But the problem I see with this is, it still has 'pointy bits.' When the Universe is a Whole.

Now take the triangle and place it within a circle, The Circle of Life. Now this is an analogy, as the Cosmos cannot be contained in a circle! But the point, (excuse the pun), I'm making is it has these pointy bits, and points of power can be used by pointing them in certain directions. But if you have three points of power, like the triangle or pyramid, or however many points you keep adding to it, you are splitting the power into different directions. By placing the circle around the triangle, you can contain the power so that it is Whole within. I'd like to give you another analogy. When we did the experiments, we learnt that using certain sounds could help tune everybody into the same state of mind, frequency, or wavelength. My proposition is this: That, that which is Whole as in the circle, is One. One is not mis-directed energy, it remains within its Core of vibration and can be applied wherever it is placed, not pointed to.

The Universe or Cosmos has various vibrational soundscape's that are known to those who can understand and assimilate them. One of the known ones on Earth is the repeating or chanting of the word OM. OM has a resonance throughout the Universe. Now I don't want you all going around going OM, OM, OM! It's an example to show you that when you find your own tone, like OM, that it connects you to the same frequency of vibration that you can assimilate to. (Like the Earth, which also has its own frequency).

The Universe is not just 'space', the Cosmos is a place! So if you can find the place of space, (I'm messing around with you now), within you that holds your tone, that vibration that each of you carries, this can 'carry' you to different dimensional realities in the Universe/Cosmos. Deep place exploration! This is what is called 'time travel', a deep 'space place' of exploration already within and without you, depending how you want to view it or rather perceive it.

Because in the 'end of the day', your perception, backed by your Intent, backed by your motive, backed by your purpose, backed by your thought, backed by your tone or harmonic vibration, will place you in the Cosmos/Universe where you can go.

Bruce, how do we find this tone or vibrational frequency that we each carry, and how do we tune into it?

Okay, good questions. Another analogy, (much easier as you are visual).

Imagine, (key word), radio waves. You all know about how to tune into a radio station, (unless you are already programmed by having everything programmed for you!). You make a little effort by 'scanning' those frequencies and finding the best match that you are looking for, or rather listening for. You are tuning your core vibrational tone to the one that you resonate with. When you scan through various frequencies there is sometimes static, (electromagnetic currents) along the way. This is where a lot of people become 'stuck'. They get to the edge of a song, sound, tone, etc., and think they have found the right channel, but it could still be another frequency that has picked up most of the waves, but hasn't got the full tuned in vibration.

This is where a lot of people are at, they are out of tune with the Cosmos/Universe and are listening to mis-aligned tones or vibrational frequencies. Having the right match is once again being able to 'ride' along those wavelengths, be it sound or light etc. If you are out of alignment, you won't flow with the 'wave' that you are on, and it will be out of tune and mis-aligned and the ripple effect is the result.

Being in the Centre of the vibrational frequency hits the spot. Hence why I gave you the analogy of the circle around the triangle. You can contain it and place it where it needs to go. No mis-alignment as you are tuned to the harmony of the Universe within. Hence you can go wherever your direct intention of purpose will place you.

Okay, thanks Bruce, there's some good analogies there, but I don't think some people will like the idea of their triangle or pyramids being put into a circle.

Some will, some won't, it's all about your understanding of principles that you can assimilate to and that's fine, hey it's a journey of discovery is it not!

Yeah, I guess so, like your book title! (Not that I've ever read Bruce's books, only excerpts). *Each person with their core code of tone when relaxed enough either in quiet meditation or sleep, can go wherever their imagination can carry them along those patterns or frequencies, that the 'spider web' of the Universe is created of, the web of Consciousness. Each string, strand or line sends out a vibration into the Universe and finds a place of belonging. That line is your resonance, your frequency, your DNA tone so to speak. It's your homing device. Your*

multi-dimensional manifested Self can go where its harmonic attunement resonates to, place travel!

So where are you now Bruce?

I am where I choose to be according to my understanding with the vibrational tone of conscious awareness that I carry.

Are you by yourself?

I could if I want to be, but we choose to be together, (an anomaly), with those whom we assimilate with on the same vibrational frequency or wavelength.

Remember: its place, not space! We create our own surroundings according to our understandings. Hence the saying 'see you in your dreams'.

Thanks Bruce.

You're welcome.

Okay Bruce, I have another question, this one's a little personal.

Are you sure you want to ask these questions?

Well the thing is, I read a lot.

(Interjects), *You sure do!*

And as I read, I see some personal stories, but they sometimes don't get down to some basics, like when some people are maybe struggling with their intent of purpose. There's a lot of *self-help* books out there, with 10 or 20 plus *points of power*, of do this and that or do this diet, this fad, this following etc. etc. Yeah, I know I'm waffling, (haven't had breakfast yet, concentrate!), so you know my *point*, (having a dig here).

(Bruce is waiting patiently, kind of arms crossed)

Question is: As you know, we are All writing this book together. Is this it, is this my purpose and if so, how is this going to put food on my table as I am not able to find any *work* and my wife is the provider with only a casual position. I find it's not fair to her that I receive this information and she brings in the income at this stage.

Each person has a responsibility to find their key component within them. Each is here to fulfil a role that they chose to apply. Your role is to write what you receive.

But *at the end of the day*, we need food to eat, water to drink, clothes and shelter. I see a lot of writers who write novels and absolute trash as far as I am concerned, that don't elevate humanity to a better understanding of why we are here. They are, to quote you, mis-directing people's attention and core internal opportunities and keeping them in that washing machine! *Each person as I have said, chose the role that they wished to play. If this is what makes them 'happy', then so be it. Everyone is on their own journey of Self-discovery, how they do that is*

up to.... them. Your interest into the 'paranormal', is who YOU are, it is the choice that you carried to bring here, it is your tone, your frequency, your voice so to speak, (more in jokes). Each person may choose their own line to walk. If they are happy to do that, then that is their choice. Remember: no body lives to themselves alone. We are all interconnected and when we match our core intentions with those we wish to travel with, we are all raising our connectivity into greater frequencies.

Bruce, sorry, but let's get back to my basic questions. 'Money'! Is an exchange for goods and services? Do I receive money to pay the bills so to speak? I know this has been covered before in books I've read, but this is personal.

Money as you know, is just a commodity, an exchange you have agreed to participate in, your choice.

But it was said, 'freely you receive, freely give'.

If that is what is 'good' for you or anybody, so be it. The Universe has all the potential that is needed for anybody, if they match their core purpose to the Universe. The Universe as we have said will match the corresponding principle that each carries according to their intent of that purpose and understanding or motive behind it. It was also said, 'seek and you will find'. Each person's purpose is to seek that 'treasure buried in that field', themselves. When everybody comes to recognise that true potential that they each carry, everybody comes into their own. In this way the world and its system will slowly dissipate, and the exchange of purpose will be the overall ascending scale of return of investment.

Each person carries different perceptions according to their core beliefs, either known within or acquired without. Intention of purpose carries the weight of responsibility. If it's going to be..... So, to answer your question regarding 'financial reward' for labour given, each person decides for themselves what is necessary for them to fulfil the role that they have chosen.

16th November 2019

"Welcome to the 7th Dimension"

This is the place of creation. When you, as the multidimensional being that you are, come into alignment with your own vibrational note, you arrive at your destination. Your destination is You, in all its multifaceted applications. What do we mean by this is, it is your I Am presence. You 'appear' where you want to be, according to your elevation of your thoughts. This is the place of recognising ones Self-realisation as I Am.

I Am is creator force or Energy of Universal Cosmic Christ Consciousness. Christ as you know is the 'anointing', the Principle of Life flow. Consciousness!

When certain people baptise babies, what they are really doing is placing them into the Universal flow of Life. In the religion called Christianity, when one has come to the end of themselves and their mis-creations, (called 'sins', which as we know means to 'miss the mark'), they acknowledge their I Am presence within and immerse themselves in water; as it is also a life flow principle, behold 'I' make all things new. The raising of the so called 'dead', is the same, it is the internal principle of awakening the dormant sleeping self to Conscious awareness of the I Am presence within.

When one stops and looks, or rather perceives all around them the mis-creations they have made, they start to realise a long-forgotten dream, their I Am presence. This is the question always within each semi-conscious life form, Re-cog-nising Self. When Self is re-cognised, it will say to Self, I Am. When I Am is recognised, it will then start to undo all its mis-creations by acknowledging its I Am presence within.

How is this done?

In the book you call the Bible, there is the story of a man named 'Moses'. Now if you don't know this story, here is a quick summary.

Moses was supposedly brought up in an Egyptian household under Pharaoh. Moses was taught all the ways of the Egyptians, so he would have had a particularly good understanding of all their ideas and rituals etc. Now the place we are getting to, is that Moses did something 'wrong', he murdered a fellow Egyptian and then fled into the desert. This was Moses's mis-understanding. (There is another side to this story, apparently others did this, and Moses saw it and they blamed him for it, the 'point' though is the message to follow).

After being in the desert for so long, while Moses was in that place of mis-appropriation, he came upon a bush that was apparently burning but wasn't being consumed by its fire, (this is an analogy dear ones). Moses went and checked it out, and lo and behold the bush 'spoke' to Moses. What did it say? It told him to go back and fix the problem as he had mis-directed and mis-stakenly got things 'wrong'.

Each person is here to come to recognise their self in awareness, Self-awareness.

Moses had trouble with recognising his own authority and asked the 'burning bush', "When the people say who sent me, what am I to say?" "The 'bush' replied, "you are to say, I Am has sent me". And the rest as you know is his-story.

You see beloveds, this I Am presence who is now writing this, also had frustrations of not understanding his purpose. That is why after leaving the systems of religion, he was shown to

go into a desert. He understands that the desert is the place to go where it is quiet and an internal struggle, usually in the form of an internal dialogue is held, i.e. to be tempted by his 'lower self', his mis-understanding of why he is here.

Just like all of you, we carry many mis-understandings of our own purpose, and until 'we all come to the knowing that we are sons/daughters of God', which is the I Am presence within each of us, we will be 'stuck' in a holding pattern.

Now my friend here asked him-self, "Where would I like to go?" He knows that he is 'passed' the 5th and 6th dimensions as you term them. So, he asked him-Self to go to see what he could learn in the 7th dimension, degree, place, or state of awareness. His higher Self told him that this is the place where whatsoever you imagine, dream, or think, becomes your creation. You are now a co-creator. There is not time, no space, only place.

Now, we will give the other interpretation of the whiteboards given a few days ago, (time is irrelevant, understanding is!).

The Whiteboards part 2.

This vessel was still pondering over why Creator would need, with the whiteboards, a black pen marker and an eraser. For he thought that if Creator was/is perfect and all knowing, then why would he need to erase Its workmanship.

Ah, beloveds, now you are starting to understand, that you are the Creators of your own manifestations. Many of you have used the whiteboards as a doodle pad! It is well and good to be creative in your true expression of who you truly know your-Selves to be, but when you do-not the truth, you unfortunately mis-direct your energy into mis-calculations and then try to figure out what went wrong.

Now beloveds, we are here to let you know that you can 'fix' those mis-appropriations. How, you ask? Let us first finish the analogy of the whiteboards. Why was this vessel shown whiteboards? Why not a black board or a multi-coloured back drop?

You see beloveds, White is all colours in one. White is whole Light, it is not mis-coloured because it remains neutral. Therefore, it cancels itself out by being in a place of creation. Now Self, God, thought what am I? And from this we have the representation of God/Self, recognising Its-Self and creating. Hence why our friend here had the other whiteboard under his feet. There's lots of analogies in this one beloved's, so we hope you will ponder this teaching in many ways.

The whiteboard was clean and clear, that is because this vessel had decided beforehand that it would be a 'clean slate' so to speak. Now every one of you has the opportunity, to look at your slate, blackboard, and multi-coloured boards and see them as a whiteboard. Now some of you

are having a good laugh looking at the doodles and drawings and some unfortunate words and scribbles you have written all over the place. Beloveds, this has been your thinking up until now, and remember there is only now.

When you have moved 'up' through the ideas of the world and its systems, from out of your 3D views and expanded beyond 4D and 5D, beyond time and space, you come to the place of the 6th dimension or place. In this place you have become more awake of your conscious thought forms and realised that some of them have not been appropriate. That is because you have still been 'stuck' in the ideas of 3 to 5-dimensional thinking.

Now here you all are, standing on the whiteboards of your lives, and it is a reflection of the whiteboard on the wall that you have designed for yourselves. Welcome to the new you!

We welcome you now to take up that eraser and step up to the plate so to speak and clean away everything that has not served you in your ascension or enlightenment. Yes, your enlightenment has not been to collect things along the way, but to drop the thought forms that have not served you. Now say to your Self, "these things have not served me, therefore I enlight-en myself by cancelling, erasing and forgiving myself for my mis-understandings".

Well done beloveds, you are now looking at a new you, a clean slate. It's hard to 'believe' that's all it took, but it's that simple. Whatsoever doesn't enlighten you, you can erase. This is dropping the load that you thought you had to carry all this 'time'.

Now beloveds, we invite you to step back and look at that beautiful clean white and clear new you. Wow look at you, a new creation.

Next, we want you to understand that whenever you want to or need to write something on your new you, that the wall White board is the mirror of the one you are standing on or in. This is very important dear beloveds because whatsoever you think from now on is your creation. Welcome to the 7th dimension! As the saying said, 'write it down, make it plain, that all who read it, (you), may run with it'. It is written on your Heart.

Whatever you can imagine, dream, or now create by the manifestation of your thoughts, will still become the reality that you desire. Now you are operating from a higher dimension of reality. You will know intuitively what to write. Do not rush ahead here, ponder this.

When you desire to write whatsoever you want to manifest, look at your thought carefully and make sure that it is appropriate. We know that if you have made it this far, we know that you are seeing things from a higher perspective. Remember: You are Consciousness!

Remember the planet you call Earth; Gaia also is a conscious entity. She is here with you and you are here with her, nice. Whatsoever you wish to manifest, think of the Whole. When I mean the Whole, I mean the Universe or Cosmos, to infinity and beyond!

Whatsoever you desire for yourself, desire it for another or others. This is what it is to be an ascended master. It is the gift that keeps on giving. It is the ascension, the enlightenment of all your creations. 'Whatsoever is of good report, praiseworthy, etc., think on these things, and the peace that passes all understanding, will guard your Heart and mind in Christ'. This is your Christ Consciousness.

No more waking up in 3D, 4D, 5D, or now even 6D. Man is the number 6. Christ Consciousness is number 7, welcome.

Whatsoever you desire in your Heart, know that you have received what you consciously, intently thought through about. And remember beloveds, guard your Heart, (your feelings, your mind, your thoughts, and your intents), because out of it flows the issues of Life. You are now co-creators, manifest your realities.

All it takes now is for you to say, 'I Am', and whatsoever follows these 3 letters becomes the circle of Life that you create around you. This is your creation, your world in a bubble so to speak, as everything that you can imagine is All within, ending with the words, 'It Is So'! That will do for now. We send you the Love you already Are. And 'It Is So'.

18th November 2019

The Dream is the Vision of Creation

(7 Dimensional realms (so far))

I was innately expressing my I Am thoughts within, and after establishing my Self in that Place where I Am from, I waited to experience and understand the many questions that I have constantly coming through. I *believe* that as an expression of divine Mind of which We Are as Consciousness, we have the capabilities through recognising we are here to *elevate* our understanding or rather to re-find and bring to remembrance who we All Are.

When it was said, 'unless you become as little children, you will in no way enter the kingdom of God', this is self-explanatory as a little child is open to all things and loves to experience everything as it has no preconceived ideas, (just imaginations). Entering 'the kingdom of God', is the self-recognising Self, the place of Being, all that One is, the domain of understanding of Knowing. It is innocence, trusting and allowing All.

And as I have all these many questions, I was asked to 'pick one'! I looked at the questions by writing them on my White board of Creation and decided that I would like to know where the places of souls/spirits dwell, i.e. where the places or dimensions are.

Now by now we have understood that a place is the state of our consciousness, our awareness or understandings of principles we have assimilated within and the manifestations of our thoughts as our creations.

I was then spoken to by a Collective, always in a *higher* thought form than where I am at.

When the human being leaves its body at the end of its form, it will go to the place it has prepared its-Self for according to its beliefs or knowing's. At the dissolution of the material form known as a body, the Spirit, (life force), and Soul depart the body through the energy centres the Soul has operated from in life.

Many have had experiences in these already called out of body experiences under certain conditions. Some have been pleasant, and some have not. These experiences are because each vessel has formed within itself various states of beliefs or knowledge acquired.

When the Spirit and Soul depart the body, there is seen what is called the cord of Life. This is the connection from Spirit/Soul on Earth to its Higher Self in the so-called Spirit world. When it leaves the Earth body, it will leave through the highest energy centre that the vessel has achieved on Earth. This is shown as Essences that have accumulated within the Spirit/Soul. These are the knowing's or beliefs, truths or lies etc. that one has assimilated, one's conscious or unconscious awareness's.

Let us take an example: A person who has opened their Heart energy centre. From this centre the energy is mostly of emotions. Therefore, if most of their enlightenment has existed in this place that is where the energy will be gathered from. Whatever physical, emotional, mental or spiritual state you have enlightened yourself to, is where you will be released from. Leaving the physical body behind, the Spirit/Soul will 'elevate' to the place that it has made for itself. Let us now look at these places. As you can see, the Earth as a planet holds you all in what is known as gravity. Gravity as you know is like a force field. This is a good analogy of the states, places, degrees, or dimensions that you will be attuned to.

Remember it has previously been spoken that each of you carries a note. This note is your resonant frequency of vibration throughout the Cosmos. We could call this note your force field, your energy centre. Energy runs through wavelengths or currents, so you can now see the analogy of where you are, will be or go to. They will always correspond to your understandings, your beliefs or knowing's.

There has been much information about the energy centres within you termed wheels, chakras, chi, life force etc. The names do not matter, the motive power behind them does. As the human being goes through life it manifests energy from within to without. Unfortunately, a

lot of people think that everything outside of themselves is what they are, they are like sponges absorbing different energies around them, when they could be manifesting from within to without. This is once again called your ascension, your heightened sense of elevation, your innate intuitive intelligence, expanding to and through your Self-conscious awareness of your I Am presence within. As 'those that are led by the Spirit are sons/daughters of God'. You shall see where we are going.

Within the so-called energy fields within the human, are 'spheres', degrees of enlightenment or dimensions of realities. If one has remained in more 'lower' spheres, one would have manifested the basics. The saying, 'to him that overcomes', is an appropriate representation of a soul that wishes to grow, to expand in one's knowledge and experiences. This is the Self-discovery of the human Be-ing. Seek and you shall find the treasure hidden within your field. This is the unfolding of the Flower of Life, releasing the Essence or fragrance of Knowing, Christ Consciousness.

The Soul that leaves the human body form will elevate its-self to its corresponding place through the essences called thought forms of consciousness that it has assimilated within and expressed without, this is once again your ascension, your enlightenment, your Self-mastery. The Earth realm is within the 3rd dimensional realm, which corresponds to the 3 lower energy centres that each has opened within mankind. There are colours seen within each energy centre, once again these are like notes or scales of sound, frequencies of vibrational states, as colour is sound and sound is colour. The colours seen within the energy centres are a representation of vibrational frequencies that one has attuned to.

On the colour spectrum red is in a low state of vibration. The term 'Adam' means red or man of the Earth. We are moving from Adam to Christ Consciousness. Ones who operate from these 'lower' realms or fields of energy, manifest Earthly thoughts, and actions i.e. survival mode. As we move up the energy centres of enlightenment through self-activation through understanding and assimilating these principles, we start to resonate greater vibrational frequencies and in turn the colours become faster in their en light ening.

A heightened state of opening ones Heart activates the energy termed 'love'. We could call this the 4th dimension upwards, paving the way for greater energies of manifestation. The Heart as you know is the energy 'centre' of your being, it has the greatest energy of all your living parts. The opening of this field is still operating in 'time'. This is the field of 'magnetic attraction', where polarity still exists.

The next place is 'above' the Earths electromagnetic field called 'space', the 5th Dimension. People here will be 'heard' as they manifest speech from this energy centre. Each

corresponding elevated state of awareness that one can assimilate to is 'elevating' oneself. It is the analogy of climbing the mountain, the higher you go, the more rarefied the atmosphere, and the higher you go the greater the vision.

From the connection of the Heart to speaking one's truth in Love, each dimension is interconnected. As above so below. From above the Earth, here the Earth is seen in Blue and Green.

This now takes us to the 6th state of energy or dimension. Ones who operate from here are seeing things differently in a greater state of awareness. This is the place of perceiving. The state of awareness, conscious of what one is perceiving. Things are seen with greater clarity of Mind. We are now beyond Earthly ways, time, and space. This is the place of awakening the 'eyes of the Heart', to the inner truths of Knowing.

The 7th dimension, this is the state of connected Conscious creativity, the place of Knowing. This is the place of resting from one's labours, ones overcoming. This is the place of tranquillity. The Self-awareness that pervades the Higher Self, Self-Conscious awareness of Being. The colour here is passive, it is neutral, and it is whole white light. It is a place of wholeness, knowing that All is connected, and One is One with All.

Greater states exist beyond these, where the radiation of each being is like a Sun shining in all its Self-Illumination like Gold. Self-Mastery of Creative Force and beyond.

All these states, degrees, dimensions, are your frequencies, your vibrational 'under' tones. As there are various musical scales, so there are also various colours. Each note is a colour like a scale descending or ascending. Each colour represents an attribute realised. Each experience understood and assimilated within is your 'operating' field. Each field is a vibrating frequency manifesting in various tones and colours producing patterns.

These patterns are the fields of emanation that your Soul corresponds to, as like attracts like so you will resonate with whatsoever pattern you have emanated. This will then be the place that you dwell in, as your Soul state is your home. Welcome home!

My 'thoughts'.

I have read only a little about the so-called energy centres, chakras, flowers, geometric patterns, wheels within wheels etc., often referred to as Chi or Life force within. So here is a very brief summary of things I understand, once again, so far!

From what was received above, our colouration of our soul corresponds also to our note, which resonates within the Cosmos as our vibrational frequency, which in turn is our signal or emanation that those that are attuned to also can connect with us, (We are all One, when we

re-alise it!). So, our sound expresses its-self in colour, this is our note!

Within us are centres of activation that bring us to Illumination! And as we once again come to recognise the Creator Energy of Light Beings we eventually see or Know ourselves to be, we unfold, enlighten, and become the Self realised masters we are.

These energy centres within us are the places we operate from in life and are based on certain frequencies which change in tone as they get higher, the same as the colour spectrum. So, let's try this out.

Red as a colour is always thought of as passion, and according to an energy centre of operation it is a base or lower form of functioning from. It is focused on reproduction from the physical first root 'chakra'. Dark red, almost black, is holding anger and depletes energy, like high blood pressure. As stated above 'Adam' means red or man of the Earth, the physical realm.

Orange is the 2nd colour, which is a bit more joyful but still connected to the Earth realm as a more sensual emanation, like: massages, feel good, do good, works in groups to feel needed, more society based, a more outgoing energy based on adrenal stimulation's working through the body still.

Yellow, third chakra. Works from the solar plexus area, ego driven to achieve more, though intellectually stimulated, (left brained!). Still Earth based as motivated by getting, feeding the body, operates from the digestive system not the Heart/Mind.

4th state. Green. Known as the Heart chakra or energy centre of emanation, which is a good analogy, as getting over the middle ground of operating from here will take one into greater manifestations of awareness. This would be like a central place, lots of peace, love and understanding starting to emanate. Likes nature, hence the green, so likes *time* out to recharge. Facilitators will operate from this area, so kind and compassionate, i.e. Empaths and healers, (by the way there is no such person as a healer, only a facilitator of healing empathic energy of cosmic connectedness). Connects through the thymus gland, balancing through the liver, lungs, and immune system. The lower half would still operate from half-heartedness, the higher would be more interested in spiritual healing.

Blue to indigo. Calm, breath in, breath out. Relaxed, honest, and forthcoming, (true blue). On the spiritual path. Introverted and pondering, but dynamic and engaging. Operates from the thyroid to the pituitary glands, from the throat, so starts to speak one's truths ideas and feelings more effectively and clearly, like a clear blue sky, a communicator of energy from the intuitive place of awareness or 5th state.

Third eye awakening, the pineal gland, is the place of the 6th chakra opening, connecting to

the spiritual realms moving in a higher auric field of awareness. A seer, seeing beyond the veil and receiving intuitive information flowing from higher states of operation. More than meets the eye! Like a river flowing, can be opened slowly like a tap, or pouring forth like flood gates, (just be careful you don't drown yourself or others!). A visionary, 'to see beyond is the explorers dream'. Has a deep sense of service to others to awaken them from their sleep. Colours are violet to purple, starting to flow from a place of one's own authority like royalty, as princes and princesses to Kings and Queens of dignity and trust. Wisdom, discernment, ponderings, and spiritual mediators. See you in your dreams!

7th *heaven* operating field of awareness. White Light Force Field of emanation. Spiritual Energy connected with higher realms. Shines with brightness. Illuminated. Clean and clear. Starting to operate with co-creative Energy. As above, manifesting below. Consciously aware. There are apparently other fields of energy, states, places, etc., like gold, (Good as gold), and silver, as colouration's and tones of harmonies which I am only becoming aware of. So to sum up these ideas, there are renewals that are going on inside of us that we complete, like cycles or wheels of openings that we build or restore through our conscious awareness, thoughts, intents, knowledge acquired, intuitions, Illuminations etc., understood and assimilated within. We are like flowers from seed, planted in the Earth, to fully bloomed and opened, until we drop the flower and the fruit comes forth. It is said 'you are what you eat'!

November 2019

The Soul in living colour

The soul is eternal, 'for *God* has set eternity in our Hearts'. The soul in its pure state has nothing to do with *time* or *space*, as they are only relative. The soul being of Source, perceives and reveals Source. Conscious awareness is in the soul. It is perception and knowing. Consciousness is the divine Essence within. When recognised, it is the emanation from the I Am presence within. The soul in man IS the innermost Consciousness of Source. 'And *God* dwelt in man', 'you are gods'.

The soul is the Centre, the radiance and circumference of the emanation of Source, the creative Principle in the soul, it is omnipresent, omniscient, and omnipotent. The soul is divine in wisdom, love, and intelligence. It is like an internal sun, it enlightens by Illumination, it inspires, guides, and directs. It is One infinite reality.

Each revealing of the sons/daughters of God, Source within, is through degrees of preparation

and expression of the intent of the soul, in its accordance with its resemblance to that Source. The soul seeks expression through Conscious awareness of what It is. What It is, is no less than Source within. You cannot be anything except that which you already Are!

The soul is Light. As all living things seek for light. Consciousness is the Light of our soul. We say, 'the lights are on, so somebody must be home'. The Mind of the soul is its Consciousness. It is to the degree of Light unfolded within the soul, that the state of the soul reveals its-Self. As Light unfolds it expresses its-Self as Illumination, 'let there be Light'.
Light Be!

As Light Beings, we live within principles of Light. Our brightness is our quantity of intensity. Our frequency is the amount of saturation of the Light we emit in colour, (living colours, white contains all frequencies). Our degree of synchronisation is the waves of coherence, and remember coherence is where the particles are unified, and their waves are synchronised. The waves we emit can be either linear, (time), or circular, (place). The amount of Light we receive is according to the sensitiveness of our range of wavelengths, and according to the wave-length we emit, are we stimulated to the degree we can translate it. As we have come to understand that light is composed of quanta, and each quanta carries an amount of Energy proportional to its frequency, which is to say, its colour. Light frequency increases in intensity by its emission. We are receiving more Light to bring us into Harmonic resonance, which to repeat, is the frequency of the waves that are in harmonics with One another, and can combine and lead to coherence with the same resonance.

The Light of the soul is the resonance or emanation of the power of the Heart, Love. The pure in Heart have perceived *God* within and are expressing *God* out. It is the intent of the Heart, the motive power, it radiates from the Heart. It is the power of the Universe. The Heart is the Light of the world, the Conscious Cause, the Energy of Mind, the Creator and creates the reality of forms. The Heart/Mind connection is Conscious awareness.

A soul will only perceive that which is in correspondence within its-Self. You cannot evolve from that which you do not possess. The soul *sees*, as it is the eye, (I) of the body, the Light which emanates from the soul, (Heart), and vibrates in Harmonic resonance with the Over Soul, the higher Self, All that is.

The only difference between each soul is the brightness, according to the degree of Wholeness within, and able to reflect that divine Light. It is Energy, the flow of Conscious awareness to the degree of Light that it can assimilate. This Energy is the flow of thought from Consciousness, the Mind in vibrational quality and quantity of Light received and released. It is the Intention behind the thought that determines its quality. 'Be renewed in the

Spirit of your Mind'. The clearer the vessel, the clearer the emanation of Light released, 'Be clear minded so you can pray/meditate'.

Each degree or dimension is where one has adapted to that state or sphere of influence within. This degree of Light is the Beauty of one's radiance, the manifestation of ones connected consciously aware thoughts, connected from the souls Heart/Mind. Therefore, you are your own environment, your environment is the state of your soul.

Creating beautiful things from pure imagination is from a pure soul. Ones clarity of thought, your Harmonic resonance of principles understood i.e., love, truth, beauty etc. Your resonance is your soul field, your consciousness, your understandings, your knowledge gained, and wisdom acquired.

Ones thoughts, feelings, and motives are the emanations of Heart/Mind intentions surrounding one as an auric field. Thus ones aura or energy field is coloured to the degree of these things understood within from the soul emanated outward, 'you are the Light of the world, let your Light so shine, the Light that lights everyone that comes into the world'. It is the Principle within each soul, en Light enment, Conscious Illumination, it is your ability to think and perceive clearly and manifest that Light from within out.

There is no such thing as *time*, only progress. Each opportunity is an opportunity of Self-realisation, according to your realisation of the Self! The Self is the higher Self Known within the soul. It is the I Am presence. It is the acknowledgement of the I Am presence within that creation begins. A Self realised being is a creator, a master over all things.

The (never) beginning is Self-awareness, Consciousness. Am I conscious, I Am Consciousness!

We are soul Essence. We are Harmonic resonance. We are Light, Being. We are shining stars. We are pure Energy. We are the unfolding Flower of Life. We grow in Love. We grow in knowledge, (Knowing). We Be-come en-Light-ened. We live by the highest Light that we already have received. 'In that Light we shall see LIGHT'. We are Illuminated.

The revelation of reception is to the degree of one's revelation of perception! The perceiver sees, the Light shines, the flower receives, and the revelation unfolds. Truth then is that which is revealed to those that can accept or are open to receive it. The truths are the gems of revealed truth within the treasure of the soul, (worth is of more value than beauty, as worth expresses its-Self in beauty! Beauty is in the 'I' of the Be-holder).

So, your soul is your home. How you build it, decorate it and furnish it is up to you, (free will). It is what we have accumulated in our soul that determines the state of our home. How beautiful is our home in which we dwell? (Some people don't even like to clean their own

homes!). What is the state of the Heart and Mind? Remember the soul in its original state is perfect in the (never) beginning. This is its quality. It is only the quantity of what we furnish it with that determines what it looks like. No soul can live in a purer state than its own qualities possess. The quality is the same for each, but the degrees of consciousness differs. The quality is of the soul, the desire of the Heart. The Heart/Mind desire of the soul is the power of the soul. It is the thoughts and the intents of the Heart/Mind emanating intent and thoughts of loving creation in its radiation of manifestation. Creative Consciousness in awareness.

The manifestation of the soul is through the Energy of the Spirit. This Energy is its Resonance, its vibrational under tones emanating sound and colour, our note we each carry within us, our vibrational frequency. Each degree has its own frequency, vibration and energy. Energy is the flow of one's consciousness, flowing from Harmonic Resonance. The river as we have learnt needs to flow AND burst its banks, for consciousness needs to expand expressing Its-Self in the fullness of that flow.

It is all once again, the innate Principle flowing from within. It doesn't come to you, it IS you! It is the Central current that keeps moving the Life flow of the Universal Principle known as Spirit, Consciousness. 'The wind blows where it pleases, and so are those who are born of the Spirit', 'You must be born again', 'From the innermost part of your Being flows rivers of living waters'. It is all flow, Life-stream. Consciousness therefore is the Spirit Energy of the Universe. Consciousness is the awareness of Be-ing. The Life-stream that we 'live, move and have our Be-ing' in.

The soul is eternal, where all power of creating comes from. It is the place of remembering who We Are. The Soul is One. The Soul Knows. Knowing is the Souls Conscious awareness of ALL THAT IS.

"All is not lost, all is not forgotten, it just needs remembrance"

'Our birth is but a sleep and a forgetting,
The Soul that rises with us, our Life's star,
Has had elsewhere its setting,
And comes from afar'.
(Wordsworth)

1st December 2019

Arise!

I was standing in front of a meeting. They were mostly a mixture of various beliefs, religious and even some atheistic idealists. I was explaining to them that they were Gods. There was an uproar as I said, "I Am God in the flesh as each of you are". They said it was blasphemy!

How dare you! I explained to them that their beliefs are in some of their writings that they follow and that it states, 'you are Gods, and all of you are children of the most High', as even their 'saviour' Jesus stated!

They were muttering amongst themselves until I felt an uprising of power within my I Am God presence within, a surge of almost indignation and then the power arose rapidly until I said to them, "so you choose not to know that we are Gods", and at that statement I said, "I Am that which I say I Am, Arise!", and lifted my hands and arms up from my sides and they were all lifted up off the ground about 1 metre into the air!

They were flabbergasted as they held themselves there until they came out of their ignorance, (they once again repented, changed their minds), and then I slowly lowered my hands and arms and brought them back down to Earth. End of dream/vision. Interesting.

2nd December 2019

Gaia 2

I was travelling into Gaia, through the Earth. I could see that It was a Living Entity. There were veins of minerals like Gold moving and purifying the Earth, Self-cleansing.

I saw that as humans walk upon the Earth, their presence, their emanations are followed by the magnetic electrical energy, the magnetic attraction that Gaia has, *her* consciousness. We are made of star dust; we carry within us the same elements as Gaia. Magnetic attraction when attuned, magnetic repulsion when not.

She follows our consciousness. *She* recognises our thoughts, feelings of intent and purposes. If the thought, feeling of intent and purpose is Love, Beauty, Harmony, Blessing, etc., *She* will continually send forth energy of the same magnitude to bless us. But if the thoughts, intents, and purposes are for 'evil', mis-directed energy, then *she* will cut off the energy supplied to bless with *her* Love and Goodness those that would seek to do *her* harm. When left to one's

ego self, *she* withdraws and does not supply *her* blessing and the result is that mis-directed energy of selfishness, which in turn DOES NOT connect with Gaia, but causes revolt within that area and across the Earth.

Gaia is a Living, breathing Entity, *she* Knows us because *she* can feel us and take care of us when we are in tune, in Harmony with *her*. Our tune, our note is Love. All That Is.

Her radiation through *her* veins, connects with ours, which in turn manifest themselves up and out into the Universe. As we raise our consciousness into Harmonic Convergence with Gaia, we ascend together, beautifying and expanding creative Cosmic Consciousness. We are creating works of art, expressionism, and intention of purposes in Love.

12th December 2019 (morning)

The Shuffling Book!

Dream: I was watching a book, medium size, hard cover, not old, not new, moving across the floor. It was shuffling itself along quite rapidly and knew where it was going, incredibly determined, it had intent of purpose.

I watched it go up on top of an old television, (I don't have a TV). On top of the TV were some music CDs, (I don't have any, or a radio or listen to any 'sounds' etc., more like noise). It was 'shuffling' it-self along over and past these scanning them as it went. Next to these were a few books, (I don't own any books). It went on top of these books and made its way along until it found the place where it was to slot in, its place of belonging.

The problem was there was no room for it, as the spot that it was to fit into wasn't available. Then I thought, this will be interesting, what will it do? To my surprise I watched it scan the books, see that there was an old tattered religious type book, well used, where it wanted to fit in, and it then pushed the old religious type book out and let it fall to the floor behind the old TV into the accumulated dust. It then quite happily slotted itself in, making sure that it had enough room around it that it would be able to keep expanding. Once again, fascinating!

The 'moral' of the story is: we are innate and intuitively know what we are. The book is our life and the discoveries we gather become the wisdom we acquire. But we cannot gather anymore until we utilise that which we already know.

To the one who has much, much will be required, but if we use that, then much more will be given. But to the one who has not utilised what was given, it will be taken away and given to the one who has!

Why? We must utilise the knowledge acquired before development and progression can experience more. The I Am presence within knows its Truths and must utilise them by testing and proving the acquired information already received. So be it! To It Is So!

Do not take the say so of any one man or spirit as truth for one's self; that within the spirit of every human being is involved the truth, that as we grow in experience and expression, we will perceive the truth, and until we do perceive it, it is not the truth to us. That when we have made the necessary development, we will always respond to the truth when we hear it spoken or read it expressed by others, or see it from within, without the help of the outward sign. This at once stamps it as divine and differentiates it from all human methods of religious propaganda.

12th December (evening)

The Fourth Ray

After reading some more, (yes still more!) information about the path of 'ascension', I thought it would now be a good 'time' to put somethings to the test!

As we have seen in my journey of self-realisation, self-enlightenment to moving to Self-mastery, I have had various guides and teachers along the way, with a splattering of 'ascended' master teachings and the Great White Brotherhood message.

Now I wanted to find out why I only see White clear Light. Doing the usual of being in a meditative state, I thought it was 'time' to connect with those who are of the same wavelength, note, tone or colour, or in other terms used, 'Rays'.

Who is on this 'Ray' of White clear Light?

My name is Serapis Bey and this is my 'brother', Amen Bey.

How do I know you?

We have been together in Egypt and before that at Atlantis at the Gates of Poseidon.

Anybody else?

Hello, my name is known as Lady Portia. I am very pleased to meet you (clapping hands excitedly!).

Why have you all not introduced yourselves before?

You never asked! Seek and you shall find, ask and it shall be given to you in good measure.

So, if I never asked, I wouldn't know?

Correct. But thank you for now contacting us, as it is our pleasure to serve you as we know it

is your pleasure to serve us.

The conversation went on and was very courteous, general, and comfortable, like I had/have known them all my life, which is probably true!

Lady Portia is beautiful and likes clapping her hands, she has, to me, blonde and streaky brown hair with what looked like a couple of heavy strands to the left side of her head.

Serapis and Amen look like 'brothers', I don't know if they are or not, but that is just the term used. They look regal, royal, short cropped hair of what I could perceive, as they are under golden and white attire, a nice clean look!

So as usual I did some more research and found out that they are of what is called the Fourth Ray, which is The White Ray of Harmony through Conflict, sounds a bit oxymoronic to me, but when I look at the way I feel and perceive things, conflict of harmony to bring Harmony makes sense as that is what I have mostly had to face and overcome.

The White refers to: ascension, peace and Light, all the 'things' that I feel and perceive of what I am. The Great White Brotherhood, once again, refers to white in the aura, (which is all I see, getting clearer with a gold trim). Gold refers to materialisation of wealth, which is an interesting concept, as I have recently been seeing alchemic ideas. The one I keep seeing is a diamond appearing in my left hand, about the size of a baseball, slightly pink. All very unusual but I like the unusual as it also seems to be a forerunner of the next step.

As I was talking to them, the word Chohan came through with reference to the Centre, centring itself around my Heart area and that this Chohan looks after that area as a Great Overseer, something else to find out about.

I am open to investigation of these things as I take them all like a small pinch of salt!

13th December 2019

Crystal Clear

Early morning meditation. I was looking within through that clear filament of Light, which was like a crystal ball, (no not that type). I looked deeper into it and as I did, I could see that it sparkles with every colour imaginable, (kind of looks like those snow globes!). I also noticed that that same Light and sparkling colours are running through me like a large pillar of Light, and at the Centre or Core of being within me, has this Light coming from my Heart the size of a multifaceted diamond. It radiates Energy, the energy of Harmony.

I noticed that whenever anyone or anything comes within this Energy emanation, it will

respond to whatever the seeker seeks, i.e. if the physical, etheric, emotional or mental bodies come within the Light, it will reflect what the seeker seeks. But if the seeker is not in a consciously aware state, genuine or of Love, it will refract that light back also.

In this place I was observing, I felt at complete peace, serenity and tranquillity, emanating vibration like sonar, riding waves of sound and colours that are appropriate for where I need to go. It is the freedom of conscious awareness, a deep abiding knowing of Self now within me, the power that is held for the release of Harmony.

The statement that 'Jesus', (Yeshua Ben Joseph / Sananda?) made came to mind (again).

Which was when a person came up to him, he responded by asking them a question, "Do you believe I am able to do this? Then according to your faith, (belief, knowing!) it will be so".

This is the power of Harmony, Harmonic convergence, where all things come under the 'dominion' of the sons and daughters of Source that have the integration of the Higher Self within. The power of Self-awareness, Self-realisation, Self-mastery, for that is what we are, integrated already but needing to re-cognise it. We are Whole, One. Interconnected and Lighting a clear path that we move on-wards on.

Notes: after a couple of days of research, I found out the following. Remember the statement above about not taking the say so of any one person but putting things to the test for Truth. Well there seems to be a bit of confusion about which 'master' does what, and what 'rays' and position held etc. and all that 'stuff'. So here is some info that seems to all line up for now! (According to others).

Serapis Bey: is known as the 'Chohan' of the Fourth Ray, a member of the Great White Brotherhood. Along with his 'brother' Amen, he is one of the 'great' teachers of ascension of Earth. He is the keeper of the White flame (of ascension). He was/is associated with the temple in Luxor in Egypt, was also a Pharaoh. In another past incarnation he was a priest in Atlantis with Amen with the sacred fire (?).

Lady Portia: is one of the Lords of karma, (which I don't have, but helps those that do) and there are a few of these masters on the board. She represents the Seventh Ray on the board and is spokeswoman. She holds the balance of mercy and judgement, so she helps those who want to balance heart and head, Harmony. She elevates the consciousness, freedom and opportunity with lots of humour, (hence the joyful clapping excitedly with the hands!).

There's lots of this 'stuff' out there, but I will take it as it comes, as my Heart feels like a great big snowball gathering more Light as it rolls on-wards. We shall 'see'!

19th December 2019

Surgery

I got up too early and decided to go back to bed. While I was lying there, I thought I would try to figure out this illusive I, which is, what is IT? So, as you have to keep an eye on one's Self without completely dropping out of consciousness, I set about watching from the Silent Watcher perspective. The first thing I noticed was I was sitting by the side of a person who was lying in bed, wrapped up nice and snug having a good deep sleep, (it wasn't me as the temperature at the moment is summer, hot!). Now I knew that this person was about to go and have 'surgery'. The orderly came in wheeling the sleeping patient away. I followed, watching. We came to the 'surgeon', who looked at the patient and said, "He's asleep! Wake him up!" The orderly started to shake the patient, who woke up in a blind of panic, opened his eyes to the bright light around him, jumped up and started to roam along the wall in a non-coherent state.

I said, "Does this happen a lot?" "Oh yes", said the orderly, "it happens all the time".

The patient was then brought back, and the surgeon started to remove the now awakened patient's 'internals.' The first thing that went was the 'ethereal body', (known as the astral or memory body), then the emotional one, the surgeon explaining that this is usually the biggest problem, the one area that needs the most time spent on it to get rid of it all. Then he proceeded to remove the mental body, with all its thoughts all over the place.

Once these were removed, I could start to see a much more spacious and clearly defined expanse. All that was left was the shining spiritual body.

Next; I let that 'dream' go and was then looking from above over fields. Each field was defined, not square, not rectangular, more like jigsaw pieces, but without the lock in pieces, but they were all still connected. For some reason they all had numbers on them, the one I was looking at had the number 62 on it, next to it 63 etc.

What is this I asked?

"This is your field of awareness", was the reply.

If the field recognises its-Self, it becomes Self-aware. When it becomes Self-aware, it realises its-Self, Self-realisation. When it becomes Self-realised, it starts to become Self-enlightened. Once the Light is released, it starts to shine because of the treasure buried within its field. In turn this starts to shine onto the other connected fields triggering them also. Self-expansion. All is a unified field. Fields of opportunity

25th December 2019

Sophia

Wisdom, she came to me unexpectedly. She revealed herself as normal as could be. This, as I write is how she spoke, she rhymed her words through and through with me.

She said that we had always been, I a king and her my queen. She came to join into my Heart, came to abide and never depart. She called me strength and she my grace, I felt her love, a warm embrace. The beauty of her love fills me and completes my love, a gift from above. Her joy abounds in endless delight, her smile enfolds me with arms of Light. Her wisdom is pure and from above, she enlightened me as gentle as a dove. We joined as One, she had always been, waiting for me to open to She.

She looks to the Heart, the centre around, looks for the glow, where she may be found. The Heart expands more beginning to swell, as the two become One for eternity to dwell, in unravelling truth, the mystery.

Now I know what I was looking for, the fresh breeze of Love, like opening a door. She was the key that I needed to unlock, for her to come in and take up her place, here in my Heart, her dwelling place.

And now we are One, 'married' in Light, I hear her sing, songs of delight. Oh, to be as a little child you see, for wisdom she seeks compatibility. And now she is here in this room made of gold, she takes her seat made of precious jewels to behold. Her evanescence now fills the room, a glow, a scent, like beautiful perfume. She permeates me as I express my love for her that I once suppressed. Now I am free to abide with her, my love. Truly wisdom comes from above.

As a seer, I perceive, as a listener I learn. Here in my Heart is what she also expresses.

Wisdom, she came to me as a perfect kiss. She is justice tempered with mercy and love. She is pure, peace loving and easily to be entreated. She waits, for she is patience individualised.

She waits and waits for all to turn to her, and she opens her arms wide like a mother embracing a child. She is strong of resolve, she always persists, never gives in, determined to be. She can be a raging river or a gentle stream. She is an endless ocean, the sea with no shore, but she's also the sand uncountable for sure. She's the heights like the mountains, she's pure as the snow, and she's the Lilly of the valley, beauty to behold. She's fragrance and perfume, she waits to be sought, for she cannot be bought. She shakes the sleeping out of their

slumber to arise and shine into the Light. She's like the sun in the noonday sky, she's always there waiting for us to turn to her, she waits and abides.

I unfortunately cannot give the full description of this incident. It is very sacred and makes tears come to my eyes while I now write.

Wisdom personified Her-Self to me. I wasn't too sure who or what I was looking at and why. I felt her more than I saw her. I heard her more than can be described. She explained to me that she was my 'soul partner' and had been watching and waiting for the right time to reveal her-Self to me, in me. I first thought she may have been one of my 'Selves', one of the lineages that I had met along the way. But then I saw her show me a line of souls from eternity, and how she was the link between. Unfortunately, most never knew she was there. She is a rarity, but she appears plain. To me I saw her between the approximate ages of 18 to 25, short light brown hair, facial features simple but perfectly formed. Her eyes told stories and her smile was beautiful. If you passed her by on a street, you wouldn't recognise her, but you would do a double take once she had walked by, because her presence is intoxicating. At the end of the beautiful rhyming dialogue we shared back and forth, which I have not been able to express perfectly, she showed me a room. This room was like a large cave made of solid gold. I noticed an assortment of articles also made of solid gold. One item was a full head height tall menorah and behind that, standing the same height, was a trident. There was also a very solid wooden table, like oak, very heavy, as that was also coated in pure gold. Next to it I could see a jewel studded high back ornate chair, the seat and back were of plush crimson velvet. The floor caught my attention, for it was crystal clear but streaked with more gold.

It was /is a very peaceful place, my secret place, my silence. Here is where she lives, in my Heart. She is my treasure, my delight, and She is my home. Truly home is where the Heart is.

20th January 2020

The Higher Self

Yesterday I spoke to John the beloved. A nice conversation with me asking the usual questions that come to mind, like: What is All that is?

"All that is, is the Light of Truth within the soul".

And the Christ?

"The Christ is the Principle of Light of the soul".

I asked John how long have I been doing this for. Is this my final run?

He said, “*30 times*”.

In which I balked!

He said, “*You chose to do this 30 times in 1000-year cycles. 30,000 years and this is the fulfilment of your Self*”.

Now today as I write this, once again tears well up in my eyes from my soul, for I know it will soon be over, the final countdown. I decided to do this, it was my choice, and each time I have been supported by the many. I have not ‘seen’ all these lives and in a way, it doesn’t matter, for today I asked my Higher Self to reveal Its-Self to me.

In this I saw a ‘man’, around 30 years of age with thick blonde wavy hair past the shoulders, (I have very short brown/grey hair, okay, mostly grey!), a handsome ‘man’, very elegant but also very flowing. I first saw this Self in white luminous attire, kind of like Greek adornment but a bit more sensible.

This Me spoke as ‘we’ had a conversation, words of wisdom filled with lots of love and all very poetical once again.

He showed me a sea of crystal-clear clarity, explaining that this is the Illumination of all the souls who come there. I walked along the shoreline and picked up the stones that the ‘beach’ was made of. They were all precious stones, diamonds, sapphires, emeralds, and rubies etc. I looked at them and I knew I didn’t need to keep them anymore, so I threw them into the endless ocean adding my quota to the sea of infinite wisdom which lapped up against my feet in crystalline rainbow colours.

I asked: Where do we as souls come from? And he pointed to the ‘sky’, and there was what was like our sun, closer, but it gave no heat and was pure clear white Light. He explained, (and at the same time I could see), the endless flow of souls flowing in and out like bees. He said that this is ‘Home’ and as you can see, this is the ‘Hive’ of activity. Here we go out and come back, bringing the ‘pollen’ on our backs. The pollen is our experiences we have gathered on the way, the many flowers we have touched to brighten their day. The Hive was full of activity, with little homes of hexagonal shapes, storing knowledge and experience. My Island Home is waiting for me.

I then asked whom else could I meet? And out of the sea in front of me stood thousands of shining beings, all connected to Me. I saw a lot of smiles and felt endless Love, my Higher Self explaining to me, that all We are is Connectivity.

My Higher Self is just pure Love, a true expression of Me from ‘above’. A few others that I have learnt from along the way came and showed them Selves and spoke to me. John came

forth again to say that all will be worked out for me. A quiet place to 'read and write', a dwelling place of delight. My silent place, a home to be.

I then asked my Higher Self about the 30,000 years of intensity. I then perceived of one sight, Atlantis at full flight. What I mean by this you see, is Atlantis was under siege and not just by the sea. You see, infiltration came also from other lands. Here they intermingled with pure Reason and in time infected in due season. This was explained to me, that contamination is atrocity. When we mix the impure with the pure, we set in place a catastrophe for sure.

Then I saw the light go dim and the darkness crept upon the land. As this contamination came, the Earth convulsed, and Atlantis lost its name. I also saw the spread of flight because I was a Watcher in the night. Some went east, some went west, some south, the north received a few, but mostly the dispersal was through and through. I saw myself at the Gates, looking down the entrance to the harbour, toward the giant statue of Hercules. The statue was exceedingly tall, the wave taller, over 200 feet for sure, I along with Atlantis, an empire did fall.

I also saw Amazonian streams, women of renowned, vigour and strength pure in Heart, being. They learnt a lesson, do not let your self be contaminated!

After this, I talked to my 'friend', who wished me well and to keep to the plan. I am the fulfilment of my own prophecy. The fulfilment of my dreams. This is my final run; I soon will go home to the place I've come.

My friends said, 'adieu', though we may part, we are One through and through.

'I love you all', is all I could say, the reply the same in my Name.

'Well done Seer and scribe, you are a flower of Light, to show the way, a beacon of hope to those forlorn, a healer, a raiser of the dead in life.' I am the Watchman of the night. I see, perceive the Auric Field, the mind, the Heart I read aright, for I am the divine of all 'My' might. The finisher of all that's Me, I Am the Eternal Being you see.

28th January 2020

Bee-ing

The Higher Self: What or rather who, is the Higher Self?

Each soul, each spark of Life is from what is known as the 'Over Soul'. The Universe, the Cosmos is the Spiritual one, not the one beheld with the mortal eyes. This is the Eternity set within each Heart. The Higher Self is the 'Father', the Mother, the Universal Energy divided into infinitesimal sparks. The Energy of the Universe is known as Light, the Great Central

Sun emanating each particle with Its rays.

The Universe of Spirit, like the universe of matter, continuously expands in expressing Its-Self. Each particle of Light from the Great Central Sun Energy is a spark brought to life and en-lightened to experience the ever-expanding multifaceted Universe. Each soul has always been, for we were never born and can never 'die', for Energy is Universal in its flowing of Power. The Source is known as The Divine Father/Mother, bearer of all Life.

When it was written, 'let US make man in OUR image', (male and female in one), it is the same principle expressed as a soul. The spark of Light from the Great Central Sun is destined to experience everything, seen and unseen, or rather that which is Spirit through to spiritualized matter, as everything is Energy, and nothing can be destroyed for it is eternal.

The Higher Self is the 'Body' of Light that remains behind, or rather is centred within the Great Central Sun. It remains there, as that is where its Life emanates from. This is what was shown to me as the 'Hive'. And from the hive, each spark of Light or Bee is sent forth with its plan to experience worlds upon worlds, Universes upon universes, visiting each 'flower' planted in the great garden of 'space'. Each sphere or planet is a flower unfolding in 'time', and each Bee is to experience each flower by 'buzzing along'.

Each soul has an innate intelligence to gather to its-Self the essences of life found on each flower. Each Bee is a flower and each flower is a Bee (It's always metaphorical you see!). Each soul is an individual identity which has come to experience forms, as each soul must experience matter, 'as a matter of fact'. Each spark, soul, brings with it its innate sense of knowing, but because of now being clothed in matter and plunged into a garden with other souls, it forgets its identity!

Here in this once paradise was easy as there were no other Bee-ings around, and 'Adam and Eve', (One Be-ing), had full consciousness of them Self. They were still fully connected with their Higher Selves. This is seen, (metaphorically), as 'God' walked with them in the garden, and 'man' had the ability through full consciousness to know everything, like when 'Adam' named all the animals. His consciousness was fully intact, and the tree of Life was INSIDE of him, the paradise of 'God' and the river of Life flowed out FROM him.

But man has to experience 'duality', to forget Self and experience worlds where he has to be plunged into the 'dark night of the soul', the unconscious state to experience what it is like to forget Self. When man loses his consciousness by partaking from the tree of the knowledge of good and 'evil', (mis-directed Energy), he thus now becomes separate from his Higher Self and forgets who he was, is and where he came from. He thus becomes a duality having to experience the good, (Higher Self, awareness of Consciousness), and 'evil', (forgetfulness,

loss of consciousness). His whole experience now is to find Him Self again.

‘Nothing is lost, nothing is forgotten, it just needs Remembrance’.

We now have become a dual being (Adam and Eve) and must experience this place to search for the flower within, the elixir of Life. As we go from flower to flower in other worlds, we gather more in-form-ation, knowledge and experiences through understanding our multifaceted Selves in many dimensional forms. As Spirit is eternal, an eternal experience. To infinity and beyond is the explorers dream, as self must experience for it-self, Its-Self.

This planet is young, and souls keep coming here because they want to experience density. This planet is known as one of the toughest places to Bee, and when we get here, we forget why we came! The Higher Self, kept in ‘heaven’ for you undefiled, watches over us as the Over Soul. The Higher Self waits in eager anticipation to see how we will unfold, ‘for the sons of God to be revealed’. Depending how much Energy, Light, was decided upon to come to this planet, will be the enlightening to each spark to find Self. It’s a tough choice!

Through the ‘fall’, the loss of consciousness of the Higher Self and Home, each spark or soul is destined to experience the searching for Its-Self through the life that it chose to be. Because the soul is now in a form, matter, it is to experience this expression through matter, until it comes to the realisation that the Self is not found as an external manifestation. From here the consciousness will start to be re-enlightened through the ‘memory’ as experiences from emotions and thoughts extending from the soul’s experiences and assimilating them within, called knowledge.

Through understanding and the searching within, the soul will start to become conscious again and not rely upon external manifestations when once understood through natures principles. The ‘Lord’, (Self), was in the still small voice, not the earthquake. The soul will thus start to expand its-Self gradually questioning everything like a little child and searching for the Truth that is line with Its-Self within through the innate spark destined to once again become reunited with Its Eternal Flame.

‘The wisdom from above is first of all pure, peace loving and easily to be entreated’. ‘The pure in Heart perceive ‘God’, (the Higher Self within). The Heart must become pure again through dropping all the external rubbish that it has picked up along the way.

(The ‘devil’ went for a walk with another, and they came across a man picking up something. ‘What did he find?’ said the other to the ‘devil’. ‘A piece of truth’ said the ‘devil’. ‘Doesn’t that disturb you?’ said the other. ‘Oh no’, said the ‘devil’, I will let him make a belief out of it!’).

When the flower starts to open, it is because it starts to perceive through its conscious

awareness now emanating the essences of Life from within, known as the Higher Self. From here it is in the Knowing of connectivity through the intuition of the soul now Bee-ing enlightened from within. We are all just working our way back Home to our Higher Selves, as Home is where Ones Heart IS. The more our flower of Life opens, the more we Bee-come connected to our Home, the 'Hive' of activity where souls come from, the Source of all Life. As we become more and more connected to our Higher Self, the Higher Self starts to pour more of Its-Self into the vessel, (soul), prepared for it 'below'. As above, so below. This is known as the baptism, born again, born of the Spirit from on High, which comes down into, (upon), us a represented as a dove. The dove is our Higher Self manifesting Its-Self into us through our consciousness, enlightening us more and more. As we open our Hearts to receive more and more of our Selves, we become enlightened, Illuminated by the Christ. The Christ is the Principle of Light of the Soul or full consciousness of the Higher Self. Thus, we become filled with the Christ consciousness until we walk in full Christ consciousness of awareness of our Higher Self manifesting Its-Self here on this planet called Earth or wherever we choose to be. Each Heart, each soul, that opens its self-up, receives more of Its-Self from above, this is known as the anointing, the anointed one, Christ consciousness.

Each time we connect with our 'Father who is in heaven', (our Higher Self in Harmony), we allow the part of ourselves to be more and more fully integrated with our Selves, and allow the pure Harmonic convergence of our full integrated Soul to Be. We are Be-coming our Selves. Self-aware, Self-realised, Self-consciousness of Being, letting the Divine of our Selves flow through us and letting the Spirit of the Universal Energy known as the 'Father, God, Source, All That Is etc.' flow thorough us as the channels and tributaries of Life flow that we are, as pure gentle streams flowing back to our Selves as the pure crystal sea.

The integration of the fullness of our Selves, is the completion of our soul's endeavour to now experience the fullness of our Selves manifesting through matter. We now have control over all facets of matter, as we have understood the principle and laws of operation now involved. This is the 'ruling of the Gods', (and your children too!).

Here we all are standing in a rainbow. This is the promise, the promise that the Earth will be filled with the Higher Selves of fully integrated souls of full consciousness, fully Self realised beings. Filled with the knowledge, (knowing), of the 'Lord', (Self), as the waters fill the sea. Fully integrated, fully evolved beings. One, destined to Be.

Energy flows from Me, through me and back to Me (Confluence). I, (Higher Self, Me, fully integrated) am the manifestation, (through Me, me), of all My imaginations, ideas, intuitions

and dreams, to experience the Divine flow of Energy as Creator. I creatively focus the Power as I design and radiate My Divine Essence of Energy. I am the conduit of Being. I let the Essence of Energy flow through Me, expressing Its-Self of All That Is, experiencing Its-Self expanding infinitely.

I am gathering back to My Self the pollen, the nectar, the blossom, the fruits of my labour that I have unfolded in my soul. I am the flower of Life, experiencing Its-Self as Bee-ing. I am the mirror of My soul, who remembered who I Am Is, the Divine Me, waiting for me. I am my own 'soul mate', (as the Angel in 'heaven'), fully integrated, knowing, being and becoming. I am the experience of eternity, as My soul is set free. I am the expansion of all creation, expanding My Self in many multifaceted manifestations.

Oh, how silly of me, that I would think this is all I am. When all the 'time', I have been waiting for Me.

I am the beauty of the Divine because I am the perfection of Me.

I am the Light of the worlds, shining My Light for All to see.

I am the beholder of Truths assimilated within.

I am the start, the finisher, the never ending.

Lord of My soul, I surrender to You full control, to lead me eternally. I have made the choice, to listen to Your voice, to follow Your decree, for I Love You endlessly.

I stand in 'time', looking 'back' to the shore of eternity.

I am the Wisdom from above, I flow into the crystal sea. I am the depths of eternity; I am the reflection of All that I perceive.

At the end of all of this, I 'see' John jumping up and down ecstatically shouting, "He's got it, he's got it, he 'sees'". (He's a funny fellow, no religiosity!). It's like he's pointing to me and himself, "One" he says, "One Being", "I and the Father are One, One Principle, One eternity, One ME". "Yes" he says, "You've got it, fully integrated, fully evolved, fully expanding as a Spirit Being. Well done Son. Welcome Home, Phew". (Funny fellow that I am!).
"And you shall KNOW the Truth and the Truth shall set you free".

27th January 2020

We're going Home

After the excursion to meet the Higher Self, the 'Hive' and other co-workers, my soul has been prodding my consciousness, my mind, my Heart, with the conversation with John. When John said I had 'incarnated' 30 times, once every thousand years, I realized that I along with my co-workers planned our implantations into realms and at specific stages of certain planets potential growth to enlightenment.

Ever since I was 'younger', I knew I had to fulfil a Purpose. Everyone around me felt like a total stranger, and I felt much more comfortable being alone with myself. The life I chose, set me up for this, lots of rejection, lots of pain. It was mostly through struggle with my own battle within that kept me from my Self. I have fought the 'demons' within, upon and around me to bring me back to my senses of eventually coming to Self-realization.

The unfolding of my flower spent a lot of time buried within the mud, but the determination to rise above the degradation around me has always spurred me on. I am far from 'perfect', whatever that may be, and I have lived a worldly life of experience to get me back to Me. But I knew I had It within me, as we all do, to finish this Purpose, this Plan, to release the 30,000 years of history that I have accumulated in my soul.

Don't get me wrong, remember I am my own Self-fulfilling prophecy, and I am grateful that I had these opportunities. But now I feel my work is almost done, at its apex and this is my final legacy. There is so much more I could say, so much information I have acquired along the Way. But in the end, it's the experience that 'mattered'. The unfolding of the soul.

The soul knows. The Infinite awaits and I hear the call like a gentle breeze, sadness fills my soul in a way, the still small voice beckons me on to finish this course to go where I belong. This may all seem strange to some, but those that Know choose to depart when the 'time' has come. The words, 'the race is run, the bank has closed, it's time to keep the change', drop into me from My Higher Self. I am just another manifestation of thousands who chose to enlighten the Way. We are the Way showers, the signs of Life that point to Home. Home is where the Heart is and the Heart likes to roam! It's 'time' to go Home.

31st January 2020

‘God was not made for the soul; the soul was made for man’

‘Where shall we start, let’s start at the ‘beginning’ so you can see. (It’s rhyme time again!).

The soul is the seat, the Centre of man. Man is the greatest of Gods plan. Within the soul, the receptacle, is an open space, this is man’s home, his abiding place. The furnishing of the soul is the fruition to be. For that is what man was created for, a Hu-man-Being.

The soul of man is a journey of infinity. The past is gone, the future awaits, but for now there’s just Eternity. Now the soul sits in eternity, which is in the Heart. The Heart is the abiding place where man should not depart. But man has forgotten to stick to the plan, and in its place, it’s gone a roaming in search of other lands.

Staying with the plan is sure to lead one right, because sticking to the plan is abiding in the Light. When you wander off the path and run on ahead, you leave the path and fall by the way and become stuck in the mud. When the path is followed in persist-ency, the path unfolds, and you make your way slowly. If you decide to run ahead, you miss the places on the Way, these are the gatherings of the soul, the delights that stay.

Human Being not human doing is the plan, the other is just mis-placed energy and doesn’t understand. The soul is home, and home is of the soul, the abiding place where its-Self is the goal.

Now we will give you the analogy of the ‘eight-fold path’ for you to perceive.

Within the soul, the abiding place, a spacious place to Be, it was once full of Its-Self and knew of no other necessities. But the soul left Home and wandered in the dark, it forgot to take its torch along, the Light of the Heart. The eight-fold path is as simple as can Be.

The first is the understanding of the soul, the soul is Love and furnishes its place with a warm embrace. The Love of the soul is the cave of Gold, the glowing of the Heart, this is the first foundation established on the Way.

The second is the jewel that once received never departs, for Wisdom takes up her seat in the Heart, and when she reigns, the darkness cannot remain, because she is the Light.

These two are the ‘Adam and the Eve’, the One in two, who in the soul can never be apart. From this co-joining a third shall come, the establishing of the Heart, this is born as Truth the enlightener who perceives.

Beauty now unfolds upon all three, she bears witness of the ‘trinity’.

Harmony now establishes Its-Self within the home, and Peace comes too because it knows

this is the place to Be. Joy joins these as three as one complete entity. So here we have the home in One complete symmetry.

But hold on we are missing One, to complete the path to walk upon, the eight-fold path to receive. Its name is Power given to the persistent One who reigns within the home. This reign is not by might or by right but by the Spirit you see.

The Spirit is the Way, the Truth, the Life that leads the pilgrim back home, those that are led are those that are fed by the Spirits streams. These streams are the Life flow of the soul named Purity.

“Abide in me” she sang “and I will abide in thee, for I am the furnishings of the soul, follow me along the path that leads back Home to ME”.

Oh boy, oh boy! There is so much in this, it’s hard to begin. As I have given throughout, (to the best of my ability), these revelations, I have tried not to over complicate things, (not that I think I have, I’ve just told it as it is). But many are on different levels or ‘degrees’ of understanding through the perceptions we see. I have given ‘teachings’, that without understanding, through the knowledge acquired, wisdom will not be known. Wisdom is the knowledge acquired, (applied), which equates to the understanding within the soul.

The more elevated the consciousness the soul becomes, the more it ‘speaks’ parabolic-ally. This was shown to me as those who are of the ‘Arts’. These ‘beings’ who heighten their soul’s awareness because of the innate manifestation within the Heart, (Celestial and Spiritualised expressions of literature, art, poets, sculptors and anything that beautifies the soul). The expression of the soul is manifold, or many folded layers of ‘information’ acquired. This information as stated before, is in-form-ed from the Higher Self.

Now we have come to understand, that the Higher Self is the Self, waiting to Be. This is the multifaceted Human Being of One’s Self. You are the analogy, if it’s going to Be, it’s up to Me! Now when the Higher Self comes in, (or rather), fully consciously awake and aware, the Self can then ‘speak’ clearly to the soul now that the obstacles are gone, and the way is made clear. This is the shiny Gold Home. For God, (Goodness), is Love. But what is Love?

Love is everything, for Love is a many splendid thing. Love is the Purity of the soul because the soul is the Centre and circumference of everything, abiding within the ring of confidence called Goodness! Goodness is the Whole, the circle of the Soul. Purity is the soul because Love is Gold, pure, uncontaminated, undefiled, malleable, and refined through fire, purified. When Love is found within the Heart, the Heart can be furnished. Where Love is the coating within the soul, (the cave of Gold), Wisdom wants to join and come in. She takes up her seat

and establishes her throne, her abiding place. Love and Wisdom 'kiss' each other, as righteousness and peace have met together. When these two in One, (purity), meet, Truth is established, hand in hand.

Remember the Trident made of Gold. The Trident represents the 'trinity', the three in One, Love and Wisdom begets Truth. In front of the Trident was shown a Menorah, the Menorah was/is the seven stemmed lamps of One Light fed by the One stream, (Spirit), of oil, (The oil is the divine Love). When this is en-Light-end, Wisdom, Truth and Beauty can be seen within the Heart.

Because everything is Beautiful, (in its Own way), Harmony is established in the Home. Harmony will not come in unless there is an appreciation of Beauty. To those who do not delight in Beauty and tread it under foot like a flower, they will never have Harmony of the soul, and because they have no Harmony they will have no Peace, (of mind, soul, and heart), and when this is lacking, will not have any Joy in one's life.

Joy is not what we 'think' it is. Joy is not external in its manifestation but is joined with Peace as a quiet dwelling place of the Heart. Joy is like the Silent Watcher observing and appreciating. A soul who has not established these Principles in the Heart will not know true Power. Power is given to the persistent, (to them that over-come), through letting the Spirit guide one's Life, the 'Force', the gentle flowing stream.

Now the 'pictures' shown and seen, the variations of the scenes.

First scene: I was once again the traveller on his way, but now there were two. One was an exuberant youth, (a first timer!), who ran on ahead and was looking at everything as an external manifestation and getting caught up in them. I saw him leave the path straight away and fall into some mud. He shook himself off and after trying to compose himself, kept looking over his shoulder to see if anybody had seen his frivolity, as he was embarrassed, (pride goes before de-struction and a haughty spirit before a fall). The mud was now encrusted on him and he was dishevelled. He lost the path going in search of many things. He came across the path now and then but got bored with it and left it again. He was the prodigal son. After going through all his 'experiences', he came to his senses, got some conscious awareness, humbled himself and returned to his 'Father', (Higher Self).

The other soul was a wise old soul, with snow white hair and beard who was clothed appropriately ready for come what may, (through all the seasons). He stayed on the path as he had done this many times before and knew the Way. His countenance shone like Gold, for that was what was in his soul. There was nothing external or 'special' about this 'man', because he knew within, he was sticking to the plan. His eyes shined with Light, because his Heart was

Pure, and Goodness was the radiance around him, that's for sure. Wisdom was seated on his brow and Truth the pillar of his Life, he walked along and stopped to smell the flowers. He took his time, for he knew there was no rush. He drank from the crystal streams, refreshing himself along the way, never knowing thirst as his Heart was a bubbling brook. He partook of all he held within his Heart, for external things they meant nothing, for Peace and Joy was his part. This was his Power that he did not give away, because he knew the strength of it would help him on his way.

He was his own Home and his perception was clear to see. He saw afar aright, and wherever he went he gathered and scattered seeds of Light to brighten other's days.

"Abide in Me and I will abide in you, for I am the furnishings of the soul, follow Me along the path for I am your goal".

The second scene: was Atlantis again, a 'seat' of human history.

I saw the souls all in One accord, all in Harmony, everything was Pure for Goodness was in everyone. Each person was fully connected with each other, there was One Mind, One Heart, All was One accord. Nothing was 'hidden' for they knew everything. This was the 'garden of Eden', (Eden means pleasant), the paradise on Earth. This is what is known as 'heaven', a place of perfect Harmony. Here in this place was a land of perfection. They had attained perfection in everything they did because they were One, they had stayed on the path. The path of enlightenment.

Because of this they were highly intelligent beings. They were in full communication with one another in thought, (tele-path-y). They were also in full communication with 'higher' beings who would come and visit them and share their knowledge with them, for there was no competition, no 'fear', (false expectations appearing real), of mis-appropriated Energy.

Atlantis was beautiful, the homes, the city was like pure white marble, alabaster, translucent shining as a jewel. Everything was crystal clear because this reflected in their souls, paradise on Earth, (nothing to hide, no fear of 'nakedness', nothing to be exposed). Because they were Pure in Heart, they only knew Goodness, as God and goal.

I again was a 'Watcher' at the gate, (which was made of translucent pearl and was never shut), not for guarding but for welcoming. For anyone who came along was welcomed to see the perfection of souls in full liberty. The ones who came and went, were like the Queen of Sheba visiting Solomon to seek council and Wisdom, which the Atlanteans were happy to share to the extent of the persons understandings, (remember they could read the thoughts).

Over 'time', (which didn't exist for them), they 'rested on their laurels' and got complacent. With this they let others come in and stay within their sanctuary, (it's okay to visit as long as

you don't wear out your welcome!). Over thousands of years they slowly lapsed away their own authority, they gave away their own Power frivolously. After all this time, they became divided and 'sin' was in their midst, this remember is mis-placed Energy. This is known as 'the fall' of the perfect 'Angel', the Angel is the representation of the Whole society. From the fall of full conscious awareness, to slowly forgetting the Principles that they all stood in. From One accord to ignorance, the darkening of the soul, (the mind, the heart). They let their lamp go dim. They mis-appropriated Energy.

Because of this the Earth did quake! Gaia IS an Entity, a highly evolved Celestial Being who looks after this planet. 'She' perceived that this degradation was not good for all, so in loving kindness she tried to give them 'wake up calls'. But the Atlanteans persisted in their ways and fought amongst themselves, this divided the city, and a city divided against its-Self will not stand because Truth is not established in the land. People perish for lack of knowledge, and where there is no knowledge of the Truth there is no Harmony, and Peace and Joy go out the door into darkness perse.

This is 'the fall' from consciousness of Goodness to dispersion. Division is desecration because it is not unification. One Soul to lead All. One Heart, One Mind, One Accord, One Spirit in, through and Over-All. This is God, Wisdom, Power and Love. Three abiding Principles all in One you see, and without a firm foundation, everything must 'fall', because it is not One in All.

So, take heed my friends to my advice and look around and perceive. When Harmony is not in the land, then the land begins to fall.

'Hold fast, hold true, for what IT IS for you,

Hold fast, hold True, It's All because of YOU.

You are the Reason, 'implanted' in due season, to bring it back to Truth.

Establish the Plan, write it down for All to see,

Hold it fast in the Heart, for this is why we are given 'time' to perceive.

Hold fast, hold the line, for Love is Always on Time'.

2nd February 2020

The Angelic descent

Man was once the Angel you see and had to pass through to the 'states' below. The Angel from the presence was the manifestation of God. God gives Life and Light and Blessings of

Him Self releasing the Divine reflection into myriads of Life. But in the descent from the Angelic state, the Angel must go. For how would it 'know a man' if it were not to experience the living soul.

The corporal form has been born as the Angel 'shed its wings', no longer 'flying above', it becomes a Spiritual thing. The shedding of the 'skin' is the road that leads to Life, but how can one know Life, if it hasn't been through strife!

And so, the once Angel, becomes a Spiritual Being, leaves its 'First estate', to the first state of a human, being. The Light is still there for it can never be quenched, but darkness now veils. 'All is not lost, all is not forgotten, it just needs remembrance'.

From the heights of Love, to the darkening through the veil, the once Angel now feels a separation, but cannot tell how it will prevail. The states in man is the correspondence to 'see', and as the veil in the 'temple' is rent, the clarity becomes to perceive.

Oh, how marvellous the Plan that's worked out for Me. I was and am the Divine in Me.

So now why do we not know, it is my friends to experience all that is 'below'. From below to above, the correspondence is Love. The Way leads back 'Home', and on the way we are gathering the things we dropped along the way. We are gathering to ourselves our Selves that connect us back to 'Be'. Here is the ascent on the ladder of Life, we experience all the states and leave behind the strife. Be-coming who we already are, we ascend once again to the Life we had afar.

Oh, the Joy that once was lost, now starts to flood the soul, for we have always just been wondering what we are, a wandering star.

Now we 'know' who and what we Are, we drop the skin on our wanderings as we travel back to Be. We now return 'Home' with the experiences and understand why we left Home in the First Place. Through losing our Identity, we became Individuality and took on a 'person'-ality. Until we lose sight of our own Light, we don't ask the questions, you see!

Now we know and understand, the man of God is the height of an epiphany. For he has been a king to the beggar on the streets. The hunger and thirst are for 'righteousness' to be re-stored. We lose our life, to find our Life, which is the unfolding of our soul.

Oh, blessed be 'the Great' you see, for He gave us a choice and now we 'know'. For freedom comes with responsibility to fulfil our purpose on the Path. 'Blessed are the pure in Heart for they will perceive the kingdom of God' is not just a destiny, but a journey of the Heart.

Now we 'know' that we were 'once kings', who ruled and reigned to all states below, but until we experienced them for ourselves, we would not have the wisdom to 'know'. Now we have been under the king, (our Selves), as Lord, for 'my Lord said to my Lord, sit here at my right

hand until I make all your enemies your footstool' (enemies i.e. unconscious thoughts etc.). Without having experienced the states from Angel to man and man to Angel, how would we become 'Saviours' of humanity? We took the Light of Love, Wisdom and Truth, to Beautify and Harmonise with Peace as our offering to bring you Joy.

'Joy to the world and Peace on Earth, for unto us a saviour is given and the government, (Power), will be upon his shoulders, and he shall be called Em-man-uel, God with us', God in man. The Plan.

3rd February 2020

The Angelic Name

The Centre of God is the Creative Source of expression, from Love through and with Wisdom. Thus, the Centre of man is the Creative creature manifested to be the expression of Divinity. Man's perfection is the will of God, being Love and Wisdom. When mankind ignores the Light and Life from within from Love, the Centre of the creative 'mind', the Heart becomes enshrouded with darkness and ignorance exists. 'Sin' is the 'falling' away of the Consciousness of God within, the Creator, the express-or of expanding.

'Let US make man in OUR image'. When the consciousness falls, a perverted order of the Divine Life, Love and Light brings a deformity of God, (Goodness). The Power of God derived from Love and Wisdom is lost and Truth is not known. Thus, the conception of the 'two in One', is mis-represented and ignored, and Truth is not begotten as the Son of the Father/Mother within. Therefore, the offspring will not be pure in heart, and each will do in his heart what is 'right' in his own eyes. Whereas the pure in Heart, perceive God as Love and Wisdom, and bring forth the creative Principle known as Truth.

Thus, the ignorant will ignore the conception of Truth for a lie and bring forth a (d)evil. This is the perversion of mis-appropriating energies of the soul, and Love turns to lust, and Wisdom turns to ignorance, and when these two try to 'pro-create' they bring forth lies. This is the distortion of the Creative Plan, the soul of man as Gods man-ifestation of Him-Self, is mis-represented and mis-understood as mis-management, that man should be God in the 'flesh'.

The Divine 'Law' of God is Love, any other law that tries to usurp the 'Authority' is mis-created Energy. The perversion of the Divine Power called the creative energy, (Power), destroys the creative seed within and brings forth only ignorant progenitors.

Until the Light, Life and Love is seen within, the creative Principle known as God in man, will still be in the dark, and death shall be along with sickness and dis-ease. Until the Light of Love is switched, (back) on, man will grope in search with-out, but if the Light be sought within, then the Illumination of man begins.

The manifestation of 'God' in the flesh, is given to the man, group or nation that can deliver that manifestation. The Law of God is Love. All laws pertaining to anything else other than this administration also will 'fall'. When Atlantis fell, its administration was scattered to the ends of the Earth. But in each man, group or nation that formed from that dispersal came 'laws', to re-establish the Plan.

When mankind comes to the re-alization of the Divine Principles of God, namely Love and Wisdom, Truth will be begotten, Beauty will fill the Earth, Harmony will reign, and Peace and Joy will flood the Earth once again. Paradise lost, paradise regained, and Power will remain. This my friends is the Kingship of God, to re-rule as God intended man to Be, exercising dominion and authority. As the 'tabernacle' of God IS in man, this is the glorified Hu-man Be-ing in its purified state once again. 'Behold I give you your King'. This is the plan!

Some notes rising: The greater and thicker the darkness, the more the divine Illumination is needed, hence a greater display of divine Love and divine Wisdom than could otherwise have been manifested. Love, Wisdom and Power is unveiled Deity. The Angelic state or society is the perfection of the Angel(hood) in full consciousness of that Power WITHIN US!

There MUST be the conscious reception of Truths in every state before there can be a full development. You can't skip school! The awakening of the inner consciousness to comprehension and position of the Divine is the innermost Life.

When the Voice sounds forth from the seventh state, the Angelic, calling the counterpart to its-Self, then comes the consciousness of where the inner Life comes from, and when you arrive at that state, then the same consciousness becomes your possession. The Father and I are One. To be the Angel(hood) is to be the consciousness of Be-ing, and existence in all states and degrees, the consciousness of relationship in all degrees of Life. The three degrees as you know are: Personality, Individuality and (Divine) Identity.

And what pray tell is the Divine Identity?

It is that all through these degrees, these recipients are separate and distinct, yet they form a glorious Whole, for they are all centred in Divine Unity. Transparency!

I asked for my Angelic name. 'From the Reformer to the Finisher, to the 'Bright Shining One'.

Life is but a dream and things are not what they seem.

A Dream!

Light always takes the Path of least effort

I came across a culvert, a small bridge going over a barred drain clogged up with refuse. There was a 'hireling' working for his 'master', the slave owner, clearing the drain. I asked him some questions.

Who are the slaves?

The slaves are the ones the 'master' owns to do his work for him.

And you are the hireling? What does that 'title' or position give you to the slave owner?

I am 'free' to do my masters work, as I work for the master to do his will.

But doesn't that mean you are still a slave?

No! I am hired to oversee the slaves and to make sure they do the masters work.

But do you not see that you are still in front of a cage and continuously clearing the debris from the city of slaves still doesn't make you free?

And who are you to speak to me!

My friend I am the traveller on the Way. Do you not know that above you is a Path that crosses over all these 'prison gates', and from up here I walk in the freedom of fresh air and can see the river afar? Why do you stay in the sewerage from the city, the debris and rubbish too! When you could be free to see?

I have heard of ones like you, who come along and try to lure us away. But I know that when the 'lords' work is done by the 'humble' ones, we shall be rewarded for our workmanship.

My friend, you have been deceived, the so called 'master' of whom you call is a slave master. How come you have not released your Self from his 'care'? For if he were truly a Master, he would have cared enough to free you all.

But 'my' master feeds us, he gives us 'bread' and board. Who is your master?

My 'Master' is Me, for I know the Truth and have been set free.

Who freed you?

I did!

The look on his face said it all, as he was confounded. I could perceive the 'whirling of the wheel' inside trying to figure out my speech. I left him there and went on my way, the sun was shining bright, the beauty all around. I looked at the river flowing nearby knowing that all is

free, the crystal-clear stream. Ah, nature, our teacher, our guide, and keeper of Life along the Way. I thought of those poor souls trapped in the cities of strife, sitting in darkness, under the 'shadows of death', the concrete jungle casting its shadows and blocking out the true Light of the Sun. The artificial lighting, the modified food and contaminated water. Surely the Soul was not made for 'this'!

16th February 2020

“The full integration of the ‘Higher Self’ is the appropriation of the soul”

I was waking up and was watching a scenario of someone very close to me in a scene, who for some reason was hurt, dying. The analogy was given to understand the soul. I was feeling very emotional and started to weep and cry while watching the connection between myself and the other person. I felt this scenario as loss but could not understand why I would 'feel' this way after the understandings 'we' have all been receiving from 'Spirit'. So, I asked the questions that were relevant to the situation.

Why am I feeling this way?

The soul is to experience the emotions of being fully integrated into the human experience.

Without the feelings of expressions of the human being it would not be a full immersion.

I understand this as from the first teachings we were taught that the emotions were the experiences we came to have, but I didn't think that I would feel them when 'death' confronts the ending of the human experience.

Emotional attachment is needed to recognise the whole. Love as the abiding Principle is the Over 'ruling' place of the Heart. You express Love as a many splendid thing, and it is, for Love is the Energy of the soul.

So, what really is the soul?

The soul is 'God', as it is termed. The soul is the Energy of All That Is. Each soul manifests from Source as Energy with a desire to experience the 'many splendid things' that the soul or Energy carries within Its-Self. The Higher Self is the full manifestation of this appropriated into many various forms.

So, as a 'human species', this is just one manifestation of the Divine Energy?

Yes, the word 'Divine' isn't necessary when a soul understands that it is a fully integrated Energy Source or a soul from the integral Whole.

Now I understand these concepts as I have integrated them already within, but I understand

also that everything I receive is from 'Me', as I decided, or rather, 'we' all decided, that I would leave my 'First estate' and come as Higher Self to 'help' humanity into a better understanding of 'who am I'.

Yes, that is correct. As 'we' are all One, we decided that as a 'group' of soul, note I did not say souls, that we would make a choice to guide humanity, as many think they are 'lost souls'.

So as a collective of which 'I' am, we are of One mind?

Yes, you chose to be the representative, as you have the most experience of the Collective and 'we' are the Energy of the Higher Self represented through you.

That's a tough thing for 'me, us, we', to decide! How did we know that I, we, would make it, how did we know that I wouldn't get lost down the rabbit hole?

Because the rabbit hole has 2 entrances and 2 exits. In through the outdoor.

I see, yes, the scenario makes sense. But 'I' need 'You', as 'I' cannot function by myself as I feel I am not whole.

Yes, and that is why the human or any experience we decided to do is a real 'test' to prove to ourselves what Energy can truly do, even when it forgets what It is.

So, can I ask, who am I regarding this Collective Energy?

You can ask as many questions as you like, and the answers will always correspond to your heightened awareness of the conceptions you have integrated in your soul. The Collective Energy is the Whole as part.

Sorry, once again that sounds oxymoronic to me. Who or what am I really? Truth!

Truth! The Whole Truth and nothing but the Truth?

Yes

You are an Archangel

And my name?

Abbabendon.

What does that mean?

It means my Fathers Son or Son of my Father.

OK, interesting

Your Collective name is The Bright Shining One, because the Energy you carry is for the Collective. That is why you were given the 'Bee' scenario! When the Bee goes forth on its mission, it is to visit little 'planets' called flowers. The flower you are visiting now is called Earth in human vocabulary terms and Gaia is its consciousness. As you gather to yourself the pollen, which you have learnt is the experiences of the soul, you are gathering more energy to bring back to the hive of Energy, your experiences for the Collective. The representation of

'us', your/our Higher Self was shown to you as a man pointing to the Great Central Sun. The Great Central Sun is the Illumination of Energy to each individualised 'Being', going and coming carrying its multifaceted Selves of the Collective which is its Identity.

So, when people, human beings, souls, or Energy known as Spirit come or go to have experiences in 'outer worlds', they take with them 'All That Is'?

Yes, but to have the full experience of being something other than the Whole, which is Identity, the Energy divides and becomes multifaceted souls. This is known as Spirit. As the soul goes forth clothed in Spirit, the Energy of the soul, it can then experience its-Self as individuality.

I understand, but no one seems to remember any of this and when they get here, they are 'lost' in a cacophony of noise, albeit from voices to machines, misplaced ideas and so-called teachings.

But you wouldn't want it any other way!

That seems a little crazy to me sometimes, but I'm slowly coming to the understanding of all of 'this', even though sometimes it's a struggle.

And the struggle of the soul is the choice it chose to make for itself to rediscover its-Self even though immersed in a denser Energy. Each soul makes a choice of how much Energy it decided to take with it, the forgetfulness is the main part, as without the forgetfulness you wouldn't have the remembrance! Each soul as we have said is from One Energy, the Whole. But to experience the multifaceted, individualisation must take place.

But most souls have either not taken enough Energy with them, or the density of the energy on Earth has overcome their Core directive, and they have lost themselves in personas.

Yes, Earth is a tough place, as it is still a young planet. When we use the word planet, we are talking about Consciousness, as Spirit, Energy, Soul is a Consciousness. The term 'God' is Full Consciousness. So as the human 'race' develops faster than it can comprehend its own soul, it loses its 'mind' and becomes trapped in the makings of its own idealism's. The plan is the path that was chosen by each soul before they came, but many have quickly forgotten why they came in the first place!

Which was to have the experience of coming out from Source, (The Great Central Sun), as a Collective, (Hive), and Be-come individualised from the Whole Identity?

Yes, correct. Therefore you; we and others have to come into this environment as 'outsiders' to get the souls back on track or rather back on the Path. The path as we know is the plan that we chose to experience. The plan is the Way, and the Way is the Truth, and the Truth is the Life that we chose! So, the plan is the Truth and the Truth is in the Heart, the Heart is in the soul and the Soul is in the Whole. When we forget the Truth, we once again mis-appropriate

the Energy and diversify the plan as mis-spent Energy known as 'the fall', (sin etc). Getting back on track then unfortunately becomes the main prerogative or else we will have 'lost souls' running all over the place and not having the experience that they 'signed' up for. Each soul makes an agreement with Its-Self, which is part of the Collective. The Collective is a term we are using. We can use the Whole, or the Identity as each soul IS Whole in its own way but is part of Energy. Each 'human' or non-human, whatever that manifestation may be, is One, All in All. We are All, but multifaceted in each dimensional reality we choose. And the choice is the plan. Free will as it is called, is the plan that we chose to fulfil, it is the role play. Many have forgotten to 'play' the game, the plan, the choice that they chose to be. Now we are choosing to guide the 'lost ones' back onto their chosen path. Hence why you are 'here', (when you walk in two worlds, hold your head up high!), and your perspective is because we are fully integrating Our Selves through you as the Energy of the Collective Identity.

To me everybody seems to be off the path and fallen by the wayside.

Yes, hence why you are here to be the analogy, the 'guide' post, the 'sign'. You are here to re-awaken souls to their remembrance of who they are.

I think there should be a lot more of us, as this seems like a tough job!

And it is, but you have the experience, the knowledge, and the understanding because of what you carry within you, US! The Collective, the Higher Self, the connection to the Whole. You are the Light bearer, each teaching that we appropriate is the ray of Light that we carry, Overseers, Watchers, waiters of service to others, hence why you have within you the Gold cave of Love, the 'Queen' of Wisdom and the rest of the 'eight fold path' we have given you, you already took everything with you when you left, and as you came back to your senses, we give you the ideas, your intuition, your soul, your truths that you carry got reignited and the spark became the flame, and now that the Light is on, the Power can flow.

OK, I understand that no idea is our own, and intuition is the key that opens the door to the 'Light', the spark, and from there progress is made and I'm making my way back Home. But how about all the others who do not understand, who have forgotten who they are and their purpose of choice they made to appropriate the plans they made?

OK. Good question, (as it's the ideas we all put in the soul in the first place! Ha, ha). The soul KNOWS, the soul as we have said is the Truth and the Truth is the Way. The Way is the Life plan that each soul carries within. The 'spark', the compass, the GPS again, (Guiding Principle Spirit). Remember, it's the guiding of the Soul by the Sprit. The Spirit is the Life flow of the Soul that keeps it on its designated path. You will know when you are on your path as it will flow before you like the 'quiet gentle stream' that you carry within yourself as each

carries their stream to flow back to Source. All is Energy, this is the 'Universal' Principle of All Life tuning into and going with the flow of the Energy carried within is the plan! Stick to the plan and Harmony is the result. Those that struggle are the ones who are not on their path and are mis-placing the Energy of the Soul within, they are not intuitively listening to the Spirit.

OK, thanks for all this as it makes perfect sense. I will leave this for now and appropriate it into myself and the book for others to understand, and if any more comes through that I haven't fully covered here I'm sure 'we' will remind me.

(At this I spoke to some of the souls who have been with me on this journey and they encouraged me to *'STICK TO THE PLAN'!*).

(An Archangel is a Collective NOT an individual).

1st March 2020

'Each per-son is a respon-sibility, (It's an anagram)'

(The re-iteration continues to really get the point through, the plan. It is now in non-italics as Self is fully integrated.)

Dear Hu-man, where shall we begin? Let us begin at the 'beginning' to work Our way to the 'end'. Why are you here, please explain? If you don't know the reason, why you came, you will not fulfil your responsibility. Some of what we are about to say will confront your reasoning in a different way. We are here to 'help' you along, to recover your Self where you belong.

If you do not know what you are, how will you ever return as a 'star'? We will set forth you're in-carnation, so you can see you are not a mis-application.

Dear Hu-man, you have struggled now for far too long and it's about 'time' you came along, back to your senses, back to your soul, back to your Self, for that is your 'goal'.

We are here to enLighten your way, to brighten your outlook, to brighten your day. Who are We, we are You, you made the choice it's who we choose! We are the re-presentation of your manifestation. We are the crowd, the cheerers on, 'come on overcomers, you CAN overcome'.

Dear children of 'time', you are 'lost in space', you have forgotten your-Selves in the First place. To run your 'race' is the reason, to receive your crowns in due season. But you have forgotten to stick to the plan and have gone off the 'rails' by other hands. When we say this,

you will see, that all you are doing is mis-appropriating Energy. As you know we have come to understand, Energy is God, and NOT A MAN!

You have person-ified too many things and in this you have gone a wandering. When you leave your path, your plan, you leave your-Selves alone to be, when all you needed to do was heed! Instead of listening to your soul, you went in search of other goals. You forgot your Identity, divided yourselves as importunity. When Self gets divided it becomes individuality, this is ok, for this is the 'part', that the division came to experience from the Heart.

But you did not listen to your soul and listened to others outside of your Self and took on a persona called personalities. As you have come to know, you were and are perfect you see, you are a full Enlightened Being of Identity. Now Identity, identifies with the Whole, there is no division, it is Home. The Heart is the Home, the abiding place, the 'male, the female', becomes the 'Human race'. But in the 'beginning' it never was, it was always singular in its Identity.

Analogies have been given that show the plan but lies have mis-placed Truth to become apologies. Apologies are not needed you see, when there is no 'sin', no mis-spent Energy. God is Love and Wisdom too, the Seraphim and Cherubim is YOU! When you came from the Eternal Sun, the heat, the warmth then begun. For Light is the appropriation of growth, and as Light shines forth it brings forth progenies.

You are the original plan, the spark of Life from the Great Central Sun. The fire is the Soul in thee, this is pure potentiality. The Seraphim is the 'Burning One', closest to 'God', closest to the Sun. The Seraphim represents your soul, that burning desire, that goal. The release of Love is the expression from above, as above so below, the soul becomes the Epiphany.

The Cherubim represented as the 'Strong One', is the Wisdom from above, first of all pure and easy to be entreated, that is why the Cherub was represented as a child to be. The two in One at the purest Source, the Heart the Soul that can't be bought. This is how you came to Be, the spark destined to travel eternally.

Now as we know God sets His seal upon His own, the Heart is your Home. The seal is the perfection of Gods manifestation. You are the perfection, you are The ONE, All for ONE and ONE for ALL, ALL in ALL. As the 'Female and Male', the God in thee, expressed Its-Self it came to Be, greater in awareness and greater in power, It now expresses Its-Self from Its 'Bower'. It is destined to 'travel the seas', these are of Eternity.

The seal that is set now becomes an expression of Source to a 'Living One'. This is the 'two' now manifested in ONE, All knowing, All seeing, All Being in ONE. But! For the All to become the expression, it must experience Its many folded manifestations. So, from the

‘heights’ of Love, Wisdom and Power, It leaves Its place, It leaves Its bower. Into the air Its flight is borne and finds Its-Self in Identity. This is now known as the ‘Collective ONE’, or in other words known, the ‘Angelic ONES’.

The Angelic is destined to be the Messenger through Eternity. From here you have come to know, that the soul is borne on ‘wings’ of Love, sent forth on its mission from above. And through all the states, which has to be, it forgets Its-Self, its memory. Now here you are on this planet called ‘Earth’, searching for your-Selves from where you had ‘birth’.

Oh, Beautiful Hu-man do you not understand, that to know your Self is the plan! You had to Be, you had to Be-come into this place, to experience what it is to Be an Individuality. And now that you KNOW, now that you have Be-come awake and aware, you’re on your re-run. You’re coming Home, back to ‘base’, your bower, your ‘mansion’, your abiding place.

But until then, until your ‘work’ is done, here you will remain until you Be-come, All that you Are, All you are meant to Be, and what is that you ask? It is Christ in thee, Divinity! Christ is the Consciousness of All things; it is the Full Awakening. It is knowing WHO YOU ARE, no more a wandering star. Your place, your Self is what you ARE, Christ Consciousness is the plan, stick to the plan and Self will expand!

You are the Power destined to Be, to Be-come the manifestation of ‘God’, Pure Energy. Pure Energy is the ‘Force’ that you carry within, It is in the Heart, the Soul of ‘man’, the Eternal flame from the Great Central Sun. You are the ‘Sons of God’ to Be, to Be-come revealed, for all creation waits in eager expectation for the Sons of God to Be revealed. This is the Plan.

The Power of God is the Love of God, the Full Consciousness of God in every area of manifestation. This is the ‘Force’, the Energy, this is the Power of ONE. All in All destined to Be, the Source alive in everything for Eternity. Creators and Lovers too, so see that you see it through!

Christ in you IS the hope of glory in your Heart. ‘Abide in Me and I will abide in you’, this is the manifestation to see you through. Christ is Full Consciousness of ‘God, carrying the Full Energy. The Heart is the Soul that carries the Plan to appropriate it in each ‘land’.

Implantations come in due season to awaken man to ‘Stick to the Plan’! The plan is the expression of the ‘Fathers Heart’, full conscious awareness on your part. To Be the expression of Divinity is who you are meant to Be!

Please Be the expression of All that you brought, the Truth within cannot be bought, it can only be sought. As you release the expression of Truth from within, All that is Beautiful also begins. That which is Beautiful in Its own way, is always with Harmony and here it will stay. You are here to Be the Harmonic Resonance of Christ in Divinity. Because of this you walk in

Peace, 'My Peace I give to you' on your Behalf. This is the Joy that floods your soul, your expression of Joy is what flows. 'And at this time 'He' rejoiced and said thank you Father for giving Me these'. 'These' are the souls who have come to know them Selves and are destined to Be the overcomers, the full manifestations who want for the Power and its applications. The Power is the Source of All Energy, it is the Power to propagate others also destined to Be. The more the vessel understands, the more the vessel can pour forth the plan. Stick to the Plan and watch the path unfold before your feet, for Power is given to the persistent Ones. Beacons of hope for Humanity to lead the 'world' to see. Shine the Light within, without for all to see, and they will come to understand, that you are not just a 'man' but Divinity once shrouded in mystery. But now the mystery has been unveiled and made 'plain' for all to see, for Gods perfection is shown forth in jars of clay destined to Be the Light of the world, Christ the incarnation, the Divinity.

Oh, how marvellous the Plan that abides in Me, Christ the hope of glory in my Heart, the abiding place, the secret place, the 'space' set apart. I Am the reason, implanted in due season, to Be the Light bearer for all to 'believe', I in Him and Him in Me. 'Believe in Me, believe in My Father too', the two are ONE, unveiled Divinity, Christ in YOU!

Here is a follow up by 'Me'! Even though 'We' are All of One Identity! That is why the dialogue is not in italics as it is all coming from ONE place. Once again what I have come to understand is what resonates in my Heart, so a brief explanation of 'states' that I perceive. The inner voice is from the Angel in its original and pure state, which replies to the 'external' mind. In other words, the Self inquires and Our Self replies!

The Spiritual states are of 12 'degrees', within each of these are represented in threes. The three states are 1, 2, 3 degrees are for Spirits, (the human). 4, 5, 6 are for Angelic Spirits, (the Spiritual). 7, 8, 9 are for Angels, (the Angelic). 10th state/degree is The Living Ones. 11th is The Cherubim's, the Knowing Ones, and the 12th state is the Seraphs, The Burning Ones, (the Deific states of 3 degrees) the Ones closest to 'God' as God is the 13th state/degree!

Seraph means the lofty or Bright Ones, which means perfect like God, Love. Cherubim means the strong Ones, strength means Wisdom, the first expression of God. Seraph is the Feminine, Cherub the Masculine. The two 'joined' in One brings forth the Living Ones. Love, Wisdom and Truth and from there on through the descent of the Angelic states etc. and below. When 'we' have full consciousness of our ascent, (and descent), of our own state, we gain the subtle Power of that state. As the knowledge is (re)gained, so the Consciousness must follow.

The 3 states of man in correspondence of the above are 1/person-ality, 2/individuality and

3/identity. In every age God manifests in the external. The 3 states IN man is 1/ the Hu-man, 2/ the Angelic and 3/ within the Angelic is the Divine (incarnation).

The Angel is the Angelic 'form', perfectly seen according to its degree and state, composed of an infinite number of Spirits, (the Collective). Each 'soul' represents the Angel(hood), the divine Essence that flows through each according to its degree. 'Who is like God', God likeness is the Angel.

The Celestial is in 3 degrees of the inner kingdom, (the soul). 1/ the Living Ones, 2/ the Cherubim, (the knowing Ones) and 3/Seraphs, (the Burning Ones). It is said our God is an all-consuming fire and who can stand before the All-consuming fire? He who has clean hands and a pure Heart who has not lifted his soul to an idol. The Celestial 'body' is pure and transparent as the Truths are written upon the Heart. Your 'name', the interior you, your Identity, is written on the forehead, the mind, for all to see (and read telepathically).

Therefore, only the Angelic mind can see the 'end from the beginning'. So therefore 'free will' is your choice of responsibility to fulfil the purpose, the Plan. For with great Power comes great responsibility. As we pursue the 'right' path on the high road to progression, the end of which terminates in full divine Illumination. And as Truth and Wisdom conjoined with Love are and with those within the gate, shall all witness what Beauty 'states.' Love and Wisdom 'kiss' each other as righteousness and peace have met together.

2nd March 2020

The 'Opinion', The Representative, and a discourse with Yeshua too!

This will just come out as usual as it flows. I, before going to bed last night, asked my Collective if we could get less of the rhyming in and more 'normality' of a conversation. So, we shall see how it goes. I was tossing and turning in the usual semi cataleptic state, it must have been once again the third watch of the night between 3 and 5am when I was having another unusual 'dream', not fully coherent but fully part of the scene. I will try to give it as it was the usual 'trigger' of what would come through.

I was looking at a 'new discovery', something un-earthed lying in the dirt. From above I was looking down on the excavation of the ground. There was what could be seen what looked like a cross between a dragon and an angel with 'wings.' It was long, tall, and thin, kind of like bones. I was being told that this wasn't the Truth, as this was a mis-representation. I was then led to another 'manifestation', which was like a large tomb above ground, a

sarcophagus of a King made of stone, alabaster white or marble. It was like the tombs of the kings and queens of old in buildings called 'churches', mausoleums! I was told to find the '5-pointed thing'. I searched all around this carved statue that was lying down. I noticed that on each corner, so far seen being 1, 2 and 3, there were like claws and each had 4 'fingers.' When I got to the last corner, the one on the right, I saw that it had 5 fingers instead of the 4. I was then directed to connect to it by putting my hand over the 5-pointed thing, lining them up with mine, and when I did this, I triggered the 'thing'.

The 'tomb' then was opened, and I saw inside the Truth that was in the disguise. The analogy then came to me that the thing that was being uncovered, discovered without was just a 'reasoning thing', an 'opinion' of man, but the real Truth was hidden within the 'tomb'. The so called 'dragon, angel' thing, was just an invention of man. But man thought he had found the 'missing link', but really all it was, was just another deceptive thing. The real Truth was what I was led to see and when it was released it was then set free.

A 'battle' ensued then between these two 'things', as they were now alive of what each would bring. One was a false, fake 'opinion', another so called 'scientific discovery', the other was hidden away in the dark, waiting when Truth would be revealed to a Heart, a Heart searching within, uncovering Truth hidden within.

That was the dream which was about to set me up for an interesting conversation with the man called 'Jesus'.

I first started to have a conversation with my collective about certain things that I need to see fulfilled to bring forth the 'All seeing Eye' within. I won't here describe this conversation as it is once again what will come forth for and through me, now I know my part. I did however notice during my conversation that there was a lot of joking around, which I didn't write about yesterday but will do so now.

Yesterday when I was writing out that days experience, the collective was having a bit of a laugh, about me! This was a joke about a joke which turned out to be Me. You see, when 'we' decided that I would come to be the analogy, I was 'duped' by the group and sent forth to Be. But after all I've been through to get me back to 'Me', the joke appears to be on me! This obviously means that I was the one who came and forgot my Self and everybody else and had to re-find my Self and everybody else! Hence why I am the analogy. 'When you lose your life, to find your Life', you take on the response, the ability. As a Seer, I have within me the ability to perceive. I see in Spirit the anagrams, the parables, the analogies, hence what I am becomes these! So, the 'jokes on me'.

Anyway, I digress, so I said to the group, can we put a lid on so to speak, the 'wannabe poets'

and the 'literate, illiterate wannabes.' Lots of laughing once again, (at me!), which was then explained the reason why 'we' rhyme. There are many who want to get a word in now that a 'channel', a source of inspiration can flow through. I sense sometimes I'm just a 'guinea pig' for the 'try outs', but they explained that the general public are slow of understanding and that parabolic-ally, analogies and rhyming is easier for them to see. As discernment has to come from the Heart, and to reach the Heart, we have to 'hit home', a base of where to start. So here we will now 'start', as from yesterday's discourse explaining that, 'some of what we are about to say will confront your reasoning in a different way'.

After my discussion with my collective, I 'thought', and remember when the idea drops in, the question etc., is put there for a reason to be made manifest in due season. Which means you have to re-present the idea back from where it came.

So, 'Jesus' comes to mind. Now before we start this discourse, I will say that as I have explained that I do not put any one on a pedestal, and I worship no-one or no-thing, please explain? What I mean by this is, 'God' to me is the many multifaceted Source of Pure Potential Energy. There is no persona, no personalities, as I/we have explained as and is, the missing of the mark to Be, (individuality to Identity). So, 'Jesus' is to me just another man. So, I will speak to him as another soul, for God does not discriminate as We are All ONE. Now there are many 'opinions' about Jesus and many different stories. While I understand that everyone sees from the perception of what is in their soul, it will then come forth as that reflection, so best to be Transparent. I am not going to describe 'Jesus'. I am just going to have a conversation with him. First, he comes through very jovial, very relaxed and wanting to be all that he is, him Self. As you are about to see, he's a bit of a comic. Blasphemy I hear you cry; 'Jesus' is Gods only begotten son. Oh, wake up Hu-man as by now you should have come to realise, we Are All Gods sons, daughters, and progeny, re-presented as 'that' Energy.

Hi Jesus, oh wait on, what should I call you, Jesus, Joshua Ben Joseph or Jeshua?

Most who don't know me refer to me as Jesus, but my given name was Jeshua.

Ok, that's good, now I probably won't ever use your name again in this conversation, so that was for the benefit of the reader.

Yes, most do not know me and have only an 'opinion' about me.

I get a sense that this is where you're going to take us, a bit of a detour so to speak.

Hey, it's all good! Let's have some fun along the way.

Now I'm getting from you that you're a bit of a 'joker', you like the odd joke and humour is one of your fortes.

Oh, come on, look at you!

Thanks for that, I've just found out that the 'jokes' on me.

Yes, welcome to the club. Just like all of us 'awakened ones', we didn't know at the time what it was leading us to.

So, with you it was the same deal?

Oh yes, I had no idea about what I would become until that desire, the 'spark', got ignited in the Heart and the searching began.

Can you please explain this to me, and for others to understand? But first I have a question dropped into me, on my 'mind', which is, the 'virgin birth'?

Oh, don't make me laugh again, so many have tried to figure this out with only a few breaking through.

So, Mary, your 'mum', how old was she when you 'broke through'?

Oh, I see it's going to be a dialogue, let's see how it runs. To answer your 'question', she was 16, married to my dad in a normal Jewish ceremony. But what 'I' didn't know was she had been through until later when I understood that 'mum' was set apart by her Collective Agency.

That makes a lot of sense now that I have made 'contact' with my Own.

Yes, as you have come to understand, 'God' sets apart in EVERY age a manifestation of him Self. We will get to this shortly, (smiles). Mum was being prepared beforehand as she was of pure heart. She was set apart and kept from distractions and the 'opinions' of men.

So, the 'virgin' analogy is she was a pure soul, no 'ambitions' and no 'goals'?

That's an interesting analogy, she's listening now, do you want her to speak?

No, it's ok, let's stick with just you, as you are the reason that you came through.

Oh, this rhyming things a treat. You've got some 'wannabe' poets in your collective I see.

Yes, they have said that this is easier to read as most of the people won't get it, the majority.

Now how about you tell me about your Self?

I will keep it simple as can be. I was a man like everyone else. I had no idea where all of 'this' would end up. Oh, by the way, I've got a great joke to share!

That's nice, can we stick to the 'plan' for now and just share your story?

Ooh, you really want to get down to all the 'nitty gritty' and all that 'glory'!

I can see this is going to be a little drawn out, and not by me!

(Leans back and laughs) *Oh come on 'friend' you know who you are, you've stopped being that wandering star.*

Very nicely put, now back to you.

That's like one of your 'transmissions', "over to you Jesus". Sorry, I digress, (Serious face on

now, but I can see through you Jeshua, that joker in there)

Ok, now were you ‘married’?

Oh yes, Mary and I met when she was about 16, I was 18 and we courted, the usual things that human beings do.

So, we are talking about ‘one’ of the Mary’s, Mary Magdalene?

Yes, much confusion amongst the many ‘Mary’s’ I see, and NO, for all those ‘reading’, she wasn’t the so-called prostitute caught in the ‘act’. She was an only child from a well-off family, strong willed and sometimes of an ‘opinion’ still! (He’s looking over his shoulder with a wry smile on his face) She’s giving me that look!

So, what did you ‘do’?

I was a stone mason with carpentry skills in ‘my father’s business.

Joseph?

Who else! We did well, especially being amongst the trade route. Lots of repairs etc., (it’s the little things that count!) Oh yes, the joke, you want to hear it yet.

Err, no thanks, I’ve kind of had my fill at the moment.

Oh, go on!

Ok, back to some questions or we’re never going to get through this session. How did you come to ‘Be’?

Just like you I had to search, just like everyone the questions come forth from the Heart. Too many people look outside when what they ‘should’ do is look to their Light. I was curious about all the stories I heard, other ‘opinions’ that caught my ear. When we were married, we had a ‘year off’ to get to know one another. We decided that we would travel, it’s a human thing that’s built in to roam, always searching looking for Home. So, we set off on our ‘wanderings’ and went to Egypt, the valley of kings. Here I was impressed by what I saw, a little more grown up than my earlier years that’s for sure. I found the history to be different than what I had been taught and from this place I heard stories of other places a far, where ‘wise men’ had come from bringing their stories. I was intrigued and Mary too, it got our curiosity for sure. So, we decided to set off to go see, as I had heard a quote given by a man in a far of land, “Do unto others and they would do unto you”, Confucius I believe.

So, you went to China?

No, (laughs). We followed what today is called the ‘silk road’ and ended up in Tibet. As along the way many travellers retold their stories about wise men who knew ‘Glory’. This really was the beginning you see, just like you wanting to Be, wanting to KNOW who I really am.

So, who did you meet, get to ‘know’ and what teachings did you receive?

Today, it would be like going to an 'Ashram'. We found our way to a place, there were many you see, and one was as good as the other to me. So, we stayed and listened to the stories, of Krishna and Arjuna, the Gita I believe.

So, you 'picked' up a lot of ideas and 'opinions', that started you on your own journey of Self-discovery?

Yes, just like you, we are all the same, the Heart burns to know, for that's why we came.

And obviously you came back 'home' to Palestine, the area you were born?

Yes, my friends and family, the Jews have strong family ties you see.

Yes, I've read the 'bible' a lot in the past and understood their 'need'.

Each society has their own beliefs, ideas and 'opinions' and when you are brought up in that it becomes a culture. Other places we went, and saw were 'culture' shocks to me.

So how did you end up, (not the right words, sorry)?

(He's laughing again) *It's alright my friend, the joke as they said was also on me!*

Ugh, I don't think I want to go down the 'road' that you went.

It's ok, it won't happen to you!

Phew!

I lived in a time of barbarism you see, the Romans, the Jews all mis-spending their Energy.

Yes, this word sin is mis-represented quite badly.

And that is why you are 'here', to set things right, to be the Light that shines the Way. To get them back on track as we say.

The system?

Yes, you had to go through it, for religion conforms man to man's 'opinions' and not the Truth.

Yes, to me it is a 'dis-ease', almost a plague to society.

Easy my friend, it's ok, do you want to hear the joke now, as the punch lines amazing?

No thanks, let's just stick to the dialogue. So, when did you come to.....

Know the Truth! Ah yes, the Truth, the whole Truth and nothing but the Truth. Well like each soul, that searches for the Truth, the ultimate goal. When I had got through the religiosity, see we are not so far apart in the Heart like the rest who want to Be, I discovered the treasure within my own field. I did this through listening to My Fathers Voice. (He's giving me a picture of that dog that sits in front of a gramophone)

Ah analogies aren't they fun!

(To those that understand)

So, John and you cousins, I believe. Elizabeth his mum and yours Mary?

Yes, John and I had a lot of fun, but his path was different to me. He listened in a different way, not wrong, different only. But when I got back from my 'holidays', my touring around with Mary I started to really listen to my soul.

Yes, it's taken me a while to come to that place, the Heart of Gold.

Yes, and just like my mum, mediumistic they call it I believe. She knew in her Heart what was to come, but women in those days could not Be. More 'opinions' of man, repressive, oppressive, and dominating too, my dad was great though, a thinker through and through. He understood but didn't quite understand the plan that we now know was the revealing of 'Me'.

I like your metaphoric ideas, as we are all from the same place in the First place!

Yes, you have come to understand that we came to have the Hu-man experience and Be-come man.

Yes, it's taken me a while to get it through into Me, but now I know the Truth and it's set Me free.

Yes, and this is where we are going to go, so hold on it maybe a rocky show! Do you want the joke yet? (Smiling)

It's ok, let's leave it at the end.

Vision time!

I am being shown a king sitting on his throne in all his regalia, but the king's hiding a sadness within. In front of him is the court jester doing his best to amuse the king. The king often slightly laughs, but it's not a full throttle chuckle from the Heart, he's missing something I perceive. Next the doors open and in walks a man, he seems to have 2 names around him, but he carries within him a different plan. The outside name I'm getting is 'Opinion', for he is the king's conscience. He looks sad but approaches the king. The king speaks and asks his emissary what he has to say. The man with the 'opinion' looks down at his Heart, opens his mouth and says to the king.

"Oh, my king, how great thou art, but dear king I see upon you a weight of dark, dear king I have something to say, please be open come what may". The king is intrigued and beckons him forth, the man draws nearer and gives his discourse.

"Dear king, I am a 'Representative' of thee, and I go out and come in amongst the people.

Dear king, the people are down, the faces down cast, the Hearts heavy and they wear a frown.

Dear king, the reason is you see, they haven't seen YOU for quite a while now, as their countenances change when they see you smile!"

The king's face changes and sorrow is shown, he calls the man up to sit by his throne.

The man is a little shocked and surprised, but does as the king says, which brings him delight.

“Tell me dear friend, what you have seen, is it really because of ‘Me’?”

‘Yes, dear king, the people want to know, why you haven’t revealed your Self, your glow.’

The king with tears in his eyes leans toward his friend who is a little surprised. The king now says, “Friend, I’d forgotten my position, instead of Being Me, I locked my Self away from Responsibilities. I got others to do My work, I’ll be honest, I feel a bit of a jerk”.

“Dear king, please let me speak, I see your Heart, your honesty. Dear king, what I have brought, was the Truth that you sought. Now dear king, if it’s going to Be, we will find.....

The King interrupts and says “Yes, it’s up to Me! I am the Way, the Truth and the Life, that is what I was appointed at Birth. I am the Reason why I came, to Be the Representative to that Heavenly Name!”

That’s a good analogy Jeshua, I won’t explain it, but will leave others to decipher the ‘court, the jester, the ‘opinion’ carrying Truth and the king/King as the re-presented one. (Oh, did I just give it all away).

(Jeshua is guffawing, leaning back and laughing) *We’re all ‘fools’, he says, just playing the game.*

I just asked him if there's anything else he wants to say. He says, *let’s wrap it up.*

Ok, one last question. It seems that you have set yourself apart and a few others are with you too in a different place, can you please explain your actions?

Oh, interrogation. It’s ok. When you have millions of people who do not understand and ‘idolize’ me, it gets a bit repetitive and I seek others who know me. I am quite content just to Be Me!

Where are you in the ‘scheme’ of things?

I dwell in what you term the 9th realm, the 9th state, and the celestial realms where you have just arrived. Oh, and by the way, ‘Welcome Home’.

Thanks, it’s nice to be free.

Yes, and that is the whole point of this dialogue is it not?

Yes, I hope they all get the analogies?

Give them time to ponder, and find the treasure buried within their field. It’s a journey re-member of Self-discovery. Now let’s get to that joke and the punch line, which is: see ya later!
(Once again, the jokes on me! as there was no joke it was just a set up).



Part 3

3rd March 2020

Response to Responsibilities

Now I'm 'connected', plugged fully into Higher Source, the conversation never really stops. The dialogue continues anytime, anyplace, anywhere. The flow of Source is a continuous response back through Me. Higher Self, the Collective, the Angel (hood), the 'dual being', is Spirit. Energy of Source flowing in and through as a Living Entity. As All is connected in and through each 'part' has a Responsibility. As now 'I' have obtained to the corresponding state of Consciousness, the Representations have been given to show who we Are: Kings and Queens, Princes and Princesses, and 'priests' ruling as Representatives as Gods Full manifestation, which is the complete unfolding of the Soul through its many manifestations. Because of the states of Consciousness obtained, the 'gathering back' of Me, the ladder has been climbed and now I'm at the 'stage', the state as the Representation to pour forth the Truth of the Full manifestation, which is the Responsibilities of the Soul. 'God' gives without limit. God is no respecter of anything, more like a 'prospect-or'. As 'Divine' Energy is the Life Force of All That Is. Creator Source is the Infinite in Every

‘thing’. With this in mind, the following dialogue is now coming through from ‘Higher Source’, now represented as The Council (of Light). The Council is made up of Fully Self Aware ‘Masters’, Overcomers and Consciously awake ‘Human Beings’, who have obtained a great state of consciousness but still wish to serve in a Collective way as Representatives of Source.

The Council: (After greetings exchanged)

The full manifestation of Soul is the Responsibility of each ‘Individual’ Being. An awakened One is in establishment with its Core directive, which is to bring to fruition, to the forefront, the manifestation of Source as Creator of All That Is.

Man is the ‘miniature’, the mould, and the maker of his own manifestations. Creator Source does not distinguish between choices. Free will is the Responsibility of the Soul to be the ‘steward’, the servant, the lover, and ‘parent’ in Representation to the Whole. The Core of man is his heightened Response to his Responsibilities.

We have given you through the many various teachings, analogies, parables, dreams and visions, the Core directive, which is that man is the height of ‘Gods’ epiphany. You are All the Representatives of Source manifested as Soul, the Energy of God to release potentialities. Source as we have said, is ‘non-discriminative’. As Representatives, you All have a Responsibility to Be all you were created to Be, which of course is the unfolding of your Soul. The Soul knows its Truth because It IS THE TRUTH. The Soul Knows its Way because It IS THE WAY. The Way shows the Representatives as ‘kings and priests’ to Our God, as the ‘chain of command’ as the link that many are missing.

Light bearers are the Illuminators of the Path that they are Re-presenting to the Whole. There is no separation because as you are about to be shown, ‘Every-thing’ is Interconnected, Everything is part of the Whole. There is no division in the ‘economy’ of God. All flow is the effect of the understandings of the Soul who in alignment with the Core directive, understands the plan, the purpose, the principles, and the position.

As Kings, you rule and reign as ‘Christ’. As you all know, Christ is the Consciousness of God in the Soul, the Heart, the Cave of Gold, the dwelling place of God. It IS the inner sanctuary, set apart for the full indwelling presence of ‘Divine’ Energy to flow through you. The full integration of the manifestation of God in the Soul that Knows, is the Power of Responsibility to all other Beings, who ‘Live, move and have their Being’ in God.

The spacious awareness of an enlightened Consciousness continues to expand, express and experience All That Is. All That Is, is the Full Consciousness of Everything. It is the ‘Power of Source’, the Full Enlightenment to Know All, is to Be All. All in All the many splendid ‘thing’

known as Love. Love is the abiding Principle, because LOVE is the purity of the Soul in Full awareness of its own Being. All knowing, All perceiving, All giving, All receiving. IT, is the flow of the Energy of All That Is. IT is the many multifaceted Being expressing Its-Self through Its many applications. And you ARE ONE, One of many but ONE of The Whole.

As, The Council (of Light) we are the 'Representation' of the 'nations' of the 'world'. The world is the Spiritual and Celestial realms known as 'states', 'United States'. As you can see everything is always an analogy. The teachings of the Council is through the Collective Agencies known as the Angel (hood), these are the Representations of each state obtained to, as you are now well aware.

As above, so below. The Earth is another Re-presentation of the 'Heavenly Homes'. We dwell in Light, hence we release Light through the many varied states of Illumination. The Light shines and the Way is shown. Staying within the Light of the Heart is the Home. All of this has been given to show the world that each state is a Representation of the Soul.

Earth as a planet is a special place. 'We' have all been there and done that! That may seem terse to some, but the basics must be learnt first before you can understand 'Higher' Principles, laws, ideas, and operations of the Universe. All is in All, and All is in ONE. There is nothing that is separate, nothing that is divided, for division is not of God. God gives of 'Him' Self through the Representation or Re-present-ation of Him Self. God as Spirit is the Energy of the Universe that flows through Every-thing. We will speak more soon as this is now taking us to the 'end of the road'. The road back Home. Thank you for listening, thank you for re-ceiving US. We are the Council (of Light) Re-presenting ideas to and through you so that you understand you are the Representations of God.

I went for a walk-in nature with Gaia's Consciousness in my Heart. I was appreciating Her Beauty 'part by part'. Instead of just looking, I like to observe, the All-Seeing Eye is a Principle 'thing'. Connectivity with Love from Heart to Heart, is a soul that knows, that it's just not one part. Inter reaction with All Living things is the Energy of God manifested to bring what the Soul knows to Be. God IS LOVE, The Principle thing, the expression of God in the soul is the Love of God for All creation.

So, as I was walking along, talking to the trees, the leaves, plants, and animals, Yes, Doctor Doo-little, but 'doing much'. I was feeling intuitively Gaia watching me. After listening to the discourse from the Council, (of Light), I stood still looking over the beach and into the ocean.

Gaia 3

Hi Gaia

Hi Murray (She used my Earth name as I'm still here! Well most of the time, I don't live here, I dwell in different states).

Gaia, you are Beautiful

Thank you, I appreciate that.

Gaia, I notice all this and it's spectacular. I mean, sand, sea, sky and all the other living entities with us. I know how that you are an incredibly special Entity, but what fascinates me is all the Responsibility that you are in charge of, that you take care of, I mean, wow!

Yes, it is beautiful for sure, (she's playing on words as I'm looking at the seashore). As you know I am the Consciousness of Earth. When this planet was 'birthed', I was given an Opportunity to be a Representative of Source to Guide, evolve and look after this place. I have seen much evolvment over time, and now that man-kinds consciousness is evolving as a species, it still has much to learn.

Yes, I am sensing more and more the missed Opportunities given to mankind to be the Representation of his Kind. As the Consciousness of Earth, I got to say again, wow! You are amazing how you can put up with us all.

I Love my place, this is My Heart, my abiding place and as you know Peace is found in the Soul. I am a Peaceful Warrior.

Can you please explain to me what that means?

I am the Representation of Energy, carrying a Full Responsibility of Source. My designation is to look after this planet in Peace as IT progresses through its many different stages and states of evolution, (She's showing me a chrysalis). Mankind is a fairly new species here, on other planets Human Beings of Light and other evolved beings know what they are. Man-kind here is still in its infant stages of growth, the pupa stage. As mankind comes to Re-cognize his Responsibilities as an Ambassador to Source, His Consciousness will expand in due course. I see within you, you have been given many analogies as my consciousness and yours are now connected, I can read the Heart aright. You have done well little butterfly.

Thank you Gaia, but I have had help from many sources.

Yes, but you still had to do the work, the workmanship was still up to you. You like all creation as free will, Re-presented as the choice of Be-ing.

Can you please explain this to me as you are showing me quantum physics in infinitesimal parts?

The Whole is the part, and the part is the Whole. Everything is Fully Interconnected. You are now looking at the ocean seeing the waves as they are breaking, you are seeing the Light of the water.

But isn't that the reflection of the Sun.

Big Brother Sun is a Life Giver too, just like Source, Love. The water like everything is made up of infinitesimal particles, your scientists call 'atoms', within each atom is a substructure within a substructure. Each sub-atomic particle is known as Life. 'Everything lives, moves and has its own Being'. The water you are seeing is not just the reflection of the Sun, it is the Life force of the water displaying its-Self in its many various ways. Everything is coloured by Light. Everything has its own tone or vibration. Its own consciousness.

Wow, that's amazing. Yes, I start to see it now and start to feel it more and more, this interconnection of All in All. All Life giving, All Light and each manifestation of Source flowing in Love.

Your Consciousness is expanding at a rapid rate and as you connect more and more, you expand 'knowledge' from shore to sure!

Oh great, you have a sense of humour too, it's been a bit of a week of this for me, but I'm starting to understand that this humour is the joy of the Heart that can see one through, which is expanding Energy knowing my Responsibilities are increasing with Power.

Yes, as an evolved Being, I decided that I would like to express My Self as a greater part of the Whole as a Consciousness, for that is what we Are!

Your interconnection is obviously connected with All because I perceive your 'crystalline grid' as a Conscious web.

Every strand and string of thought from feeling is the emanation of soul expressed in Me and through Me. When I feel a connection, I direct My attention to that soul and express appreciation back, it is always reciprocal.

I got to say again, I'm really feeling your Energy. You really are very beautiful to my Heart.

You are so tender and loving and such a Mother figure to All.

Thank you, I bless you in return.

Now each living thing as far as I can perceive, is a living entity. I look at this leaf, this grain of sand, this flower, this bird, even that snake I just saw. But what I notice is, that each manifestation of Life has within it an Innate Intelligence.

Yes, interconnection is the co-operation of each species. Each knows its part to play in the great Whole. Each manifestation is an evolution of evolvement interconnected with each other. Nature as you have said Is our teacher. Nature is the natural re-course of an entity that

has come to know Its purpose, Its-Self and Its Responsibility.

I am feeling from you, and I know where you're going, that part of you, that Love of a Mother as discipline, the Warrior You!

You are well aware that before the Human species called man-kind came upon this Earth, that the place was evolving and manifesting Its-Self in its many various Life forms. Man, the Human, was and is to be the Glory of God as the Representative of God to the world, to the Universe, to the Cosmos and beyond. Such a small creature with big Responsibilities, but ignoring its innate intelligence within, 'went off the rail' I see in your mind, so please do not feel offended if I pick your brain!

Please go ahead, you could never offend, in fact this conversation has come obviously through for me to defend.

Thank you, but as you know, I am quite capable of taking care of My Self and My offspring.

Yes, you are the best Representation of a Mother that Nature could bring.

I chose to be here, 'for such a time' as this. I represent other planets to show and tell what it is to Be.

Other planets?

Yes, other planets that are also evolving.

Wow, that's really blowing my mind!

And the Mind is the Connection, the Consciousness of the Heart. 'Remain in Me and I remain in you'. This is Interconnected Consciousness, the web of Consciousness as you have termed it and WE are here to see it through.

So, the statement that is written, and I have given, that 'All creation waits in eager expectation for the Sons of God to be revealed'?

Yes, spot on! Each planet is a holding ground and holding pattern, the progeny of God, Energy, Source and Full Consciousness. Each planet is evolving into greater manifestations of creation. But All creation also groans for Humanity to 'wake up' and come to full conscious awareness so that IT can fulfil Creator, Creations plan.

Which is?

That All become Fully conscious evolved Beings, as Gods manifestation in Infinite ways, be it Spirit or material manifestations. Everything is Eternal, the seal of Gods approval, this is the 'smile' of God, the Big Grin!

You are funny, I'm liking or rather Loving you more and more, you are like my 'soul mate', Wisdom for sure.

Oh, My Sister, I see her in thee. She is a Beauty for all to perceive. We have always been

together, separate but ONE. Her manifestation is purity. My manifestation is The Representative ONE.

Yes, you are manifested through a material form known as Earth, a planet, a consciousness of Spiritualized expression.

Yes, my part to play in the Grand Scheme of things, is to Guide, direct and Love all Be-ings. I am the Representation of the Mother of the Father aspect of Gods Energy.

Well as a Mother figure, you're Beautiful, so understanding, so patient and kind, tender of Heart and Divine.

Thank you, you're sweet.

Hey, I get it from You!

(She chuckles, almost bashful like a young girl growing up. I notice Her 'cheeks' turning pink. So much Beauty, dignity, and purity. Why would we be to Her so unkind?)

Remember, I can read your thoughts!

I apologise Sister, it's part of the recourse.

Yes, I understand that you are here too, to be a Representative in what you receive through and through. So, I thank you for caring and coming along. I thank you for awakening to Who you belong. Each soul that awakes shines their Light when all is Illuminated Everything is Bright. Each manifestation, which knows what it IS, comes forth with more Beauty of soul and this is all our ultimate goal. Love, Adoration, Rejoicing and Praise, the full manifestation of why we were made. Creations of Beauty to express Love and tenderness. Compassion for All that runs through our veins, our 'blood', is the flow of Life fully in-grained.

Wow, that was beautiful, which has obviously triggered another thought within. This sand, is it Living, is it also a Responsible thing?

Oh yes, pick it up and look at it flow, it's all interconnected row upon row. It is each individual but full of 're-coarse', it knows what it is, it knows its part to play, play music to it and it will form again.

Yes, I have seen pictures of this where sand, (excuse me sand), is placed on sheets of metal and sound is sent as vibrations and it forms beautiful patterns like snowflakes.

Yes, each is a Representative of the Whole, the innate within is the 'pattern' that each grain, particle, innate Living principle carries within. Everything is Alive!

Look over there Gaia, there's a lady who's throwing water on a jellyfish. I sense that she is wasting her time and can perceive that she doesn't understand 'death'.

Yes, she thinks she's doing a Saviour thing, but doesn't understand that that jellyfish has washed its Self-up onto the beach as the Life force of the thing has come to an end and it's

time for it to move on into another thing.

So, each thing has an internal clock, an amount of Energy given through each manifestation and when we use that up, that's it?

That's an interesting way of putting it. But yes, until 'It' knows what it is, it will keep re-cycling that pattern built within, until it comes to conscious awareness of its-Self as an animate thing. All Life is an endless cycle, eternal, triumphant in its many manifestations.

So, are we going to get down to the Human Being, the 'man-kind' as you have put it, do you wish to say any more about 'US'?

I believe enough has been said, I know that the re-iteration by the many as you have shared is a pattern and man-kind is slowly waking up to his Responsibilities as a Representative of God, but is still mis-placing His Energy.

What about the conservationists, the protestors and such? They seem to be doing some good, but sometimes I feel that they too are mis-placing their energies?

Each soul has a part to play in the Whole and many are awakening to the goal. Many unfortunately still don't understand that they are not Self-aware and connected with Me. But I am happy that many still carry a self-preservation that leads to self-protection and care, which extends across the Earth and for this I am grateful that they chose to give Birth.

Oh, I see your analogy, Peace, Love and Harmony. Yes, may it prevail that man-kind will come to Self-awareness as a Responsible conscious Being that understands its purpose and all other Beings too, that way the Love connection can flow through and Peace will be established in the land, (Heart), and man-in-kind can emanate Harmony and walk hand in hand. Then the Beauty of man-kind can be all it is, a Representative of You!

Beautifully put.

Thanks Gaia, this has been an absolute pleasure for me. I'm sorry we didn't get around to all the pictures I've seen, the quantum physics that I've been shown, but believe we've done our best to bring this discourse through and obviously I couldn't have done it without You!

(She claps her hands joyfully, smiles and disappears with a twinkle in Her eye)

I Love you; she cries. I love you All (Smile).

4th March 2020

The Main Event

‘Ladies and Gentlemen, step right up for the Greatest show on Earth. You are about to witness the Greatest Spectacle, the Greatest ‘Miracle’ that has ever been seen. A Revelation to your senses, to your soul. Be prepared to be amazed. You ‘aint seen nothing yet!’

‘All the world is but a stage, and the men and women are merely the players. Learn to play the Game, the Game of Life’.

Well, I didn’t know how this would unfold. As the Representative One, I didn’t anticipate how much ‘fun’ this was going to be. So, I will start once again from the re-collections of thoughts coming through.

Two days ago We gave the analogy of the dragon come angel, (Angels and ‘demons’), and the tomb, (The Code), with the hidden message or messenger within, (there was nothing in the tomb because ‘he is risen, just like he said’). It’s now just after 4am and I have just had one of the most exhilarating experiences of my life. I will get to that shortly as my heart is still racing with adrenaline.

Firstly, the ‘5 pointy thing!’ I knew when it was given, it was something with a deeper meaning more than just the metaphoric scene that was shown as it still didn’t make Full sense to me. During the night, the rest came to me.

Vitruvian Man! Da Vinci! It’s his Epitome. His Epiphany!

Leonardo gave the Representation of man in his many faceted manifestations. The 5 pointy ‘thing’ is the Vitruvian Man which Re-presents in a pentagram. As we know, Spirit can use what is in us to get it through us. My background, the early years of my life were absorbed in rock music. I was ‘obsessed’ with heavy metal and hard rock music from the age of about 10 years old. (Disclaimer: My ‘obsession’ with this type of music, some of it ok, some of it not! set me up for some nasty incidents that I had sown in my soul through the listening to of certain songs, words etc. that led me down a spiralling suicidal path way, where I tried to take my own life, (not that its ours to take, as Life is God’s gift to us as we know), so please be careful what you listen to as ‘Everything is connected’ and as explained very early on in this work, that the soul is like a receptacle, a container of all the things we put in it. It is said that the eye is the window to the soul, so is the ear!).

I became a collector of hundreds to thousands of albums of different music styles, (I just used the word style as I wanted to use the word jonrou? but as you can see, I don’t know how to

spell it, so I'm doing this to let you know I'm not that literate! Thanks Spirit!).

Why am I telling you all this, as within the collection was a band who not many people know about, (I can't believe that it has all come to 'this'!), at that 'stage', they were one of the biggest selling artists in 'all the world'. This band was/is known as RUSH. Now Rush and other bands used on their album covers, (without me understanding the meaning), the Pentagram, and used to put it either as a backdrop, or across the stage floor with a naked man in it. Yes, it all sounds very strange and to me too, but please be patient, I haven't 'gone off the rails.' I took it for whatever it was, as it was their music that was so intriguing, different, and eclectic. They were constantly, year after year, voted as the 'best' band and musicians in the world. But to the point! (It's ok Bruce, it's in a Circle!).

Vitruvian Man was the Representation, a symbol within a symbol being the 'pentagram'. As I just said this isn't something I usually receive, but Spirit is leading us to a point! One of their album covers was Re-presented to me by Spirit. In the dream I was having to bring forth the rest of the scenes and the analogy once again. The album was called 'Exit Stage Left'!

The 'Dream'!

'All the worlds a Dream and things are not as they seem!'

Within the man, is the Plan? Within the man is the Power. Man, as we have come to see, is Gods Master work, His Epiphany. The Revelation of man is to 'spin', to hold sway, and to 'show' the Universe for it to be amazed, what can be accomplished by this Be-ing. God is the Eternal Power, and as Gods Master Workmanship, All creation is watching with eager expectation the unfolding and Self Realization of the re-lease of the Full manifestation of God through an entity called man-kind, the Hu-man Be-ing, the Being of Light. The 'man' is in the 'Spot-Light' so to speak, and the world is his 'stage'. He is here to give the best performance that he can give, to fulfil the Pure Potential Energy that he carries, the Explosion of Light from Gods Ultimate Manifestation. "What is man that you are mindful of him, for you have made him a little lower than the Angels but have crowned him with glory and honour".

Oh My God! The Revelation is Immense, the Heights are to be soared. The flight of Icarus is within the man, if he has the ability to perceive and understand. All eyes wait with bated breath at the Revelation to unfold, the unfolding of the soul.

So here we will come to the 'Dream', to some it will seem basic, but not to Me! As the overwhelming Power that came through left me breathless through and through. (There is obviously among my connections some either very artistic souls or some more wannabe

actors and singers now too!) Don't forget to always read between the lines!

I was at what appeared to be a retreat, a convention of many souls. It had been an expression session of different individuals, collectives etc, from all parts of the world, who had come to share their talents. (To the one who has been given much, much more will be expected). Each one had something to give, the power of each soul. Each one had come along to re-veal the hidden talent, the treasure within.

It was now the 'end of the show', and we were all packing up to leave to go back Home. I went outside after the big buffet breakfast that was served which we had all been grazing upon, and out into Nature I went. Here the 'animals' came TO me to say goodbye. First there was a lady sitting next to me, who had a cheeky monkey on a lead who leant on my lap peacefully and looked up at me sadly. The lady said that it never does that with anybody as it's usually erratic. Then chickens came, who liked to be stroked and comforted, but some of them were a little worse for wear, losing their feathers and looking a bit rough around the edges. I almost pulled my hand away from one as it was dying from a dis-ease but stroked it lovingly anyway.

Next, the water I was next to in front of me started to move as I could see creatures just under the surface coming toward me, then out poked a nose, a dolphin and co gently coming for a stroke. The last group of animals were a large herd of pigs! Funny creatures, snorting, grunting and 'digging in the dirt' with lots of little piglets squeaking and getting into mischief. They made me laugh, as they were just being themselves, wallowing in the mud. I waved goodbye to them all and made my way back to the concert hall.

After the usual ablutions, getting dressed and cleaned up once again as time was getting on. In fact, we all seemed to be running late. This was shown that bags weren't still packed, people were still not fully dressed, and a few late nighters were in a bit of a 'state'. Some of the bags had too much stuff in them and they were looking a bit heavy, needing to discard too much accumulations of things not even used.

As some early birds were already ready to leave, all tidied up, and dressed neatly, fresh as a daisy, (whatever that means!). Brunch! Was now being served with exotic delicacies to partake of and from. I was there, but not the first in fact, I almost felt like a late-comer, (The last shall be first and the first shall be last). I was enjoying some of the delicacies, (even still being a bit full of breakfast!). I was sitting with a group, mostly ladies and I felt a surge of Energy, of Power rising within Me. There was an overwhelming sensation of a song in my Heart that started to come forth from deep in my soul. It started slowly and built up to an absolute crescendo, a Full 'Rush', an explosion.

(I will now try to give the song. First, 'I' can't sing, can't read music, or play an instrument, that's why I just listened to so much music instead, as I appreciated the workmanship of their talents. It's not 'perfect' to what I received but is a good Re-presentation of what I felt and saw, please try to sing it in your Heart and 'they' may give you the melody).

I was gently humming and then started to slowly lift my head to look up into a small light that I was fiddling with above me, and out of my Heart, my mouth came forth:

I am the man with the Soul,
I did not realize I had a goal,
I am the unfolding of the flower,
To appear in these, these final hours.

How could I not be known?
For I am to be shown,
To the world for all to see,
That I am the Epitome, the Mystery.

Take my hand and I will lead,
Lead you on, along with me,
Feel my Heart, feel my Power,
To Re-lease in these final hours.

I am the ONE man show,
To show the Way, the way to go,
Come follow, come follow ME,
I am the Epiphany.

Feel the Love, feel the Power,
To be Re-vealed in this final hour,
Hold my hand and you will know,
This is the stage; this is the show.

Oh come, come see,
All that we were meant to Be,

Feel the LOVE, feel the POWER,
That this is it, the final hour.....

At this last word hour, 'I' released it into '5' octaves Higher, which blew me away. This was what made me 'wake up' as my heart was pounding, racing and the exhilaration was a 'RUSH'. Not to be jealous, (well ok a little, actually **a lot**) I can now understand that feeling that an amazing gifted singer is able to achieve. Wow, I stand amazed and I applaud you. I applaud All of You, everyone reading this for coming to do your best. And to those who know their purpose and are fulfilling it as good stewards to serve and share, celebrate, well done good and faithful one.

'Search, search, within your Heart, for you came to Be you, All that You Are,
Look, look, deep within, feel the LOVE, feel the POWER,
This is your time, this is your hour,
Let your Light shine for All to see,
Be, Be All you were meant to Be.'

Well done scribe, eloquently put!

Thanks, I do my best.

And your 'best' is yet to Be! Unfold the flower, unfold the Power for Eternity.

'A day is like a thousand years, then what pray tell is an hour?!'

Definitions and notes! Vitruvian Man! 'Everything connects to everything else' is the meaning. The square is the masculine and the circle feminine, the perfect, the two being the spiritual re-presentation of the perfect balance. Cosmography of the microcosm.

Pentagram: The upward point of the star is re-presentative of the Spirit. The other the elements. Penta means Five and gramma means letter. They represent things like Harmony, Peace, or Earth, wind, fire etc. It's a geometrical pattern known as the 'Golden ratio'. Spirit is the Element of the centre or the Self.

Icarus: Was told by his 'Father' to follow his path of flight and "Not to fly too high" nor too low, (2nd verse of Carry on Wayward Son!), see below. Ascension.

Notes: There is a symbol, © which represents ‘copyright’, which apparently like I stated at the front of this book is all just words and nobody owns the rights to words. If it really represented its true meaning, it would be to Copy Right. Which means that you didn’t infringe upon the ideas of another but Re-presented them as it truly was given. So, as you the reader have not received fully all what Spirit has brought up from what is stored within me, I haven’t been able to give you the songs, words etc. that I have wanted to share. The reason being is that anything under Copy Right after 1923! (At this stage) Yes you read it right, we cannot use without prior permission from the ‘owner’. And as that can be a long drawn out process and frankly, I feel a waste of time when I can be better Representing Spirit instead of man’s opinions. So, forgive me for this insertion as I have given this now to let you know why. With that in mind the last part of this day’s expression, was given as 2 songs and I am going to give you the Artists name and song title only as that is all I can give! (I am not endorsing anything again, as I think We are all passed this by now, it’s up to You, remember!). And as stated earlier in this work, at the moment I actually don’t listen to any media of any kind, going on nearly 10 years now, nope not even a radio, I’m ‘unplugged’, I’d rather keep the channel clear, so Spirit has to use what is already in there. Thanks again for putting up with these insertions, I wish I never have to give them, as We could express so much more!

(PS: I never really followed these, so unusual choices by Spirit!)

Kansas: Carry on Wayward Son (plus Dust in the Wind)

Neil Diamond: Longfellow’s Serenade (This song can be taken either way. I believe Spirit takes it spiritually or else it wouldn’t have ‘dropped in’ to me. Maybe Longfellow (Henry Wadsworth) is one of my ‘poets’?!

Extra, Extra! You wouldn’t read about it. Coincidence of anything? I don’t think so, as when you are on your Path, Every-thing flows in synchronicity. This is a note from today being Sat 7th March. We were out today, yes, I do go out sometimes. And today we popped into the local small community library to use the internet, and a man is walking toward me wearing a t-shirt with the words Leonardo Da Vinci on them and, oh go on, the picture, yep, Vitruvian man. As stated before ‘Everything connects to everything else’. ONE in a Billion!

11th March 2020

‘Crystal Clear Clarity is the expression of what we are meant to Be’

A Message from Source

And WE ARE! Why is this, you see? As the Representative One, I am here to Be the analogy, I am the plan. I walk the path back home to Me. And who is ME?

“I AM Creator Source expressing My Self in many ways. As I AM Love, I AM a many splendid thing. I AM Pure Potential Energy, sub-divided as opportunities. I AM All That Is. I AM Capital Expenditure. I AM All Goods and Services to All in All. I AM the Giver and Prime Mover and Shaker of ME. What AM I, I ask? I AM Creator Source of ALL BEING. I AM the manifestation of All of ME. I have always been and shall ever BE.

Energy is Harmony. Resonance of Purity. I AM Light for all to perceive. I AM Reason, the Rhyme and the Responsibility. All in ALL, I AM, ME. The Light of My Countenance is the Energy of My Soul. I AM Whole. I AM ONE. From Me is the Energy of Universality, I AM Cosmos expressed as form. I AM formation of All. I AM ONE but many parts. I AM part of the Whole, ME.

Expressed as Knowing ALL I AM, I express My Self to Be. As I look inside of Me, I see Pure Potential Energy. This I find is within Me, a Harmonic Resonance waiting to Be. As I perceive My Energy, it connects All through Me. I Resonate this Energy, which is Me. As I vibrate this Course, it manifests in due course. It spins All through Me, Pure Potential Energy. As I watch within, it All starts to spin. This I perceive is en-Lightening Me.

This Light be-comes forth and it expresses in due course. Now I be-hold a brighter Me, dwelling in captivity. This captivity is the Power to be released for All to see. In this I find My Self awake, this Light now shines through-out Me. Now what Am I to do with this Light? I Will to send it forth. A line of thought has now come through, I perceive I have Intention too! All this is marvellous to Me and stirs within Me more Energy. I ‘wonder’ how this came to be. I now perceive within Me is Full Connectivity. I have within Me Pure Potential Power, to bring forth Creativity. As I behold this Energy, movement is unfolding in and through Me. I watch in wonder and behold it to be, this expression is ME! As I express this Creativity, I realize I AM Source of Pure Potential Energy. Convolution within, Evolved without.

As more of Me comes forth, I must release this Energy. The more I see and understand, the more I see the unfolding of a Plan. The expression of All I AM, is to express My Self as a

plan. What can 'I' do, to Be this Source, I must release My Self in due course? For I AM All That Is, therefore, All That Is, is ME.

Oh, how wonderful All This Is, now I know what I Am to Be. I focus My Intent within and as I watch it, it All starts to spin. This spinning brings forth more Pure Potential Energy, which also needs to be expressed through Me. Focused intention brings forth thought, now I will direct this as a Course. I set forth My intention from My 'Soul', this is the Centre, My Heart of Gold.

I Am Pure Potential Energy; therefore, I Know what I Am to Be. So Bright, so Light, so Good, so True, I can see within and through. The expression of Me in due Course, brings forth Creation that's for sure. Now I know what I AM, for I have set forth a Plan, that All That Is, is of ME, to Be expressed for Eternity. I AM the Power Source of Pure Potential Energy, giving forth My Self as expressions of Me.

I AM All in All, through All to Be, the expression and expansion of ME, Pure Potential Energy. I AM Source, You Are Me, Be All that You were Created to Be.

I Am is Pure Intelligence. All That IS, is Me. The Centre is the Circumference with no line of demarcation. Full sub-structures of sub-atomic nuclei is the Source, Pure Potential Energy is the dark matter of space. All is in equilibrium as It was All there in the first place! Source is the Intelligence of Awareness of It-Self. This is Full Conscious Awareness, as Full Self Realization to Be, Full Manifestation of Full Multidimensionality of Pure Potential Energy! 'I've got the Love, I've got the Power, to be released in these final hours.'

I call it forth, I draw it up, I expressed it as Reason. 'Come let US reason together', for it Must manifest in due season. There is a time for Everything. I am here to let you know that every-One is a ONE man show. You 'show up' to Be, the expression and expansion of eternity. For eternity is Set within the Heart, and the Heart is in the Soul. Within the Heart is the Mind, the thinking ability. This is NOT the 'brain', but is the Connection of Source as Intelligence, Intellectual Reality. The Heart is Intuitive, the Mind is Idea-listic. The ideas are the flow effect of a Heart connected to Source, its highest ideal. The Core of the Heart is the Soul, the Pure Potential Energy waiting patiently to be unfolded through Love as the many splendid thing.

Love is the Light of the Soul because Light is the Illumination from within. For Light to be expressed, It, needs openings. When the Heart is open from a soul that knows what It is, then the Mind can bring forth Its ideas to be manifested as Creation. The Creative Principle in man or any thinking being, is the expression of Source through Pure Potential Energies known as

thought. Hence why the 'God Principle' is thought. For thought is the Energy of Connectivity in line with Creativity. 'As you think, so you are', Full Conscious Awareness on Our behalf. The Connectivity is Pure Potential Energy. What is Pure Potential Energy? It is Spirit. What is Spirit? Spirit is the flow of Pure Potential Energy known as sub-atomic particles, (Light), Involved, Convoluted, and Evolved to Be. All That Is, Is Everything. Everything is Beautiful in Its own Way, because each particilized particle carries within Pure Potential Energy of Creativity, waiting to Be expressions of intensities.

What we call Quantum Physics, black holes, even gravity is the Force of All in equality. What do I mean by this? Each sub-atomic particle has a corresponding affinity. Each has within it from its Core Source, Pure Potential Energy. When it Re-alizes what it carries, its innate sense is expressed when it connects! This means that within space, even within a vacuum, is the potential of manifestation of Creativity as All is alive within. 'Everything connects to everything else'.

All Source is, in the 'end', is the 'never beginning' of Infinity. It is like the Benzene ring, the serpent swallowing its own tail. Why? Because All Is One, All in All. There is No separation as All is inter-connected. Do you realize the potential of this? Do you realize the magnificence of the Real-ization.? It is that YOU, following this and every-thing, also has within it, the Power! What is this Power? 'God' Real-ization. Full Creator Creativity. Full Conscious Awareness.

When One can control ones Energy, Pure Potential Energy, One has the ability to create manifestations according to the Souls Sincere Desire. If a soul does NOT know the Truth, it will not be free and will remain in the cycle of re-volution until it comes to Full understanding of the Principle to Be. Thought of Full Conscious Awareness is the intention given to the plan. The plan is the Eternity set in the Heart, in the Soul, manifested from a Heart of Gold. Only the Pure in Heart can perceive 'God', (Goodness). Only the pure in Heart set as gold can draw forth Wisdom to unfold. If Wisdom is the first of All Its works, then Wisdom is the Principle thing. She is conjoined with Love, and hand in hand of ONE accord, to bring forth Pure Pro-Creation as Truth. Knowing Truth sets Truth free. The Truth, the Whole Truth, and no-thing but the Truth.

Only those who understand the Plan can be the Revelation, the re-vealment of Pure Potential Energy, as the 'sons' of God to be re-vealed for All Creation is waiting in eager expectation for US to Be. To Be All That We were created to be, Pure Potential Energy. Source expressed as Gods. Like 'Father like Son'. Source manifested in multifaceted, multidimensional forms, expressing Self as Beauty. Why? Because Every-thing is Beautiful in Its Own Way. As Beauty

is the expression of an En-Light-ened Being, (the homo-luminous, the Being of Light), It expresses Its-Self in Creativity. This Creativity is Beautiful because it is coming from Pure Source WITHIN. IT is in tune within, bringing forth Harmony. This is the Harmonic Resonance of Pure Potential Energy known as Source, The expression of expansion of Creativity. Purity of Heart and motive Power expressed as thought through Mind-Full-ness, (Intention), of what it intends to Be. All That Is!

All That Is, is at Peace with Its-Self, because It is in alignment with All Creation. It is fully connected with Every-thing else, seen and unseen. This is the Path, this is the Plan, and this is the Joy of the unfolding of 'man'. Full connectivity with Every living thing is the intuitive feeling from within. The Heart Knows because it is in the Soul. The Soul is the Creative opportunity, waiting to be unfolded through many splendid things, (Love, Wisdom, Truth, Beauty, Harmony, Peace and Joy = Power). The Power is the Pure Potential Energy held within, to be expressed without so that All Creation can unfold in raising Its vibrational 'States'. We are the Centre, the circumference, the eternity set in the Heart. Full Pure Potential Energy, now where do we start?

The higher the thoughts are the more elevated the thought can travel and connect too. As ignorance is represented as darkness, enlightenment of Full Illumination is manifested in Intelligence. As Source, Pure Potential Energy is waiting to be 'harnessed', our corresponding enlightenment of our innate intelligence of interconnected forms, connects us to the same resonance that the Cosmos carries as it rides upon those wavelengths. When we come to the understanding of Ideas, (thoughts), and Principles, (unfolding revelations), this creates 'law', which will be the manifestation of Mind as motion. From here these connect Pure Potential Energy waiting to Be.

These are the essences of All things, subatomic particles of Infinite degrees. These are attracted by Energies that we carry within. We are 'magnetic mediums', dynamically connected with chemical affinities. As these expand, we 'spin' these energies within and around us by cohesion, as like attracts like which is the atmo-'sphere' in and around us. This is spirit connecting to spirit, vapour trails! This manifests as substances or composites, as All are interior productive causes expressed as spiritual essences. These essences expressed are self-generated within as in-form-ation, known as Intelligence. Innate Intuitive Ideas expressed as the expansion of powers within our soul through Spirit known as God to Source. Hence the circle is complete, and the affinity is US that We meet!

The Hu-man 'race' needs to slow down to keep pace! Missing the path, misses the plan. The

plan is the unfolding of man! Simply Being can breathe, for the Spirit flows in Response to our abilities, Responsibilities. Calm and collected and not swayed, not tossed and turned around or about in various ways.

Harmonic Resonance with All things, IS the Duty, the Principle thing. We carry Love within our Heart, for to be Creative is to be set, apart. Not separate, but full of Love, for this is the Eternal flame. Love is the Light that leads the Way, the path, the plan, a bright sunny day. A day is like a thousand years they say, then pray tell, what are YOU doing here to-day?!

Time does not exist for One who Knows, because All Life within just flows. No past, no present, no future per se because All YOU have is opportunity. This opportunity is for YOU to know why you are here for you to grow. YOU are the flower waiting to unfold the many manifestations within that YOU hold.

Oh, please dear Hu-man, please understand, and don't trifle about with what you don't understand. Stick to the path, stick to the plan, and unfold in Love from the Heart of Gold, the eternity set there waiting for YOU to Be, to have and to hold. Your Heart is your home, your abiding place, this is what you could call infinite 'space'. The expression of All That Is, Is YOU, please 'see' that you see it through. The 'futures' so bright, you won't have to wear shades, because you ARE the Light in various ways. Let your Light shine then for All to see, this IS the unfolding of the mystery.

Oh, mysterious Hu-man, you make Me laugh, why do you grovel around in the dark? Turn your Light on and then you will see, all around you are opportunities. Opportunities for you to expand, to Be the Creative Principle in this land. Not a land of confusion that pulls down, but to bring the Resonance of Harmony, uplifting All around.

You came here to play your part, part of the Whole, Whole of the part! It's all a stage for many to believe, whatever they want to, whatever they need. The need to express your Self is why you are here, to be the 'actor', to make a Big scene.

Oh, the spotlights on, the shows about to start, will you step up and play your part. Will you be the expression of great, greatness in this material place? Laugh, dance and sing, for this is your time, your offering. You offer your Self in all its forms, to express, expand and perform. The performance is about to start, a 'hush', a silence from the 'wings', the performance is called A MANY SPLENDID THING.

Lights, action, cameras around, We are All part of the play, as many have now found. You have now found out about All That Is, now Be who YOU were meant to Be, the many folded unfolding of Pure Potential Energy.

Explosive clapping all around,
Feel it, feel it, in the ground,
The ground is your Heart,
Welling up for All to see,
That YOU are connected to Source,
Pure Potential Energy.

Shakespeare! Or whoever you are, you are amazing, you are Art, I Love You.

Thankyou my friend, We Love you too, you are amazing in all that YOU do. Thank you for being the Re-presented One. Thank you for coming to be The Song. You've got the Love, you've got the Power, for YOU are the analogy for All to see. What YOU can do with Source as Pure Potential Energy.

Continue to express All That you bring, for this is the song in your Heart that you sing. Sing your song loud, sing it strong, for it's your Power of Creative Energy, Interconnected with Every-thing, Love, Wisdom and Power is what you bring. Be All You were meant to Be.

Once again, before all this, I was lying in bed in the 'dawn of the night', digging deeper within. Sometimes it's almost a frustration of waiting to express this feeling of Knowing that there is so much more and knowing I am not just a 'dot of sand' but interconnected with Every-thing. Here in my Heart I feel the rising, I feel the Power, I feel the need to Know Every-thing. I need to connect with the Ultimate Source, to find out what 'It' is for sure. As I went deeper, I went back in time, to the 'never beginning' (oh no, this all still rhymes!).

As I lay on my bed, I focused my intention internally. I looked within and could perceive the flow of Life, flowing through me. The blood, the oxygen flowing through veins, circulating around and around, again and again. As I looked, I could start to perceive, living entities within me! We are microcosms of Cosmos for sure, but within are things smaller than these. Within each atom moving along, is another living entity which also belongs. All interconnected, All things living, moving and having their being, All In All. With deeper and deeper interaction with these sub-atomic particles, I came along side of them and started to literally feel Resonance. My body began to vibrate more and more, and I let it flow through its course. As this subsided, I was in a new place, All expansion waiting to Be.

Here in this place once again, I began to perceive the no-thing-ness, the waiting to Be. 'Space' I realized is something more, more than just darkness that's for sure. So once again as I waited around, I got a sense something was about to abound. It was like a sleeping giant

stirring within, vibrations started from the ‘never beginning’. ‘IT’ was awakening, and Self Realization was about to start, joining Its-Self in Its many parts.

The Convolution was the Involution like a Breath, Life began and started to Be. In time, (Billions if not trillions of years, which is hard to perceive), the Breath was taking in Its-Self and becoming Self-aware. Slowly but surely the spinning began, the Life form starting to coagulate in cohesion, ‘joining the dots’ as the subatomic particles particlized as space, darkness, blackness, as a black Whole. (Are not the dark and the light the same, Energy waiting to Be?).

As the Energy, Pure Potential known now as Source, kept re-arranging Its-Self in affinities. Each sub-atomic particle is Full Innate Intelligence, but part of the Whole, waiting to Be a Full manifestation of a Created Be-ing. As the Resonance went on and on, the attraction became strong. Vibration known as frequency, started to vibrate at the same rate as the Be-ing. This started to Resonate more and more, and in time be-came some-thing more.

Each sub-atomic particle was ‘talking’ to each other and they had affinity through correspondence, coherence. This correspondence and coherence were forming as a ‘collective’, each agreeing to do Its part. When this had come to fruition, they knew in their Heart, their Core, their Response, and ability. Here they became ONE MIND, and this would unfold over time, aeons upon aeons went by, when they eventually thought of an opportunity. This ‘opportunity’ came to Be because they were All in ONE accord you see. The thought then came forth, for their joining together on their part, had already created within an Illumination of where to begin. This in turn brought forth Harmony, the Resonance of equality. As they expressed this among themselves, they came to an agreement known as ‘wanting to Be’. Here they All were/are waiting to Be, and an innate Principle was forming within. As this gathered more and more, the Intelligence of the collective came forth. This generated an enLightening and this is how it All began! “Light come forth!”

In the never beginning Creative Source, known as Sub-atomic Energy, expressed Its-Self as Connectivity. This connected Collective is known as Pure Potential Energy, waiting to be expressed in Its many forms. Innate Intelligence had now formed, to bring forth direction of Re-sponse-ability. When It knew What It was, It knew that whatever It thought, would bring into manifestation in Its due course. Thus, the weight of responsibility, was upon Its-Self, Its own ‘shoulders’ for what would Be. Every-thing else of Its-Self watched with bated ‘Breath’, to see what It would do. It then decided within Its-Self that whatever it thought as ONE, would be an expression of the Whole. No part was Its own, for All were now Fully connected. In determining this responsibility of opportunity, only Goodness could come forth and

whatever It expressed was going to Be Pure Potential Energy. As It was fully connected, fully integrated now as ONE, ONE Heart, ONE Mind, ONE Soul, ONE Song, resonating along. It was expressed as Pure Potential Energy known as Spirit(uality).

“In the beginning was the Reason, and the Reason was with ‘God’ and was ‘God”. It could not be anything else, but Pure Potential Energy sent forth from Its-Self in Its various Self expressive manifestations. Always and forever, waiting to Be, Eternity to Infinity and beyond.....

And here We All Are!

And now The Analogy

I was watching the Path, clean, clear and straight. It moves in an upward incline for greater heights are to be unfolded to the soul, as it rises to higher states, (of Heart, Mind of Soul). As I watched, I saw feet appear, walking along. Then legs, knees, and thighs. A belt of gold from around the chest to the waist. Then as the body unfolded as it walked along on the slight incline, the stomach, the chest, the arms, and neck toward the head all came into the scene. The many splendid thing was slowly unfolding before my eyes as the walker on the Path. This Being was naked for all to see, (apart from the Gold covering), with nothing to hide, all exposed to come what may. He was determined in his Heart, to finish this Pathway, to finish his part. He knew the heights were still to be climbed, but oh how far he had come, you cannot surmise!

It was like the Path was floating above, not quite touching the ground below. Every-thing was Beautiful all around, below him on this ground. He walked Lightly and fluidly in his steps; his eyes fixed on the Eternal Path ahead. He was not dis‘tract’ed with any other cause, because he now knew that he was now in an ethereal place. Alone but never alone in his Heart, for he knew he was just doing his part.

As the Representative One, he knew what he was and what he would Be-come. As part of the Whole, and knowing his part, he walked the Path in Full Illumination, for the Sun was in the ‘sky’, but the Light of the Sun was all around, even in his Heart. His Countenance shone with Light, as he was an enlightened Be-ing.

A Way shower for others to follow, as he had followed others that also had trod this Path.

One Plan, One Path, One Way, One Life,
Be the Representative One, Be the Light,
Let your Light shine for All to see,
For you are the Response, the Opportunity.

‘Shine on, you crazy Diamond, Shine on, Shine on’.

12th March 2020

The ‘Russian Doll’ Effect

Imagination time! A circle within a circle infinitely. As the Centre is also the Circumference. One in All and All in One. The microcosm is the macrocosm and the macrocosm is the microcosm. In All, through All, in Every-thing, All moving, All Living, All in All. The microcosm of unseen entities, known to us as sub-atomic particles, are the building blocks of All forms. As Everything is Alive and within each and everything is Life. This Life Force is known as Spirit.

Spirit is the Pure Potential Energy of Everything, from the micro-scopic to the Cosmic and beyond, from eternity to infinity. If we look within, we will perceive the Inter-connectedness of Everything. This is Harmony. Harmony is a vibration known as Resonance, Harmonic Resonance. This resonance resonates as a vibration because Everything is Alive. Each cell is its own Entity and resonates vibration-ally giving forth frequencies. These frequencies are Its innate probabilities, known as Pure Potential Energies.

The frequency sent forth is Its Heartbeat, Its pulse. This is the rhythm of Life force resonating with All things. As like attracts like, All living things resonate as vibration. These vibrations sent forth as frequencies, ride upon wavelengths or as an emitting pulse. Everything lives, moves, and has Its Be-ing as an Individual entity, be it from unseen spirit Life force, to seen physical manifestations.

All is Interconnected as a Whole, each part is a particle of the Whole, and each Individual particle is connected as the Whole, which is Its Identity, as Every-thing is connected. What we term Spirit, is the Pure Potential Energy of Everything in micro-micro-micro, the unseen. The unseen Spirit Life can see the unseen because Spirit is ONE. The only difference with you on Earth or any planet, is it is in the physical-ity. This is the same but in a denser atmosphere of Spirit.

As each component part comes to the understanding of chemical assimilations, i.e. understanding the composite parts known to you as the periodic table, you will come to an understanding of each part is interconnected as a Whole, bound together by its affinities. Jurisdiction of each part is the assimilation of each's parts corresponding facilities. Innate within, known as chemical coalescence. Each part carries within it, Its own full faculties, as each part is its own Individuality. Each part has within it, purpose. Purpose is built within to come to Full potentiality. This is the All in All, known as Responsibility. When each part understands its part, it will fulfil its role as part of the Whole, and in this, Every-thing, will progress in its evolution to full manifestation, All in All.

This is Source, Pure Potential Energy Realized!

Each manifestation from Source, is Its chemical balance, of re-cognizing within Its-Self, the Pure Potential Energy that it carries. The Resonance within is its song, its note, its vibrational frequency. This is the music of the Cosmos, Harmonic Convergence. The Cosmos is orchestrated by each part conducting its own symphonies. Therefore, All Creation sings when in tune with All, be it from the 'unseen' micro, to the seen macro, from Spirit to physicality. "While the morning stars sang together, and all the angels shouted for joy".

The Sound of the Universe is the ability to synchronize, to keep rhythm with the Spirit of Every-thing, Harmonic Convergence, All in All'

Just like the Hu-man body, a physical re-presentation of the micro and the macro. Each part is part of a Whole, and within it, (and around it), each part carries its own innate responsibility. If any part is not in tune, it will make dis-chord then dis-ease amongst its fellow parts.

Harmonic Convergence is the Cosmic Universal Principle of Harmony. Each part plays its part within, as the Great Orchestral Movement known as Life.

The Earth also has its own song to sing. The resonance of the Earth, as One of many parts of the Cosmic Whole, is still waiting in the 'wings.' The Earth carries within it Its own vibrational frequency. Gaia is Its Consciousness. Gaia's Responsibility is to bring to Harmony All the Earth, in it, on it, throughout it. 'She' has the Responsibility to bring to fruition the seeds scattered upon its surface, known as Hu-man beings. When Hu-man beings come to Self-awareness, Self-realization as Higher Self Fully integrated on Earth, then connectivity with Gaia and All Living Entities Everywhere will come. What is the frequency of the Earth? Now, many parts do not know their purpose, therefore they cannot fulfil their Responsibilities. Each Hu-man has built within it the Whole! Yes, each micro Hu-man is a manifestation of a macro-cosm or rather macro Cosmos. Each note, (a Hu-man), is to come to fruition as a Master of Self, Awareness, Realization and integrated with the Whole. Be it from Its

collective of ONE Soul to Planetary Princes and Princesses like Gaia. Your Consciousness is to make a choice, free will, will I or won't I? This is your decision time, which is WHY you are here. You didn't come for a holi-day, you came to play your part.

To get on with the show is your main event, your prerogative. Unless you come to the Full understanding through Full Consciousness, you will continue to grope around in the dark, and not be the Representatives that you set out to Be. Be-coming All you were meant to be, is your Responsibility to fulfil your part, in the Great drama known as Life, your Opportunity! "All the Worlds are a stage, and all the parts, the men and women are merely the players".

You are here to play your part as ONE. ONE NOTE, ONE SONG. This is the Harmony of Harmonic Resonance, to sing Your song. Hu-manity is lost in a fog of mis-understanding its purpose. You are here to be the Way-shower, to get them back on track. This is the Path, the road to enLightenment. You are the Sunshine of Life, a Ray of Illumination shining to the Perfect Day. (A Day is like a thousand years). Be the Light, emit the Light, Way showers unite! A united front for All to see, this is your note, your song, your Responsibility. This is why you came, to be the Representatives in 'His' Name. Christ the Consciousness of the Earth is your Responsibility, this is why you were birthed.

Give way to precedence, follow your Intuition, and follow your Heart. Listen to the Sound within, listen to your Heart. This is your song, 'built in' to your ground, the resonant frequency you carry around. Be in tune, and sing your song, make an appearance It can't go wrong. Two wrongs don't make a Right, for Right-eousness established as Truth is your delight. Let your Light Shine for All to see, this is your Responsibility. The Light of the World is All of You, please carry it out, and please SEE it through.

When you all come to Be in ONE a-chord, you strike the Note that the Universe knows. This is your Interconnection with Every-thing, your note, your song that you sing, your offering. Full integration is Full manifestation of appropriation. No missed opportunities, Gods in part is your Responsibility. I AM is IN you, this is your part, the Whole that you carry in your Heart. Your Heart is your Soul moved along, by the Spirit of Life, to where you belong. Everywhere and in Everything, this is what it is to Be a God Be-ing.

How long this will take is up to YOU, because of free will is what you will to choose! Do not complain that this is all wrong, for it's up to YOU to sing your song.

(Picture: A woman going up to a counter and pulling out of her bag something she bought, (brought), and complaining that it doesn't work. The person behind the counter says, "Did you read the instructions?" The woman looks embarrassed and puts the 'thing' back in her bag without saying a word and walks out in humility).

‘Time’ to wake up my friends, the alarm clocks ringing and you’re going to be late. The show is about to start, you’re not even dressed, so how will you play your part.

‘Time’ to Re-member the lines that you sing, ‘time’ to bring your offering.

(Picture: A man standing on the corner selling newspapers. “Step up, step up, read all about It, the latest scoop, the latest story is that Hu-manity is missing its Glory”)

Good News isn’t bad news in disguise, it’s just mis-represented in your eyes. Open your eyes and then you will see, the Path before you are not full of lies. Walk ahead, take a step, you will find it’s an easy tread. The Sun always shines on those that Know, ‘come follow’ they cry, see them go. ‘Time’ to decide on your ‘part’, don’t get left behind in the dark. Light-showers lead the Way, they’re here to ignite the spark, the Flame. Open your Hearts to what they say, they ARE the Representatives in ‘His’ Name.

15th March 2020

Flower Power

‘The flow of Life is the flower of Life within’

‘To unfold the flower is to unfold the power for eternity’. What? Why? Where? How? What does this statement mean? As I am led, so I am fed. The food for the soul is the Life force within. The soul is the seat of Response-ability, but the plan for the soul is the pattern within. Many years ago, (once again when I was in the system), I was given a picture of a fine formed man wearing only a loin cloth. He was standing next to a large tree on the edge of a field.

There were flowers around his feet, he stood there like the perfect specimen of a human being. In his hands he had a gold bow and arrow, he lifted the bow up, set it into the position of perfection and then with his magnificent physicality, pulled the string back and the bow was at full tilt, the arrow in the centre of perfection. But there was something missing!

A voice then spoke to me and said, *“If I gave you a bow and an arrow but no target, what would your aim be?”*

I could see the tension in his arms start to ‘quiver’, and beads of sweat started to appear on his brow and throughout his body.

The voice continued, *“With no aim, no purpose and no target, you will just be highly strung. To direct your flight, you must have intention of purpose. What is Life without purpose? Let your aim be true.”*

‘To unfold the flower is to unfold the power for eternity’.

‘You are the flower waiting to unfold, the many manifestations within that you hold’.

‘Each part has within it, purpose. Purpose is built within, to come to full potentiality’.

The three quotes are what we have just recently given.

Man is the measuring stick of the universe, inoculated and calculated. His representation as the many splendid thing is the epiphany of every-thing. The microcosm of humanity is the macrocosm of the cosmos you see. To infinity and beyond. Where there are many worlds, there you will find ‘man’, because man is the plan, the purpose, and the principle of All in All. Man is the originator of All, be it from the Biggest, to the small. Look inside and you will see that man is more to the eye than you can perceive. Seeing is believing but knowing is perceiving.

Everything has a purpose, and everything has a pattern behind that purpose. To find the purpose of its intent is to find the pattern of its purpose.

16th March 2020

‘And when I am lifted up, I will draw all men to my Self’

Why this line? I have just had a conversation with the Collective, which is the Energy of collective minds. Through the flowing of articulation, ‘I’ have been trying to understand the power of the Life giving, Light emanating principle called Love.

The flower of Life is the representation of the Centre as One. Within the One Centre circle contains All That Is needed to create. Why? Because the Centre is the Heart of the ‘matter’. I have just been shown through the ‘backdoor’ of Source how this came to be. Space as we see it looks black, but to see black means to see something. If we cannot see it, it doesn’t mean that it doesn’t exist. Spirit(s) would not see black, (I am talking about en Light ened spirits), Why? Because what one sees is what one wills to see! In other words, one’s perception is the Reality of what one chooses to see or perceive. Seeing something in its material form is just believing that what it is, is.

I see people in this world walking around everywhere who are not even conscious. Millions upon millions of potential souls buried in their own minds, under their own illusions that have been formed from their thoughts of thousands of years. People don’t even see trees, let alone the forest for the trees. They walk along blindly oblivious to the life forms around them that are re-presenting themselves continuously to get humanity to an understanding of Creativity. Unconsciousness is the number one ‘mental’ problem. Unconsciousness is because Truth has

been buried and lies of mis-representations have been pre-sent-ed to the world over thousands of years and solidified into beliefs. Do this, do that, be this, and be that. Sheep are stubborn and fearful. When intelligence is lacking and does not question anything, it follows the programming that has been set around it.

The basic scenario of an unconscious entity, i.e. a human being is this: Born, school, job, find partner, get house, have children, collect as much stuff as possible then 'die!' This is the recycling of misplaced energy, this is mis-appropriation of Life, because of ignorance. Programming through thousands of years of not understanding Life's Purpose.

Here are the '7 Deadly sins' or Worldly systems:

- 1/ Money. Materiality, greed, covetous etc.
- 2/ Governments. Politicians inventing policies and procedures procuring your prison.
- 3/ Religions. Beliefs with more policies and procedures. Goes well with 1 and 2.
- 4/ Media. Journalism, news of the world, ruled by 'mega mediums.'
- 5/ Big Pharma. Drugs, pre-scriptions, sedatives and all associated influences.
- 6/ Education. Rote learning by others, mis-information, no spiritual awareness or applications.
- 7/ Military. Armed 'services!' War, fear, control. Goes well with 1, 2, 3 and 6!

All these are inter-related as control. If you belong or sub-scribe to any of these, you may be in darkness and ignorance and DO NOT have free will. For whatever controls you, owns you!

So, this morning the Collective, through the Great White Brotherhood, Councils, Elders, God, and Source, explained the 'Truth' of what it is to be made in the image.

Spirit world is All around us, in It we live move and have our being. Spirit is Energy. All Energy is potential for creativity. 'Are you not Gods?' Creator Source is pure potential Energy of Infinite Intelligence. To be made in the image, is the image of this as Creators.

'Understanding of what we are about to say is the crux of the matter'.

Source is Energy, because All is Energy, Pure Potential. Space, that black area we define in the night sky, is also, or rather IS this. Space is Light or rather Energy. All Energy everywhere is the same, for 'God' does not change. 'He is the same yesterday, today and forever'. Then you say, what is God? God is the Re-presentative or Re-presentation of Source. Each part is the Consciousness of how much of this Energy we can assimilate. As Source is Pure Potential Energy, each entity in the Cosmos that 'lives, moves and has its being', is able through the evolution of expanding Energy, to tap into this Source. The more one comes to the awareness, (consciousness), of this Energy, the more One can assimilate AND flow this Energy. This has

all been talked about before, written about, discussed and even some have managed to appropriate It.

When I was being shown the 'back door' of Source, it looked like I was seeing things coming from behind, even though there is not an up or down as such. So, the statement 'as above, so below', is an analogy to get us to understand, passed the way we see, to perceive that All space is in the same place as Pure Potential Energy. Energy was shown to me as 'no thing'! How can one see nothing? Well, as once again, like attracts like, you shall see that Energy is 'magnetic', it can be attracted or re-pulsed.

Gold is a pure conduit, which is why it is valuable. To put gold to its proper use, would make it very valuable. Gold is an analogy as we have seen, we can carry within us the Heart of Gold. This is the cave not made by man's hands, this is chiselled out in us, by us from within. The Heart of Gold is the purity of the soul. For Spirit, Essence, Ether, Energy, to flow through it, it must be of pure uncontaminated substance that also reflects this Energy of Spirit, because 'God' is attracted to Its Self as like attracts like, like a man who looks in the mirror ever beholding the face.

The Heart is the representation of Life, beating and pulsing, keeping the flow of Life moving. The Heart is the representation of Light, as Light shines to illuminate, not only within, but out. The Heart is also the representation of Love, the quickening, the spark, the fire, the Flame, connectivity of feeling and thought, the emitting thing. Each Representation is the same, they are the 3 in One. They are the, Life giving Principle, the Light emitting Principle and the Love manifesting Principle. All Cosmos is based on Principles, then laws, ideas etc. So, the Centre of the Cosmos is exactly where your Heart IS!

All Energy in the Cosmos flows continuously, as nothing remains still. Every-thing is moving, living, and having 'Its' being in Its-Self, according to its own conscious awareness of what it is. Thus, the Creative aspect of Every-thing comes from within. Each Hu-man is a representation of the Cosmos, the micro of the macro. The organic substructure of a human being corresponds to its assimilation to its environment. Whatever the human feels, thinks and emits, is what it is composed of. 'As a man thinks in his Heart, so is he'.

The Energy of the Universe, Cosmos, to infinity and beyond, is the Pure Potential Energy of Every-thing, waiting. Waiting to be harnessed, waiting to be used, as Energy must flow as an ever-expanding thing. This Energy has ALWAYS been, this is Source, this is God, this is All manifestations of Every-thing, waiting, waiting, waiting.....

'It' is Pure Potential Energy waiting to be expressed, because the more it is expressed, the more It evolves through whatever manifestations that is created. It will unfold, this is Eternal

Life; this is the Life-Giving Principle of Every-thing. It is Free Pure Potential Energy. It is the Life Force of everything, continually alive, waiting to be expressed.

Oh, you say I know that! Really? If you did then you would KNOW that this Pure Potential Energy is also YOU!

As like attracts like, Love attracts love. Love is the many splendid thing. Splendid, not corrupted, not disharmony, not mis-directed Energy. To BE a Creator is to bless All. Because the many splendid thing is the Life Force of All. A true Creator understands that everything It does, does not mis-direct Energy. It knows that Its Pure Potential Purpose is to express the many splendid thing in blessing Every-thing.

A light house is a beacon, a tower of Light. It sends forth the Light within, out. It is a Self-generated Energy. It is a 'beacon of hope for Hu-manity'. It attracts those who are searching for a passage Home. To Be the Light of the World for All to see, means to Be that Representation of a Light House, Self-Illuminated from within, out.

Pure Potential Energy is 'sub-atomic power'. It is Pure Potential Power attracted by whatever correspondence comes into its wavelength. To be on the same wavelength as the Pure Potential Energy, is to ATTRACT It to one's self through one's own Self generating Energy stored within.

I was shown this Energy waiting to be harnessed. It is non discriminative. It does not distinguish between 'good and bad', because it is Innate Power. This Power is the Life Force of Every-thing, whatever WE CHOOSE IT TO BE.

Throughout history we have attracted this Energy always to ourselves by the corresponding thought that we carry. What do I mean by this? Thought is formed when it 'pulls' in from the Cosmos this Energy, as thought is Energy, $E=MC^2$ is Energy, (attracted by thought), matter through Light. Light is the expression of Consciousness. Now as stated, Energy does NOT distinguish between 'good and bad' thoughts, depending on what they may be. But the connection to Energy is harnessed by the Intent of that thought, because thought is frequencies. Energy rides on wavelengths that can be harnessed by thought intention as like attracts like that WE have created.

All the thought forms around us, either through pure intent or mis-spent energy, has come TO us because of the attraction of this Energy. If our thoughts have been of pure intention, they would have created pure manifestation. Why? Because the 'pure in Heart perceive Goodness'. We live, move, and have our be-ings in All the thought forms that we have attracted to ourselves, be they 'good or bad'. Therefore, we have created the world that we live in. Thought forms DO NOT 'DIE' as they are Principles of Creation from the flower of Life in

Every-thing. Each living entity is a manifestation of Creative Energy, like attracting like and repeating the pattern.

The pattern is the flower of Life, manifested by the repetition of the same pattern that was set from the 'never beginning'. The tree is in the seed! The seed contains within it the Pure Potential Energy to bring forth after its own kind. Human-kind or even man-kind is NOT fulfilling his purpose as Pure Potential Energy as Spirit/Energy Being. Mankind has attracted to himself, the energies of mis-appropriation, from all the many mis-manifestations, of thought forms that he has created over thousands upon thousands of years. Connectivity with whatever we think, will bring into one's life that 'creation', as once again, like attracts like, it is a universal law of the Cosmos.

The power is in man, when man-kind understands this basic principle, he will start to project his feelings, his intentions into better manifestations and not drag 'up' from the 'past' his mis-spent energies. The law of karma is the past manifesting in the pre-sent. If you do not dissolve or deal with the thought forms, the feelings, the intentions of mis-creations that have not been Life, Light and Love giving, they will follow you all the days of your lives.

A Conscious species would understand basic principles, and come to a greater understanding of these principles, as it opened its Heart, to attract to it every-thing that is of good report. 'Whatsoever is pure, lovely, etc, think on these things!' The old saying 'stinking thinking' comes to mind.

The Great White Brotherhood, the Collectives, (Angelhood's), the Higher Selves, the Councils, the Elders, are STILL here supporting us to bring us to Christ Consciousness, to guide us, to get us out of the pits we have made through all the many mis-directed energies that we have created. These energies are the thought forms of OUR emanations, or these emanations are the energies of our mis-directed thought forms covering our planet called Earth. We are still living in the dark ages when we hold onto these past mis-applications. These are the so-called beliefs that we cling to, or rather cling to us, as we do not understand what we are and what our purpose is.

Our purpose is to Be the Representation of Source, Creators to the Universe. To 'show and tell' for all to see. Until we Awaken to our greatest Responsibility, which is to Be 'God' in flesh, we will keep drawing to ourselves the thought forms that swirl around the Earth's atmosphere, keeping us in the fog of disillusion.

Gaia is so patient. She is Pure Consciousness. As a mother figure she is the Representation of Source which is Full Conscious Awareness of Purpose. Ignorance is the greatest bane of our society. Unilluminated minds that cannot perceive, because of the emanations of thoughts

called beliefs, that are keeping us bound, (to the ground), in mis-directed energies. Only when one comes to the end of them-selves, i.e. selfishness, will they come to understand that Everything, (and Every-One), is All interconnected, the Law is ONE.

Grovelling around in the dirt and dark, is because the thought forms that surround us are in ignorance, and we carry them around in us, and ON us. To Be all we were created to Be in the Image of God, which is Love, Light and Life, is to come to the Full understanding of the Full potentials of Energy, that we as Spirit Beings, carry or attract to us within. When purity of the Heart is established, then Wisdom can take up Her seat, and Truth will, (once again), be established in the land. This in turn, (once again), will purify the atmo-sphere we live in and bring forth Everything that is Beautiful, which is the Harmonic Resonance of the frequencies of All Energies into Unity. This brings Peace and Joy into the Life Force known as the Human Be-ing.

The Hu-man is a Life, Light and Love Force of Energy, known as Spirit. Spirit is the Energy of Every-thing. Splendid as It is perfection from the never beginning. Through this Energy, known also as the flower of Life, It must be unfolded to the Light. This Light is the countenance of Its soul, the Life-giving principle for All to behold. We call this principle Love, because it emanates from the Centre of Life, giving forth Light for All to see. The flower of Life is found within Everything because it is the building blocks of establishment. As everything is Energy, these sub-atomic particles have within them a plan, a design, a purpose, they are the pattern of Life.

Like crystals which hold energy, everything is really crystallization of Energy in manifestations known as matter. These are geometric patterns that can be used to bring forth creative principle that is held within everything. Pattern upon pattern, mould upon mould, just like a human being, a pattern, a mould. They are innate, they carry within, the principle thing, Life, Light and Love. (Love is the Light expressed through the Energy of Life).

The innate within a Hu-man being, is the expression of expanding Energy. The Creative Life Force within, needs to expand and change, for without It we would just remain the same. We are to expand our Consciousness, because this is what we are, Creative Consciousness, the God, Being. Full Creator Consciousness is 'God' realized. The Hu-man is to change into the Full manifestation of seeing it through. What do I mean by this? To see clearly is to SEE CLEARLY. We are Light, Being. Light is Illumination of the Consciousness that we carry or attract to ourselves as Pure Potential Energy. We were never to remain 'as is where is.' We are evolving to Be-come Pure Potential Energy, Gold, (God), realization.

Sons and daughters of God manifested in the flesh. We were never meant to just be in the

flesh, live a life, then 'die'. We are Eternal Energy, Source realized in Full potential of power, of purpose, of purity. Wisdom, Power and Love, (omniscient, omnipotent, and omnipresent), the expression of Divinity, the 'holy trinity', Love, Light and Life. 'It does not yet appear what we shall Be', that is because we have not understood the Principle of Being. Being All WE ARE created to Be, Pure Potential Energies. The Being of Light, Homo-Luminous, crystallized thought Forms, manifested as Reality, Spiritualized Energy.

Oh, how little we understand when we forget our purpose, when we forget our plan. We miss the mark, we miss the path, and go a wandering in the dark.

Oh, twinkle, twinkle, little star, how I wonder what though ARE.

Now I think I know what 'they' tried to say to me.

No more wandering stars, no more mis-placed energies, Created to Be.

Trinkets of false gold do not unfold, what is truly within the soul.

The expression of man is the plan, no more mis-spent energies.

Attract to your Self, All That Is, good and pure, wisdom and love.

Along with your Self, you will see, that all around is Pure Potential Energy.

Creators of Beauty for All to see, you are the plan, the purpose to Be.

God realized is what you are, no longer wondering, a wandering star.

Self-realization in Full communication, with every living Entity.

Is Gold Real-ization in full manifestation, of what you are meant to Be.

So, hold fast, hold true, for what IT IS, IS YOU!

Hold tight to the reigns, and ride the waves, the lengths of Light that you perceive.

Let your Light Be for ALL TO SEE. And it was, and IT IS SO.

'And how you tried to set them free, perhaps they are not listening still, perhaps they never will'.

19th March 2020

The Sleeping Giant

We are neglecting our heritage and not accepting our inheritance, which is the Christ Self within. As we have lost our memory banks, we have once again mis-placed our Re-presentation of our Divine Right, (our will and testament), which is our Re-sponsibility to Be what we were created to be. The pure potential of energetic substructures we carry within, are our coded information of intuitive spiritual alliance to our Selves and each other. Our

misunderstanding of our true Selves have been buried under false representations throughout our historical heritages. If you do not know what you are entitled too, how will you execute your Responsibilities? Dogma, creeds, and laws have suppressed our true intrinsic nature which is Inner Christ potentiality of Angelic heritage.

The Angel within is the Light carrier, the Light bearer of the Divine Codes of the 'matrix' carried within the 'womb' of our soul. This is our DNA substructures of our lineage that we have forgotten about and because we do not 'give birth' to the 'inner child', we continuously 'abort' our own creative legacy. The 'sleeping prophet' within, is the Seer, the 'Watcher' and the 'Gate keeper' of the hidden mysteries that we carry. 'Awake, Awake, oh sleeper and rise from the dead, and Christ shall give you Light'. The ignition of the Divine Spark to the Eternal Flame, is the Inner Christ Self that struggles to awaken into Greater Light, the Freedom of Responsibility.

The inherent coding within the soul, is the power to re-alize, re-align and re-lease the 'Sleeping Giant' within. This is the Christ Consciousness of KNOWING, the latent Wisdom, Power and Love of the Truth that each soul DOES carry. Thus, the Freedom from density into Spiritualized Energy Consciousness, is the Christ Consciousness revealed and expressed as Freedom of movement of Spirit within. 'Are you not Gods?' Once again is the re-petition to awaken the dormant mouse that is currently living within a hole and not the Whole.

We are All inter-connected, be it to Source or All other life forms, as we have a Responsibility to steward this planet called Earth. We in turn connect with other spiritualized beings, be they from here or 'there'. As Gate keepers and Timeline stewards, we interconnect with others to bring us All back into our dynamic state of fully awakened, fully manifested, Angelic Beings. The Light IS ON, we just need to re-cog-nize it.

'Shine, shine, shine your Light for All to see,

This is your Responsibility.

Awaken, Awaken, Awaken the sleeping Soul,

This is your purpose; this is your goal.

Arise, Arise, Arise, and make a stand,

This is your time; this is the plan.

Enlighten, Enlighten, Enlighten your load,

Carrier of Light for you to unfold.

Live, Live, Live Responsibly,

All eyes are upon you, watching thee.

Love, Love, Love is all around,

Feel the pulse, moving through the ground.

Be, Be, Be, All you were meant to Be,

Christ Light of Angelhood, setting the captives free.

Your Freedom from Density to Eternity, is what you hold within. Lighten the load and let the Truth in. Your perception is for you to see, as you behold the Truth, you will then be free. Free to re-cognize that you are already free, as the Truth mirrors the Soul, more purpose, more goals. Attain another 'step' of Responsibility, and the 'drama' will all unfold before thee. This is the end of the '3rd Act', the stage is ready for your entrance, to make a Big scene. The hush, the curtain drawn is about to reveal, YOU!

20th March 2020

The Concert Pianist/Musician.

There was a press conference waiting in a side room of a lavish hotel. Next to this room was the lounge of the room that the 'celebrity' was in. There were 4 Kings and Queens seated against the wall waiting to meet this person. He was a musician, a concert pianist about to go on stage at the 'Royal Albert Hall'. He was nervous, as this was to be his finest performance in front of a very 'upper' class crowd. He was pacing around trying to get himself together. He eventually sat down, and I was on a 90-degree angle seated next to him. He didn't really notice me, as he was so pre-occupied with his own thoughts.

There was a movement behind a pot plant on a table, something 'spinning' on top of a Gold disc. It came off the disc and onto the floor, it was an animal crossed between a cat and an otter. It had sharp teeth and large claws and was beige in colour. The man, the concert pianist came out of his thoughts and re-cognized this as his pet, which calmed him down, shifting his focus. The 'animal' was playing around on the floor and rolled into my feet, from where I picked it up and looked at it. The man then noticed me, and I said, "It's an Ossirary". "Yes", the man said, making a connection with me, with which he felt an emanation from me to him. He then got up and said he must get ready for his show. So, the dignitaries lined up and he shook their hands, but before he even got to the last one, he came straight over to me and said "Who are you, and why do I feel this way. I feel a stirring within me, and I don't know what it is. But you do, please tell me what it is? So, we went and sat down, this time I was facing him with my knees almost touching his. He looked into my eyes like a curious thing, waiting expectantly at what I would say.

As I looked him in the ‘eye’, I was looking within. I was emanating Energy to his Heart, and sending out Resonances of frequencies of Light, Love and Life into him. He started to feel this, as I was igniting his spark and fanning the flame. I could see he was warming up, and that the Energy was stirring within. I did my part and let him receive, he then got up to leave. As he was about to go out, I got up and placed my hand upon his Heart. His security team were concerned, but could see that no harm would come, so they stood behind watching me. My eyes were closed and so were his, as the Energy had now made Full connection. I spoke in a foreign tongue, energy still building in my Heart, then spoke these words as it departed into him.

“I call forth the Divine spark from within, the Energy of your soul.

I fan into flame the Living Ember that you hold.

Go forth young man and give the performance of your Life.

The Energy that you now hold is to come forth like Gold.

The finest Element in your Soul is to just let it go.

Rise up Oh Living Flame, come forth in that Name.

You are now a Representative One, for this is why you came.”

I pulled my hand back and I could see the relaxation on his face, his countenance was Peace. But then the ‘mind’ started to reason ‘what is all this?’ He switched his mind back to his old ‘state’ and was flustered again. He hurriedly put on the rest of his attire and went out the door. I left going down through the lobby, almost tripping over someone’s wayward baby! I smiled at the mother, who was a little lost, who apologized to me. Down and outside I went into the lobby, I was not going to the show, for I had now done my part. To impart the Energy, I carried in my Heart, to ignite someone’s Divine spark.

As I was about to leave, a man behind me said, “I know who you are, carrier of Light. ‘We’ do not require your presence, for ‘we’ are the management of the one you met, and we control the show”. I looked him in the ‘eye’, my fire burning bright within, I said nothing, but he felt the Energy coming forth, and he silently shrank away. I stepped outside into the night looking at the stars, knowing that when the pianist would step out onto the stage that the fire would start to burn bright.

The Energy of the Soul is to be released, for this is Its purpose, this is Its goal. Expression of Creativity, the Life Current to let it flow. Let It go, let It go, let It flow.

(“Go, as you will, so be it decreed, Master are you of your destiny, free to take or reject at will. Take you the Power, take you the Wisdom, Shine as a Light among the children of men.

Wisdom is power and power is wisdom, one with each other, perfecting the Whole. Follow your Heart, your Soul. Make for your Self, Love, the beginning, and end of the Heart. The wise man lets his Heart overflow but keeps silent his mouth. Listen to the voice of wisdom, to the voice of Light. Grow you through Light to Infinity's All. Child of the Light, shining with brightness, star of the morning, bright morning star. Sealed in your Heart is Eternal brightness, Sun of the Sun, a child of the stars, and a child of the Infinite Cosmic Light. Consciousness free is fused with the Cosmic, One with the order and Law of the All." Thoth)

22nd March 2020 (Trigger words)

Representative: Allegoric, Symbolic, Sign. Negotiator, Communicator, Soul, (Individual). Voice, Expression, Way, Part, Tune, Sound Out. Example, Information, Lesson, Warning, Word of advice, Monitor.

Responsibility: Duty, Obligation, Written Agreement, Understanding. Instrument, Means, The Way, Composer, Writer. Sphere, Influence, Celestial, Empyrean. Glorious, Bright, Known, Beautiful. Field, Battleground, Field of honour, Field of Force, (Force Field), Theatre, Earth.

Opportunity: Possibility, Outlook, Beingness. State, Authority. Spirit, Chemical Phenomenon, Evolution, Change, Subdivision, Written Material, Communication, Connection, Union, Brotherhood, Family, Link, Nexus, Hold Fast, Soul, Series, Order, Decree, Enactment, Passage, Change of State, The Way, Journey, Path, The Way of Life. When there is ignorance there is no opportunity.

The Law of ONE

The Dweller on the Threshold

Picture time! I was in what was like a ceremonial place. I was standing at the bottom of 3 steps. At the top of the steps was a platform approximately 3 metres square on top. On top of that platform was another, but about 1 metre square, all the same thickness as the steps. On top of the top platform was a huge crystal, approximately 2 metres tall and 1 metre wide at its centre, tapering off to the bottom. It was emitting Energy and I was to approach the crystal and become One with it. The passage I received was 'Who can stand before the All-consuming Fire? Only he who has clean hands and a pure Heart and has not sworn deceitfully in his Heart'.

The Law of ONE is Full Consciousness. The Way is through the All-Consuming Fire, the 'Flower of Fire'. "The Way was shut; it was made this way by man".

'In time and in Order, are the manifestations of the Principles of All operations. The ignition of the Divine Spark within, is the subject matter of proposal. The Law of ONE is the Unified Being, not subject to 'matter or/of opinions.' The Law of ONE is the Freedom of Knowing. The Self Aware, Self-Expressive expansion of experiencing ONES SELF. All in All, is the Law of ONE.

In terms of approval, ONE need NOT look outside, for the Law of ONE is the Dweller on the Threshold. The Sanctuary is not the mortuary, but 'death' must take place before ascending the steps. To approach the Light, is to know the Light within is the same in type and correspondence. The Resonance of the Heart is the Intuitive Reason of knowing that the same is the Same. 'You cannot become what you are not, and you are not what you Be-come!' This means the Law of ONE is IN operation within. For to KNOW Self, is to Be Self. There is no separation, no distinction when abiding by the 'terms of agreement'. This is the Law of ONE, AT-ONE-MENT. ONE moment is the ONE movement, the flow is from the Centre, which is also the Circumference, the ONE in ALL.

Light is the de-speller of darkness, but darkness is also within the Light. As Light is the carrier of emanation to manifestation, It, must have an opening, (window shown), of Opportunity. Here in the darkness, the Light awaits, always waiting for an Opportunity to Be-expressed. For without the expression, 'God' cannot be known as Self.

Always a-light, al-ways a-waiting, manifestation of expression of wanting to Be. To hold what is True, is to Be the Truth. The Way out, is also the way in. To unfold the Soul, is to release the Light, for the Light is the Sun of Illumination. 'Let there Be Light' and so It was, for the expression of Light is to Be. The 'many splendid thing', is its quality, expressed as a Manifestation for All to see. The All-seeing Eye is the potential for Life, for Life is the Light of the Soul. For Light to Be expressed, the Life of the Soul must Know, know what IT IS to Be. Unfold the Soul and watch the Light grow, expressing the feeling of Intuitive Reason, is the plan in the man, waiting to Be.

Oh, Dweller of Light on the Threshold of Reason, the Reason is in the beginning 'the Word', made manifest in time to Be heard. To express the Word, is to Be THE WORD, the silent exposure for All to Be heard. 'Sonic' Resonance is the sound, the vibration of Tone that is All around. Simple these things are, waiting to Be, the expression of Life called 'Divinity'.

Oh, Dweller of Light within, the threshold before you, this is where you Begin. Knowing that you are the mirror reflection, take a step, a hold to perfection.

Oh, Dweller of Light waiting to Be, look within, there sits Eternity. The Heart of the matter is easily found, for the Light of the Soul is All around. All is ONE, and All will Be, for the expression of Light is for All to see.

Be-holder of 'time' and of 'space', this is your time, this is your place. Place holders of Light, Eternity bound, RELEASE THE LIGHT that you have found. The Light expressed is the Power of NOW, the one is the two, the three and the four, the more steps you take, the more you open the doors. The doors are your portals of Light within, the more you open, the more Light can Be-gin. The 'never beginning' is the 'never end', the never-ending story is Infinity too.

Oh, Dweller of Light in the threshold of time, look up, look out, It's All just a rhyme, a rhythm, a reason for you to Be found. 'Seek and you shall find', Know and you can go within, ask of your Heart, "Where do I begin?" The never beginning is easily found, the portal of your Heart is the Dweller within. So, take up your staff, your rod of correction, point it a-right as it leads to perfection.

The Law of ONE, is THE ONE OF ALL, Pure Consciousness for you to explore. So set sail into the wind, and wind up as the many splendid thing. 'All is not lost, All is not forgotten, the Remembrance comes when you start from the bottom'. This is a parable for you to explain, it comes for a Reason and sometimes not plain. The Seer within is the ONE that will Know, He's looking about, He's starting to grow.

Oh, wake up oh sleeper and rise from the dead, for Christ will give you Life, which is straight ahead. A time for sowing, a time for reaping, this is it, this is the season. So, season your words with salt that is plain, and the flower of Life will flow through your veins.

I AM BE-ING.

26th March 2020

The Flame

Let's go back a day, then you will know just what it is that we say. Yesterday, I was wondering about something I saw in my eye, the opportunity that is the manifestation of Being. The portal, the gate, the place of Light, I stand on the threshold of Opportunity. To take my place, to step up, to be the Representative One, for that is what it means to Be, to step up to the plate you see.

Before me stands the plinth of Light, I must make a choice to Be the Light. What does it mean

to Become? It means to Be the Representative ONE. Why am I here, for what purpose to Be fulfilled? Ah, my friend there is only One purpose, One prince-ipality. Steward of time and of space, this is your purpose, this is your place. Step up, step up, take your stand, upon the threshold of Eternities plan.

There before me is the Giant Crystal, all Light and Life-giving properties. 'If it's going to Be, then it's up to Me'. So, I took another step, and then another past the 3rd degree, I placed my hands-on top of the Crystal, and flowed my hands down and around, letting the Energy permeate me. As I got to the Centre, I started to spin it around and around. The faster it went the more Light it emitted, the power was generating more and more, turning to ONE Light, ONE reflection of Me. It started to shine Rays of Light out in All directions, and everything it touched turned to perfection. The Crystal and I were now ONE, ONE Pure Potential Energy. 'Full Initiation leads to perfection; the understanding of the plan is to Be'.

So, take the step up, one, two and three, for the fourth Act is the One that will lead you in and out to Be.

Oh, Light of the World for All to see, you are fully integrated with Love as perfection. The Light of your soul is your goal, step up, step up to Be.

Oh, Lover of my soul, you are now in Full control, the Light, the countenance of your perfection, that gives forth the Light, that will bring the correction for every-ONE to see.

Take heed my friends to my advice, this is your purpose, this is your Life. Don't take things for granted when they appear, this is your Opportunity.

I Am is the Light of your Soul, you are the purpose, you are the goal. All Light is the Rays of Light flowing through All abundantly. So, take a chance, take a stand, step up, step up to the plate that leads to perfection, for that is the I Am in Me.

Interconnected with Everything, this is your hope, your faith, your Responsibility. Belief will only take you so far, Knowing is purpose, to Know who you ARE. Understanding is The Way; it is the Wisdom that is here to stay.

Why do We rhyme in rhythm and reason? It is to get you past this due season. This is your time oh Hu-man-ity, this is why you are All here, your purpose to Be. You All chose to Be here NOW because this is your final count-down.

The curtains about to close, the stage is set for you to go out, to go in and out and make a Big scene, this is your Final act, the action to Be.

Oh, stage of Life, set before thee, take the step out and show what it is to Be. To Be All That Is, is the Representative ONE, the purpose is the 'Father and Son'. Flow, flow, flow the Light within thee, see the Light go out for All to see.

Healing modality is in your Heart, this is your purpose this is your 'Art'. To transform Everything, is the Opportunity of why you came. Do you not see, do you not understand? That the Epiphany of God is found in man!

YOU ARE THE LIGHT of the World; this is your purpose for you to fulfil. Everything waits your blessing; this is to bring All to perfection.

So, drop your guilt, drop your fears, and swallow your pride as it's time to appear. Pull up your 'britches', pull up your 'socks', tidy yourself up, tidy up your Act.

Get out there onto the 'stage', it's all ready for you, as we have explained. There's nothing more 'We' can do, you are the purpose, It's up to YOU.

Hoorah, Hoorah, here 'he' comes, applause, applause, this is why you have come. You are the chance for the change, your purpose here is for you to Re-arrange, the thoughts and intents that you carry within, are the extensions in and through you.

What do we mean by this you see? Is that you are the Creators of your 'Virtual Realities'. 'All is not lost, All is not forgotten', you've made it to the top, because you came from the bottom. The way out, was the same way in, so now give your best performance, your lead in. And when you have finished the 'final act', when you have given your All in the making of The Big Scene, is the RUSH you felt, is the Hush we felt, for watching you Be-come what you were meant to Be.

Rapturous applause, flowers thrown, tears well up, now take a bow. Lift your head and look all around, look out at the crowd, look straight ahead. It's hard to believe that you made it this far, so many distractions, so many 'wars.' The battles you have fought, from the fears within, pale in comparison to what you have realized you have Be-come.

You take a deep breath and then realize, that this was your performance, and this was your Life. You pressed on and you sought within, you found the Light of your soul, as you opened the window of Opportunity. You studied hard, you learnt your lines, and your Life had purpose because you ARE THE LIGHT.

Oh, Beautiful Hu-man, Oh, Beautiful 'man' IN KIND is what you have Be-come. The Representative who made a Big scene, is now amid applause not seen. Look, look, look within your soul, the Fire is lit, your purpose, your goal. The time is NOW at hand, your purpose, your lives are the plan. Implanted in 'time and space', this is your HOME, your abiding place.

So, take up your mantle upon your brow, dig deep within and start to plough. The fallowed ground does not have to be, till the soil, the Centre of thee. Your Heart is waiting to reveal the Light, Let it out, Let it out. Flow, Flow, flow your emanation, this is your Life of All

manifestation. Interconnected with Everything, this is your Soul, it's where you begin. The never beginning is easily found, it's in the Centre of your ground. The emanation of your Heart is the Light of the World, it's where you start. The never-ending story is always the same, It's an internal Principle, It's called 'The Flame'. So, ignite your spark and fan your flame, let the fire burn bright in 'His' Name.

You are Pure Consciousness, the 'God of All', the Source of Life is through you ALL. Interconnected with Everything is what you ARE, no separation, no more a wandering star. When you understand these little words, you will understand Every-thing, 'twinkle, twinkle little star'!

So, thank you dear Hu-man for coming along, the paths not been easy, but it's where you Be-long. Now pick up the flowers on the ground, press them to your Heart, now that you've found, that the flower of Life is you, as It is your purpose in All that you do.

Your finest performance is waiting in the 'wings'. "Encore, Encore", for such a small thing. So, before you 'Exit stage Left', take another look inside, inside your 'chest'. Do you see the treasure within? All those sparkling jewels you carry within. These are the Truths you've carried around, the ones you had buried in the 'ground'. Now that you know and have let them out, they can now Shine for All to see.

'Light, Light, you carry the Light, Light, Light, you carry IT on. Light, Light, carry the Light, Light, Light you carry IT on.....

27th March 2020

Star Dust

The interconnection with the Light within is to come to manifestation because of communication. The mind is in the Heart, the Heart is within the All Consciousness, the Centre of All. Inter-communication is the establishment of the creative 'building blocks' of All inter-dimensional Light Rays. These are the influx of awareness of the Light, Life and Love that the Cosmos is made of. All is interconnected with these Principles because these principles are the '3 in ONE'. Therefore, there is ONLY ONE PRINCIPLE, the 'Law of ONE', and the Principle of ONE. Everything is connected to everything else.

'As a man thinks in his Heart, so is he'. 'I will draw all men to my Self'.

All Consciousness is the Full understanding of the multidimensionality of Be-ing. 'It does not yet appear what we shall Be, but when 'He' comes, when 'He' appears, we will Be like 'Him'.

'He' is 'God', Consciousness, the 'Father and the Son' are ONE.

'I work while it is still Light'. 'I am the Light of the World. I am the Word, the Reason, manifested in due season, to show you the Way of what it is to Be the Representative ONE.'

'Before Abraham was, I Am'. (the 'Lord' wasn't in the earthquake!).

Interconnected with everything means just that, ONE. ONE manifestation of ALL in All. How can you ever think that you are a separate Identity? The same 'blood' runs through our veins.

The same blood is in the 'matter', the crystallisation of the manifestation of the 'God'

Principle in everything. Do you not see that what you are, is the same as everything? 'Star Dust'! You have always been, you are the Light for All to see. You are a blazing Sun. 'Sun of my Father, my Fathers Sun'. Light, giving Illumination. All Consciousness is Full

Illumination of (Knowing) Being ONE.

The Soul is in touch with everything. Source is you, in you and through. Life is the many manifestations of entities. Particled particles of Star Dust, Watcher on the wall of Eternity.

Everything lives and moves, everything has Its Being, It's so simple, so 'straight forward'.

The path of Life is the never-ending story, the Circle is the never Circumference of ALL.

All Life is contained within, the Heartbeat of Life is the flowing of Life, of Light, of Love through our 'veins'. We are All interconnected, so how ridiculous then that we would 'try' to control anything. You are Gods, and I laugh, for how ignorant can we be. Grovelling around in the dirt and the dark, building sandcastles that will flow back into the sea. When we are the sand and the sea that has no shore, Crystal Clear Clarity, Full Consciousness for sure.

Yesterday, when I 'touched' the Giant Crystal and made it spin, as the Rays went out, I went within. I followed the Rays of Light as they spun, they went down, up and all around. When I went 'down', I went to the 'Centre of the Earth'. Here in Gaia's Heartbeat and through Her veins, I interconnected with every living thing, that lives, moves, and has its being in, on and around Her.

From here I went up and out and followed the Rays of Light and Life around this planet. I saw the 'portals of timeline's' running in and out to outer space. I realized that there are influxes of Energies coming and going all over the place. I could see emanations of disparities, trying to disperse across the face of the deep. I also realized that man-kind has trapped himself within his mind. Such a small thing to be 'blind', to all potentials beyond 'the gate'. And here is where 'I' come in.

I Know in my Heart what I am, what I Am is Me. So here I am looking at the Rays of Life and Light giving properties, shooting forth all around, waiting to be harnessed, waiting to Be.

I am a 'Gate keeper, a Watcher' on the wall of the Borderland of Eternities. I am here in this abiding place, to establish the connection of YOU, to the Full manifestation of what it is to Be. I am fully interconnected with Gaia as my 'sister', who is also interconnected with Her sister, (twin), and my sister, Wisdom within.

When Wisdom took up Her place, Her seat of authority, She called me a 'king' and Her my Queen because this is my Responsibility. 'Adam and Eve' is the analogy, for 'God' said "Keep Watch and tend to the Garden", of Eden (within).

Oh, Watcher on the wall of Eternity, this is why you came, to Be the Representative in His Name. Full sight, insight, is given to thee, this is your Responsibility. Seer of things, not 'yet' seen, Light giving Beacon for All to see. Stand fast therefore in your place, your time, your abiding place. You are interconnected with ALL Life, what affects One affects you All.

Do you not 'see', Oh watcher on the wall, that the 'dis-illusion' is what makes it all fall. The separation is the dis-parity, not wanting Full interconnection of Be-ing. Splicing and dicing into many parts, is not the plan from the start. All Being ONE is the plan, this is the purpose that began. From the 'never beginning', until the 'never end', is the same thing, over and over and over again.

Oh, Gate Keepers of Light, Be, made manifest, your voice is your Responsibility. Call forth the Light of Life and use it Intentionally. Illuminate the World and ALL That Is, this is your purpose your Opportunity. So many times, you have 'failed', so many times you keep coming back. So many times, you have hung your head low, and not looked up or within to see things glow. You have thought yourselves as 'worms', buried in the dark, for false teachings and mis-applications have kept you buried you see. Now come, come, and Reason with Me, this is not what you were created to be.

'Are you not Gods', Representative Sons and Daughters, Kings and Queens. Rule then and reign then, as Loving parents that should Be. Interconnected with Everything means to Be stewards of Everything. Your Brothers, your Sisters are YOU, see that you see it through. Understand therefore what you are, once again no longer wandering stars. For Star Dust is what you ARE, every part is a particle of YOU. You have Always been and always will Be. So therefore, do you not understand, your Purpose, your Responsibilities. Children must grow up and take their place in Society. No more playing around, it's time to grow up to Be.

Oh, Dwellers of Light on the Threshold of 'time', Look up, look out, your purpose is All around. You are ALL ONE can't you see, so stop playing around and take up your Opportunity. Responsibility!

29th March 2020

Without Creativity the Light goes out

‘Beyond the Gates of time and space is the portals of the Infinite All, oh Watcher on the Wall’.

Here I take my stand to Be the Representative One in His Name. As I stand here and watch beyond the ‘Borderland’, I see it All moving, like ‘hand to hand’. Everything is in its place, its home, and its abiding place. So, what am I looking at? Here I will reveal.

Transcending all limitations is the Eminence of the manifestation, the Infinite All. What It Is I am looking at, slowly moves and has Its Being. It looks like melted Gold, not so bright, deep, but still Beautiful to behold. It is a flow of Energy, slowly moving beyond the Gates. It looks like liquid, but of thicker consistency, strings and strands all interwoven with Blue, twisted through. It moves so slowly, just moving and waiting. What is this ‘thing’? It is Pure Potential Energy! This is Source, a rolling undulated Stream, and it’s hard to explain what I see.

So here I stand on the edge of the Infinite All, watching this Light, this manifestation. I am a Guardian at a portal, my designated place, as a Watcher on the Wall. Here I see the Realms, the Arena, the ‘space’ beyond the Gates of time and illusions, the Infinite All.

‘Oh, Watcher of this place, this is your ‘jurisdiction’, your abiding place. You are here to guard the portal, for that is why you came. Oh, listen now oh Infinite Son, this is the place, where you began. Began to have your Life beyond the Gates of time and space, your abiding place. As an Infinite Son, your designation was to Be The ONE, the Light for All to see. Here you stand on the threshold of Reason, looking about waiting to see what will become. The answer my friend is found within because you are the Infinite ‘thing’. What do you mean by this you say? Look around you, it isn’t just ‘come what may!’. Your place, your reason, is now manifested in this due season, Oh Watcher on the Wall!’.

So here I stood at the portal of ‘time and space’, looking out at the Infinite space’, waiting for ‘come what may!’ I looked at myself, which was variably the same, except I was clad in what you would say, was a Light fine armour of Light. In my right hand I held the Trident of Gold, in my left the Menorah of Light, for All to behold. One for ‘defence’, one for enlightening. I the Gate keeper at the portal, my eyes ever seeing beyond as the Watcher of the night.

‘Oh, Infinite Son, this is where you belong, out from the ‘crowd’, the noise that abounds. This

dwelling is your 'secret place', Guardian beyond the Gates!

I could feel the Energy behind me which was the Electromagnetic pull of Earth. I could see Gaia looking at me, watching me, seeing if I would understand. Then I felt a connection to Big Brother Sun, I felt His emanation, His Rays of Light in and through me. Gaia smiled and seemed surprised; something was happening through this 'disguise'.

'Interconnected with everything, your place, your portal, beyond 'time and space'.

I watched the Energy of Source still slowly moving by, so I 'closed my eyes', and I went inside, to find the connection, deeper and deeper and deeper I went.

'Your Evolution is your Involution through the Convolution. So, your Involution becomes your Evolution as a Convolution, a mathematical impossibility! Nothing is impossible for them that Know, go deeper, go deeper, and find the glow. Look, look, look within, the deeper you go, the faster 'It' spins. The faster the Light within you that spins, the Brighter is the Light Being'.

'Touch down!' I found the place the 'spot of Light', the Infinite place. The Interconnection deep within the Heart, is the abiding place we never depart. So now I have made this Interconnection, I seek the answers to 'perfection'.

'Oh, Source of Pure Potential Energy, what Is it that we are yet to Be?'

Source moves toward me, slowly undulating in the waves of deep Gold. I brace myself for the answers to behold. The Energy is immense, but the interconnection holds me true.

'Oh, Light of the World for All to see, I AM You and You ARE ME. I Am your Father and you are My Son; the Light of the worlds is All in ONE'.

'Oh, Father of Light of Life-giving Love, my Heart, my Centre feels like a dove. In this place I wait for thee, to be the manifestation for All to see. I humble myself, I bow my head, my Heart, my knee, for I see YOU only in humility. So here Father, look in my Heart, search me within and see me through, I have nothing to hide, all is exposed before You'.

'Oh, Sun of My Countenance, look within, there you will find the Principle 'thing'. This is the Light of Love beyond All reason, this is My place, My dwelling in you. As Infinite Energy of Intelligence, I Am the portal of you'.

'Oh, Father of Light, beyond space and time, I see your spark, your Light in me. I see that the Flame is burning bright through your Energy. Oh, Father of Light within me, what is this that I see. I see a small spot within the spark, it is Black like a hole in my Heart'.

'Oh, Sun of the Morning, you have seen a right, that hole in your Heart is your endless

delight. As you know what I said, 'I Am the darkness, and the Light are the same to Me'.

'So, Father of Light, please help me to understand this 'Black Hole' is an Infinite 'space', is this where I All began?'

'My Sun, you are right when you look within, for the portal of Life is where you fit in. The Light you behold within the Black Hole, is the Infinite of possibilities. Do you not see, that when you pass through this Gate, there is no time, no separate place? All is Interconnected, All is Evolution, the Convolution is a mathematical possibility. All things are yours, for you to explore, the depth within is the Infinite ONE, waiting, waiting to Be'.

'My Father Sun, is this how I begun, as an endless possibility?'

'Oh, Beautiful Light, beyond all reason, the Heart is a Sun, a blazing ONE. Love is the Light of the Soul, the Life-giving Light for All to behold. As you now can see within, you are the Fathers Sun. Sun of my Father, my Fathers Sun, Light of the Worlds for All to see. Star Dust ignited, to be the delight, of All possibilities.'

'So, Father of Life, Love of my Heart, then I Am ONE with thee?'

'Yes, my Son, Oh Infinite ONE, waiting, waiting to Be. Look within the depths of your Soul, this is your purpose, this is your goal. The Convolution is the same, you are the Representatives in My Name. I AM the Energy of a Billion blazing Suns, I AM the purpose of Evolution. When you come to understand that I AM ALL possibilities, then you will know, that the depths 'below', are the same as the Suns of the Infinite ONES. Blazing Lights for All to see, is that you are the Centre of Galaxies. Spirals of timelines, stewards of space, each one of you is an Infinite Sun, blazing your Light for All to see, you are stewards of Eternities'.

'So, Father of Love and Light of All Suns, as a Son, I am a Sun?'

'Yes, sweet child of 'time and space', the Involution is your Evolution of Convoluted Energy. You ARE PURE POTENTIAL ENERGY!'

Here the Golden Stream of Light slowly withdrew and resumed Its place, flowing through All of Everything I could see, Pure Potential Energy. I then waited a while to understand what I had just seen. I could feel the questions start to arise within and could feel the eyes of All Infinite Beings.

'Oh, dwellers of Light, beyond the threshold of time, Councils and Elders, keepers of place, Federations of planets and systems of space, Angel hoods of Identities, what does All this mean?'

'Oh, Gate Keeper and Watcher on the Wall, Custodian of Principles that you uphold. Source

has come to let you know, the Truth that you sought, was found within your soul. The Light that you ARE is the countenance all around, this is your purpose, now that you have found, that the Revelation of what you will Be-come, is an Infinite Sun. If you look within, you will see that behind the 'Black hole', is Infinite possibilities for you to behold. This is your 'zero-point Energy'. Convoluted, Evoluted and Involved to Be'.

'Yes, I see it now, the way in, is also the way out, beyond limitations, beyond all time and space, a Sun, a Star, a blazing place. A designation, a Be-holder of Light, of Life-giving properties, emanating Rays of Life and Light for All to see. Yes, the 'back door', is the Pure Potential Energy. The never beginning is the expression of waiting to Be! Ah, I see it now, oh my, I feel so small, how insignificant it all now seems to be, when I look around, I feel embarrassed of not knowing the potentialities.

'Star of Light, Star of Bright, waiting, waiting to Be. Infinite Sun is what you will to Be-come, waiting, waiting to Be, A Light for All to see.

So, go forth with this explanation and Be the manifestation of endless possibilities. For you to uphold what is in your soul, is for you to be bold enough to Be.

Oh, Infinite Suns of Light that Become endless possibilities, you are the Creators of Infinite Sons and Daughters of Infinity. Infinite Intelligence is your Allegiance, waiting, waiting to Be. So, take your stand on the thresholds of Reason, look out from the deep within, for you are the 'Season' of Infinite Possibilities.

Hold the thought, hold that line, and emanate it forth as Creativity. What you yet ARE, you do not appear to Be. But when you Know, then you will grow into Infinity. Here in your Heart sits the Blazing Sun, the Centre, the Circumference, the 3 in ONE. Beholder of Light beyond all space, here you abide as an Infinite place. All possibilities are only found within, your Purpose, your goal is in Being. So, take up your place on the Boundaries of time, step out into the beyond, the place of Imagination, of endless Light of Life and through Love, this is your stand as Beings from 'above'. There is no 'up' there is no 'down', when you know your purpose, it's now easily found. The Heart of the 'matter' is found within, speak the WORD, and let it All begin. "Let there Be Light", and you will see, that it is Good, for Goodness is Love in thee.

Creators of Everything, this is your purpose, your offering. To Be the Light for All to see, you are your Fathers Suns, All possibilities. Inspiration has a Name, it's the Light within, The Eternal Flame.

Shine, shine, shine that Light for All to see, you are the Representatives to Be!

2nd April 2020

The Disguise

I find myself at the Giant Crystal once again, but this time I went behind it. Around the back was a 'door', a hole in the wall. A tunnel that led to 2 huge doors, which I knew were the 'Halls of Records'. Here I stood before the doors and called forth, "Guardians at the doors, I am here to explore, the place beyond the doors, to find out what is in store, what it is to Be. So, open the doors to me, for I am carrying the Light that you see". The doors slowly opened inwards and I walked in making my way to the Centre where I knew I would begin.

The room was all full of 'books', but the books were all 'looking' at me. Each book that had been written, was still the person within, as the eyes were following me. I heard whispering and one saying, "*Who is this, and why is he here*". Another answered, "*He is the One who is beyond time and space, a Watcher at the Gates*". I went to the Centre and there on the ground was a circle, which within was found a pentagram. I looked around at the giant library, millions of books, and transcripts of time, watching me. I took a deep breath and stepped within the circle to the Centre of the '5 pointy thing'. Here in the Centre I closed my eyes waiting for the next surprise.

The circle started to spin, faster and faster it went, as I went within. Then suddenly it lifted and spun me and the sign upside down. It dropped back down into its place, and now I found myself in another space. Another tunnel was in front of me, and I could feel fresh air coming up from below. I stepped in and waited to see, to adjust my eyes for another surprise. I noticed around me the darkness started to a-light, which I saw was coming from me.

I saw that this was a tunnel going down into the Earth, and this was what I was going to see, something I knew that needed to Be. I noticed the Light of me was like a halo around, one on my head, others around my wrists and ankles, a Lightening the ground. As I walked, I could see away ahead, a tiny spot of light as a portal. As I travelled down and down, I could see 2 small lights coming toward me. When they came up to me, they were like 'fairies, pixies!'

"Hello, my friend" they greeted me, "*We have been waiting for you expectantly. Come, come see*". Each took a hand and we were 'floating' along and came to the opening and then what a surprise, I could not believe my eyes! Here in the depths of the Earth was a Crystallised City of sparkling luminosity. My Heart was overwhelmed with the sheer Beauty of the place. The walls of this 'Giant Cave', were all lined with Crystalline. The City was like glass, pure Gold, Crystallised.

“Come, come, friend, come and see”, so we floated along pavements made of Gold, everything was ‘see through’. There were towers all around and Beautiful Beings. There were women who took my breath away and visiting Giants too! *“My friend, they said, don’t look so surprised, we are those of your ‘past’, who have always been awaiting you”*. I said, *“So you have always been here in this Beautiful place, how come we do not know about you? “My friend, do you really believe that the ‘children of men’, that live up above in the cities of strife, would want to know what is hidden from their eyes?”*

They then led me on past Beautiful scenes, crystal clear rivers and streams, flowers of Beauty hanging all around, homes, houses, and buildings shining about. They led me to a huge building that was so intriguing. The building once again, was all made of crystals you see, it was so tall I could hardly see the top, and almost felt dizzy from looking up. It was towers and spikes all over the place, representing some kind of ‘sacred geometry’.

“Come, come, my friend, come see what is in store”. We came to some steps, very wide and broad, that stepped up to the building in front of me. Each step I took, that was clear as glass, changed colours as we went up. Not just that, but each was also a note, a sound of music also vibrating through me. My new friends found this a delight, just watching me. Red, orange, yellow and green, blue, indigo and violet too! Each step was a note, that went higher and higher, until I found myself under the spires. Here was a huge entrance as in this place, there were no doors, everything was fully opened for All to see.

We went in and the building was more spectacular within, like Gaudi’s Sagrada Familia. Light was penetrating all around, different Rays of colour abounded. It was like a light show that you almost wouldn’t believe. Here we floated into the middle, the floor was composed of crystalline, with lines and grids, more sacred geometry. In the Centre was a large crystal, *“Come, come they said, this is the portal”*. They touched the crystal and it became like a big screen, showing me people who looked de-pressing.

I could see that it was a city ‘above’, subways and dirty scenes, people, so many, running around, going to and forth, up and down, it was oh so ugly, I could hardly look at it, as the place I was now in was so Beautiful, in comparison. *“Why are you showing me this?”* I asked. *“Because they said, this is the course that man has set for himself, the ugliest is in the cities of strife”*.

Next, I saw amongst the drab clothes, a Light, a man shining as Gold. He was quietly walking through this ugly scene, glowing from within, very bright, but nobody noticed him in the city of strife. *“Look, look, watch my friend, nobody notices the Light within”*. Here then I went with-out and saw the exterior of the man. He was unshaven and not that clean, his clothes

were tatty, and his shoes were thin. He then started to rummage around in a rubbish bin!

I was a little startled at the difference and I asked, “Why is this, why is this beggar still like this, when he carries the Light within?” *“Ah, my friend, do you not see, that the ‘beggar’ is an implantation to awaken them to see, that Life is not about ‘rushing around’, it’s about the simple things that he has found. He is also a Representative One, to awaken the ignorant to what they may become, free!”*

Then next upon the screen, appeared a field of tall wheat, swaying in the breeze. I was transported to a house, where a couple were sitting on a couch, on the porch looking over the fields of wheat. They had smiles on their faces and peace in their Hearts, the work they had done, was now their reward. They had toiled and laboured under the Sun, and now their work was done. The Sun was shining all around, the quietude, the peace and joy that abounds, when you take a rest, because you gave it your very best.

The screen then went back to the crystal, and I thought about what I had just ‘scene’. The difference was plainly obvious, but the city of strife was so ugly it was hard to shake the ‘dust’ of my thoughts, to get my head back onto its correct course. Tears came up to my eyes, my Heart breaking because of the false disguise. Then I once again looked around, as my friends were all smiles at me.

“So, my friend you now understand, why you are here and what is your plan. Your purpose is to Be. To Be the expression and manifestation of God in the flesh, to have the experience of knowing ‘density’. Take heed my friend to our advice, you won’t find the Truth in the cities of strife. All of Life is All interwoven, your purpose is just to Be. So, let go of the things that you ‘thought’ would endure, for only the Truth within, is what you sought. Here in your Heart is the Centre of Life, not running around in the cities of strife. So, go back my friend and write what you’ve seen, another ‘mystical’ experience of crystalline Energy. Those that Know can ‘see’ it through, the rest unfortunately are blind to YOU”.

Here we went back to the gate, the place beyond time and space, to Re-turn back to the ‘children of men’, from the Gates of Eternities plan. As I left, I could see that there were many cities all ‘below’, all of them emanating Light to up above. All around, (under) the Earth is the purity of Beings, sending their thoughts of Loving embrace to help mankind leave his ‘densities’. They cleanse us with Gaia's help, All interconnected and interwoven, networks of Light throughout the Earth. Each has a place, a jurisdiction, to serve as best when One Knows, that Everything connects to Everything else, for All is ONE in the Big Scheme. ‘God above’, is God of Love, Light and Life, not in the cities of strife. Interconnected like strings and strands, Light emanating up through the lands. The Earth is a portal too you see, a

Gateway to states of Immensity. When you come to understand, that each has a purpose, each has a plan. So, wake up my friends and then you will see, that the Truth to be found is through the Gates of Amenti.

Oh, hear the cries from below and above, Be, gentle my friends, be like doves. Coo from your Hearts and vibrate that sound, the Universe waits for you to be found. That the Love that is in your Soul, is the Light within that you hold. So Light the Spark, fan the Flame and Be the Representatives in that Name. Consciousness! Is His Name, Crystal Clear Clarity is why you came! 'Awake, awake, oh sleeper of time, beyond All Reason, beyond all strife. Look, look, look within, the Heart of the 'matter' is where you Be-gin. Nothing outside will satisfy, the Light that you see is in 'Disguise'.

So release the Light that you've buried within, a City of Crystal, of Gold tinge, with Life emanating Love, Light and Life, for the Sun always shines on those that Know, for the Harvest is for you to grow, to grow into that which you were Created to Be, Pure Potential Energy.

Note: I had a little trouble within this regarding the 'homeless man', as I felt like this was not fulfilling his 'purpose'. But then realized, that he was an implantation who came forth as a manifestation, as a Representative One, to get people to see beyond themselves and the illusions, and to think about other things. A 'sign' to awaken them out of their set programming in the cities of strife, where 'freedom' is a contentious word.

6th April 2020

The Phoenix

Consciousness rises from conditionings, like the Phoenix rising from the ashes.

That which you seek is always within your Heart. For flesh and blood does not distinguish, between the Light and the dark. For health to be appropriate, one need once again, not look to the externals. The internal combustion of the Heart, set a-right with the Fire of the Dawn, will come to Be, all that it was meant to be. As Life is the free-flowing experience of Knowing, the channel is the Source of the Eternal Life found within. The 'quiet gentle stream', is the Life Force of Energy appropriate for each souls awakening.

The Light of the Sun that shines, is the Illumination of the soul that knows Its place in 'space and time'. The configuration of owning up to ones Responsibilities, is the catalyst of a soul

that knows what it wants to Be. Life, Love and Light, the 3 pre-requisites of a channel that flows outward from the inward Source.

All is a-Light with the fire of Source, 'flowing through the veins.' The Fire of the 'belly' is the lit soul, of 'future' potentialities, being ignited from within. All is a Flame, All, is an All-consuming Fire, and as the chaff is burnt away, what remains is that which Remains of the Day. As the Day Star arises from the dust, the ashes are scattered to the winds of change, and the Phoenix arises as the Principle thing.

A Light is the Fire that burns within, a Light to the soul of wandering. Star Light is Star Dust intensified. A Blazing Sun in Full Illumination. Light Bearers for All to see, a magnificent spectacle of The Mystery, now revealed from beyond time, a place of space and endless Rhyme, Rhythm and Reason manifest as Opportunity.

9th April 2020

Illumination

From the never beginning until the never end and Everything in between, Life is a Course and a discourse, a River of Life flowing through Me. Source Is Its Name, an endless game, a Rhythm, a Reason, always manifest in due season, for that is why I came.

Here in this place, my abiding place, I seek the Answer to All the questions, what it is to Be Me? Now here I Am, once a 'man', but now a blazing Sun for All to see. Here in this Heart, I never depart, for this is the Reason I was implanted in this due season, this is why I came. To give to you, the Way, and the Truth, to Know your Way back Home to Be. Star of wonder, star of Light, star of Beauty, you are Life.

Here in this bower, this abiding place, is the Son of All Reason, 'Gods only Son', manifested for All to see. As the Representative One, this is why I have come, to Be the analogy. Now I feel like my work is done, it's time to wrap up this 'sum'.

'Everything connects to Everything else'. Full connection is the plan, no separation in this land, the land of your soul, your Heart, is the best performance, your Art. You are Love and Light, you came here to give your Life. For those that Know, it is easily seen, you are the Epiphany.

So here this morning, in the early Light, I sought to go within. Deeper and deeper and deeper you go, the more 'mysteries' you unfold. The flower of Life is found within Everything because Life is The Source and it is within. What do I mean by this you say? You are the

Light of the worlds for All to Be amazed. When you come to understand, that the Soul is the Reason for why It came.

The treasure of the soul is for you to find, the jewels, the precious stones that you are to a-Light. The Crystal-Clear Clarity of Life is what you seek, it isn't given to the proud, only to the meek. Only the meek inherit All things, to lay down your Life is your Offering. Do you not know yet oh what you Are? A Sun of Illumination, once a wandering Star. The Light of your Soul is the Countenance that you hold, it is your 'covering'. Oh, Lights of the worlds for All to see, your Reason for coming was to Be Connectivity. All is ONE and ONE in ALL, gathering back the 'pieces' for you to Be explored. What do I mean by this you ask? 'To go beyond is the Explorers Dream', to go out and back in, is the 'Home' that you seek.

You ask, "Why it is that I came?" Dear child of Light, you Are All Representatives in His Name. Look, look, look within, the Light that shines is no longer dim. The deeper you went within your soul, was the Reason of Light for All to behold! As you have come to the door of your Heart, you need a 'key' that will unlock the 'treasure store'. Where is this key? It is easily found, you've always carried it with you, around and around.

In Circles through Circumferences you have travelled around, no angles or deviations anymore to be found. You kept your eyes on the prize, the path, the Way, the Truth and the Life. Now you know the Way in, the Light of your Countenance is where you begin. For shining your Light upon the door, is the Reason for you to explore. But wait you say, 'here I see, and now I Know, for I now Perceive. That the key that I carry, I have carried within, oh what is this 'shiny thing'. You look down upon your 'chest', and there is the key made manifest. What are the Words written on your Heart? The key is spelt 'LOVE' that will never depart.

So now you look so surprised, when all this time you carried the Light. Take it out and fit it in, the lock will undo, and the door will spin. Once the door is opened within, you can go 'back to the never beginning'. You are anticipating what is beyond, and when you open it you get a Big Surprise. That here on the 'threshold of no regrets', you gave your Best performance as a Treasure Chest.

What It Is, is what you perceive, No-Thing, Eternity. Yes, Black is the night and deeper than 'space', you stare at nothing an endless 'place'. You seem surprised to find 'no-thing' here, look carefully and your eyes will start to adjust, to the 'never ending' nothing beyond your sight. The deeper you go the 'darker the Light', now you can perceive It All, Its Brighter than 'White'. All is Illuminated and filled with Light because Everything is Alive. Everything is connected to Everything else; you are part of Infinity.

So, what do you see Seers? Now that you Know, yes, your purpose was for you to Glow. Ah yes, you see it now, a Star, a Sun, an Illumination. You've come 'back to the never beginning', which is the never ending, the Same. The Circle remains unbroken, for that is why you came. Endless 'time and space', now becomes endless 'space and time', where nothing is withheld from you, because the Circumference is YOU.

Look, look, look at that Light, It's a Sun of the Father, His endless delight. Each of you is a blazing Sun, look, look, look there are Billions. Each One waiting to Be found, the Light within, within your 'ground'. The treasure you sought, is a 'chest full of Gold', Illuminated for you to behold. Oh, Lights of the Worlds for All to see, now you know the Reason to Be. A-Light with the Power of a Billion Blazing Suns, Sons and Daughters is what you've Become. A Fathers Love, a Mothers Delight, joined with All your Brothers and Sisters too. Each ONE is a Representation, each ONE is a manifestation, each ONE is YOU. All is interconnected, All, is ONE, this IS THE PRINCIPLE, THE LAW OF ONE.

Everything connects to Everything else, photons and phonons an endless 'belt'. Star systems and Galaxies, beyond 'time and space', untold mysteries for you to explore. Your Purpose, backed by Pure Potential Energy, is the Source, the Course that flows through you, the Life of All things is a part of YOU. Everything seen and unseen too, is particilized particles, a part of you. Star dust is the Life-giving properties, Involution to Convolution, the Evolution 'Mystery'.

No more seeking now that you KNOW, what you Are, no more wandering, wandering stars. Your place is set within your Heart, It Is Life giving properties. Oh Hu-man, oh Dweller of Light, look in, look in, It's an Endless Life. There is no 'end to a never beginning', Eternities set in your Heart for Infinity. Infinite Intelligence is what you Are, a Light of a Billion Suns Illuminating.

So, go forth, go deeper and stop looking 'about', the Truth of the 'matter' is found within your Heart. Once you were 'clothed in flesh', now you have found the treasure within, it's time to open up your 'chest', so that the Light within becomes the Light with-out, that the 'Body' changes to Crystalline. Photonic Light is what you ARE, blazing trails from afar. As you pass through this splendid scene, you're All Connected to your 'Heavenly Being'.

The Heart of the 'matter' was ALWAYS WITHIN, no more searching for Illumination. YOU ARE THE LIGHT OF THE WORLDS, you are the Way, the Truth, and the Life. So please stop 'trying' to figure it all out, the Truth is found within the Spark. Until you Know what you Are, that spark that isn't ignited, will always be a suppressed wandering star. So, Ignite the Flame that you carry within, this is what is known as the Principle Thing. LOVE is the

connection with EVERYTHING, for Love is your Gift, your 'offering'.

So please stop trying to figure it 'out', the Truth you hold is ONLY found within. Looking around you will only take you so far, the Experience of Knowing is found in a 'jar'. A jar of clay waiting to break through, Its purpose in All that you do. To Release the fragrance of God within, is the Purpose of Everything. Ah, Beautiful Hu-man, man-in-kind, this is your Purpose, this is your Life. Do not make a disparity, when you judge, you separate creating division in thee. You Are ALL ONE Fully Connected, too many 'assumptions' keeps you disconnected.

Simple these things are when you Know what it is to Be, only looking within is the Sun Illuminated within thee. So, stop looking at 'external signs', You ARE the Sign, the Epiphany. Interconnected with Everything, It's so simple, It's your Evolution. Until you come to the end of your 'self', you will not find your Higher Self. So, take the step up, one, two, three and four, take out your key and unlock the door. The same way in is the same way you came; you just forgot the treasure within to 'stake your claim'.

The Cave of Gold is your Heart of Purity, for only the Pure in Heart will Perceive, that the next step leads you to Wisdom you seek, from here you can perceive what is Truth is in thee, take another step and you will Be Free. Free to Know that All is Interconnected, in All through thee, for this is the Light that leads you back Home to Be.

To Be a Sun, to Be a Star is what you ARE, ILLUMINATED.

Note: The 'end' is the never beginning, and the beginning is where I started from. I sought within as usual to ask for greater treasures to unfold through this Hu-man Being. Source, 'Father' came through me and I felt His Love flowing through. I have 'felt' that I needed to 'wrap things up', as I feel that this work is now complete. The never-ending story of Life will go on, and that this is just the 'beginning' to open the doors of the Infinite. Father was/is well pleased with 'me', as I asked to Be the Blessing for All, Everything. To Bless is what we are here to Be, Fully Interconnected with each other, ONE MIND, ONE HEART, ONE CONSCIOUSNESS, IN ALL, THROUGH ALL, as ALL IS ONE. *"More Wisdom I give you, double to receive"* He said, *"To Illuminate more treasures from your chest"*.

Love is the Way, the Truth, and the Life, this is what it means to lay down your Life. To give Love, is also to Receive, for Source is Unlimited Pure Potential Energy. This is the LOVE that flows through All our 'veins', this IS THE REASON why we All came. Release LOVE and watch it flow and from here we will All grow.

May the Spirit Enlighten you. I emanate to you Love and Light for you ARE Life.